

# ADVANCE INFORMATION BULLETIN

CIF/Reebok Cross Country Championships

Saturday, November 26, 1988

Woodward Park

# Cross Country



# Reebok





# CIF/Reebok<sup>®</sup>

## CALIFORNIA HIGH SCHOOL CHAMPIONSHIPS

### 1. MANAGEMENT

The CIF/Reebok California High School Cross-Country Championships shall be managed by the State CIF which will have final authority and responsibility for the Championships.

### 2. MEET DIRECTORS

Meet directors, employed by the State CIF to oversee championship meet operations are available to assist participating schools. All questions on meet specifics should be addressed to:

BILL GRIFFIN

Meet Director  
Madera High School  
215 Coyote Lane  
Madera, CA 93637  
(209) 675-4500 x 300  
(209) 674-0853 (Home)

DENNIS DeWITT

Assistant Meet  
Director  
(209) 432-9073  
(evenings)

STEVE WARD

Assistant Meet  
Director  
(209) 299-7211

### 3. DATE & SITE

Saturday, November 26, 1988 - Woodward Park, Fresno, CA

*Note: Competitors will not leave school on the day preceding the competition prior to the close of the school day unless travel requires two days. If travel requirements warrant, schools may petition their section CIF office for the additional day. Violation of this regulation may result in disqualification.*

### 4. CLASSIFICATION SYSTEM

The CIF/Reebok Cross Country Championships shall be conducted in three divisions for both boys and girls - Divisions I, II, III. CIF Section Commissioners are responsible for insuring that schools entering the Championships meet the following enrollment criteria:

Division I	-	Large Schools	-	1600 and above
Division II	-	Medium Schools	-	700 to 1599
Division III	-	Small Schools	-	699 & under

The procedures adopted by the State CIF Competition Committee to determine enrollment by C-BED figures shall be utilized for the State Cross Country Championships. Three-year schools shall double 10th grade enrollment and then add that number to the 11th and 12th enrollment figures for a total. Single Gender schools enrollment shall be doubled.

*Each school participating in the state playoffs must play in the division which corresponds to their school classification.*

5. TIME SCHEDULES

Division I	- Boys Introductions	9:50 a.m.
	- Boys Race	10:00 a.m.
Division I	- Girls Introductions	10:25 a.m.
	- Girls Race	10:35 a.m.
Division I	- AWARDS - Team/Individual	11:10 a.m.
Division II	- Boys Introductions	11:15 a.m.
	- Boys Race	11:25 a.m.
Division II	- Girls Introductions	11:50 a.m.
	- Girls Race	12:00 noon
Division II	- AWARDS - Team/Individual	12:35 p.m.
Division III	- Boys Introductions	12:40 p.m.
	- Boys Race	12:50 p.m.
Division III	- Girls Introductions	1:15 p.m.
	- Girls Race	1:25 p.m.
Division III	- AWARDS - Team/Individual	2:10 p.m.

6. COURSE AND RUNNING SURFACE

- a. All races will be 5000 meters
- b. The course is in Woodward Park on hard packed dirt trails with some grass and asphalt. It has mild ups and downs over rolling hills with one steep short hill.
- c. Many major cross-country meets have been run on this course. (Kinney Meet, State J.C., Regional and District N.C.A.A. Meets).
- d. No spikes are allowed on this course.
- e. Alternate course is on the asphalt roads in Woodward Park.
- f. Meet will be run - RAIN OR SHINE!!! There is a rain course available at Woodward Park if conditions warrant its use.



7. ENTRIES

The State CIF Federated Council rules governing the number of entries per section are as follows:

<u>SECTIONS</u>	<u>TEAMS</u> <u>(Each Division)</u>	<u>INDIVIDUALS</u> <u>(Each Division)</u>
CENTRAL SECTION	2	5
CENTRAL COAST	2	5
NORTH COAST	2	5
NORTHERN SECTION	2	5
OAKLAND SECTION	1	5
SAC JOAQUIN	2	5
SAN DIEGO	2	5
SAN FRANCISCO	1	5
SOUTHERN SECTION	5	5
L.A. CITY SECTION	<u>2</u>	<u>5</u>

Totals:    21 teams-boys    50 boys  
             21 teams-girls    50 girls  
             per division        per division

Qualifications from sectional competition to the State Cross Country Meet is based upon team as well as individual place finish.

Qualifying teams plus the top five highest placed individuals (not on a qualifying team) in each division will qualify from section to state meet finals.

*Note: A team consists of 5 to 7 runners. Section Commissioners: Please fill your allocation of entries in case of declinations by qualified team or individuals.*

Entries must be called in no later than Sunday, November 20, (FAX # 209-674-6038..24 hour service) by each CIF Section's authorized representative.

8. UNIFORMS

All athletes competing in the championships must wear their high school uniform. Uniforms of all team members must be identical. No other uniform may be worn during warm-ups, the competition, or on the victory stand. Unless specifically approved by meet management, the wearing of sweatsuits, tee shirts, or any clothing representing any organization, corporation or business, college or university is strictly prohibited and may result in disqualification.

9. OFFICIAL RULES

1988 National Federation Cross-Country Rules (located in Track and Field Rule Book) are official and will be enforced.

Rule 307 of the By-Laws will be enforced: "All individual runners and teams must be accompanied by a certified person from the school district."

10. RESTROOMS AND LOCKER ROOMS

Restrooms are located throughout the park, but please come dressed to run.

11. COACHES PACKETS

The coach of all qualified teams and individuals may pick up their packets on Friday, November 25, 1988 at Woodward Park from 3:00 p.m. to 5:00 p.m. and the Picadilly-University Inn Headquarters, from 7:00 p.m. to 10:00 p.m. OR at Woodward Park after 8:00 a.m. on Saturday, November 26, 1988. Only the Coaches names that appear on the section qualifying entry form will be allowed to receive that school's packet.

12. SCORING PROCEDURES

- (a) Each coach will receive a special color-coded name tag for each runner. Each tag will have pertinent information on it. The tags must be worn by each runner and will be removed in the finish chute at the conclusion of each race. If you find any information on the tag that is not correct, contact the Meet Director at once.
- (b) Meet results will be posted after each awards ceremony. Copies of typed results will be available to each school after each awards ceremony. (Two to each school.)
- (c) Scoring will be in compliance with the 1988 National Federation Rules ((Five (5) score and Two (2) displace).

ADMISSION/DONATION CHARGES

Adults - \$4.00  
Students/Children - \$2.50

13. ENTRANCE/PARKING/CONCESSIONS

- (a) Entrance to Woodward Park will be at the NORTH GATE ONLY (See Map).
- (b) Donation/Admission charges:  
ADULTS - \$4.00; CHILDREN - \$2.50
- (c) Please park in designated areas marked by color of Parking Pass.
- (d) A concession stand will be available at the park. Coaches and athletes please plan to provide your own lunch.
- (e) CIF/REEBOK will have a souvenir concession stand open from 8:00 a.m. to 3:00 p.m. They will have T-Shirts, Sweat Shirts, Pins, and other cross country material on sale. Supply is limited to those on hand and at Picadilly Inn-University on Friday, November 25, 1988, evening 7:00 p.m. - 10:00 p.m.

14. AWARDS

- (a) TEAM AWARDS - Plaques for champion and runner up/team medals 1st through 7th for championship team and runner up.
- (b) INDIVIDUAL AWARDS - Individual medals 1st through 10th runner, each division.
- (c) PLAQUES will be awarded to individual champions in each division (boys and girls).
- (d) CERTIFICATES will be awarded to all participants.

15. HOSPITALITY COACHES AND PRESS ROOM

Friday night (11/25/88), PICADILLY INN-UNIVERSITY from 7:00 p.m. to 10:00 p.m. Place to meet other coaches, runners and press. Refreshments will be available and team packets can be picked up at that time.

16. SOUVENIR PROGRAM

A quality souvenir program will be available for purchase at Woodward Park. The program will include photos and information on the outstanding athletes in the State.



17. MEDIA INFORMATION

PRESS CREDENTIALS: Members of the news media displaying proper press/photo credentials will be admitted free of charge.

Members of the media wishing more information are asked to contact the Cross Country Sports Information Director:

JANE HOLLOWAY  
(209) 674-6991 Home  
(209) 675-4500 x 300 Work

18. LODGING

HOST HEADQUARTERS:

PICADILLY INN-UNIVERSITY  
4961 N. Cedar Avenue  
Fresno, CA 93726  
(209) 224-4200

Rates: \$47.00 (1-4 persons)

\*\*\*\*See attached pages for directional maps\*\*\*\*

LODGING

HEADQUARTERS:

PICADILLY INN-UNIVERSITY  
 4961 N. Cedar Avenue  
 Fresno, CA. 93726  
 (209)224-4200 \$47.00 (1 to 4 persons)

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Alphabetical Order:

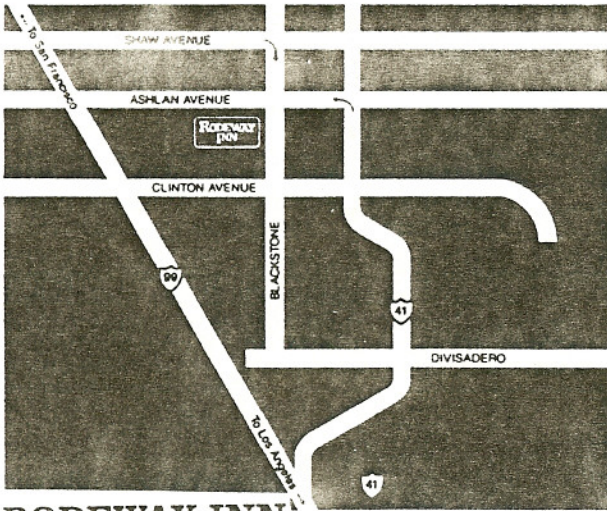
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| ALL STAR INN (209)222-2431<br>4080 N. Blackstone<br>Fresno, CA. 93726                    | Rates: \$25.70 (2 persons)<br>\$34.66 (4 persons)  |
| COURTYARD by Marriott (209)221-6000<br>140 East Shaw Avenue.<br>Fresno, CA. 93760        | Rates: \$50.00 Guest Room (Fri-Sat.)<br>\$64.00 Suite  |
| GOLDEN PENNY (209)439-6500<br>6090 N. Blackstone<br>Fresno, CA. 93710                    | Rates: \$23.00 single<br>\$27.00 dbl (2-4)   |
| HOLIDAY INN (209)252-3611<br>5090 E. Clinton<br>Fresno, CA. 93726                        | Rates: \$39.00 (1-4 persons) plus tax<br>rollaways extra<br>Indoor Rec Center/Pool   |
| MOTEL 6 (209)221-0800<br>4245 N. Blackstone Ave.<br>Fresno, CA. 93726                    | Rates: \$20.10 single<br>\$26.82 2 persons<br>\$ 7.00 ea. add'l adult  |
| PICADILLY INN-AIRPORT (209)251-6000<br>5115 E. McKinley<br>Fresno, CA. 93726             | Rates: \$42.00 (1-4 persons) plus tax  |
| RAMADA INN (209)224-4040<br>324 East Shaw Avenue<br>Fresno, CA. 93710                    | Rates: \$42.00 single<br>\$48.00 double<br>\$ 6.00 rollaway  |
| RODEWAY INN (209)222-5641<br>4061 N. Blackstone Avenue<br>Fresno, CA. 93726              | Rates: \$34.00 (1-4 persons) plus tax<br>\$ 6.00 rollaways   |
| SMUGGLER'S INN (209)226-2200<br>3737 N. Blackstone Avenue<br>Fresno, CA. 93726           | Rates: \$60.00 single<br>\$68.00 double  |
| TRAVELERS INN (209)431-3557<br>6730 N. Blackstone<br>Fresno, CA. 93710                   | Rates: \$25.95 single (plus tax)<br>\$27.95 (2 persons) (plus tax)<br>\$32.95 (3-4 persons) (plus tax)                           |
| VILLAGE INN-BEST WESTERN (209)226-2110<br>3110 N. Blackstone Avenue<br>Fresno, CA. 93726 | Rates: \$39.00 single (plus tax)<br>\$45.00 double (plus tax)<br>\$ 6.00 rollaway  |
| WATERTREE INN (209)222-4445<br>4141 N. Blackstone Avenue<br>Fresno, CA. 93726            | Rates: \$40.00 single (plus tax)<br>\$42.00 2-persons (plus tax)<br>\$48.00 3-persons (plus tax)<br>\$50.00 4-persons (plus tax) |

\*\*\*\*SEE ATTACHED PAGE FOR ADDITIONAL LODGING INFORMATION\*\*\*\*





DIRECTIONAL MAPS - LODGING-FRESNO  
(Other than Headquarters)



**RODEWAY INN**

From the South: Take FWY 99 Exit "Freeway 41 North" to "Ashlan Avenue" Exit and then left to Blackstone

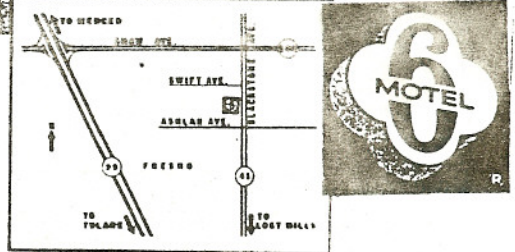
From the North: Take FWY 99 Exit "Shaw Avenue" and then right on Blackstone

We're located 90 miles from Yosemite and Kings Canyon National Parks. 5 miles from the Downtown Convention Center. 3 miles from Fresno State University. 8 miles from the Fresno Air Terminal and Adjacent to 3 major shopping centers

**FRESNO (North)**  
4245 N. Blackstone Avenue (33728)  
Hwy. 41, North  
PHONE: (209) 221-0600

**RATES Per Room**  
1 Person \$19.95  
2 Persons \$25.95  
Add'l Adult \$ 4.00 ea.

From Hwy. 99 (northbound), take Central Fresno, National Parks, 41 North exit. Proceed 4 miles to Shaw Ave., turn left on Shaw Ave. to Blackstone Ave. Turn left on Blackstone Ave. 4 blocks to motel. Hwy 99 (southbound) take Shaw Ave. exit east 5 miles to Blackstone, turn south 4 blocks to 84 units; Pool; A/C. Gateway to Sequoia and Yosemite National Parks.

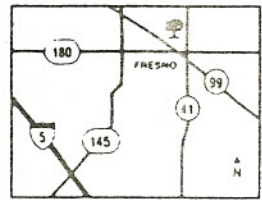


**Fresno, CA**  
Fresno-  
140 East Shaw Avenue  
Fresno, CA 93760  
(209) 221-6000

**Attractions - Landmarks**  
Fresno State University 3M E  
Fresno Airport 7M SE  
Fashion Fair Shopping Mall 1Block E  
Yosemite National Park 92M NE  
Sequoia National Park 84M SE  
Kings Canyon National Park 55M E

**Companies:**  
Internal Revenue Service 15M E  
The Hartford Insurance 1Block W  
Liberty Mutual 1M W  
Pacific Mutual 2M W

**Rates: Sun-Thurs\* Fri-Sat\*\* UTSR\*\***



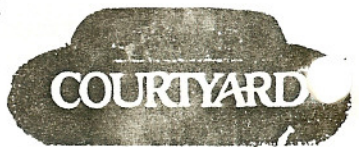
**Directions:** Take Highway 99 to Highway 41 Exit Shaw Avenue Turn West

**Transportation:** Fresno Air Terminal 7 Miles. Taxi service available

**Outdoor Pool**

Guest Rm	\$55	\$48	\$51
Suite	\$70	\$60	\$62

\* Additional charge for 2 people during weekdays. \*\* Long Term Stay Rates. \*\*\* consecutive days of travel.



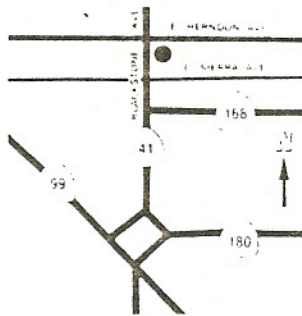
**FRESNO**

209/431-3557

**Directions:** On Blackstone Ave (Hwy. 41) at Herndon Ave

- Attractions:**
- \* Pool and spa
  - \* Adjacent restaurants: Howard's Jack-in-the-Box, Long John Silver's
  - \* Two golf courses nearby
  - \* Blocks from Fresno State University
  - \* Parks
  - \* Minutes from Air Terminal
  - \* On direct route to downtown
  - \* Foresters Underground Gardens
  - \* Museum of Natural History
  - \* Kearney Mansion
  - \* On route to Yosemite and Sierras

146 Economy Rooms.

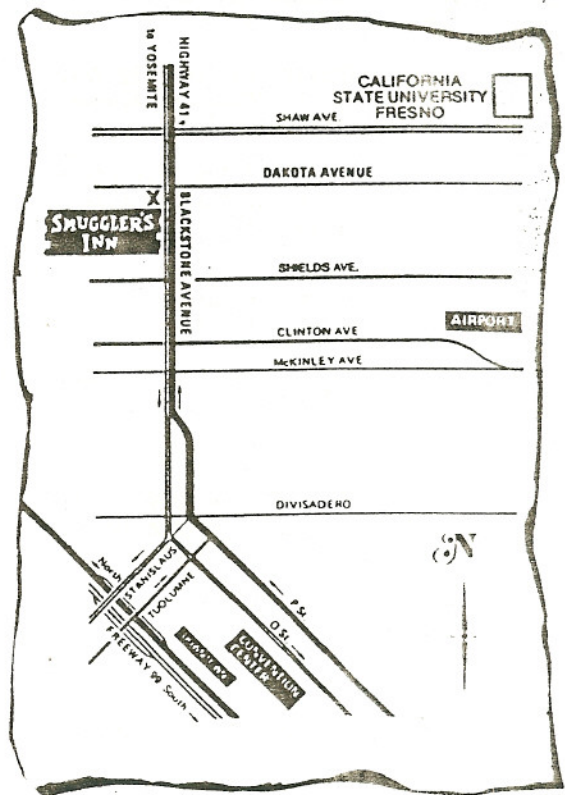
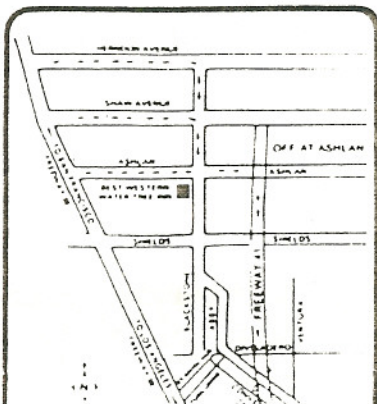


**Travelers**

**WaterTree INN**

4141 N. Blackstone; Fresno, CA 93726

Large, deluxe rooms featuring King or Queen beds, beautifully landscaped grounds and a lovely pool await you. We're conveniently located. On the road to Yosemite - the heart of Fresno. Close to Manchester Shopping Mall



**TRAVEL DIRECTIONS:**

**Driving So. on Hwy. 99** - Take Shaw Ave. off ramp. Turn East to Blackstone, South on Blackstone to Inn.

**Driving No. on Hwy. 99** - Take Hwy. 41 North - off at Shields - turn West 1 block to Blackstone, Turn North 2 blocks to Inn.



# PICCADILLY INN HOTELS

**WELCOMES**

**CIF/REEBOK STATE  
CROSS COUNTRY MEET**

**November 25th & 26th**

**Piccadilly Inn – University Has Been Chosen  
As Your Event Headquarters**

***Special Rate . . . \$47.00 per room***

**Reservations will be held till  
November 18, 1988**

**CALL FOR RESERVATIONS**

**800-HOTEL CA  
800-HOTEL US**

**FRESNO'S MOST BEAUTIFUL HOTELS RATED ★ ★ ★ ★**