

Dear Cross Country Parents,

I thought you would like to know the cross country announcements for this morning, and also some of my comments about yesterday's meet.

"You run in a group, you win as a group. That has been the cross country slogan this year. Does it work? Just ask the DAL cross Country Boys Varsity Champs. Juniors Garth Utter, Eric Hiatt, Sam Park, and Mark Yuen along with Seniors Joel Miller, Steve Pietrowicz, and Lee Gunby surprised everyone but themselves in winning the championship. Shawn Kessel led the Frosh/Soph team to a third place finish. Matt Seck Matt Wyatt, Pierre Abdul-Malak, and John Thayer were the other four scoring runners in the Frosh/Soph race. In the girl's race, Colleen Hurd finished 9th, but the flu bug kept Lynbrook from qualifying for the Region II meet. In the unofficial open race (JVs) Lynbrook had a perfect score as the first five places were from Lynbrook. They were Mike Pardini, Toby McElravey, Andy Allen, Eric Hsia, and Dennis O'Brien."

In addition to the morning announcements, I would like to make the following comments:

What could be better than winning the DALs and finishing off the day with five different and delicious home baked cookies? The entire cross country team plus coaches would like to thank our "very faithful cross country parents" who have supported the teams thru "thick and thin" these last few years. Without you, we would not have made it. Many many thanks. Winning a DAL cross country championship in cross country never comes easy, as our league is always close and very tough. No one has ever won by just being there. In 27 years of coaching in this league, I have never seen a league meet without great surprises and deep disappointments. To those who had a good day, please remember that next time you might be the disappointed one. To those who didn't run as well as they had hoped, next time you may experience the greatest race of your life.

*Coach T*