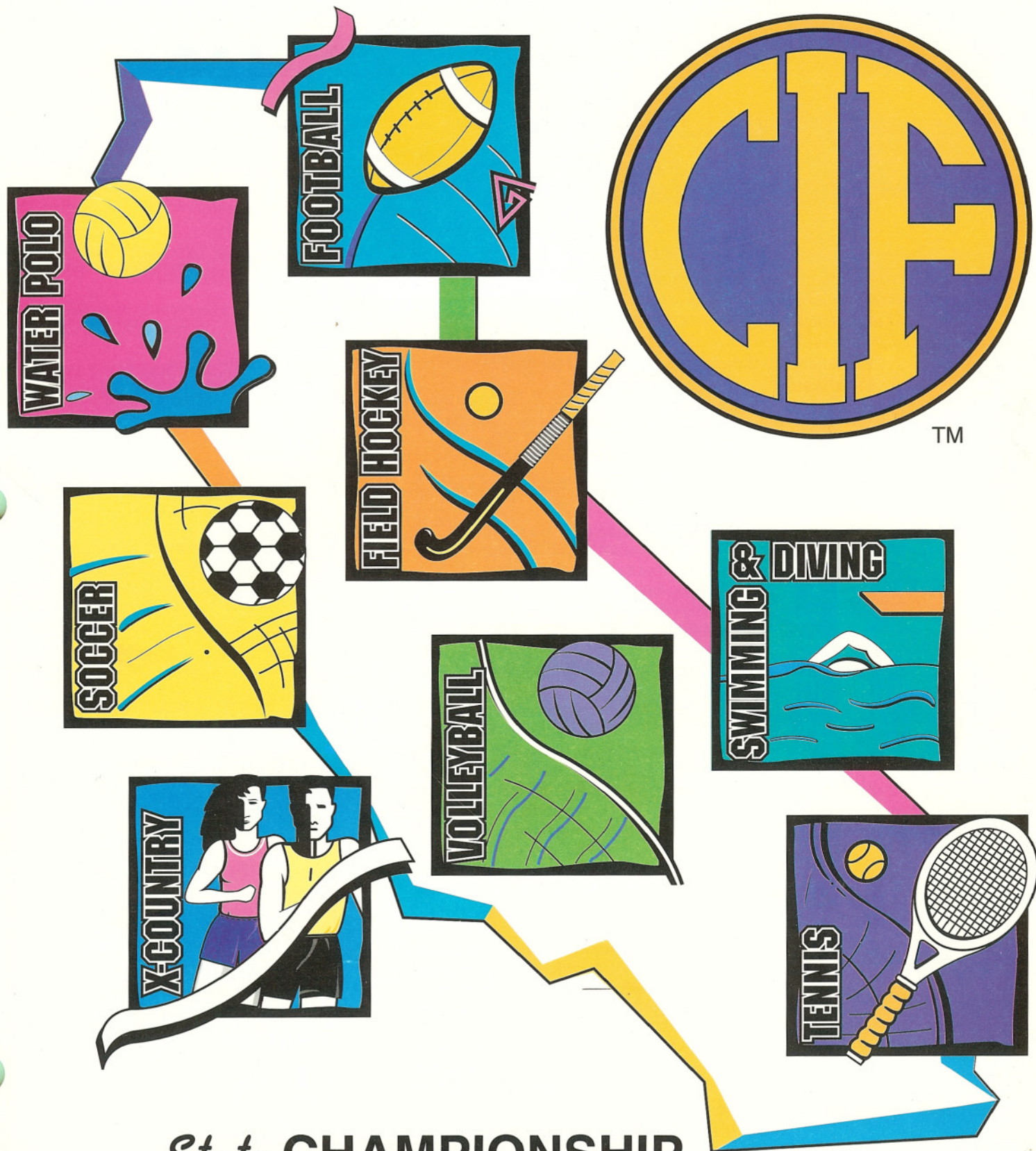


FALL ^{Prep} SPORTS 93



State **CHAMPIONSHIP**
EDUCATIONAL ATHLETICS

OPPORTUNITY KNOCKS...

It also kicks, runs, passes, dunks,
spikes and volleys.

The California Interscholastic Federation (CIF), as the governing body of high school sports in California, is interested in partnering with companies that want to reach the high school market.

As a member of the CIF team you can:

- Reach and influence the purchasing habits of 2,500,000 high school families throughout the state
- Become a partner with 1200 public, private and parochial high schools
- Gain exclusive exposure opportunities at over 4,450 athletic events
- Provide support for 500,000 high school athletes
- Build community and statewide awareness and preference for your products or services


Companies partnering with the CIF own a powerful marketing tool: exclusive access to high school communities through competitive sports.

It's a fact that high school students who participate in sports maintain higher grades, stay in school to graduate, go on to college, and are less likely to become involved in drugs, alcohol, tobacco and gang activities.

To learn more about how this important win-win relationship can work for our youth and your business, please call me at 1-800-822-8089.

Thank you.

Sincerely,



Bob Seagren
Olympic Gold Medalist
Vice President
Marketing & Financial Management
(exclusive agency for the CIF)



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Special Recognition

The CIF extends a special thanks to all the athletes and coaches involved in the CIF State Cross Championships. Many of the photos in this program were provided by the coaches, as well as the media. This program was printed at Langdon Press.

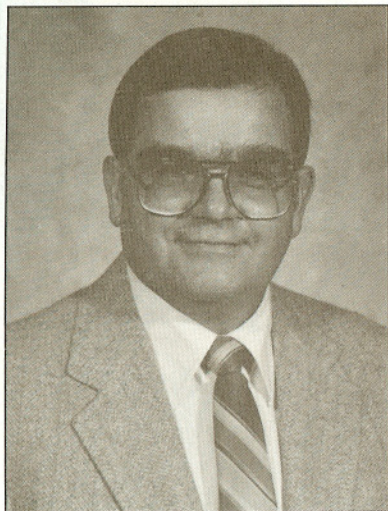


Title Hopefuls -- Peninsula girls cross country team stakes its title hopes in Division I on runners Molly Mehlberg, Mary Blake and Jaime Artzner (pictured from left to right).
photo courtesy Peninsula High

CIF State Cross Country Championship Meet Management

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THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



RICHARD NELSON
CIF President

It is my pleasure, as President of the State CIF, to congratulate the young men and women of the state of California who have achieved such a high degree of athletic excellence that allows them to participate at the championship level.

We are all aware that athletic achievement is the result of numerous dedicated people working together for a common purpose. I extend my appreciation to the parents, coaches, teachers, and school administrators and board members who have assisted and inspired our young athletes as well as providing model athletic programs at their school sites.

CIF has a proud heritage that began in 1914 in providing equitable athletic competition for more than 1,000 high schools in the state of California.

It is our strong belief that participating in high school athletics provides a training ground for character building and leadership that is difficult to duplicate in other school programs. We are certain that the lessons that they learn will be with them for a lifetime as well as pleasant and happy memories.

My sincere gratitude is extended to all of those volunteers who gave their time, energy, and talent that makes CIF the fine organization that it is.

Richard Nelson

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Welcome From The State Office Of The CALIFORNIA INTERSCHOLASTIC FEDERATION

Your California Interscholastic Federation has served the youth of California since 1914 and proudly boasts of having more than four million alumni.

Since its beginning, the state-wide CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student/athletes each year who participate regularly in the interscholastic athletic activities of California's 1200 secondary schools.

The CIF is dedicated to providing all student/athletes in California with equal participation opportunities, a philosophy that has propelled the state into uncontested leadership in the nurturing of outstanding athletes.

Many of the names are legends, and today that heritage is being continued. Janet Evans, Rick Monday, Pat Haden, Scott McGregor, Flo Hyman. Outstanding men and women of whom Californians can be proud.

With the continuing cooperation and dedication of superintendents, principals, and athletic directors as well as the abundant interest of over one-half million students and their families each year, the future of prep sports would appear bright and healthy.

We urge you to continue your support of scholar/athletes by attending high-school sporting events in your community on a regular basis.



"We are proud to present this outstanding state championship event, an indication of the support given to our scholar/athletes by the people of California. We welcome you to this showcase of some of our finest young California athletes-- our nation's future leaders."

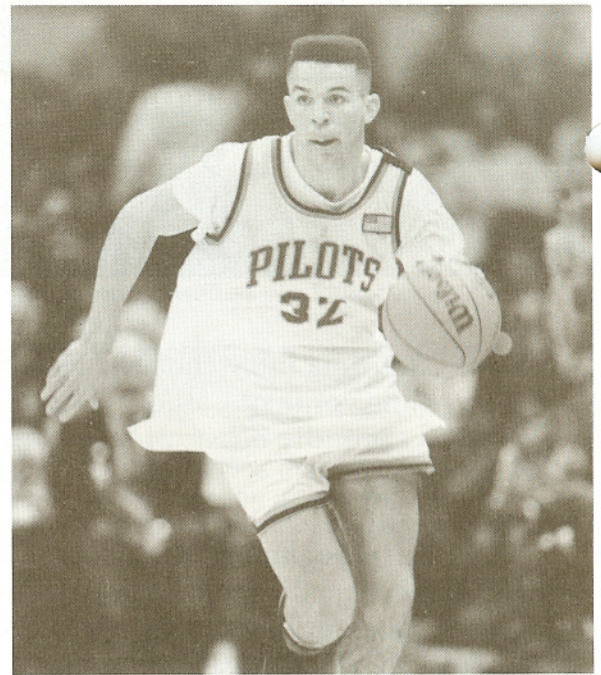


Thomas E. Byrnes
State CIF Commissioner



Margaret R. Davis
Associate State CIF Commissioner

DOING THE JOB FOR PREP SPORTS SINCE 1914



A "Golden History" Began In 1914; Has Spanned 15 Presidents

Suffice to say, the CIF State Championship history in the state of California is a golden one. For starters, it has spanned the tenure of 15 presidents; Woodrow Wilson, Warren Harding, Calvin Coolidge, Herbert Hoover, Franklin Roosevelt, Harry Truman, Dwight Eisenhower, John Kennedy, Lyndon Johnson, Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, George Bush and Bill Clinton.

In existence since 1914, the CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field and golf.

Track and field, the longest running state championship, was held for the first time at Fresno High in 1915 and reached its 75th anniversary during the 1993 season. Except for the war years from 1941-45, the track and field championships have been held annually.

Early championships were conducted at high schools, YMCA's, universities and fair sites including: the Sacramento Fair in 1918, the San Bernardino Fair of 1919, the Bakersfield Fair in 1920 and the Stockton Fair in 1922.

The 1993 CIF State Track and Field Championships marked the sixth consecutive year that Cerritos College, Norwalk was the host site. 1974 fea-

tured the first year of girls' competition in the CIF State Track and Field Championships with the setting at Memorial Stadium, Bakersfield.

Accomplished athletes in various sports dot the list of California High School competitors in the track and field state championships.

Names like Dwight Stones, an Olympic medalist in the high jump, Rafer Johnson, a Gold Medalist in the decathlon, Marion Jones a national record holder in the 100 meter, 200 meters and the long jump and Sherri Howard, an Olympian in the 4 X 400 highlight the list.

Track and field stars from California High schools have gone on to succeed in other sports as well. Lynn Swann from Serra High in San Mateo, James Lofton of Washington, Los Angeles and Dokie Williams of El Camino, Oceanside each made a name for themselves in professional football, and were state champions in the long jump. Henry Ellard, of Hoover Fresno and now with the Los Angeles Rams won the CIF State title in the triple jump in 1979.

After track and field, the CIF State Basketball Championships were established in 1916 and were held until 1928. The first state basketball championship was played between Whittier High and Berkeley High at Whittier High School

on March 25, 1916. The final result: Whittier 31-20. In 1989, Glendora High standout Tracy Murray set a record for most points scored with a phenomenal 64 - more than Berkeley and Whittier combined in the first title tilt. Women's basketball joined the state championships in 1981 when the championships were renewed for both boys and girls.

In its short history, the Girls' CIF State Basketball Championships have experienced tremendous success with names like national record-holder Cheryl Miller, Lisa Leslie, Tanda Rucker and Kate Paye playing starring roles. Point Loma's four state championships (1984 Division II; 1985-87 Division I) have also highlighted girl's competition. The Ladycats of Brea Olinda, with a record five straight appearances, have also garnered four titles including the 1993 Division II crown. Menlo School of Atherton, won three straight titles in Division V (1989-91).

On the boys' side, Stockton High dominated early play winning four championships in the 1920's (1922-23, 1925, 1928).

Crenshaw High equalled that dominance in the modern championship winning four titles in the 1980's (1985-86, 1989) and adding an unprecedented fifth this March. Besides Murray, great names like Michael Man-

CIF Championship History Cont.

ning, Jason Kidd, Shon Tarver, Ed O'Bannon and Stais Boseman have participated in the state finals.

The CIF Basketball Championships have come a long way since its beginning at Whittier High in 1916. The 1990 championships marked the first time that all five boys' and girls' Divisions (I, II, III, IV and V) were housed under the same roof - the Oakland Coliseum. Attendance for the two-day championships have eclipsed the 20,000 mark in three of the last four seasons with a record 22,613 at the Arco Arena for the 1992 title games.

The CIF State Wrestling Championships were established in 1973 and conducted at Cal State Hayward. The University of Pacific's Spanos Center has been the host site since 1987. Clovis High dominated during the first years of the championships, winning three consecutive CIF State Wrestling Championships from 1974-76 and then equalled that with a recent three straight 1990-92. Clovis West has won three titles (1983-84, 1989) in the 1980's.

Individually, standouts like Jimmy Aguirre, Tony Okada, Zach Cooper and Trent Barnes have competed in championships.

With the largest participation of any girls' sport, volleyball has increased its following by leaps and bounds since the first CIF State Volleyball Championships in 1978. Highland High, Bakersfield won the first championship, held at Highland High.

In 1981, a Division II classification was added to the championships and a year later a Division III classification

was included.

The CIF State Volleyball Championships expanded to a five division format in 1991 and the result was more spectacular action under one roof.

The growth of the sport is also evident in terms of revenue. Volleyball has been a self-supporting championship the last three seasons.

Five teams have won three titles in their respective divisions, starting with Mira Costa, which went unbeaten en route to Division I championships in both 1985 and 1990. Just down the road Division I rival Corona del Mar also has three championships, with its third coming in 1993 against Laguna Beach. Rim of the World has three titles in Division II, along with La Habra (1989-91). Francis Parker, San Diego has won three titles in Division III.

Individual standouts include 1992 tournament MVP Rachel Wacholder, 1991 tournament sensation and MVP Jaimie Torromeo of St. Joseph Lake-wood, 1990 MVP Tracy Schriber of Corona del Mar, 1989 MVP Piper Hahn of Mira Costa, Bev Oden, Katy Eldrige, Zrinka Kristich, Kristal Atwood and Jenny Evans, among others.

Traditionally, the last CIF Regional Championship completed during the course of the school year, the State Golf Championships were established in 1976 for boys and 1977 for girls and ran until 1981. Since then, regional championships have been conducted. Torrey Pines has dominated in the Southern Regionals with four regional championships, while Vintage of Napa has taken three Northern Regional titles.

Sharon Barrett, Kim Saiki, Jean Zedlitz and Kim Cathrein have excelled on the girls side, while stars on the boys field include Craig Sadler, Joe Rasset, and David Games.

The CIF Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno. Bryan Dameworth and Deena Drossin, both of Agoura High, have won three and two individual state titles respectively. Jeff Wilson of Newbury Park (1990-91) and Kira Jorgensen of Rancho Buena Vista won two consecutive individual state championships (1987-88). Milena Glusac of Fallbrook broke the Girls Division I record in 1991 with a time of 17:13, then proceeded to add her second title in 1992 (17:14).

Palos Verdes, Agoura and Newport Harbor have dominated the girls' team championship with three titles apiece. Palos Verdes won consecutive titles (1987-89) before the school was combined with Miraleste and Rolling Hills High into Peninsula High.

Seeking a record fourth title, Agoura girls have won three straight (1990-92) in Division I. Newport Harbor's titles have come in 1987 and 1988 in Division II and 1991 in Division III.

The most dominant boys' teams have been Hart and McFarland High's. Hart has won three consecutive titles (1990-92) in Division I. McFarland won the first-ever Division III crown in 1987 and then took the Division IV title in 1992.

A fourth division was added to cross country in 1990.

1993-94 CIF State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 27, 1993	Woodward Park, Fresno
Girls' Volleyball	December 4, 1993	Cal State Fullerton
Wrestling	March 4-5, 1994	Spanos Center, Stockton
Basketball	March 18-19, 1994	Oakland Coliseum, Oakland
Track and Field	June 3-4, 1994	Cerritos College, Norwalk
Golf South Regionals	June 13, 1994	TBA
Golf North Regionals	May 23, 1994	TBA

Impressive Group of Teams, Individuals Put it All on the Line

By Doug Speck, California Track News

There is that Thanksgiving weekend chill in the air and it is time once again to head for Fresno for the always spectacular CIF State High School Cross Country Championships. Action on the fine 5000 meter course at Woodward Park should be of its usual very high quality with enough confusion in the pre-meet form charts to have the day's results spill out in what should be a very entertaining manner. Once again, we have the privilege to view a number of individuals and teams considered among the very best in the nation and state history.

The boys Division I contest is showcased around a very, very impressive Thousand Oaks (SS) squad that can legitimately challenge as "best in the nation" off a magnificent run in the CIF Southern Section finals, when their five scorers team time added up to a new course record of 77:56. Brandon del Campo, the individual winner there, leads Coach Jack Farrell's team that can challenge the Woodward Park all-time course mark of 78:23 this morning. Santa Ana (SS-ranked #17 nationally by *"Harrier Magazine"*), Madera (CE), led by veteran star Eric Kropf, Bellarmine Prep (San Jose-CCS), which scored 26 points in the Section finals, and Southern Section powers, Palmdale (SS), led by fine junior Antonio Arce, and Peninsula (SS), should battle for the second and third place team plaques.

Mebrahtom Keflezighi (San Diego-SD) had a magnificent Section finals run, with Brett Strahan (Hart, Newhall-SS), and Jaime Martinez (Orange-SS) also identified as being among the top dozen preps in the entire nation this Fall.

The plot may change slightly, but the actors in the starring roles remain mostly the same in girls Division I. School names that have dominated this level since the state meet's start in 1987 are once again challenging for the championship. Agoura (SS), ranked #8 in the nation by "Harrier" magazine, took the Southern Section title by five points over Peninsula (Rolling Hills-SS), with Thousand Oaks (SS) and Irvine (SS) only about twenty points behind the top duo. Agoura, under Coach Bill Duley, has taken the last three girls Division I titles and was runner-up the first three years to Coach Joe Kelly, then at Palos Verdes, now at Peninsula (Rolling Hills) when the Palos Verdes district combined all the area schols into one. Agoura leads with 1992 divisional runner-up, Amy Skiersz and fifth placer Kay Nekota, with Peninsula having 1992 third placer Molly Mehlberg leading the attack. Thousand Oaks has Kim Mortensen racing strongly, with Irvine's (1992 team runner-ups) Jessica Corbin as a strong individual. Around the rest of the state, Mt. Carmel (San Diego-SD), third Division I last year, has dominated local action, with Madera (CE) a very strong squad.

Sarah Dickerman (Del Campo, Fair Oaks-SJS), Jami Nelson (Nevada Union, Grass Valley-SJ), Claire Becker (Bonita Vista, Chula Vista-SD), Carrie Caulkins (Esperanza, Anaheim-SS), and Elias Estrada (Santa Ana Valley-SS) will be factors near the

front individually.

The boys Division II team contest features a super group of teams, led by Jesuit (Sacramento-SJS), ranked #20 nationally by Harrier magazine. Hot off a 19 point total in the Sac-Joquin Division II race, Jesuit is led by Matt Farley, defending state 3200m champ (9:04.39) in track who was the individual champion of the very competitive Stanford and Mt. Sac Invitationals this fall. Katella (Anaheim-SS), is peaking nicely, with Mike Moreno one of the outstanding individuals at this level. Mission Bay (San Diego-SD), led by individual winner Devin Elizondo, dominated its Section finals race. Sanger (CE) has had a fine fall, led by Pameno Ballantyne, very tough at this level until a recent injury.

Surprise team at this level could be North Monterey County (Castroville-CCS), which packed nicely during the front of a 37-point Section finals win. Agoura (SS), led by fine junior, John Greene, and Corona (SS) could threaten the top group.

Last year's Division III individual champion, junior Jason Balkman (Lynbrook, San Jose-CCS) has moved up to this level. The 9:06.90 3200m star in track hot once again. Matt Creason (Eureka-NCS) fifth last fall at this level, Eleazar Hernandez (Camarillo-SS), and Rey Sanchez (Delano-CE) are other top individuals.

The girls Division II contest should be controlled by a strong Edison (Huntington Beach-SS) group still smarting from a loss to cross-town rival Ocean View (SS) at this competition last fall. Coach Kristi McGihon welcomed back 1992 sixth placer Elyse Hombberger, a 10:54.28 3200m runner in track, in recent weeks, with another half-dozen athletes filling in strongly when needed during the fall. Reedley (CE) has been super all season, with age-group star, frosh Angela Ruiz, leading Coach Glenda Morgan's group that was 29 points and 30 seconds (team time) behind Edison when the two met earlier in the season. Mission San Jose (Fremont-NCS) has been very strong in Bay area action, with the fine trio, Elissa (9th in 1992) and Lori Riedy and Jennifer Knowlden, needing strong back-up to take home one of the team plaques this weekend. Canyon (Anaheim-SS), led by 1992 individual runner-up, Kim Nelson, was strong in Southern Section finals action, with defending champion Ocean View (Huntington Beach-SS), and El Modena (Orange-SS) capable of threatening for one of the three team plaques. Aptos (CCS) has great tradition here.

Carrie Garrison (Buena Park-SS), 1990 individual champ Division III and 1991 runner-up Div. II, will close out a great regular season prep harrier career here this morning as the individual favorite. Emily Allison (Leland, San Jose-CCS), Nicole Silva (Aptos-CCS), and Jenny Mortensen (Redwood, Visalia-CE) were strong in Section finals races.

The boys Division III team contest is probably the most wide open team race in state history, with anyone of close to a dozen teams capable of reversing the order of finish on a given day. Gunn (Palo Alto-CCS) won a mid-season show-

down of nearly all the state's top powers at Mt. Sac, and escaped from the Central Coast finals with a narrow six point win over a strong Los Gatos (CCS) team. New San Diego Section school, Scripps Ranch (SD) did not wait long to establish itself in this sport, taking season-long power St. Augustine (SD) 54-61 in the San Diego Division III contest. Livermore (NCS) has stars Michell Jones and Steve Immel leading a highly ranked squad. Santa Margarita (Rancho SM-SS), Estancia (Costa Mesa-SS), San Marino (SS), and Nordhoff (Ojai-SS), led by Section champion Javier Ramirez (1992 Div. IV runner-up), are powerful groups out of the Southern Section.

Mark Hauser (St. Augustine, San Diego-SD), a 4:11.33 1600m runner, Darren Holman (Sonora-SJS), and sophomore Gabe Rutledge (Los Gatos-CCS) stood out in Section finals action.

Girls Division III action features an early season power that has risen to the top over the last week or two. Corona del Mar (Newport Beach-SS) had a fine race from Brooke Meek to go along with the usual fine races from Dresden Howell and Tracy Clark in the Section finals to total a 97:07 team time on the tough Mt. Sac course, with any effort close to that here giving the Sea Kings and Coach Bill Sumner a second consecutive championship. St. Ignatius (San Francisco-CCS), behind leader Ann Baldelli, took Corona del Mar in an early season Stanford Invitational showdown, with a good Central Coast Section championship race. The state's #5 ranked team stayed home in a brutal North Coast Section finals showdown that had Clayton Valley (Concord-NCS), led by Heather Wallace, and Bishop O'Dowd (Oakland-NCS), with Anjelica Randall leading. Both edge out highly-ranked Carondelet (Concord-NCS), with the latter squad viewing today's action from the sidelines with the two-per section limitation on teams. Southern Section powers include Newport Harbor (Newport Beach-SS), which features a tight pack, Santa Margarita (Rancho SM-SS), with Amy Gomez and Katie Nuances leading, and Nordhoff (Ojai-SS). This division features the most interesting "out of the blue" team, with Central Valley (NO) comfortably dusting everyone, including strong defending state Division IV champion Lassen (Susanville) in the Northern Section "one-race for all divisions final," with a 1-4 pack behind Claire Hunter that appears capable of under 20:00 at Woodward Park. The Falcons could really surprise here.

Christie Johnson (Central, Fresno-CE), one of the nation's top half-milers in track (2:11.65), frosh Jenny Schindler (Ponderosa, Shingle Springs-SJS), Michelle O'Connor (Our Lady of Peace, San Diego-SD), 9th in 1992 Div. III, Janice Kim (Palo Alto-CCS), Sara Jakel (Sonoma Valley-NCS), and Simone Ferrara (South Torrance-SS) showed strength in Section finals runs.

The boys Division IV contest features California's two best ever small school teams in McFarland (CE) and Morro Bay (SS). The top team time ever recorded in the state finals at Woodward Park by a Div. IV team has been 82:38 by Nordhoff (Ojai-SS) in 1991. Defending state champion McFarland was 81:50 in the Central Section Grand Master's meet on this course a week ago, with Morro Bay 82:33 in Southern Section action on the very comparable Mt. Sac course a week ago. With all the stops pulled out this will be a spectacular competition between the state's best ever.



Defending Division II Champs -- Mission Bay (SD) looks for a second consecutive title in Division II.

McFarland has won the two team's earlier meeting, 39-77, at Stanford and a much closer, 29-36, at the San Luis Obispo Invitational. Morro Bay features a terrific 1-2 punch in junior Dave Mitchell, 8th here in 1992, and Joey Taverner 10th last year for Coach Cary Nerelli's Pirates. McFarland has junior Galvan Gonzalez and Benjamin Galvan leading its vicious pack.

Actually, this division may have more team depth than it ever has, with Lassen (Susanville-NO) and Yreka (NO), led by sophomore Aaron Gillen (1992 third placer as frosh), dynamite groups from the upper end of the state. Piedmont (NCS), led by individual defending champion Steve Brown, and Arcata (NCS), led by Tyler and Cody Clark-Thompson, are very strong from the North Coast Section.

Nate Bowen (Crossroads, Santa Monica-SS), Doug Henning (Woodcrest Christian, Riverside-SS), Oswado Servin (Fillmore-SS), and 1:54.9 800m runner Josh Quintal (Fortuna-NCS) will join the above mentioned individuals near the front of the race.

The girls Division IV event is its usual jumbled geographical mix, with a number of fine groups competing for honors. Lassen (Susanville-NO), the defending champions, is very strong behind Sally Pyle this fall, with Jamie Herbst very strong for Yreka (NO) from that same area. Rapidly improving Temescal Canyon (Elsinore-SS) has moved to the front down south, with Ellen Muench, Shelby Horgan, and Sunny Shaffer all under 20:00 on the challenging Mt. Sac course in Section action. Miramonte (Orinda-NCS), led by section titlist Kristen Schrieber, emerged the winners from the very competitive North Coast Section, with Ursuline (Santa Rosa-NCS) next there. McFarland (CE), led by Christian Sanchez, is strong from the Central area of the state.

Lori Fancon (Taft-CE), a 5:01.08 1600m runner in track and Jackie Guesno (St. Anthony, Long Beach-SS) have had fine individual seasons.

(others contributing to this article: Dennis McClanahan, Dennis DeWitt, Hal Daner, Willie Harmatz, Keith Conning, Peter Brewer, Steve Fagundes and Jim Eckman) (note the following Section abbreviation codes: SD=San Diego, SS=Southern, CE=Central, CCS=Central Coast, NCS=North Coast, SJS=Sac-Joaquin, NO=Northern, OS=Oakland, SFS=San Francisco, LA=Los Angeles).

In the Name of Sportsmanship: Officials Are Only Human

By Leon Davis, Editor "Special Media Services"

Barbara Maughan, a basketball and volleyball official from Los Angeles, expressed these feelings to *Referee Magazine*. "I wish," she said, "that coaches, players, and spectators will some day realize that officials are human beings."

Perhaps this is a better wish: for the coaches, players, and spectators to realize that officials are only human beings. For the problem seems to lie not in recognition, but in expectations. It's not who they are, but what is expected from them. Expectations which raise them to superhuman status.

Fans expect sports officials to meet a number of superhuman qualifications. First, in the area of their vision. They must possess a 360 degree peripheral vision so that they can see the whole field or court at all times. In addition, it must be X-ray vision in order to see through players, coaches, goals, and posts and eliminate all hidden violations.

Second, in the area of their judgment. Officials must be able to completely and accurately analyze every situation and make just that call which will please 100 percent of the crowd.

And, third, in the area of their discernment. This requires that officials be either mystics or psychologists, allowing them to render their decisions according to both the spirit and the letter of the law.

Exaggerations? Of course. But sometimes, they seem to be closer to the truth than what fans would like to admit. Officials have a difficult job, and most often do not get nearly the credit they deserve. One referee put it like this: "If you want a taste of what officials often receive from fans, the next time you see a traffic jam, jump out of your car and begin directing traffic. Then, keep track of all the compliments you get."*

On the other hand, however, fans are quick to let the officials know when the call has gone against their team. They have coined short and cute, but subtle and cutting cliches (or jeers) to express their displeasure. Listen to some of them. They fit into three groups.

One group accuses the officials of being partial and playing favorites. "We're being homered" comes out loud and clear. "How much are they paying you?" "Call them both ways."

Another group suggests that the officials are inexperienced and incompetent. "Don't give up your day job" is often heard. A more recent one is "Go back to Foot Locker." "This is your first game, isn't it?"

Finally, there are those which communicate that the officials are out of control and don't know what's going on. "Hey, ref. open your eyes, you're missing a good game," or "where did you hide your dog?" "If you had a good eye, you'd be a cyclops."

What do officials think of verbal abuse, and how do they handle it? Verbal abuse from coaches and players involving profanity, or personal attacks on their integrity is usually not tolerated. Most are very sensitive to the "you" word and usually take appropriate action when they hear it.

But with verbal abuse from the fans, most officials probably take a "hear no evil" approach. Said one umpire, "You've just got to have the mentality where you don't hear the garbage and try to do your job the best you can. You've got to understand most of the vocal abuse comes either from people who don't know the game or from people who only focus on their kids."*

Officials are not superhumans, are not perfect, and cannot see everything that's going on. And, they will continue to make mistakes. They know that their position gives them a certain power and authority, but most of them realize that they must not use this as a free ticket for an ego trip. Competent officials cause the game to progress smoothly with as little



interference as possible. "Preventative" officiating is far superior to "whistle-happy" officiating, but in no way does it remove the responsibility for enforcing the rules. Officials know the importance of being definite, consistent, and impartial with their calls, and that nothing promotes negative fan reaction as quickly as the impression that the officials have "lost it." The official's power is there to ensure that the participants can enjoy competition in an environment of fairness and good sportsmanship.

The operative word is "sportsmanship." If sports are going to be what they are designed to be, all who are involved - officials, coaches, players, and fans - must do their part to promote sportsmanship. Indeed, they must make an active effort to promote it. With this in mind, two vital suggestions are made.

Be knowledgeable. This is the number one complaint which officials express in discussing fan reaction. Fans often react to calls without knowing what the rules say about that situation. "It's amusing," John Bennett, a softball umpire from Anaheim said, "when a coach or spectator misinterprets a rule and insists he is right." Rules change regularly, are sometimes different between organizations, and carry different nuances of interpretation. A large part of negative fan reaction is caused by fans not knowing the rules. This tongue-in-cheek remark expresses one opinion, "Too bad the Federation runs out of rulebooks before the fans get chances to buy them."*

Be objective. The word "fan" is probably a shortened form of "fanatic." And, to ask a fanatic to be objective may be comparable to asking the sun not to rise in the east. He/she is, by virtue of the case, highly involved both mentally and emotionally, and often is not able to see the forest for the trees. It is common to hear, after a losing effort, "the refs cost us the game." Bob Davis, a young baseball umpire from the Long Beach Association, found it hard to believe that fans could accuse him of favoring the home school when in fact, he had never been to, or even heard of, that school. Al Dean, a veteran official of nearly 30 years, says that there are fans who know the rules, but still refuse to be objective when the call goes against them.

The next time one is prone to accuse the officials of bias or favoritism, he/she should stop for a minute and objectively ask the question, "Do I really believe that the refs caused us to lose this game because they wanted the other team to win?" If the question is answered honestly, it will have a sobering effect.

Nothing which has been said is designed to discourage the fans from being loyal and enthusiastic supporters of their teams. Get excited, yell your lungs out, let the coaches and players know that you are with them all the way. Hurt with them, bleed with them, die with them, but do it in a way that exhibits a class act. Never be satisfied with losing, but lose with dignity. The reputation of our actions will follow us long after the final bell has sounded. (*quote taken from *Referee Magazine*)

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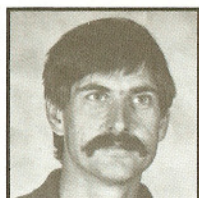
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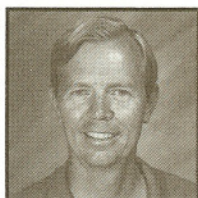
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High School



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Cross Country



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Teacher
Arcadia High School



Larry Arason
CIF Rules Interpreter
Track/Cross Country



Dennis McClanahan
Cross Country Coach
Mount Carmel High

Time Schedule CIF State Cross Country Championships

Division I	Boys Introductions	8:50 a.m.
	Boys Race	9:00 a.m.
	Girls Introductions	9:25 a.m.
	Girls Race	9:35 a.m.
Division II	Boys Introductions	10:05 a.m.
	Boys Race	10:15 a.m.
	Division I Awards	10:20 a.m.
	Girls Introductions	10:40 a.m.
	Girls Race	10:50 a.m.
Division III	Boys Introductions	11:30 a.m.
	Boys Race	11:40 a.m.
	Division II Awards	11:45 a.m.
	Girls Introductions	12:05 p.m.
	Girls Race	12:15 p.m.
Division IV	Boys Introductions	12:45 p.m.
	Boys Race	12:55 p.m.
	Division III Awards	1:00 p.m.
	Girls Introductions	1:20 p.m.
	Girls Race	1:30 p.m.
	Division IV Awards	1:50 p.m.

Did You Know???

Two state records still exist from the first CIF State Cross Country Championship held in 1987. Walnut High boys set the Division II team mark that year with 40 points and Katy McCandless of Castilleja High still holds the individual record in Division II girls competition, winning a state title in 17:51.



BUILDING A DYNASTY — Agoura Coach Bill Duley, below center, has built a dynasty at Agoura High. Clockwise from top left — Kay Nekota is a current challenger for the Division I title; Deena Drossin is a former three-time champion in Division I; Amy Skieresz is a favorite in this year's Division I race; Ryan Wilson is a former Division II champion in the boy's field; Brian Dameworth is the only three-time champion in boy's competition.



Agoura Aims For a Record; Faces Common Foe

By Paul Click
Southern Cal Sports Watch

Success breeds state and national rankings, but Agoura High cross country coach Bill Duley takes an underdog approach to keep his team from stumbling on the path to a potential CIF State championship.

"We don't even talk about them (rankings)," noted Duley. "I try not to focus on the fact that we're number one in the state or number four nationally. I like to paint an underdog scenario in the minds of my runners - that they have to go out and beat some good teams to win."

And every winning step has been photographed by 81-year-old George Horner, whose hobby of viewing cross country and track and field events has turned his Sun Valley home into a running museum. He said his albums are mostly filled with female athletes.

Peninsula always seems to pop up somewhere in Horner's pictures, noted Duley, a walk-on coach for the past eight years at Agoura.

"They (Peninsula) always seem to be breathing down our throats," noted Duley. "They've been our top competitor for the past seven years and a team that tends to grab our attention throughout the year."

In chasing after a possible fourth straight CIF State crown, Duley emphasized that the program's long-term success has been due to a ton of "hard work" and the underdog factor he mentioned.

"I consider myself spoiled coaching cross country kids," said Duley. "They're the greatest as far as I'm concerned...they do what they do, not for a lot of peer recognition, but because of self-satisfaction. I feel lucky to be able to work with these types of athletes."

Duley said his team kicked it into high gear at the Ventura County Championships, which were delayed due to the firestorms which swept from Calabasas over the Santa Monica mountains into the Malibu area.

Heading the Chargers' top seven is one of the nation's top harriers - Amy Skieresz, a second place finisher at state a year ago. However, she is being pushed by senior Kay Nekota, who is currently ahead of Skieresz' sophomore pace when she placed second in the state (Division I). Cathy Prater has been a pleasant surprise in the number three slot.

After Prater is Vickie Greene and Allison Kaz, a pair of veterans in the program. Sophomore Lisa Refkin, running anywhere from fourth to sixth on the team, is a newcomer to the sport. Carie Malnekoff fits in around number seven.

Skieresz, who missed three weeks due to illness, did not run at the CIF Southern Section prelims held on the tough, hilly Mt. San Antonio College course in Walnut. She was in Las Vegas for her sister's wedding on the Friday before the meet. Agoura, led by Nekota (18:33) bested Dana Hills, 61-80, in the heat.

Prater, who is a top-flight 300-meter hurdler during track season, continued to improve over the longer distances. She finished second overall at the prelims. Greene placed sixth at

19:55.96.

"Amy is doing well. She has some sickness this year that caused her to miss three weeks in the middle of the season," said Duley. "A sinus and ear infection had a good grip on her for awhile, so she's just kind of working her way back into shape."

"I'm not sure she'll run up to the level she did last year, but I think she's going to be a real strong threat to win the girls title again."

Following the illness, Skieresz put together her strongest performance to date at the Ventura County Championships, held at Lake Casillas in Ojai. Skieresz recorded a winning time of 17:53, pulling away from Oxnard's Gabriela Rodriguez over the final mile.

Thanks to Skieresz performance, as well as that of Nekota (third at 18:25), Prater (fourth at 19:06) and Greene (seventh at 19:36), Agoura easily captured the meet.

"That's the first meet that I really felt that we were starting to look solid. We've been running well ever since," said Duley.

Palos Verdes High (now Peninsula) is the only other girls team to win three straight state titles (1987, 1988, 1989). Agoura was runner-up all three of those years. Led by three-time state champ Deena Drossin, Agoura fell 10 points shy of the Palos Verdes girls, 65-75, in 1989 after coming up 11 shy of a title in 1987.

Drossin held the Woodward Park course record (17:27) until Fallbrook's Milena Glusac breezed to a 17:13 clocking in 1991. Glusac bested Skieresz last year with a 17:14 time.

Horner, the photographer, noted that his relationship with Agoura started during Drossin's freshman year in 1987. "I had heard about this young ninth-grade phenom and I had to come and take a look."

"The girls haven't got as much recognition over the years, and they seem more appreciative of my pictures than the boys do," said Horner.

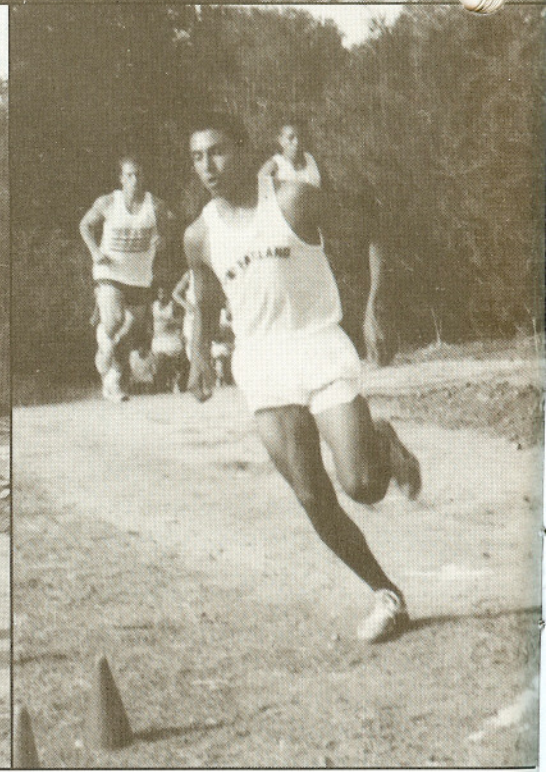
Agoura showed its appreciation for the old-timer, whose love for running events began at the 1932 Olympics in Los Angeles, by giving him a trophy - a stuffed bunny and a framed picture of the entire team at last year's Arcadia Track and Field Invitational.

"I thought we had some holes when the season started," admitted Duley. "But Cathy Prater, who didn't come out until September 10, has progressed rapidly and really become a factor in the strength of our team. She gives us a strong 1-2-3 punch. I think the key at state is how well our fifth runner runs."

Duley said that when he took over the program eight years ago the numbers were small. "My first year, I couldn't put seven girls on the line for a varsity race. We only had six girls." And the boys program, which won three state titles (1987-90) behind Bryan Dameworth's efforts, had 14 members. "We've just steadily grown. We had 59 (between two programs) out last year."

Before accepting the cross country and track and field posts at Agoura, Duley coached a youth track program in his community.

Duley, who has a solid background in carpentry, said he's been busy building his own house the past four years. He may be able to pound a nail with the best of them, however, running is his first love.



LOOKING FOR THREE — McFarland Coach, Jim White, and his Cougars are looking for their third CIF State Championship and second straight in Division IV. Top: 1993 McFarland boy's team. Bottom left to right: Christina Sanchez is one to watch in the girl's Division IV race; Gabriel Diaz and Luis Sanchez; Galvin Gonzales.

McFarland Keeps a Leery Eye on Morro Bay in Race for Third Crown

By Paul Click
Southern Cal Sports Watch

Defending Division IV CIF State champ McFarland High is keeping pretty good pace of late with its winning tradition in cross country contests.

McFarland ran off with the 1987 Division III crown, defeating R.L. Stevenson, 99-146. In 1989, McFarland was runner-up in Division III. The Cougars placed fifth on the Woodward Park 5000 meter course in 1988.

"I don't think we do anything differently than anyone else," said Jim White, the Division's Coach of the Year. "We've just been blessed with a lot of hard working individuals who really want to win."

Only Madera High has kept the Cougars from that goal this season. The Valley (Central Section) champs won eight invitationals this season, which includes Stanford, Cal Poly and Mt. San Antonio College meets.

"We do have a pretty good tradition and we run on that a lot," noted White. "Sometimes we run a little over our heads because of it, but I think the key to a successful program is just to get students who want to come out and do the best that they can do. We're a lot smaller than most of the schools (500 if you count four grades) in the valley (San Joaquin area). Madera has 3,000 to work with."

White, however, teaches at the junior high and gets a chance to steer a few athletes towards running before they reach the high school.

"It does help," admitted White, who said it can also be a hindrance. "Sometimes I lose some good runners when they get to the high school. I have them when they leave the junior high (McFarland Middle School), but the football coach talks them into going out for football. I don't see them everyday then, so I lose a few. We're the only feeder school, so I do see every boy (through my PE class) before he goes on to the high school."

Led by junior Galvin Gonzalez, who placed 24th in last year's state meet and junior Gabriel Diaz (20th), McFarland is keeping a leery eye out for Morro Bay High. McFarland has already beaten Morro Bay twice in head-to-head competition at Stanford and Cal Poly invitationals.

"They (Morro Bay) were ranked number one in the state preseason rankings," explained White. "They kind of passed over us and ran up a division at the Bell-Jeff Invitational. Basically, it's between us two, unless there is a surprise team out there that we haven't heard about yet. However, we've seen just about everyone, though, that could be a threat. There are some teams with one or two strong individuals, but don't have the overall depth that we and Morro Bay have to make a run for the title."

McFarland has gotten this far on the strength of two seniors, Luis Sanchez and Benjamin Galvan (25th in the state last year). Geraldo Soto and Jose Galvan are sophomores. And Rudy Cavazos is a promising freshman.

McFarland put away Taft, 24-45, for the Valley title. The Cougars captured seven of the top 11 places in the individual battles. White, though, is worried about the health of Diaz, who has been battling flu-like symptoms three weeks prior to the state meet.

"We've just been blessed with a lot of hard working individuals who really want to win."

- Jim White

"It could be a factor," added White, who started coaching cross country at McFarland in 1980. In his 14 years, McFarland has captured 12 of 14 league titles and seven valley divisional crowns. "Gabriel is normally my third or fourth man. He interchanges there, but right now he's our sixth man. I like our chances, though, because we run tighter as a group than Morro Bay does. They have a strong three and a fairly deep fourth, but then they drop off with their fifth man. Even if Diaz isn't completely healthy, we still have a chance."

Morro Bay returned two of the state's top runners in 1992 in David Mitchell (seventh) and Joey Taverner (10th). At Mt. Sac, McFarland captured the small school sweepstakes (Division III and IV), which featured eight of the top 10-ranked teams in California.

Another key, White said, is that the community "has a decent recreational running program."

"If Madera isn't the best around, then we normally are," noted White in comparing Valley competition. "They have a large program but we hold our own against them. It was our first meet of the year and we ran by grades. We did real well."

The two teams met in the Kern County Invitational.

"No one else has beaten us consistently except for Madera," said White.

McFarland set a state meet record at Woodward Park last year with a low of 63 points, as 1991 Division IV champ Nordhoff Ojai (Southern Section) placed second with 78. In the last state ranking, McFarland was number one followed by Morro Bay, Susanville-Lassen third, Yreka fourth and Fillmore fifth. Fillmore captured the small school crown in 1990.

"It's just a dedicated group of whom I can't say enough good things about," added White, as his team prepares to head to Fresno and another jaunt through the picturesque scenery of Woodward Park.

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girls' July 11-15

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July 25-29

Wrestling June 27-July 1

Ballet June 20-July 1

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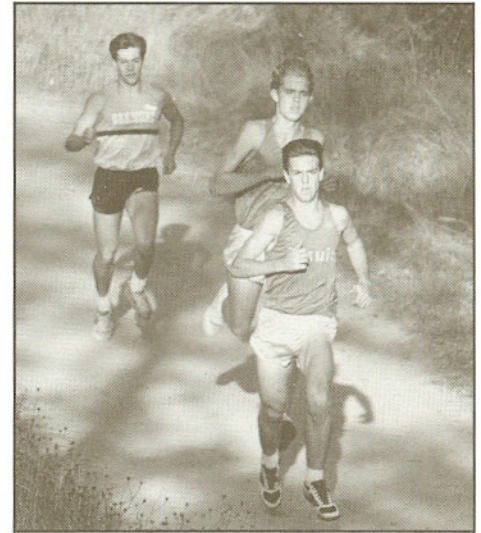
1993 CIF Competitors and Team Listings



Mebrahton Keflezighi
San Diego High



Sarah Dickerson
Del Campo High



Matt Farley
Jesuit High

DIVISION I INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
CENTRAL SECTION (5)	
Pilger, Kym-9	Clovis
Jenness, Lizette-11	Clovis
Lino, Skye-9	Fresno
Putney, Robin-12	West Bakersfield
Larsen, Rebekah-9	West Bakersfield
CENTRAL COAST SECTION (5)	
Fraser, Dawn-12	Live Oak
Mui-Quan, Phuong-Mai-12	Prospect
Cafe, Melanie-12	Santa Cruz
Simpson, Tami-12	W.C. Overfelt
Svrdlin, Courtney-10	Yerba Buena
L.A. CITY SECTION (5)	
Heagerty, Roseanna-11	Birmingham
Wilkes, Sarah-11	El Camino Real
Debose, Genevieve-12	Gilmore, Peter-11
Colunga, Gisela-11	Lincoln, LA
Juarez, Norma-12	San Pedro
NORTH COAST SECTION (5)	
Iriate, Angela-11	Antioch
Flanagan, Fiona-9	Antioch
Richardson, Pamela-11	Montgomery
Gibson, Sarah-12	Rancho Cotate
DeConnico, Michelle-12	Santa Rosa
NORTHERN SECTION (1)	
Momberg, Nicole-11	Mt. Shasta
OAKLAND SECTION (1)	
Hines, Orisha-12	Fremont-Oakland
SAC-JOQUIN SECTION (5)	
Galloway, Tangi-12	Atwater
Hobbs, Irene-11	Atwater
Dickerman, Sarah-12	Del Campo
Cerri, JoAnna-12	Downey
Cornwall, Val-12	Turlock
SAN DIEGO SECTION (5)	
Becker, Claire-11	Bonita Vista
Rohde, Jinna-10	Fallbrook
Gray, Mariel-11	Mira Mesa
Richter, Karen-10	Rancho Bernardo
Magana, Noelle-9	Vista
SAN FRANCISCO SECTION (5)	
Catanyag, Elizabeth-11	Galileo
Galliadi, Tina-12	Lincoln, SF
Christensen, Alyze-11	McAteer
Kantor, Jill-12	Washington, SF
Fields, Courtney-10	Wilson, SF
SOUTHERN SECTION (5)	
Van Atta, Amy-11	Buena
Caulkins, Carrie-11	Esperanza
Pugmire, Courtney-11	Esperanza
Titus, Jenny-11	Esperanza
Estrada, Eliaser-11	Santa Ana Valley

DIVISION I INDIVIDUAL BOYS

NAME (Last, First, Grade)	SCHOOL
CENTRAL SECTION (5)	
Ekins, Jacob-10	Bullard
Barrus, Steve-9	Clovis
Meador, Dan-12	Clovis
Sanchez, Frankie-11	West Bakersfield
Jameson, Jeremy-9	West Bakersfield
CENTRAL COAST SECTION (5)	
D'Anjou, Chris-10	Live Oak
Cervelli, Scott-12	Santa Teresa
Hansen, Bradford-9	St. Ignatius
Del Rio, Juan-12	W.C. Overfelt
Guerrero, Jose-12	W.C. Overfelt
L.A. CITY SECTION (5)	
Martinez, Richard-11	Garfield
Padilla, Jose-12	Monroe
Gilmore, Peter-11	Palisades
Ramirez, Miguel-12	Roosevelt, LA
Sanchez, Humberto-12	South Gate
NORTH COAST SECTION (5)	
Richberg, Aaron-11	Antioch
Flanders, Jeff-12	Logan
Barrett, Zach-12	Rancho Cotate
Egerton, Peter-11	Santa Rosa
OAKLAND SECTION (1)	
Brown, Tim-9	McClymonds
SAC-JOQUIN SECTION (5)	
Jenkins, Mark-12	Atwater
Bustamante, Jose-12	Atwater
Alexis, David-12	Fairfield
Ramirez, Aljandro-12	Stagg
Fields, Andres-12	Stagg
SAN DIEGO SECTION (5)	
Henderson, Larry-10	Mira Mesa
Nett, Greg-11	Mt. Carmel
Keflezighi, Mebrahtom-12	San Diego
Melgar, Jose-12	San Diego
Barajas, Armando-12	Sweetwater
SAN FRANCISCO SECTION (5)	
Morris, Shaun-10	Balboa
Thomas, Damarcus-10	Lincoln, SF
Cardoza, Alvaro-11	Lincoln, SF
Asmerom, Yonaton-11	McAteer
Gerughty, Derrek-12	Washington, SF
SOUTHERN SECTION (5)	
Dunn, Eric-12	Arroyo Grande
Sanchez, Adolfo-11	Capistrano Valley
Sandoval, Francisco-11	Channel Island
Strahan, Brett-11	Hart
Martinez, Jaime-12	Orange

DIVISION II INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
CENTRAL SECTION (5)	
Cheatwood, Andrea-10	Golden West
Schofield, Kami-12	Mt. Whitney
Sumlin, La Tanya-10	North-Bakersfield
Mortensen, Jenny-12	Redwood
Negrete, Maricela	Sanger
CENTRAL COAST SECTION (5)	
Conger, Julie-12	Homestead
Mann, Sonia-10	Homestead
Thomas, Rachelle-12	Leigh
Allison, Emily-10	Leland
Pleyte, Marla-11	San Benito
NORTH COAST SECTION (5)	
Van Wegen, Monica-9	Amador Valley
Kuhl, Laura-12	Pittsburg
Mosher, Rachel-11	San Leandro
Bowen, Tina-10	San Ramon
Bruce, Erin-11	San Ramon
NORTHERN SECTION (5)	
Gates, Sara-11	Chico
Newcom, Heather-11	Shasta
Roberts, Rose-11	Shasta
Wheeler, Christy-11	Shasta
Case, Nancy-10	Shasta
SAC-JOQUIN SECTION (5)	
Anguiano, Alma-11	Ceres
Lewis, Darci-11	Napa
Hughes, Kelly-11	Napa
Whitmore, Jamie-12	Valley
Gowen, Carla-10	Valley
SAN DIEGO SECTION (5)	
Anderson, Jessica-10	Carlsbad
Reed, Angel-9	El Camino, SD
Peterson, Kelly-11	Escondido
Nelle, Stephanie-11	Valhalla
Buckley, Danica-11	Valhalla
SOUTHERN SECTION (5)	
Garrison, Carrie-12	Buena Park
McGlone, Heather-12	Laguna Hills
Nwaoeukor, Mary-11	Muir
Rodriguez, Gabriella-12	Oxnard
Dollar, Nancy-11	San Clemente

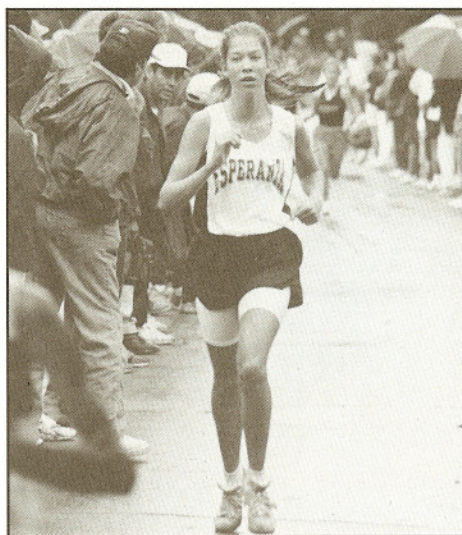
DIVISION II INDIVIDUAL BOYS

NAME (Last, First, Grade)	SCHOOL
CENTRAL SECTION (5)	
Sanchez, Ray-11	Delano
Chavez, Chris-11	East-Bakersfield
Verdejo, Eduardo-12	Foothill
Temmerman, Paul-12	Mt. Whitney
Villavicancio, Jesus-	South-Bakersfield

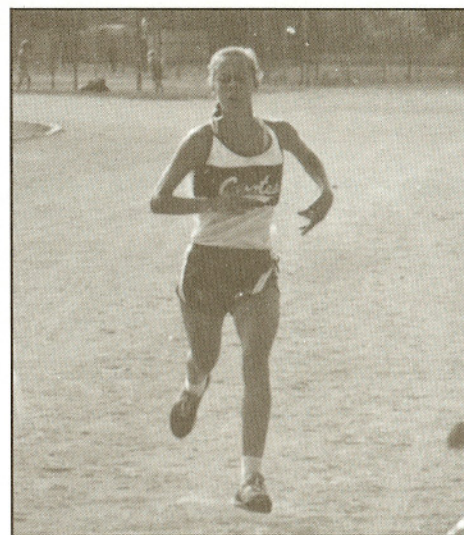
1993 CIF Competitors and Team Listings



Jaime Martinez
Orange High



Carrie Caulkins
Esperanza High



Carrie Garritson
Buena Park High

CENTRAL COAST SECTION (5)

Bowean, Sean-12	Fremont
Hakes, Jason-12	Homestead
Balkman, Jason-11	Lynbrook
Fernandez, Lee-12	Salinas
Torres, Enrique-10	Silver Creek

NORTH COAST SECTION (5)

Maier, Chris-12	Amador Valley
Atwood, John-12	Castro Valley
Creason, Matt-12	Eureka
Tessman, Brock-12	Monte Vista
Kennedy, Keith-11	San Leandro

NORTHERN SECTION (1)

Davies, Mike-1	Shasta
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SAC-JOAQUIN SECTION (5)

Gohlke, Daniel-10	East Union
Hodnett, Tim-1	El Dorado
Dearing, John-12	Oakmont
Plemons, Jared-9	Oakmont
Henderson, Ryan-11	Wood

SAN DIEGO SECTION (5)

Kloos, Tom-10	El Camino, SD
Reyes, Martin-12	Escondido
McQuitty, David-10	Grossmont
Abdusalam, Ayub-10	Hoover, SD
Hussein, Ahmed-12	Hoover, SD

SOUTHERN SECTION (5)

Ibarra, Alfonso-10	Arlington
Hernandez, Eleazar-10	Camarillo
Villalobos, Ricardo-11	Ramona
Cobb, Josh-12	Santa Barbara
Liu, James-11	Temple City

DIVISION III INDIVIDUAL GIRLS

NAME (Last, First, Grade) SCHOOL

CENTRAL SECTION (5)	
Johnson, Kristie-11	Central
Hürley, Signe-11	Exeter
Taylor, Kate-11	Lemoore
Cohn, Tracy-9	Stockdale
Padilla, Karen-10	Yosemite
CENTRAL COAST SECTION (5)	
Yerba, Angela-9	Gonzales
Hovancik, Stephanie-12	Lynbrook
Stavolone, Christine-12	Presentation
Kafalas, Tina-11	Sacred Heart Cath.
Iversen, Annikin-12	St. Francis, Mt. View
NORTH COAST SECTION (5)	
Gordon, Kristen-9	Carondelet
Daniel, Marisa-11	Granada
Robinson, Amber-11	Las Lomas
Lambert, Alison-11	Northgate
Jakel, Sarah-12	Sonoma Valley

NORTHERN SECTION (2)

Rolph, Sierra-12	Foothill
Smith, Carrie-12	Foothill

SAC-JOAQUIN SECTION (5)

Cornwell, Charity-12	Galt
Carroson, Blanco-12	Los Banos
Schweitzer, Sarabeth-9	Marysville
Hurst, Maggie-11	Sonora
Cobb, Liz-11	St. Francis

SAN DIEGO SECTION (5)

Killian, Erin-10	Ramona
Hanley, Vanessa-11	USD
Patton, Autumn-9	USD
Shea, Erin-9	USD
Stuart, Jennifer-12	West Hills, SD

SOUTHERN SECTION (5)

Roy, Kate-12	Atascadero
Dien, Darah-12	La Canada
Ferrara, Simone-11	South Torrance
Twist, Allison-12	San Marino
Ebner, Annie-10	St. Lucy's

DIVISION III INDIVIDUAL BOYS

NAME (Last, First, Grade) SCHOOL

CENTRAL SECTION (5)	
Gonzales, Roman-11	Buchanan
Palacios, Jose-11	Corcoran
Hernandez, Esteban-12	Exeter
Rodriguez, Juan-12	Stockdale
Cardoza, James-11	Tulare Western
CENTRAL COAST SECTION (5)	
Sikiric, Danny-10	Gunderson
Liberatore, Mike-12	Santa Cruz
Jones, Liam-12	Soquel
Darius, Henry-12	St. Francis
Sorenson, Dan-1	Woodside
NORTH COAST SECTION (4)	
Parodi, Brian-12	Alameda
Mattern, Jeremy-12	Irvington
Caine, Geoff-12	Irvington
Gutierrez, Adrian-11	Mt. Diablo
NORTHERN SECTION (5)	
Szody, Gabe-11	Foothill
Ortieb, Eric-11	Foothill
Trento, Cory-12	Paradise
Weaver, Jason-11	Paradise
Draper, Travis-9	Paradise
SAC-JOAQUIN SECTION (5)	
Barajas, Ernesto-11	Bear Creek
Leija, Hector-12	Manteca
D-Ottavio, Dan-10	Placer
Casey, Caleb-12	Placer
Oleachea, David-11	San Juan

SAN DIEGO SECTION (5)

Glass, Shilo-11	Ramona
Damman, Ross-11	USD, SD
Bartell, Ryan-12	West Hills, SD
Lang, Mike-12	West Hills, SD
Newstrum, Ryan-12	West Hills, SD

SOUTHERN SECTION (5)

Loomis, Jeff-12	Dos Pueblos
Harris, Matt-12	Mira Costa
Bryson, Trent-12	Newport Harbor
Gibbs, Rondie-12	Rubidoux
Koeper, Kevin-10	St. Francis

DIVISION IV INDIVIDUAL GIRLS

NAME (Last, First, Grade) SCHOOL

CENTRAL SECTION (5)	
Fowler, Tracie-9	Centennial
Brittan, Kaycee-9	Centennial
Christian, Meredith-10	Garces Memorial
Buchanan, Angela-12	Garces Memorial
Ellis, Denise-12	Sierra
CENTRAL COAST SECTION (5)	
Kalcic, Sendi-12	Capuchino
Wall, Danielle-12	Carmel
O-Leary, Shauna-11	Half Moon Bay
Leutzing, Rosie-10	Pacific Grove
Gould, Elizabeth-10	Sacred Heart Prep.
NORTH COAST SECTION (5)	
Reynolds, Kim-11	Branson
DeFries, Lissa-10	Campolindo
Haas, Melody-12	Clear Lake
Bergenski, Amy-12	Fortuna
Ponig, Jennifer-10	Terra Linda
NORTHERN SECTION (5)	
Vitellaro, Luann-9	Anderson
Hauptman, Stacey-12	Anderson
Spoon, Jenny-11	West Valley
Cicciarelli, Michele-10	West Valley
Sohrakoff, Tot-10	Wheatland
SAC-JOAQUIN SECTION (5)	
Lowry, Aimee-10	Bret Harte
Dillon, Rebecca-11	Christian Brothers
Medeiros, Sandy-12	Hilmar
Morf, Christi-12	St. Helena
Fisher, Susanna-11	Summersville
SAN DIEGO SECTION (5)	
Boonstra, Rachel-12	Calvin Christian
DeJager, Leslie-9	Calvin Christian
Dillaway, Julie-12	Francis Parker
Yellen, Sara-10	Francis Parker
Bell, Allison-12	Francis Parker
SOUTHERN SECTION (5)	
Juranek, Laurie-11	Lutheran Orange

1993 CIF Competitors and Team Listings



Kenna Masuda
Ocean View High



Jeff Fischer, Brandon Del Campo
Thousand Oaks High



Eddie Evangelist, Eric Kroft
Madera High

Domaille, Sierra-11
Maxwell, Tracy-10
Goad, Melinda-10
Guesno, Jennifer-11

Mammoth
Maranatha
Oak Park
St. Anthony

DIVISION IV INDIVIDUAL BOYS

NAME (Last, First, Grade)

SCHOOL

CENTRAL SECTION (5)

Mireles, Isaac-10
Aviles, Jauquia-11
Aviles, Michael-10
Rhoan, Kenny-10
Morales, Juan-12

Coalinga
Mendota
Mendota
Sierra
Washington Union

CENTRAL COAST SECTION (5)

Harrison, James-10
Stern, Justin-11
Owen, Britton-12
West, Peter-11
Richardson, Jason-11

Half Moon Bay
Half Moon Bay
Palma
R.L. Stevenson
Redwood Christian

NORTH COAST SECTION (2)

Quintal, Josh-12
Morrow, John-12
Cude, Justin-10
Hornsby, Jonevan-11
Linnett, Toby-1

Fortuna
Marin Academy
Middletown
St. Mary's
University, SF

NORTHERN SECTION (5)

Carr, Carlos-12
Howland, Ted-12
Gonzales, Rene-12
Johnson, Jared-12
Rounds, Sean-10

Anderson
Anderson
East Nicolaus
Quincy
Wheatland

SAC-JOQUIN SECTION (5)

Ziegler, Jesse-12
Renn, Dylan-11
Brackett, David-11
Marshall, Lonnie-12
Stovall, Zach-11

Bear River
Bret Harte
Calaveras
Escalon
Riverbank

SAN DIEGO SECTION (5)

Davis, Derrick-10
Brown, Ajani-10
Cates, Tim-10
Lewis, Todd-11
Swanson, Ryan-11

Clairemont
Gompers
Gompers
Julian
Tri-City

SOUTHERN SECTION (5)

Bowen, Nate-12
Purcell, Kevin-12
Novotny, Matt-12
Garcia, Joseph-11
Honning, Doug-11

Crossroads
Crossroads
Desert Christian
Maranatha
Woodcrest Christian

Cordova, Andrea-10
Daniel, Jaynee-11
Houghton, Alisa-12
Johnson, Serena-12
O'Clair, Bonnie-11
Castaneda, Rosalinda-11
Donovan, Sherrie-12
McCarty, Stefanie-9
Coronado, Andrea-11
Estrada, Diana-11
Sanchez, Patty-10
Anderson, Janet-9

Clovis West
Clovis West
Clovis West
Clovis West
Madera
Madera
Madera
Madera
Madera
Madera
Madera

CENTRAL COAST SECTION (2)

Landers, Cathy-12
Landers, Susie-11
Malander, Holly-11
Biber-Ferro, Maria-12
Saffaie, Rosanna-12
Fishback, Jeanne-9
Edelman, Lindsey-11
Tran, Vi-11
Burman, Carrie-12
Ruckriegel, Julie-12
Skiba, Beckie-9
Gunion, Sabrina-9
Holmquist, Annette-9
Marquez, Vicki-10

Los Gatos
Los Gatos
Los Gatos
Los Gatos
Los Gatos
Los Gatos
Santa Teresa
Santa Teresa
Santa Teresa
Santa Teresa
Santa Teresa
Santa Teresa
Santa Teresa

L.A. CITY SECTION (2)

Flores, Imelda-12
Gomez, Yolanda-12
Gutierrez, Leydi-10
Martinez, Delfina-11
Ramirez, Raquel-12
Mirna, Patty-11
Carcamo, Reyna-9
Herrera, Alma-12
Sanchez, Flor-12
Gonzales, Gabe-10
Marquez, Maria-12
Menchaca, Lourdes-11
Leon, Carol-12
Gonzalez, Maria-12

Belmont, LA
Belmont, LA
Belmont, LA
Belmont, LA
Belmont, LA
Belmont, LA
Huntington Park
Huntington Park
Huntington Park
Huntington Park
Huntington Park
Huntington Park
Huntington Park

NORTH COAST SECTION (1)

Dirar, Senhit-9
Kiyono, Michelle-10
Jutla, Rajni-12
Bridgeman, Jennifer-9
Garbe, Amanda-9
Camarillo, Angelina-12
Dale, Monique-11

James Logan
James Logan
James Logan
James Logan
James Logan
James Logan
James Logan

NORTHERN SECTION (1)

Hallbauer, Amy-10
Mendon, Becca-10
McGuire, Eiren-9
Herman, Danica-9
Gibson, Natalie-12
Ghiorso, Brooke-11
Boggs, Jonna-12

Pleasant Valley
Pleasant Valley
Pleasant Valley
Pleasant Valley
Pleasant Valley
Pleasant Valley
Pleasant Valley

OAKLAND SECTION (1)

Rensi, Anna-12
Barfield, Eman-12
Metcalf, Sakai-11
Tesfai, Aster-10
Scott, Anjanette-10
Harris, Angela-12
Wallace, Aisha-11

Skyline
Skyline
Skyline
Skyline
Skyline
Skyline
Skyline

SAC-JOQUIN SECTION (2)

Maschmeier, Ann-11
Jones, Margarette-11
Jones, Hannah-9
Bersbach, Delee-11
Basett, Lindsay-10
Oates, Vicky-9
Kalpakgian, Anna-11
Nelson, Jami-12
Hassan, Julie-11
Paulson, Julianne-10
Vomackova, Tina-12
Bringolf, Heather-10
Mason, Jill-11
Laux, Jennifer-12

Elk Grove
Elk Grove
Elk Grove
Elk Grove
Elk Grove
Elk Grove
Elk Grove
Nevada Union
Nevada Union
Nevada Union
Nevada Union
Nevada Union
Nevada Union
Nevada Union

SAN DIEGO SECTION (2)

Pickett, Melanie-11
Dockery, Laura-12
Boone, Erica-12
Leone, Sarah-12
Kurth, Courtney-12
Ricks, Kim-10
Kenyon, Rebecca-12
Pound, Jessica-9
Vasek, Lisa-9
Callan, Lisa-11
Koenig, Jennifer-12
Walters, Margarita-12
Leeds, Sarah-9
Thompson, Kally-12

Mt. Carmel
Mt. Carmel
Mt. Carmel
Mt. Carmel
Mt. Carmel
Mt. Carmel
Mt. Carmel
Poway
Poway
Poway
Poway
Poway
Poway
Poway

SAN FRANCISCO SECTION (1)

Hiroshima, Logan-12
Lucero, Oasii-10
Moorhead, Valerie-11
Huang, Melinda-9
Choy, Cathy-12
Chou, Susan-9
Rutka, Anna-9

Lowell
Lowell
Lowell
Lowell
Lowell
Lowell
Lowell

SOUTHERN SECTION (4)

Skeiresz, Amy-11
Nekota, Kay-12
Prater, Cathy-12
Greene, Vickie-11
Kaz, Allison-12
Relkin, Lisa-10
Malnekoff, Carie-12
Corbin, Jessica-10
Livermore, Erin-10
McMullen, Stacey-9
Gillis, Jennifer-12
Livermore, Alison-12

Agoura
Agoura
Agoura
Agoura
Agoura
Agoura
Agoura
Irvine
Irvine
Irvine
Irvine
Irvine

DIVISION I - GIRLS TEAMS

NAME (Last, First, Grade)

SCHOOL

CENTRAL SECTION (2)

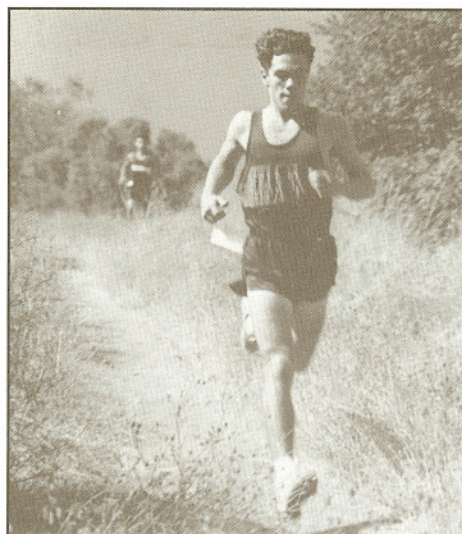
Lawson, Emili-9
Lawson, Marci-11

Clovis West
Clovis West

1993 CIF Competitors and Team Listings



Tracy Clark
Corona del Mar High



Matt Creason
Eureka High



Amy Hallbauer
Pleasant Valley High, Chico

Horner, Kelli-10
Byers, Malia-9
Furman, Amy-11
Bleisch, Deborah-10
McPherson, Laneisha-10
Medina, Sheryl-11
DeLacruz, Erin-9
Catalon, Catherine-11
Olague, Rita-11
Ryan, Molly-10

Aptos
Aptos
Aptos
Silver Creek
Silver Creek
Silver Creek
Silver Creek
Silver Creek
Silver Creek

NORTH COAST SECTION (2)

Ewing, Jennifer-9
Comer, Andrea-12
Shin, Simone-11
Nicolopoulos, Jamie-11
Matranga, Dana-12
McHugh, Jamie-10
Lim, Valerie-9
Reidy, Elissa-11
Riedy, Lori-11
Knowlton, Jennifer-9
Brindley, Amanda-12
Stevens, Betsy-9
Torrez, Monica-10
Dillon, Leta-10

Castro Valley
Castro Valley
Castro Valley
Castro Valley
Castro Valley
Castro Valley
Castro Valley
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose

NORTHERN SECTION (1)

Yerman, Brook-12
Suihkonen, Sarah-10
Tovey, Wendy-12
Dean, Kim-11
Long, Sally-12
MacKay, Becky-9
Parrott, Brynn-11

Paradise
Paradise
Paradise
Paradise
Paradise
Paradise
Paradise

SAC-JOAQUIN SECTION (2)

Veruiti, Liz-10
Morejohn, Jennifer-10
Carnes, Jackie-12
Adams, Ariel-9
Tillman, Jean-11
Nusch, Martina-12
Fantozzi, Erin-11
Martinez, Magi-12
Neil, Tenika-9
Anders, Deniz-12
Kauhane, Leilani-11
Adams, Tameeh-10
Burnett, Kathy-10
Riesche, Paula-10

Davis
Davis
Davis
Davis
Davis
Davis
Wood
Wood
Wood
Wood
Wood
Wood
Wood

SAN DIEGO SECTION (2)

Jenkins, Kristi-10
Gregerson, Larissa-10
Card, Jenny-11
Vickery, Carrie-11
Jagers, Sarah-11
Gregerson, Stephanie-12
Kindretch, Elizabeth-12
Rabie, Sandi-11
Roth, Kristin-9
Juhasz, Emi-12
Percy, Sarah-10

El Capitan
El Capitan
El Capitan
El Capitan
El Capitan
El Capitan
El Capitan
Torrey Pines
Torrey Pines
Torrey Pines
Torrey Pines

Hanes, Keegan-11
Rabie, Jane-12
McManus, Sarah-9

SOUTHERN SECTION (4)

Nelson, Kim-12
Platauer, Laura-12
Bunton, Allison-10
Lee, Grace-10
Luque, Melissa-9
Luque, Nicole-11
Nair, Beena-11
Homerger, Elyse-11
Evans, Janndee-12
Quinn, Carrie-12
O'Brick, Kerry-10
Formosa, Jennifer-11
Formosa, Jeannie-11
Eldridge, Danielle-12
Whitfield, Tara-11
Kennedy, Katie-9
Whitfield, Kaylee-10
Sharp, Rhiannon-12
Kublin, Heather-11
Bogue, Heidi-9
Morello, Hope-11
Lawson, Taryn-11
Masuda, Kenna-11
Bradshaw, Christy-10
Flowers, Daniele-9
Pegnier, Shawn-12
Yamamoto, Angela-12
Engesser, Kim-11

Torrey Pines
Torrey Pines
Torrey Pines

Canyon/Anaheim
Canyon/Anaheim
Canyon/Anaheim
Canyon/Anaheim
Canyon/Anaheim
Canyon/Anaheim
Edison, HB
Edison, HB
Edison, HB
Edison, HB
Edison, HB
Edison, HB
Edison, HB
El Modena
El Modena
El Modena
El Modena
El Modena
Ocean View
Ocean View
Ocean View
Ocean View
Ocean View
Ocean View
Ocean View

Garcia, Ricardo-12
Vazquez, Sergio-11
Hughes, Stacy-12
Pedroza, Aaron-11
Buroker, Ryan-10

North Monterey
North Monterey
North Monterey
North Monterey

NORTH COAST SECTION (2)

Kelly, John-12
Fitzpatrick, Proinsias-12
DeFalco, Joe-11
Maestretti, Randy-10
Hintz, Greg-10
Prindiville, Tommy-9
George, Jeff-9
Bendzick, Pat-12
Singh, Amandeep-11
O-Leary, Pat-10
Paul, Brett-12
Ostler, Drew-9
Strom, Jeremiah-11
Heywood, Andrew-11

De La Salle
De La Salle
De La Salle
De La Salle
De La Salle
De La Salle
De La Salle
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose
Mission San Jose

NORTHERN SECTION (2)

Martinez, Pepe-11
Anderson, Caleb-10
Hase, Simon-11
Croninger, Casey-12
Duclos, Chris-12
Snyder, Clint-12
Paniagua, Ricky-11
Rice, Jason-11
Reinhardt, Cody-10
Doll, Mike-9
Benfer, Bobby-10

Chico
Chico
Chico
Chico
West Valley
West Valley
West Valley
West Valley
West Valley
West Valley
West Valley

DIVISION II - BOYS TEAMS

NAME (Last, First, Grade)

CENTRAL SECTION (2)

Herrera, Luis-10
Castro, Jorge-10
Medina, Victor-11
Navarrete, Enrique-11
Garcia Miguel-11
Medina, Oscar-10
Muralles, Efrain-9
Ballantyne, Pamenos-12
Ruiz, Sergio-12
Henry, Tim-12
Harrison, Carlos-12
Gonzalez, Ruben-10
Samorano, Alberto-10
Zamora, Juan-11

SCHOOL

Arvin
Arvin
Arvin
Arvin
Arvin
Arvin
Arvin
Sanger
Sanger
Sanger
Sanger
Sanger
Sanger
Sanger

CENTRAL COAST SECTION (2)

Lee, Jason-12
Roberts, Cliff-11
Rogers, Ben-11
Harnagle, John-10
Mar, Keith-12
Stewart, Mike-12
Jencks, Garrett-12
Leon, Leonardo-11
Cervantes, Enrique-12

Leland
Leland
Leland
Leland
Leland
Leland
North Monterey
North Monterey

SAC-JOAQUIN SECTION (2)

Brits, Jim-11
Chadwick, Nat-11
Jain, Mukal-11
Killeen, Brian-11
Maul, Brian-11
Murphy, Brian-12
Phister, Greg-11
Farley, Matt-12
Presnall, Ned-12
Stember, Mike-10
Abbott, Scott-10
Magnum, Tim-12
Welsh, Dan-11
Myers, Davis-11

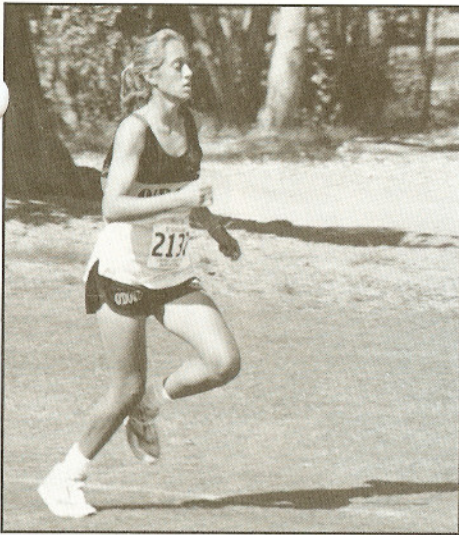
Davis
Davis
Davis
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Davis
Jesuit
Jesuit
Jesuit
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Jesuit

SAN DIEGO SECTION (2)

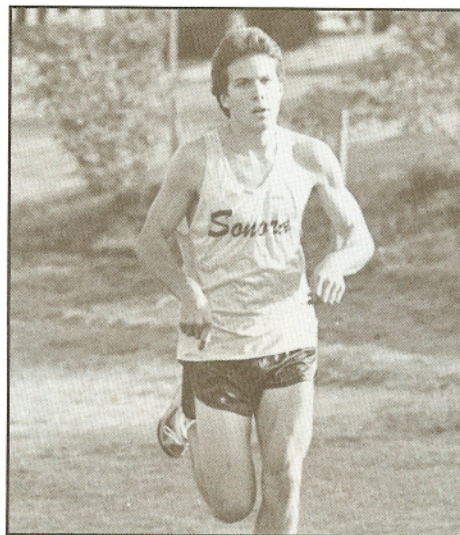
Elizando, Devin-12
Levy, David-12
Marquez, Mario-12
Romero, Roger-12
Holmes, Jonathan-11
Cervantes, Jose-12
Osuna, Ivan-10
Romero, Manuel-11
O'Neill, Juan-12
Ruhe, Chris-12
Rodriguez, Fernando-11
Alfaro, Juan-10

Mission Bay
Mission Bay
Mission Bay
Mission Bay
Mission Bay
Mission Bay
Mission Bay
San Pasqual
San Pasqual
San Pasqual
San Pasqual
San Pasqual

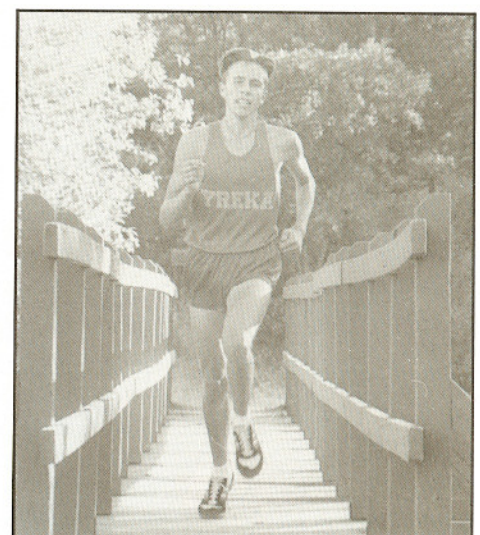
1993 CIF Competitors and Team Listings



Nicky Saleta
Bishop O'Dowd High



Darren Holman
Sonora High



Aaron Gillen
Yreka High

NORTH COAST SECTION (2)

Teekell, Alex-11
Collins, Brian-12
Bettinelli-Olp, Matt-10
Herrick, Leo-11
Schumacher, Kevin-11
Shiotsu, Jason-12
Tavernier, Adam-11
Jones, Micheil-10
Immel, Steve-11
Noriega, Jason-10
Smith, Joseph-10
Fimerl, Adrian-10
Lewis, Joshua-11
Nichols, Peter-11

Bishop O'Dowd
Bishop O'Dowd
Bishop O'Dowd
Bishop O'Dowd
Bishop O'Dowd
Bishop O'Dowd
Bishop O'Dowd
Livermore
Livermore
Livermore
Livermore
Livermore
Livermore
Livermore

NORTHERN SECTION (1)

Carlson, Lane-12
Carter, Steve-12
Villfranco, Leon-12
Huskey, Ed-11
Shockley, Wes-12
Mygrant, Steve-12
Ohm, Julian-12

Enterprise
Enterprise
Enterprise
Enterprise
Enterprise
Enterprise
Enterprise

SAC-JOAQUIN SECTION (2)

Lee, Ryan-12
Coast, Chris-12
Limbird, Mark-10
Clarke, Rory-11
Batchelder, Brian-11
Kelly, Matt-12
Moore, Bret-12
Holman, Darren-11
Orellana, Mike-12
Facilla, Dan-11
Woodward, Paul-12
Moreton, Crosby-11
Morton, Josh-11
Boatman, Brian-12

Del Oro
Del Oro
Del Oro
Del Oro
Del Oro
Del Oro
Del Oro
Sonora
Sonora
Sonora
Sonora
Sonora
Sonora
Sonora
Sonora

SAN DIEGO SECTION (2)

Bowes, Kevin-11
Romero, David-11
Livesay, Chas-11
Bolton, Brent-10
Abutin, Afran-11
Bernhard, Matt-11
Stewart, Ty-11
Hauser, Mark-12
Reyes, Martin-11
Melrose, Shane-12
O'Connor, Daniel-12
Gross, J.C.-11
Gutierrez, Frank-12
Borundo, Matt-9

Scripps Ranch
Scripps Ranch
Scripps Ranch
Scripps Ranch
Scripps Ranch
Scripps Ranch
Scripps Ranch
St. Augustine
St. Augustine
St. Augustine
St. Augustine
St. Augustine
St. Augustine
St. Augustine

SOUTHERN SECTION (4)

Appell, Johann-11
Appell, Mike-10
Baez, Joe-11
Chung, Crian-12
Espinoza, Erick-12

Costa Mesa
Costa Mesa
Costa Mesa
Costa Mesa
Costa Mesa

Ho, Peter-12
Kowalski, Bart-10
Navarro, Ismael-10
Tegard, Mike-12
Harrison, Gary-10
Robles, Micab-12
Bernaldo, Will-10
Moore, Mason-10
Vega, Omar-10
Chong, Jesse-12
Tsai, Ray-12
Chong, Ben-11
Wolf, Warren-12
Zukerman, Leo-12
Chiesholm, Richard-11
Boyd, Jared-11
Huss, Matt-12
Wilkerson, Ryan-11
Imhof, Andreas-12
Braun, Mike-11
Murray, Mike-9
Whittington, Dan-10
Grant, David-12

Costa Mesa
Costa Mesa
Nordhoff
Nordhoff
Nordhoff
Nordhoff
Nordhoff
Nordhoff
Nordhoff
San Marino
San Marino
San Marino
San Marino
San Marino
Santa Margarita
Santa Margarita
Santa Margarita
Santa Margarita
Santa Margarita
Santa Margarita
Santa Margarita

Sivia, Misha-11
Rice, Amy-9
Stepanek, Ashley-10
Schell, Susie-10
Kronberg, Carrie-9
Nurmi, Brenna-11
Canova, Megan-11
Balkwell, Georgina-11
Giambastiani, Laia-11
Rogers, Quinn-10
Nannizzi, Kim-11

Miramonte
Miramonte
Miramonte
Ursuline
Ursuline
Ursuline
Ursuline
Ursuline
Ursuline
Ursuline

NORTHERN SECTION (2)

Pyle, Sally-12
Bill, Christy-11
Andrews, Kristi-11
Richards, Samantha-10
Gorbet, DeeDee-12
Rose, Kelly-9
Schwarz, Sarah-9
Herbst, Jaime-12
Blanchard, Gina-11
Anderson, Traci-12
Curran, Nicole-10
Cortright, Katie-9
Ham, Cindy-9
Neitsch, Ramona-9

Lassen
Lassen
Lassen
Lassen
Lassen
Lassen
Yreka
Yreka
Yreka
Yreka
Yreka
Yreka

DIVISION IV - GIRLS TEAMS

NAME (Last, First, Grade)

CENTRAL SECTION (2)

Sanchez, Christina-9
Sanchez, Lucia-12
Carter, Cheri-10
Gonzales, Tanya-10
Robles, Juanita-10
Renteria, Debbie-9
Ovando, Karla-12
Fancon, Lori-12
Bowling, Tracy-9
Salcido, Niki-9
McGorman, Leslie-12
Yochum, Tiffany-12
Anderson, Sarah-9
Destrampe, Stephanie-9

SCHOOL

McFarland
McFarland
McFarland
McFarland
McFarland
McFarland
McFarland
Taft
Taft
Taft
Taft
Taft
Taft
Taft

CENTRAL COAST SECTION (2)

Ryan, Claire-11
Delaplace, Serena-9
Cohen, Camille-10
Taylor, Lisa-10
Eschbach, Ramona-10
Fairchild, Tiffany-9
Heagerty, Teresa-9
Sullivan, Meredith-9
Irvine, Alice-10
Young, Isabelle-11
Guy, Sarah-9
Berridge, Jane-12
Cisneros, Lisa-9

Archbishop Mitty
Archbishop Mitty
Archbishop Mitty
Archbishop Mitty
Archbishop Mitty
Archbishop Mitty
Archbishop Mitty
York School
York School
York School
York School
York School
York School

NORTH COAST SECTION (2)

Schreiber, Kristen-11
Phillips, Eve-11
Nohr, Shannon-11

Miramonte
Miramonte
Miramonte

SAC-JOAQUIN SECTION (2)

Bruins, Claudia-11
Banas, Natalie-12
Bruins, Donna-12
Glide, Julie-9
Tobin, Stephanie-11
Spurlock, Liz-11
Stidham, Jennifer-12
Mora, Mari-9
Moore, Ann-9
Trejo, Olivia-10
Firebaugh, Whitney-9
Berchtold, Michelle-11
Stayton, Jamie-10
DaSilva, Sonia-10

Dixon
Dixon
Dixon
Dixon
Dixon
Dixon
Dixon
Escalón
Escalón
Escalón
Escalón
Escalón
Escalón

SAN DIEGO SECTION (2)

Hamer, Hallie-12
Kushnir, Christina-10
Zabloodil, Katherine-11
Pettigrew, Stephanie-10
DeLeeow, Kari-12
Popoff, Gabe-11
Eikel, Catherine-9
Hunt, Jessica-10
Hanse, Angie-12
Neil, Kristen-10
Maher, Kelly-12
Cole, Beth-10
Ryan, Brigid-9
Watts, Jasmine-9

Bishops
Bishops
Bishops
Bishops
Bishops
Bishops
Bishops
Coronado
Coronado
Coronado
Coronado
Coronado
Coronado

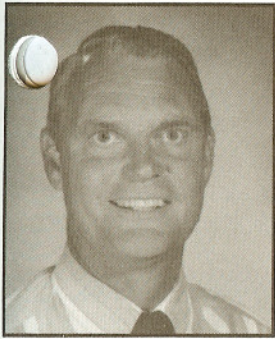
SOUTHERN SECTION (4)

Caro, Ashley-10
Goodson, Yvonne-10

Chaminade
Chaminade

1993 CIF Cross Country Honor Coaches

Honor Coaches are selected by the Track and Field Coaches Alliance in conjunction with the CIF Section Commissioners and are honored for their contributions to the sport.



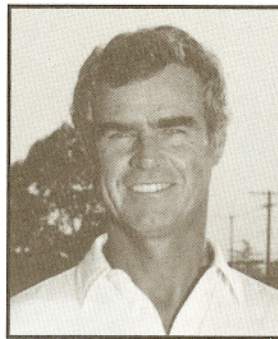
Bob Wall
Lassen High
CIF Northern Section

Bob Wall has taught and coached at Lassen High in Susanville since 1966. His boys' and girls' cross country teams have won numerous league and section titles. In 1977, Wall was the CIF Northern Section honor coach for track and field. In 1992, his girls' cross country team won the CIF State championship in Division IV.



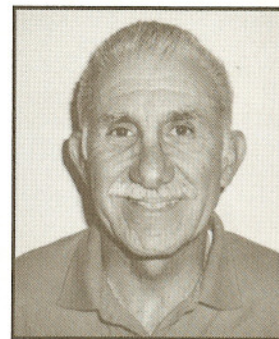
Jim Eckman
Yreka High
CIF Northern Section

In his 15 years of coaching at Yreka High, Jim Eckman has produced many outstanding teams and individuals. His boys' teams have qualified for the CIF State meet since its inception, while his girls' teams have had top 10 team place finished the last three years in Division IV. His boys have a dual meet record of 52-4, while the girls are 48-15.



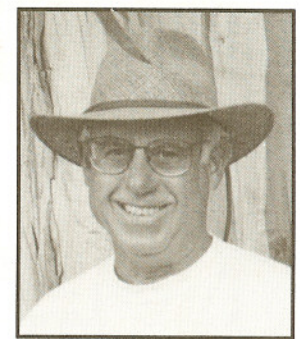
Pete Nelson
Kennedy High
CIF LA City Section

Another long-time coach, Pete Nelson heads up both the boys' and girls' cross country teams at Kennedy High. His boys' teams have won 10 league titles, while his girls have 13 league crowns and one CIF Los Angeles City Section title (1983). Kennedy has guided his boys' teams to an overall dual meet record of 151-49. His girls' teams are 94-16.



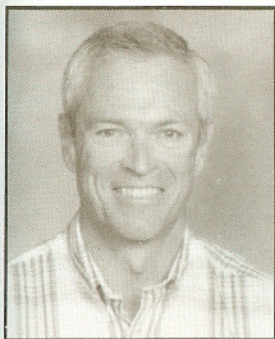
George P. Martin
El Camino Real High
CIF LA City Section

Involved in coaching for 35 years, George Martin has led his cross country teams at El Camino Real to 11 league championships. His teams have also amassed a 90-18 dual meet record. Martin has been a track official for the Olympics and has been involved with the USA Track as a starter and official for 39 years.



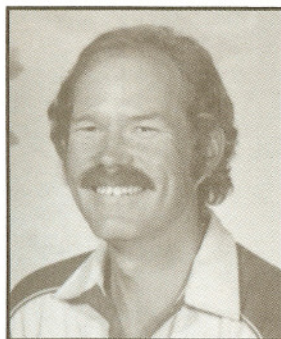
Otis McCain
Miramonte High
CIF North Coast Section

Under Otis McCain's guidance, the girls' cross country team at Miramonte High won the CIF North Coast Section 2A championship in 1987 and placed sixth in the CIF State championship in 1988. His girls have won eight league championships. In his 28 years of coaching, McCain has coached cross country, baseball, boys' tennis and track.



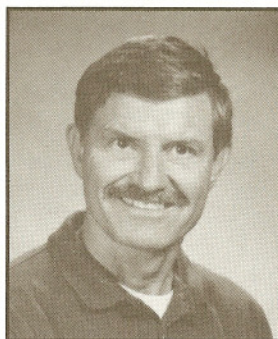
Walt Lang
Jesuit High
CIF Sac-Joaquin Section

A veteran coach of 27 seasons, Walt Lang has been the head boys coach at Jesuit High in Carmichael for the past 23 years. His teams have garnered an amazing 23 league titles, 11 CIF Sac-Joaquin Section championships and one CIF State championship in 1989. Lang has been involved with numerous clinics, camps and invitationals.



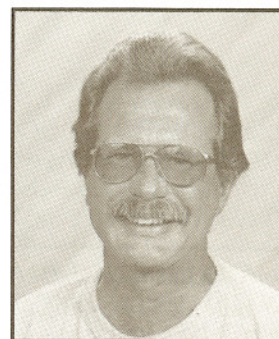
Don Winters
Davis High
CIF Sac-Joaquin Section

A coach for the past 11 seasons, Don Winters has guided his Davis High girls' team to two CIF Sac-Joaquin Section championships (1991 in Division I and 1992 in Division II). In addition, his teams have garnered seven league titles and have compiled a 183-12 dual meet record. Winters is the founder and past president of the Davis Running Club.



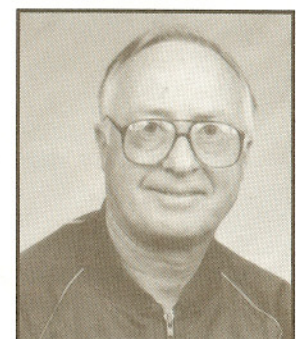
Dan Schaitel
Poway High
CIF San Diego Section

Dan Schaitel has been a cross country coach and history teacher for the past 23 years. The last 12 years, Schaitel has been at Poway High, where he's led the boys' and girls' cross country teams to a 107-21 dual meet record. His girls' teams have won two CIF San Diego Section titles (1987-88), while his boys' teams have three section crowns (1987-89).



Dan Ungricht
Mission Bay High
CIF San Diego Section

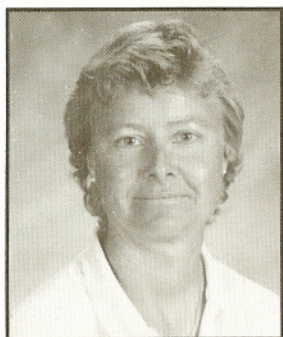
Mission Bay Coach Dan Ungricht led his 1992 boys' team to a CIF State Championship in Division II. Ungricht has coached for 22 years. During that time, his teams have garnered six league titles. Ungricht was voted Mission Bay High's Teacher of the Year in 1985, and was the area Coach of the Year in San Diego in 1992.



Robert DesMeules
Abraham Lincoln High
CIF San Francisco Section

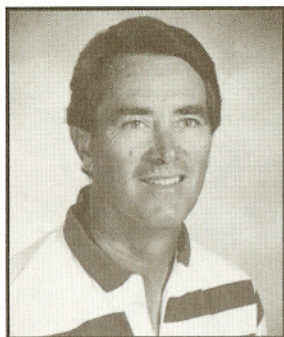
Robert Des Meules has coached for 30 years, with the last 19 at Lincoln High. His varsity boys' cross country team has won five CIF San Francisco Section titles, with 12 individuals qualifying for the state meet. This year two boys and two girls have qualified from DesMeules' Lincoln team. DesMeules started the Everett Junior High cross country team in 1964.

1993 CIF Cross Country Honor Coaches



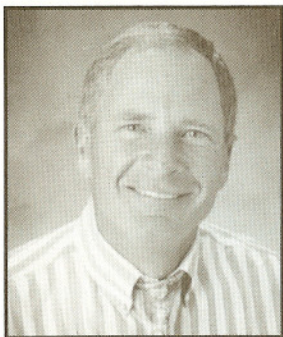
Ellen Jackson
Yosemite High
CIF Central Section

The assistant meet director for the CIF State meet, Ellen Jackson has coached at Yosemite High for nine years. During that time, she has won several Coach of the Year honors, including *California Track and Running News* Coach of the Year (1992). Her girls' teams have a 21-9 dual meet record. Jackson was an honor coach in track in 1990.



Jim White
McFarland High
CIF Central Section

Jim White's McFarland teams have been dominant at the CIF State Championships, winning two titles (1987, 1992). McFarland is looking for a third title this season and its second in Division IV. White has guided the boys' cross country team at McFarland for 14 years. He got the program started in 1980.



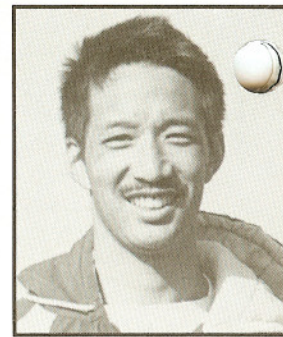
Joe Kelly
Peninsula High
CIF Southern Section

No stranger to the CIF State Meet, Joe Kelly's girls' teams have won three state championships 1987-89 (as Palos Verdes High) and have dominated CIF Southern Section competition. His girls have won six CIF Southern Section titles and his boys' teams have won two. Kelly has coached for 26 years, 13 of which have been in cross country.



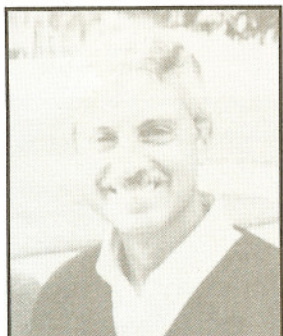
Jack Farrell
Thousand Oaks High
CIF Southern Section

Jack Farrell has been the head coach at Thousand Oaks High since 1975. His boys' teams have won four CIF Southern Section championships and been runner-up twice. His girls' team has been section runner-up two times as well. Last year's boys' team finished second in the CIF State finals behind Hart. This year's team is ranked #1 in the state and #5 nationally.



Andy Leong
Lowell High
CIF San Francisco Section

Andy Leong brings to this year's CIF State meet, the strongest girls' cross country team Lowell has had in the seven years since the state meet began. With 70 members on his boys' and girls' teams, coach Leong has the second largest team, regardless of sport, in San Francisco. Leong is the meet director of the SF cross country invitational.



William P. Daskarolis
Aragon High
CIF Central Coast Section

Bill Daskarolis's coaching career began in 1963 at Aragon High, where he has coached cross country and track. Over the past 30 years, Daskarolis has coached a number of league and regional championship teams. In the last three seasons alone, he has qualified two boys and two girls to the State CIF Cross Country meet. He was honored as the CCS Coach of the Year in 1987.

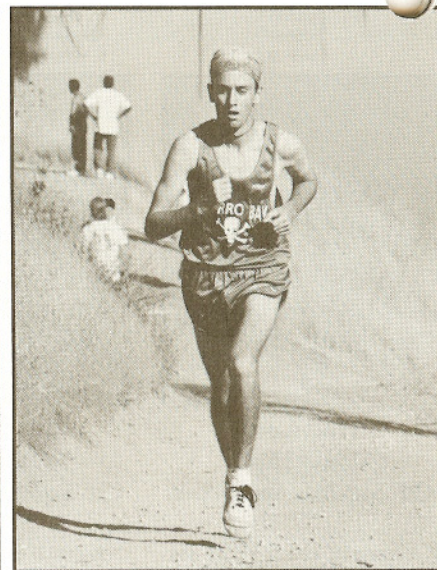


Richard Calvin
Half Moon Bay High
CIF Central Coast Section

In more than two decades of coaching at Half Moon Bay High, Richard Calvin's girls' teams have won 14 North Peninsula League Championships. His 1978 and 1990 girls' teams both won CIF Central Coast Section Championships, while his 1990 boys' team finished second in the CCS. Each year, Calvin raises funds for his program by hosting the Artichoke run.



Konrad Knutsen
Del Campo High



Dave Mitchell
Morro Bay High

**The State CIF Congratulates all
athletes and coaches
involved in the State Championship!**

CIF State Cross Country

All-Time Top Times

Boys Top All-Time Team Scores - Division I

1. Camarillo (1989)	39
2. Arroyo (1987)	41
3. Hart (1991)	43
4. Hart (1992)	53
5. Hart (1990)	58

Girls Top All-Time Team Scores - Division I

1. Agoura (1991)	41
Agoura (1990)	41
2. Palos Verdes (1989)	65
Palos Verdes (1988)	65
5. Peninsula (1991)	67

Boys All-Time Top Times Individual - Division I

1. 14:45 - Dameworth (Agoura '89)
2. 14:47 - Quintana (Arr. Grande '90)
3. 14:59 - Quintana (Arr. Grande '89)
4. 15:032 - Dameworth (Agoura '88)
5. 15:03 - Casillas (Hoover '92)
6. 15:04 - Hartman (Canyon '90)
15:04 - Williamson (Thous. Oaks '88)
8. 15:05 - Rodriguez (S. Ana Vall. '88)
9. 15:06 - Martinez (San Gabriel '91)
10. 15:08 - O'Neil (San Pasqual '88)

Girls All-Time Top Times Individual - Division I

1. 17:13 - Glusac (Fallbrook '91)
2. 17:14 - Glusac (Fallbrook '92)
3. 17:27 - Drossin (Agoura '89)
4. 17:29 - Drossin (Agoura '90)
5. 17:33 - Spies (Livermore '89)
6. 17:35 - Drossin (Agoura '87)
7. 17:42 - Jorgensen (R. Buena Vista '88)
17:42 - Skieresz (Agoura '92)
8. 17:43 - Cervantes (Montebello '87)
9. 17:44 - Barajas (Channel Island '90)
10. 17:45 - Ashe (Leland '87)

* Division IV established in 1990.

MOST STATE CHAMPIONSHIPS (BOYS)

- 3 Hart 1990-92 Division I
- 2 McFarland 1987 Division III; 1992 Division IV

MOST STATE CHAMPIONSHIPS (GIRLS)

- *3 Palos Verdes 1987-89 Division I
- 3 Agoura 1990-92 Division I
- 3 Newport Harbor, Newport Beach 1987-88 Div. II; 1991 Div. III
- 2 Bret Harte 1988-89 Division III
- 2 La Jolla 1989 Division II; 1990 Division III
- 2 Nordhoff, Ojai 1990-91 Division IV

*Palos Verdes High combined with Rolling Hills and Miraleste High's to form Peninsula High after the 1990-91 school year.

Boys Top All-Time Team Scores - Division II

1. Walnut (1987)	40
2. Jesuit (1989)	61
3. Corona del Mar (1987)	63
4. San Pasqual (1990)	64
5. Corona del Mar (1988)	72

Girls Top All-Time Team Scores - Division II

1. San Pasqual (1990)	38
2. Oceanview (1992)	52
Edison (1991)	52
4. San Pasqual (1991)	55
5. Newport Harbor (1988)	75

Boys All-Time Top Times Individual - Division II

1. 15:08 - Dan Neves (Helix '91)
2. 15:13 - Ryan Wilson (Agoura '92)
3. 15:15 - Hempel (Walnut '88)
4. 15:16 - Wilson (Agoura '91)
5. 15:19 - Bekowitz (Hayward '89)
6. 15:20 - Brewer (North Bakersfield '92)
15:20 - Welsh (Jesuit '88)
8. 15:22.1 - Hempel (Walnut '87)
9. 15:24 - Lavella (Cor. del Mar '88)
10. 15:25 - Walker (San Pasqual '90)

Girls All-Time Top Times Individual - Division II

1. 17:28 - Taylor (Edison '91)
17:28 - Rothman (Westlake '90)
3. 17:34 - Jorgensen (R. Buena Vista '87)
4. 17:46 - Taylor (Edison '90)
5. 17:48 - Hecox (South Hills '87)
6. 17:54 - Glusac (Fallbrook '90)
7. 18:01 - Riley (Campolindo '89)
18:01 - Hecox (South Hills '88)
18:01 - Gorbet (Lassen '87)
10. 18:06 - Garritson (Sunny Hills '91)

Boys Top All-Time Team Scores - Division III

1. Sherman Indian (1988)	58
2. Laguna Beach (1989)	65
3. San Marino (1990)	77
4. Newport Harbor New. Bch (1992)	89
5. Laguna Hills (1991)	91

Girls Top All-Time Team Scores - Division III

1. La Jolla (1990)	31
2. Bret Harte (1988)	54
3. Corona del Mar New. Bch. (1992)	66
4. Maranatha (1987)	72
5. Bret Harte (1989)	73

Boys All-Time Top Times Individual - Division III

1. 15:15 - Wilson (Newbury Park '91)
15:15 - Wilson (Newbury Park '90)
3. 15:26 - Menon (San Luis Obispo '90)
4. 15:29 - Williams (River City '87)
5. 15:33 - Hamer (Covina '91)
6. 15:36 - Rojas (Moorpark '91)
7. 15:37 - Balkman (Lynbrook '91)
8. 15:38 - Balkman (Lynbrook '92)
9. 15:44 - Cole (Yosemite '87)
10. 15:46 - Lynch (Laguna Hills '91)

Girls All-Time Top Times Individual - Division III

1. 17:51 - McCandless (Castilleja '87)
2. 18:01 - Garritson (Rim of World '90)
3. 18:02 - Marzell (Bishop O'Dowd '92)
4. 18:12 - Torrens (St. Francis Mt. View '92)
5. 18:17 - Thayer (Serrano '87)
6. 18:21 - Spies (Livermore '90)
7. 18:29 - Dugger (Coronado '87)
8. 18:30 - Sweeney (Leigh '90)
9. 18:32 - Medina (Laguna Hills '92)
10. 18:41 - Leigh-Wood (Aptos '92)

MOST INDIVIDUAL STATE CHAMPIONSHIPS (BOYS)

- 3 Bryan Dameworth, Agoura 1987-89 Division I
- 2 Scott Hempel, Walnut 1987-88 Division II
- 2 Jeff Wilson, Newbury Park 1990-91 Division III

MOST INDIVIDUAL STATE CHAMPIONSHIPS (GIRLS)

- 3 Deena Drossin, Agoura 1987, 1989-90 Division I
- 2 Milena Glusac, Fallbrook 1991-92 Division I
- 2 Kira Jorgensen, Rancho Buena Vista 1987 Div. II, 1988 Div. I

Boys Top All-Time Team Scores - Division IV*

1. McFarland (1992)	63
2. Nordhoff (1991)	78
3. Nordhoff (1992)	79
4. Fillmore (1990)	90
5. Maranatha (1990)	98

Girls Top All-Time Team Scores - Division IV*

1. Lassen (1992)	71
2. Nordhoff (1991)	72
3. Nordhoff (1992)	73
4. Nordhoff (1990)	77
5. Fillmore (1991)	79
Morro Bay (1990)	79

Boys All-Time Top Times Individual - Division IV*

1. 15:35 - Katri (Fortuna '91)
2. 15:41 - Singleton (Bret Harte '90)
3. 15:43 - Arnold (York '91)
15:43 - Barajas (Fillmore '90)
5. 15:46 - Boulet (Drake '90)
6. 15:48 - Brown (Piedmont '92)
7. 15:49 - Faubert (St. Anthony '90)
8. 15:50 - Rhoades (Colfax '90)
15:50 - Castner (Oak Park '90)
10. 15:53 - Janquart (St. Anthony '90)
15:53 - Ramirez (Nordhoff '92)

Girls All-Time Top Times Individual - Division IV*

1. 17:47 - Aparicio (Fillmore '91)
2. 18:05 - Lacovara (Morro Bay '90)
3. 18:11 - Aparicio (Fillmore '90)
4. 18:12 - Bockel (Nordhoff '92)
5. 18:15 - Zwagerman (Tamalpais '90)
6. 18:24 - Webb (Bear River '92)
7. 18:41 - Shaw (Fillmore '91)
8. 18:43 - Diulio (Anderson '90)
9. 18:44 - Shaw (Fillmore '90)
10. 18:49 - Aparicio (Fillmore '92)

1987 CIF State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Division I

1. Arroyo	41
2. Dana Hills	115
3. Bellarmine	124
4. Camarillo	132
5. Palos Verdes	141

Girls Team Results - Division I

1. Palos Verdes	70
2. Agoura	91
3. Hesperia	112
4. Montebello	139
5. Arroyo Grande	174

Boys Individual Results - Division I

1. 15:12 - Bryan Dameworth (Agoura)
2. 15:13 - Goshu Tadese (Crawford)
3. 15:14 - Davis Scudamore (Palos Verdes)
4. 15:23 - Jamie Ortega (Arroyo)
5. 15:29 - Terrence Mahon (La Habra)
6. 15:29 - Jeff Gilkey (Arroyo)
7. 15:30 - Luis Quintana (Arroyo)
8. 15:30 - Francis O'Neill (San Pasqual)
9. 15:31 - Bobby Rodriguez (McLane)
10. 15:31 - Derrick Powers (Arroyo)

Girls Individual Results - Division I

1. 17:35 - Deena Drossin (Agoura)
2. 17:43 - Reyna Cervantes (Montebello)
3. 17:45 - Jennifer Ashe (Leland)
4. 17:45 - Nicole Robbins (Hesperia)
5. 17:51 - Robbyn Bryant (Hesperia)
6. 17:51 - Ashley Black (Palos Verdes)
7. 18:10 Becky Spies (Livermore)
8. 18:11 - Jena Haggen Miller (Thous. Oaks)
9. 18:15 - Brigid Greyne (Riverside Poly)
10. 18:20 - Nicole Houle (Hesperia)

Boys Team Results - Division II

1. Walnut	40
2. Corona del Mar	63
3. Gunn	144
4. El Camino	161
5. Woodbridge	181

Girls Team Results - Division II

1. Newport Harbor	87
2. Woodbridge	106
3. Archbishop Mitty	120
4. South Hills	168
5. Nordhoff	175

Boys Individual Results - Division II

1. 15:22.1 - Scott Hemple (Walnut)
2. 15:29 - Ben Ayers (Christian Brothers)
3. 15:32 - Mike Glaze (Norte Dame)
4. 15:33 - Jim Geerlings (Newport Harbor)
5. 15:37 - Brett Mack (Carlmont)
6. 15:39 - Eddie Lavelle (Corona del Mar)
7. 15:41 - Richard Duran (Wasco)
8. 15:44 - Coby Polite (Walnut)
9. 15:48 - Gary Stolz (Miraleste)
10. 15:50 - Jim Robins (Corona del Mar)

Girls Individual Results - Division II

1. 17:34 - Kira Jorgensen (Rancho Buena Vista)
2. 17:48 - Karen Hecox (South Hills)
3. 18:01 - Tina Gorbet (Lassen)
4. 18:14 - Sandra Acosta (Walnut)
5. 18:44 - Kristi Bache (University, San Diego)
6. 18:46 - Cindy Mahaffey (Carlmont)
7. 18:47 - Karen Karcher (Ramona)
8. 19:02 - Suzanne Catruita (West Covina)
9. 19:06 - Stacy Pando (Newport Harbor)
10. 19:08 - Kolleen Kassis (St. Francis)

Boys Team Results - Division III

1. McFarland	99
2. Robert Louis Stevenson	145
3. Yreka	153
4. Salesian	163
5. Bear River	166

Girls Team Results - Division III

1. Maranatha	72
2. University	93
3. Coronado	118
4. St. Josephs	128
5. Bret Harte	163

Boys Individual Results - Division III

1. 15:29 - Reggie Williams (River City)
2. 15:44 - Scott Cole (Yosemite)
3. 15:57 - Brian Ochs (Million College)
4. 16:00 - Hector Ortiz (Orestimba)
5. 16:06 - Bob Baca (Bear River)
6. 16:07 - Ricky DeLeon (Moorpark)
7. 16:13 - Thomas Yalles (McFarland)
8. 16:26 - Dave Wester (Maranatha)
9. 16:29 - John Heiber (Serrano)
10. 16:30 - Ryan Coady (Village Christian)

Girls Individual Results - Division III

1. 17:51 - Katy McCandless (Castilleja)
2. 18:17 - Tanya Thayer (Serrano)
3. 18:29 - Shamen Dugger (Coronado)
4. 19:03 - Zita Hillinger (Serrano)
5. 19:04 - Evelyn Martino (St. Joseph)
6. 19:18 - Karen Talamantes (W. Christian Univ.)
7. 19:27 - Amy McConnell (University)
8. 19:29 - Rachel Lewis (Santa Catalina)
9. 19:30 - Brandi Waters (Bishop)
10. 19:33 - Nell Smith (University)

1988 CIF State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Division I

1. Dana Hills	91
2. Rowland	124
3. Poway	128
4. Camarillo	141
5. DeLaSalle	174

Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	108
3. San Pasqual	119
4. Montebello	155
5. Norco	158

Boys Individual Results - Division I

1. 15:032 - Bryan Dameworth (Agoura)
2. 15:04 - Mike Williamson (Thousand Oaks)
3. 15:05 - Jimmy Rodriguez (Santa Ana Valley)
4. 15:08 - Francis O'Neil (San Pasqual)
5. 15:21 - Mike Tansley (Dana Hills)
6. 15:22 - Todd Lewis (Burbank)
7. 15:25 - Dave Hartman (Canyon)
8. 15:26 - Martin Morales (Wilson)
9. 15:27 - Luis Quintano (Arroyo Grande)
10. 15:28 - Craig Lawson (Granada Hills)

Girls Individual Results - Division I

1. 17:42 - Kira Jorgensen (Rancho Buena Vista)
2. 17:50 - Rayna Cervantes (Montebello)
3. 17:55 - Deena Drossin (Agoura)
4. 18:03 - Ashley Black (Palos Verdes)
5. 18:18 - Beth Bartholomew (Fremont)
6. 18:20 - Nicole Robbins (Hesperia)
7. 18:25 - Jamie Park (Santa Barbara)
8. 18:28 - Shelley Taylor (Edison)
9. 18:37 - Chrissy Look (Nova)
10. 18:37 - Tanya Brix (University)

Boys Team Results - Division II

1. Corona del Mar	72
2. Jesuit	80
3. Walnut	99
4. South Pasadena	156
5. Piedmont	185

Girls Team Results - Division II

1. Newport Harbor	75
2. Yucaipa	112
3. Archbishop Mitty	146
4. Los Gatos	153
5. La Jolla	162

Boys Individual Results - Division II

1. 15:15 - Scott Hempel (Walnut)
2. 15:20 - David Welsh (Jesuit)
3. 15:24 - Ed Lavella (Corona del Mar)
4. 15:26 - Gary Stolz (Miraleste)
5. 15:323 - Matt Hempel (Walnut)
6. 15:39 - Steve Fisono (Laguna Hills)
7. 15:40 - Eric Christopherson (Walnut)
8. 15:42 - Tony Castelton (La Puente)
9. 15:46 - Eli Ricca (Arcata)
10. 15:46 - Andy Bupp (Woodside)

Girls Individual Results - Division II

1. 18:01 - Karen Hecox (South Hills)
2. 18:17 - Tina Gorbet (Lassen)
3. 18:45 - Sandra Acosta (Walnut)
4. 18:48 - Becky Kopchik (Northgate)
5. 18:54 - Tanya Thayer (Serrano)
6. 18:58 - Barbi Sittman (Placer)
7. 19:00 - Jennie Dempsey (Analy)
8. 19:02 - Zita Hillinger (Serrano)
9. 19:03 - Stacey Pando (Newport Harbor)
10. 19:07 - Eva Belot (El Dorado)

Boys Team Results - Division III

1. Sherman Indian	58
2. Maranatha	103
3. Stevenson	130
4. Thacher	133
5. McFarland	133

Girls Team Results - Division III

1. Bret Harte	54
2. Maranatha	102
3. McFarland	121
4. San Francisco, Univ.	145
5. St. Joseph	152

Boys Individual Results - Division III

1. 16:00 - Matt Metzger (San Francisco, Univ.)
2. 16:07 - Oscar Perez (Pater Noster)
3. 16:15 - Oscar Montes (Maranatha)
4. 16:28 - Melvin Kenton (Sherman Indian)
5. 16:25 - Bob Bush (Inland Christian)
6. 16:28 - Verde Mevayaktewa (Sherman Indian)
7. 16:29 - Ryan Coady (Village Christian)
8. 16:35 - Jim Goode (Francis Parker)
9. 16:39 - Algene Talas (Sherman Indian)
10. 16:39 - Wes Smith (L.A. Baptist)

Girls Individual Results - Division III

1. 18:50 - Rachel Lewis (Santa Catalina)
2. 18:54 - Karen Talamantes (Western Christian)
3. 19:30 - Jean Harvey (Paraclete)
4. 19:34 - Amy McConnell, (San Francisco, Univ.)
5. 19:47 - Kami Gardner (College Prep)
6. 19:53 - Mary McKiernan (Lutheran, Orange)
7. 19:57 - Amy Davidson (Bret Harte)
8. 20:00 - Tanya Dooley (Bret Harte)
9. 20:01 - Jonette Vollmer (Ft. Bragg)
10. 20:04 - Tamara DeGroot (Central Valley Christ.)

1989 CIF State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Division I

1. Camarillo	39
2. DeLaSalle	97
3. Agoura	107
4. Madera	132
5. San Clemente	153

Boys Team Results - Division I

1. Jesuit	61
2. Norte Vista	155
3. Palo Alto	156
4. St. Anthony	168
5. South Pasadena	168

Boys Team Results - Division III

1. Laguna Beach	65
2. McFarland	127
3. Bret Harte	153
4. La Salle	155
5. Calvin Christian	179

Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	75
3. San Pasqual	119
4. Mt. Carmel	121
5. Arroyo Grande	177

Girls Team Results - Division II

1. La Jolla	88
2. Mills	94
3. Corona del Mar	116
4. Nordhoff	123
5. Morro Bay	149

Girls Team Results - Division III

1. Bret Harte	73
2. Maranatha	81
3. LA Baptist	102
4. Mary Mount	156
5. Paraclete	165

Boys Individual Results - Division I

1. 14:45 - Bryan Dameworth (Agoura)
2. 14:59 - Luis Quintana (Arroyo Grande)
3. 15:11 - Jeremy Seven (DeLaSalle)
4. 15:22 - Abe Valdez (Camarillo)
5. 15:26 - Dan Berkland (Canyon)
6. 15:28 - Dave Hartman (Canyon)
7. 15:30 - Obed Aguirre (San Fernando)
8. 15:30 - Israel Pose (Torrance)
9. 15:38 - Roman Rendon (Banning)
10. 15:38 - Javier Lozano (Helin)

Boys Individual Results - Division II

1. 15:19 - Kevin Berkowitz (Hayward)
2. 15:31 - Mark Gonzales (La Habra)
3. 15:34 - Eric Taylor (Grant)
4. 15:39 - Paul Eley (Mills)
5. 15:43 - Paul Goodrich (Dos Pueblos)
6. 15:47 - Andy Bupp (Woodside)
7. 15:50 - Jason Atwood (Castro Valley)
8. 15:56 - Geoff Januquar (St. Anthony)
9. 15:58 - Jeremy Redding (Central Valley)
10. 16:01 - James Pendergraph (Norte Vista)

Boys Individual Results - Division III

1. 15:52 - Oscar Perez (Pater Noster)
2. 15:52 - David Soto (Christian)
3. 16:04 - Brian Singleton (Bret Harte)
4. 16:08 - Matt Metzger (University)
5. 16:11 - John Castner (Oak Park)
6. 16:12 - Jeff Arnold (York)
7. 16:14 - David Crain (Laguna Beach)
8. 16:14 - Johnny Samaniego (McFarland)
9. 16:19 - Melvin Kenton (Sherman Indian)
10. 16:28 - Algene Talas (Sherman Indian)

Girls Individual Results - Division I

1. 17:27 - Deena Drossin (Agoura)
2. 17:33 - Becky Spies (Livermore)
3. 18:01 - Jeannie Rothman (Westlake)
4. 18:06 - Tanya Brix (University)
5. 18:24 - Beth Bartholomew (Fremont)
6. 18:25 - Suzanna Thrasher (Villa Park)
7. 18:30 - Shelley Taylor (Edison)
8. 18:30 - Maryann Martinez (Foothill)
9. 18:31 - Milena Glusac (Fallbrook)
10. 18:31 - Maria Solorio (Overfelt)

Girls Individual Results - Division II

1. 18:01 - Sarah Riley (Campolindo)
2. 18:15 - Neve Zwagerman (Tamalpais)
3. 18:18 - Karen Hecox (South Hills)
4. 18:33 - Tina Gorbet (Lassen)
5. 18:36 - Alva Dancel (Mills)
6. 18:44 - Milessa Ackerman (Castro Valley)
7. 18:46 - Maribella Aparicio (Fillmore)
8. 18:51 - Dascha Spellman (Nordhoff)
9. 18:56 - Jenny Lacovara (Morro Bay)
10. 18:56 - Sheila Aguilar (Norte Vista)

Girls Individual Results - Division III

1. 18:47 - Laura Hamady (The Urban)
2. 18:58 - Jean Harvey (Paraclete)
3. 19:24 - Frankie Rivera (Maranatha)
4. 19:30 - Amy Davidson (Bret Harte)
5. 19:31 - Viviana Reza (Coronado)
6. 19:47 - Debbie Lewis (Maranatha)
7. 20:01 - Jonette Vollmer (Fort Bragg)
8. 20:02 - Casey Leary (Katharine Branson)
9. 20:03 - Cedar Lindsley (Cate)
10. 20:03 - Nicki Clark (Marin Academy)

1990 CIF State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	58
2. Madera	113
3. Saddleback	123
4. Bellmont	147
5. Channel Island	147

Boys Team Results - Div. II

1. San Pasqual	64
2. Camarillo	86
3. Helix	101
4. Agoura	115
5. Del Campo	128

Boys Team Results - Div. III

1. San Marino	77
2. La Jolla	129
3. St. Ignatius	135
4. Palos Verdes	149
5. Lemoore	154

Boys Team Results - Div. IV

1. Fillmore	90
2. Maranatha	98
3. Bret Harte	103
4. Morro Bay	109
5. St. Anthony	126

Girls Team Results - Div. I

1. Agoura	41
2. Mt. Carmel	68
3. Arroyo Grande	107
4. Irvine	123
5. Palos Verdes	124

Girls Team Results - Div. II

1. San Pasqual	38
2. Woodbridge	83
3. Westlake	107
4. Canyon	132
5. El Capitan	169

Girls Team Results - Div. III

1. La Jolla	31
2. Foothill	102
3. San Marino	108
4. Mills	111
5. St. Francis	126

Girls Team Results - Div. IV

1. Nordhoff	77
2. Morro Bay	79
3. Anderson	90
4. Piedmont	135
5. Orange	161

Boys Indiv. Results - Div. I

1. 14:47 - L. Quintana (Arroyo Grande)
2. 15:04 - D. Hartman (Canyon)
3. 15:37 - D. Niednagel (Dana Hills)
4. 15:40 - R. Arellan (Belmont)
5. 15:41 - S. Gonzales (Carson)
6. 15:44 - B. White (Antioch)
7. 15:45 - R. Rendon (Banning)
8. 15:48 - B. Dixon (Hart)
9. 15:51 - F. Madrigal (Madera)
10. 15:52 - S. Guerrini (Santa Rosa)

Boys Indiv. Results - Div. II

1. 15:25 R. Walker (San Pasqual)
2. 15:29 - T. Beyene (Newark Mem.)
3. 15:34 - T. Tressler (San Marcos)
4. 15:38 - D. Das Neves (Helix)
5. 15:41 - H. Hernandez (Mar Vista)
6. 15:41 - I. Pose (Torrance)
7. 15:42 - M. Love (Katella)
8. 15:48 - J. Zachary (DeLaSalle)
9. 15:49 - R. Wilson (Agoura)
10. 15:51 - M. Dilligan (Pt. Loma)

Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:26 - J. Menon (San Luis Obispo)
3. 15:50 - D. Stoll (College Park)
4. 15:52 - R. Gauss (University, SD)
5. 15:53 - N. Johnson (Santa Cruz)
6. 15:55 - A. Jones (Livermore)
7. 15:56 - C. DeOvando (San Marino)
8. 15:56 - M. Douglas (Moreau)
9. 15:57 - M. McManus (St. Ignatius)
10. 15:58 - J. Saueressig (Yosemite)

Boys Indiv. Results - Div. IV

1. 15:41 - B. Singleton (Bret Harte)
2. 15:43 - J. Barajas (Fillmore)
3. 15:46 - R. Boulet (Drake)
4. 15:49 - A. Faubert (St. Anthony)
5. 15:50 - K. Rhoades (Colfax)
6. 15:50 - J.J. Catner (Oak Park)
7. 15:53 - J. Janquart (St. Anthony)
8. 15:54 - A. Fisher (Maranatha)
9. 15:59 - P. Morales (Washington)
10. 16:00 J. Brown (Bret Hart)

Girls Indiv. Results - Div. I

1. 17:29 - D. Drossin (Agoura)
2. 17:44 - V. Barajas (Channel Islands)
3. 18:08 - E. Sumi (Wilson, LB)
4. 18:14 - T. York (Agoura)
5. 18:31 - A. Orefice (Arroyo Grande)
6. 18:34 - K. Roda (Irvine)
7. 18:44 - M. Smith (Diamond Bar)
8. 18:47 - E. Greene (Turlock)
9. 18:47 - B. Barr (Arroyo Grande)
10. 18:48 - S. Scott (Mt. Carmel)

Girls Indiv. Results - Div. II

1. 17:28 - J. Rothman (Westlake)
2. 17:46 - S. Taylor (Edison)
3. 17:54 - M. Glusac (Fallbrook)
4. 18:07 - K. Nekota (Woodbridge)
5. 18:20 - K. Look (Shasta)
6. 18:38 - M. Pinto (Katella)
7. 18:43 - J. Graham (Westlake)
8. 18:43 - D. Hadley (San Pasqual)
9. 18:45 - M. Keim (San Pasqual)
10. 18:57 - L. Monson (Claremont)

Girls Indiv. Results - Div. III

1. 18:01 - C. Garrison (Rim of World)
2. 18:21 - B. Spies (Livermore)
3. 18:30 - K. Sweeney (Leigh)
4. 18:42 - M. Ferguson (La Jolla)
5. 18:48 - S. Riley (Campolindo)
6. 18:58 - A. Dalke (Bishop O'Dowd)
7. 18:58 - J. Schoene (La Jolla)
8. 18:59 - B. Kaiser (Seaside)
9. 19:01 - M. Hsu (San Marino)
10. 19:16 - A. Baldelli (St. Ignatius)

Girls Indiv. Results - Div. IV

1. 18:05 - J. Lacovara (Morro Bay)
2. 18:11 - M. Aparicio (Fillmore)
3. 18:15 - N. Zwagerman (Tamalpais)
4. 18:43 - A. Diulio (Anderson)
5. 18:44 - N. Shaw (Fillmore)
6. 18:49 - M. Martinez (Wood)
7. 18:53 - A. Webb (Bear River)
8. 19:00 - D. Spellman (Nordhoff)
9. 19:00 - J. Kendig (La Reina)
10. 19:01 - A. Parkinson (Orange Luth.)

1991 CIF State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	43
2. Peninsula	88
3. Madera	90
4. San Gabriel	123
5. Buena	141

Boys Team Results - Div. II

1. De La Salle	75
2. San Pasqual	83
3. Del Campo	95
4. Helix	125
5. El Camino	148

Boys Team Results - Div. III

1. Laguna Hills	91
2. San Marino	97
3. Corona Del Mar	113
4. St. Ignatius	135
5. Newbury Park	139

Boys Team Results - Div. IV

1. Nordhoff	78
2. Bell-Jeff	101
3. Yreka	129
4. Morro Bay	135
5. Oak Park	139

Girls Team Results - Div. I

1. Agoura	41
2. Peninsula	67
3. Mt. Carmel	114
4. Irvine	126
5. Arroyo Grande	135

Girls Team Results - Div. II

1. Edison	52
2. San Pasqual	55
3. El Capitan	136
4. Woodridge	151
5. Claremont	154

Girls Team Results - Div. III

1. Newport Harbor	96
2. Laguna Hills	109
3. San Marino	110
4. Aptos	137
5. Bishop O'Dowd	143

Girls Team Results - Div. IV

1. Nordhoff	72
2. Fillmore	79
3. Orange Lutheran	129
4. Yreka	141
5. Arcata	162

Boys Indiv. Results - Div. I

1. 15:06 - A. Martinez (San Gabriel)
2. 15:14 - M. Casillas (Hoover)
3. 15:20 - C. Gallegos (Centennial)
4. 15:24 - K. Grossman (Hart)
5. 15:25 - F. Mendoza (Channel Islands)
6. 15:39 - P. Duarte (Madera)
7. 15:39 - S. Ellington (Milpitas)
8. 15:40 - T.J. Reyes (Lakewood)
9. 15:41 - G. Lindsay (Peninsula)
10. 15:42 - J. Cera (Upland)

Boys Indiv. Results - Div. II

1. 15:08 - D. Das Neves (Helix)
2. 15:16 - R. Wilson (Agoura)
3. 15:33 - B. Keim (San Pasqual)
4. 15:41 - M. Love (Katella)
5. 15:43 - J. Kayne (Grossmont)
6. 15:44 - N. Romero (San Pasqual)
7. 15:46 - G. Rivera (Delano)
8. 15:51 - Geoff Pfau (Helix)
9. 15:53 - R. Brewer (N. Bakersfield)
10. 15:53 - C. Curtis (Elsinor)

Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:33 - M. Harner (Covina)
3. 15:36 - D. Rojas (Moorpark)
4. 15:37 - J. Balkman (Lynbrook)
5. 15:46 - C. Lynch (Laguna Hills)
6. 15:49 - M. McManus (St. Ignatius)
7. 15:54 - F. Sanchez (St. Francis)
8. 15:56 - J. Montes de Oca (Azusa)
9. 15:56 - F. Alcaraz (La Jolla)
10. 15:56 - B. Leek (La Jolla)

Boys Indiv. Results - Div. IV

1. 15:35 - M. Katri (Fortuna)
2. 15:43 - J. Arnold (York)
3. 15:54 - K. Rhoades (Colfax)
4. 15:59 - A. Fisher (Maranatha)
5. 16:03 - J.J. Castner (Oak Park)
6. 16:05 - W. Allan (Carmel)
7. 16:05 - T. Flynn (Bell-Jeff)
8. 16:05 - J. Ramirez (Nordhoff)
9. 16:09 - J. Brown (Bret Harte)
10. 16:12 - S. Brown (Piedmont)

Girls Indiv. Results - Div. I

1. 17:13 - M. Glusac (Fallbrook)
2. 18:01 - K. Nekota (Agoura)
3. 18:09 - C. Blackmer (Upland)
4. 18:13 - A. Orefice (Arroyo Grande)
5. 18:17 - A. Skieresz (Agoura)
6. 18:31 - M. Muneno (Peninsula)
7. 18:34 - N. Horn (Santa Rosa)
8. 18:35 - L. Hayward (Agoura)
9. 18:38 - V. Barajas (Chanel Islands)
10. 18:44 - W. Murphy (Granite Hills)

Girls Indiv. Results - Div. II

1. 17:28 - S. Taylor (Edison)
2. 18:06 - C. Garrison (Sunny Hills)
3. 18:32 - M. Martinez (Wood)
4. 18:33 - M. Keim (San Pasqual)
5. 18:34 - M. Lopez (Compton)
6. 18:42 - T. Brix (University)
7. 18:43 - E. Chiarriello (San Marcos)
8. 18:43 - C. Franco (Delano)
9. 18:50 - M. Middlecoff (Los Gatos)
10. 18:53 - L. Miller (North)

Girls Indiv. Results - Div. III

1. 18:45 - D. Mills (Newport Harbor)
2. 18:51 - K. Eklof (Costa Mesa)
3. 18:52 - S. Dien (La Canada)
4. 18:53 - B. Kaiser (Seaside)
5. 19:01 - M. Hsu (San Marino)
6. 19:01 - C. Pengra (La Canada)
7. 19:04 - M. Crane (Newport Harbor)
8. 19:05 - A. Baldelli (St. Ignatius)
9. 19:07 - A. Dalke (Bishop O'Dowd)
10. 19:09 - S. Pope (Del Oro)

Girls Indiv. Results - Div. IV

1. 17:47 - M. Aparicio (Fillmore)
2. 18:41 - N. Shaw (Fillmore)
3. 19:10 - B. Boisvert (Orange Luth.)
4. 19:13 - A. Parkinson (Orange Luth.)
5. 19:28 - C. Castellanos (LA Baptist)
6. 19:28 - D. Strohman (Morro Bay)
7. 19:31 - V. Fleschner (Fortuna)
8. 19:36 - F. Foundy (Morro Bay)
9. 19:39 - S. nohr (Miramonte)
10. 19:41 - A. Jones (Nordhoff)

1992 CIF State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	53
2. Thousand Oaks	80
3. Madera	117
4. De La Salle	155
5. Peninsula	167

Boys Team Results - Div. II

1. Mission Bay	93
2. Agoura	100
3. Katella	109
4. Canyon	119
5. Jesuit	131

Boys Team Results - Div. III

1. Newport Harbor	89
2. San Marino	94
3. Ayala	121
4. La Puente	122
5. Livermore	141

Boys Team Results - Div. IV

1. McFarland	63
2. Nordhoff	79
3. Morro Bay	132
4. Fillmore	141
5. Yreka	146

Girls Team Results - Div. I

1. Agoura	75
2. Irvine	109
3. Mt. Carmel	113
4. Peninsula	117
5. Wilson Long Beach	137

Girls Team Results - Div. II

1. Ocean View	52
2. San Pasqual	100
3. Edison	111
4. Los Gatos	141
5. El Capitan	182

Girls Team Results - Div. III

1. Corona del Mar	66
2. Laguna Hills	84
3. Bishop O'Dowd	105
4. Aptos	117
5. Newport Harbor	156

Girls Team Results - Div. IV

1. Lassen	71
2. Nordhoff	73
3. Laguna Beach	161
4. Arcata	192
5. Bear River	198

Boys Indiv. Results - Div. I

1. 15:03 - M. Casillas (Hoover, Glendale)
2. 15:12 - J. Cera (Upland)
3. 15:22 - M. Keflezhig (San Diego)
4. 15:30 - E. Dunn (Arroyo Grande)
5. 15:36 - S. Cervilli (Santa Teresa)
6. 15:37 - B. Strahan (Hart)
7. 15:41 - J. Fischer (Thousand Oaks)
8. 15:43 - J. Pinal (W.C. Overfelt)
9. 15:44 - B. Wilkinson (Merced)
10. 15:44 - J. Perea (Huntington Park)

Boys Indiv. Results - Div. II

1. 15:13 - R. Wilson (Agoura)
2. 15:20 - R. Brewer (North Bakersfield)
3. 15:31 - N. Romero (San Pasqual)
4. 15:35 - G. Rivera (Delano)
5. 15:39 - M. Creason (Eureka)
6. 15:40 - M. Moreno (Katella)
7. 15:40 - M. Love (Katella)
8. 15:43 - D. Elezondo (Mission Bay)
9. 15:46 - C. Mansfield (Canyon)
10. 15:50 - M. Farley (Jesuit)

Boys Indiv. Results - Div. III

1. 15:38 - J. Balkman (Lynbrook)
2. 15:50 - J. Saueressig (Yosemite)
3. 15:53 - C. Stanley (Lemoore)
4. 15:55 - B. Mahon (La Habra)
5. 15:57 - R. Gibbs (Rubidoux)
6. 15:59 - R. Ciano (San Luis Obispo)
7. 16:00 - R. Esponda (Casa Grande)
8. 16:00 - M. Houser (St. Augustine)
9. 16:00 - M. Ferrara (South Torrance)
10. 16:03 - R. Bartell (West Hills)

Boys Indiv. Results - Div. IV

1. 15:48 - S. Brown (Piedmont)
2. 15:53 - J. Ramirez (Nordhoff)
3. 15:55 - A. Gillen (Yreka)
4. 15:56 - M. Robles (Nordhoff)
5. 15:58 - J. Oroscio (Taft)
6. 15:59 - J. Sanchez (McFarland)
7. 16:06 - D. Mitchell (Morro Bay)
8. 16:10 - J. Cox (Christian High, SD)
9. 16:11 - J. Diaz (Bell-Jeff)
10. 16:13 - J. Taverner (Morro Bay)

Girls Indiv. Results - Div. I

1. 17:14 - M. Glusac (Fallbrook)
2. 17:42 - A. Skieresz (Agoura)
3. 18:34 - M. Mehberg (Peninsula)
4. 18:35 - K. Roda (Irvine)
5. 18:36 - K. Nekota (Agoura)
6. 18:41 - E. Sumi (Wilson Long Beach)
7. 18:46 - G. Dumell (Merced)
8. 18:51 - C. Lewis (Wilson Long Beach)
9. 18:53 - C. Caulkins (Esperanza)
10. 18:57 - S. Donovan (Madera)

Girls Indiv. Results - Div. II

1. 18:26 - M. Cox (Escondido)
2. 18:40 - K. Nelson (Canyon)
3. 18:48 - C. Engessor (Ocean View)
4. 18:53 - C. Franco (Delano)
5. 18:56 - M. Middlecoff (Los Gatos)
6. 18:58 - E. Homberger (Edison)
7. 19:02 - M. Muehling (Amador Valley)
8. 19:03 - M. Keim (San Pasqual)
9. 19:05 - T. Lawson (Ocean View)
10. 19:07 - E. Riedy (Mission San Jose)

Girls Indiv. Results - Div. III

1. 18:02 - M. Marzell (Bishop O'Dowd)
2. 18:12 - D. Torrens (St. Francis Mt. View)
3. 18:32 - M. Medina (Laguna Hills)
4. 18:41 - L. Leigh-Wood (Aptos)
5. 18:49 - T. Clark (Corona del Mar)
6. 18:54 - C. Pengra (La Canada)
7. 18:54 - C. Dahlbert (El Modena)
8. 18:56 - J. Wong (Harvard Westlake)
9. 19:02 - M. O'Connor (Our Lady of Peace)
10. 19:02 - S. Valdez (El Dorado)

Girls Indiv. Results - Div. IV

1. 18:12 - K. Bockel (Nordhoff)
2. 18:24 - A. Webb (Bear River)
3. 18:48 - M. Aparicio (Fillmore)
4. 18:49 - L. Hamady (Urban)
5. 19:04 - V. Fleschner (Fortuna)
6. 19:19 - M. Berlin (Nordhoff)
7. 19:24 - M. Hurwitz (Bishop's)
8. 19:32 - A. Allen (Lick Wilmerdin)
9. 19:32 - E. O'Brien (Campolindo)
10. 19:32 - A. Parkinson (Orange Lutheran)

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- ★ Yearbooks
- ★ Graduation Announcements
- ★ Collegiate Caps and Gowns
- ★ Medals and Awards
- ★ Diplomas and Certificates
- ★ Motivation and Recognition Programs

