

Cross country

In a boys non-league tri-meet, Mitty earned a split with host Westmont and Blackford.

Meanwhile, Mitty's girls team improved to 2-0 in the West Valley Athletic League. Lantanya Johnson, Thea Roberts and Erin Hayes finished first through third.

Cross country

In a Bay Area Conference boys tri-meet in San Francisco, Crystal Springs-Uplands (2-2) beat Ridgemont, 18-39, and lost to Lick Wilmerding, 21-37. Sophomore Bert Laubsch was CSU's top finisher, running the 5,000-meter course in 19:21.

In the girls race, CSU's Elizabeth Gutierrez won in 23:05, even though her team's record fell to 0-3.

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Cross country

BOYS

BAY AREA CONFERENCE at Golden Gate Park 5,000 meters

Team scores — Lick Wilmerding 21, Crystal Springs-Uplands 37; Crystal Springs-Uplands 18, Ridgemont 39.

Individuals — 1, Roberts (LW) 18:55; 2, Laubsch (CSU) 19:21; 3, Silverman (LW) 19:29; 4, Stan (LW) 19:51; 5, Fenton (CSU) 19:57.

NON-LEAGUE at Westmont 2.5 miles

Team scores — Mitty 28, Blackford 29; Westmont 21, Mitty 40; Westmont 18, Blackford 41.

Individuals — 1, Ashley (W) 12:37; 2, Denghanpour (W) 12:50; 3, Murrill (B) 13:07; 4, Woodward (M) 13:29; 5, Matthews (M) 13:30; 6, Sullivan (W) 13:39; 7, Thomas (W) 13:49; 8, Rowan (W) 13:56; 9, Llurava (B) 13:57; 10, Hall (B) 14:03.

Frosh-soph

Team scores — Mitty 15, Blackford 45; Mitty 15, Westmont 45; Blackford 27, Westmont 28.

Individual leader — Garrett (M) 14:42.

GIRLS

BAY AREA CONFERENCE at Golden Gate Park 5,000 meters

Team scores — Lick Wilmerding 21, Crystal Springs-Uplands 34.

Individuals — 1, Gutierrez (CSU) 23:05; 2, Farrow (LW) 23:26; 3, Yee (LW) 24:26; 4, Robman (LW) 25:32; 5, Blair (LW) 25:35; 6, Garrison (CSU) 26:15.

WEST VALLEY LEAGUE at Westmont 2.5 miles

Team scores — Mitty 15, Westmont 48; Mitty 15, Blackford incomplete; Westmont 15, Blackford incomplete.

Individuals — 1, Johnson (M) 15:32; 2, Roberts (M) 15:33; 3, Hayes (M) 15:43; 4, Miks (M) 16:20; 5, Caldwell (M) 17:01; 6, Walsh (M)

17:13; 7, Cordero (W) 17:39; 8, Bassoni (W) 17:36; 9, Jordan (M) 18:46; 10, Ellis (M) 18:56.

Junior varsity

Team scores — Mitty 15, Westmont incomplete; Mitty 15, Blackford incomplete.

Winner — Ellis (M) 18:56.

Cross country

BOYS

BAY AREA CONFERENCE at Woodside Priory 2.1 miles

Team standings — Crystal Springs-Uplands 21, Woodside Priory 38.

Individual standings — 1, Laubsch (CSU) 12:47; 2, Fenton (CSU) 12:48; 3, Ho (WP) 12:59; 4, Muksai (WP) 13:01; 5, Carver (CSU) 13:15.

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