

STANFORD

STANFORD UNIVERSITY
DEPARTMENT OF ATHLETICS
PHYSICAL EDUCATION & RECREATION
STANFORD, CALIFORNIA 94305

Dear Coach:

We are looking forward to the upcoming Stanford-Holiday Inn/Palo Alto High School Cross Country Invitational for high schools, to be held at the Stanford Golf Course on Monday, October 5, 1987.

The meet scheduled is as follows:

<u>Divisions</u>	<u>Race Time</u>
* Junior Varsity Girls	12:00 p.m.
* Junior Varsity Boys	12:30 p.m.
** Varsity Girls "C"	1:00 p.m.
** Varsity Girls "B"	1:30 p.m.
** Varsity Girls "A"	2:00 p.m.
** Varsity Boys "C"	2:45 p.m.
** Varsity Boys "B"	3:30 p.m.
** Varsity Boys "A"	4:15 p.m.

* Top 7 runners must run on the Varsity team. Anyone else, including seniors, may run on the Junior Varsity team.

** All race sections are designated for school populations based on C.I.F. classification with "A" being largest schools.

COURSE DESCRIPTION: The meet will be held on the Stanford Golf Course. All races will run 5000 meters with the start and finish at Tee #2. The starting lines will allow four athletes in front and three in the rear. Flats should be worn, NO SPIKES ALLOWED (as per CCS rules). The course includes mostly grass with some short areas of dirt roads or asphalt.

The course will be marked with chalk and A LEAD RUNNER WILL BE USED IN ALL HIGH SCHOOL RACES TO PREVENT THE FIELD FROM GETTING LOST!!!!

TRAINERS: Athletic trainers and paramedics will be in place 1 hour before the first race begins to provide aid to any athlete that may require assistance.

DRESSING: There are no dressing or shower facilities at the course. Please have your teams come dressed for competition.

WARM-UP AREA: Please stay in the area of the #2 Fairway for your warm-up. We also request that you ask your athletes to stay away from the horse barns and stable areas.

AWARDS: Plaques will be awarded to the top three teams in each division. Individual division winners will receive awards. (NCAA Rules Permitting)

The coach of the winning team in each division will receive an award. 1st to 10th place individuals will receive a T-shirt. (NCAA Rules Permitting)

SCORING: Scoring will be done as follows:

1. Upon finishing the race a runner will be given a card with their number of finish on it.
2. The runner presents that card to their coach.
3. The coach then tallies the first 5 finishers and that total establishes the team finishing order.
4. WE WILL NOT CHANGE THE SCORE LATER BASED UPON ELIMINATION OF A NON-SCORING FINISHER. The quick score will be the actual points and numbers we will use to determine the places of finish.
5. Return the quick score envelope with the finish cards inside to the meet officials as soon as possible (WITHIN 10 MINUTES AFTER THE LAST RUNNER FINISHES)

SANCTIONS: We have a full state sanction for this meet.

ENTRY FEES: \$20.00 per 1 to 7 man team entered, payable to: Department of Athletics

Send entries to: Brooks Johnson
Cross Country Coach
Department of Athletics
Stanford University
Stanford, CA 94305

1. If you plan to attend, please return the enclosed entry form by Monday, September 21st.

IMPORTANT NOTE - Entries received after the September 21st deadline are late and will not necessarily be accepted.

2. 7 runners may compete on each team with 5 runners scoring. You may field as many teams as you like, but they must be a minimum of 5 and a maximum of 7 runners.
3. Be sure to return a \$20.00 entry fee for each team entered.

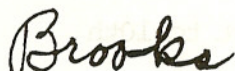
FINAL RESULTS: If you would like a copy of the complete results please bring a 9x12 self-addressed envelope with 56¢ postage on it. Turn it in at the time of registration.

HOUSING: The Holiday Inn-Palo Alto (415/328-2800, ask for Lynn Scheinberg) and the Hyatt-Palo Alto (415/493-0800, ask for Jan Lesser) offer an athletic rate for visiting teams, so you might want to call them as soon as possible to assure that there are vacancies.

We will not return any information to you after receipt of your entries. Packets will be available one hour before race time and will include course maps, labels, and team quick score envelopes.

We look forward to seeing you on Monday, October 5, 1987.

Sincerely,



Brooks T. Johnson
Director of Track and Field
Stanford University

BTJ:mj
Enclosures

STANFORD-HOLIDAY INN/ PALO ALTO HIGH SCHOOL
CROSS COUNTRY INVITATIONAL

October 5, 1987

12:00 pm Junior Varsity Girls

Arroyo Grande HS (Coach: Greg DeNike)
Bullard HS (Fresno, CA) (Coach: Dennis Duffy)
Campolindo HS (Moraga, CA) (Coach: Ramsay Thomas)
Carondelet HS (Concord, CA) (Coach: Byron Choiniere)
Castro Valley HS (Coach: Peter Brewer)
Cupertino HS (Coach: Ed Cutshall)
Hart HS (Newhall, CA) (Coach: Eugene Blankenship)
Madera HS (Coach: Dee DeWitt)
Miramonte HS (Orinda, CA) (Coach: Otis McCain)
Palo Alto HS (Coaches: Dave Bayliss/Paul Jones)
Reed HS (Sparks, NV) (Coach: Dave Nolte)
Righetti HS (Santa Maria, CA) (Coach: Kevin McNamara)
Tokay HS (Lodi, CA) (Coach: Ken Israel)
Woodside HS (Coach: Jim Luttrell)

12:30 pm Junior Varsity Boys

Albany HS (Coach: Fred Brill)
Alhambra HS (Martinez, CA) (Coach: Tim Bruder)
Arroyo Grande HS (Coach: Greg DeNike)
Bishop Gorman HS (Las Vegas, NV) (Coach: Patrick Inch)
Bullard HS (Fresno, CA) (Coach: Dennis Duffy)
Calaveras HS (San Andreas, CA) (Coach: Les Helsley)
Campolindo HS (Moraga, CA) (Coach: Bill O'Brian)
Castro Valley HS (Coach: Peter Brewer)
Cupertino HS (Coach: Ed Cutshall)
DeLaSalle HS (Concord, CA) (Coach: Joe Stocking)
Foothill HS (Pleasanton, CA) (Coach: Bill Schott)
Hart HS (Newhall, CA) (Coach: Eugene Blankenship)
Hayward HS (Coach: Larry Guinee)
Head-Royce School (Oakland, CA) (Coaches: Barney Howard/Steve Gregg)
Homestead HS (Cupertino, CA) (Coach: Sheldon Harmatz)
Las Plumas HS (Oroville, CA) (Coach: Bob Hastings)
Lynbrook HS (San Jose, CA) (Coach: Verne Thornburg)
Madera HS (Coach: Dee DeWitt)
Monta Vista HS (Cupertino, CA) (Coaches: Ron Ross/Loretta Gutierrez)
Palo Alto HS (Coaches: Dave Bayliss/Paul Jones)
Reed HS (Sparks, NV) (Coach: M. Meibergen)
Saint Francis HS (Mountain View, CA) (Coach: Brian Curley)

Santa Cruz HS (Coach: Marty Kruger)
Tokay HS (Lodi, CA) (Coach: Ken Israel)
Turlock HS (Coach: JoAnn Poggi)
Woodside HS (Coach: Jim Luttrell)

1:00 pm Varsity Girls "C"

Bret Harte HS (Altaville, CA) (Coach: Tony O'Geen)
Calaveras HS (San Andreas, CA) (Coach: Les Helsley)
Castilleja HS (Palo Alto, CA) (Coach: Edwin Brillante)
Crystal Springs Uplands (Hillsborough, CA) (Coach: Dave Robertson)
Fort Bragg HS (Coach: Ralph Turrentine)
Head-Royce School (Oakland, CA) (Coaches: Barney Howard/Steve Gregg)
North Tahoe HS (Tahoe City, CA) (Coach: Warren Mills)
San Jose HS (Coach: Mike Haake)
Sierra HS (Tollhouse, CA) (Coach: Larry Wait)
Turlock HS (Coach: JoAnn Poggi)

1:30 pm Varsity Girls "B"

Alameda HS (Coach: John Maiers)
Albany HS (Coach: Fred Brill)
Alhambra HS (Martinez, CA) (Coach: Tim Bruder)
Analy HS (Sebastopol, CA) (Coaches: Lisa Titus/Liz Mosier)
Archbishop Mitty HS (San Jose, CA) (Coach: Marty Procaccio)
Campolindo HS (Moraga, CA) (Coach: Ramsay Thomas)
Central Valley HS (Coach: Linda Doniak)
Del Oro HS (Loomis, CA) (Coach: Joan Lewis)
Foothill HS (Pleasanton, CA) (Coach: Bill Schott)
Fortuna HS (Coach: Rod Kausen)
Livermore HS (Coach: Eddie Salazar)
Lompoc HS (Coach: Justin Crosby)
Menlo Atherton HS (Atherton, CA) (Coach: Plato Yanicks)
Miramonte HS (Orinda, CA) (Coach: Otis McCain)
Mountain View HS (Coach: Pat Toby)
Nordhoff HS (Ojai, CA) (Coach: Ken Reeves)
Palo Alto HS (Coaches: Dave Bayliss/Paul Jones)
Red Bluff HS (Coach: Roland Lint)
Saint Francis HS (Mountain View, CA) (Coach: Roberta Chisam)
San Luis Obispo HS (Coach: Bruce Smith)
San Mateo HS (Coach: Don Dooley)
Santa Cruz HS (Coach: Marty Kruger)
Sonoma Valley HS (Coach: Tom Stubbs)
Sunny Hills HS (Fullerton, CA) (Coach: Brock Vaughn)
Woodside HS (Coach: Jim Luttrell)

2:00 pm Varsity Girls "A"

Arroyo Grande HS (Coach: Greg DeNike)
Branson School (Ross, CA) (Coach: Peter McLaughlin)
Bend HS (Bend, OR) (Coach: Bob Latham)
Bullard HS (Fresno, CA) (Coaches: Dennis Duffy/M. Stephens)
Casa Roble HS (Orangevale, CA) (Coach: Ernie Gomes)
Carondelet HS (Concord, CA) (Coach: Byron Choiniere)

Castro Valley HS (Coach: Peter Brewer)
El Cerrito HS (Coach: Helen Lehman)
Hart HS (Newhall, CA) (Coach: Eugene Blankenship)
Hesperia HS (Coach: Joe Gomez)
Livermore HS (Coach: Eddie Salazar)
Madera HS (Coach: Dee DeWitt)
Mission San Jose HS (Fremont, CA) (Coach: J. Marden)
Reed HS (Sparks, NV) (Coach: Dave Nolte)
Righetti HS (Santa Maria, CA) (Coach: Kevin McNamara)
Rancho Cotate HS (Rohnert Park, CA) (Coach: Bob Lombardi)
Santa Barbara HS (Coaches: Pamela Cox/Dan Heinrichs)
Tokay HS (Lodi, CA) (Coach: Ken Israel)
Watsonville HS (Coach: Rene Mendoza)

2:45 pm Varsity Boys "C"

Bishop Gorman HS (Las Vegas, NV) (Coach: Patrick Inch)
Bishop Manogue HS (Reno, NV) (Coach: Cristi Jones)
Bret Harte School (Altaville, CA) (Coach: Tony O'Geen)
Calaveras HS (San Andreas, CA) (Coach: Les Helsley)
Fort Bragg HS (Coach: Ralph Turrentine)
Head-Royce School (Oakland, CA) (Coaches: Barney Howard/Steve Gregg)
North Tahoe HS (Tahoe City, CA) (Coach: Warren Mills)
Palma HS (Salinas, CA) (Coach: Bri Samp)
Patterson HS (Coach: Dennis Cornwall)
Pinewood HS (Los Altos, CA) (Coach: Doug Rohrer)
San Jose HS (Coach: Mike Haake)
Sierra HS (Tollhouse, CA) (Coach: Larry Wait)
Turlock HS (Coach: JoAnn Poggi)

3:30 pm Varsity Boys "B"

Alameda HS (Coach: John Maiers)
Albany HS (Coach: Fred Brill)
Alhambra HS (Martinez, CA) (Coach: Tim Bruder)
Archbishop Mitty HS (San Jose, CA) (Coach: Marty Procaccio)
Arvin HS (Coach: Nick Velasquez)
Campolindo HS (Moraga, CA) (Coach: Bill O'Brian)
Central Valley HS (Coach: Linda Doniak)
Cupertino HS (Coach: Ed Cutshall)
Del Oro HS (Loomis, CA) (Coach: Joan Lewis)
Foothill HS (Pleasanton, CA) (Coach: Bill Schott)
Fortuna HS (Coach: Rod Kausen)
Gunn HS (Coach: Hal Daner)
Hayward HS (Coach: Larry Guinee)
Las Plumas HS (Oroville, CA) (Coach: Bob Hastings)
Livermore HS (Coach: Eddie Salazar)
Lompoc HS (Coach: Jim Warrick)
Lynbrook HS (San Jose, CA) (Coach: Verne Thornburg)
Menlo Atherton HS (Atherton, CA) (Coach: Plato Yanicks)
Miramonte HS (Orinda, CA) (Coach: Otis McCain)
Monta Vista HS (Cupertino, CA) (Coaches: Ron Ross/Loretta Gutierrez)
Mountain View HS (Coach: Mal Murphy)
Nordhoff HS (Ojai, CA) (Coach: Ken Reeves)

18:29 Jeff
19:14 Sam
21:55 Demo

26
182
270
98
71
169
1970
160
5
900
106
85
191

- Palo Alto HS (Coaches: Dave Bayliss/Paul Jones)
- Red Bluff HS (Coach: Roland Lint)
- Sacred Heart Cathedral (San Francisco, CA) (Coach: Scott Young)
- Saint Francis HS (Mountain View, CA) (Coach: Brian Curley)
- San Leandro HS (Coach: Brian Kennedy)
- San Lorenzo Valley HS (Felton, CA) (Coach: Debbie Zwick)
- San Luis Obispo HS (Coach: Bruce Smith)
- San Mateo HS (Coach: Don Dooley)
- Santa Cruz HS (Coach: Marty Kruger)
- Sonoma Valley HS (Coach: Tom Stubbs)
- Sonora HS (Coach: Jim Roeber)
- Sunny Hills HS (Fullerton, CA) (Coach: Brock Vaughn)
- Woodside HS (Coach: Jim Luttrell)

151
New 19:33
Rate 19:49

4:15 pm Varsity Boys "A"

Carson - 20:12

- Arroyo HS (El Monte, CA) (Coach: Tim O'Rourke)
- Arroyo Grande HS (Coach: Greg DeNike)
- Branson School (Ross, CA) (Coach: Peter McLaughlin)
- Bend HS (Bend, OR) (Coach: Bob Latham)
- Bullard HS (Fresno, CA) (Coach: Dennis Duffy)
- Casa Roble HS (Orangevale, CA) (Coach: Ernie Gomes)
- Castro Valley HS (Coach: Peter Brewer)
- Clovis West HS (Fresno, CA) (Coach: Martin Simpson)
- Corona Del Mar HS (Newport Beach, CA) (Coach: Bill Sumner)
- DeLaSalle HS (Concord, CA) (Coach: Joe Stocking)
- El Cerrito HS (Coach: Helen Lehman)
- Hart HS (Newhall, CA) (Coach: Eugene Blankenship)
- Homestead HS (Cupertino, CA) (Coach: Sheldon Harmatz)
- Loyola HS (Los Angeles, CA) (Coach: Ed Castellanos)
- Madera HS (Coach: Dee DeWitt)
- Mission San Jose HS (Fremont, CA) (Coach: J. Marden)
- Oxnard HS (Coaches: Arthur Gorduna, Jim Rose)
- Rancho Cotate HS (Rohnert Park, CA) (Coach: Bob Lombardi)
- San Ramon HS (Danville, CA) (Coaches: Gerry Geraghty/Chuck Spencer/
Bob Vincent)
- Serra HS (San Mateo, CA) (Coach: Rick Fambrini)
- Tokay HS (Lodi, CA) (Coach: Ken Israel)
- Yosemite HS (Oakhurst, CA) (Coach: Ellen Jackson)

Maya - 20:37
Ripins - 21:22
Hagerty - 22:40
Brat - DN F

SCVAL ~~2:15~~ 2:30
~~2:35~~ 2:45