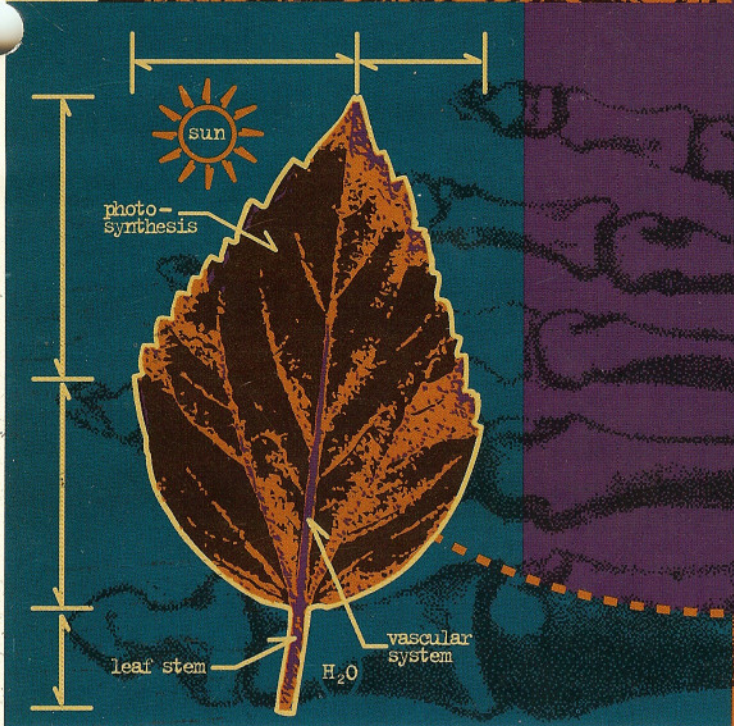


California  
Interscholastic  
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**TOYOTA**



**CROSS COUNTRY  
1994**

**STATE CHAMPIONSHIPS**

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### SPECIAL RECOGNITION

The CIF extends a special thanks to all the athletes and coaches involved in the CIF/TOYOTA State Cross Country Championships. Many of the photos in this program were provided by coaches, as well as the media. Printed at Triple A Graphics.



**TOP RANKED** - Clayton Valley High of Concord comes into the championships as the favorite in Division III and as the top ranked team on the final CIF State Cross Country Rankings.

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# THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



**MARIE M. ISHIDA**  
CIF President

As President of the California Interscholastic Federation, it is my honor to welcome you to this championship event. I offer my congratulations to all of you, the athletes who have achieved such a high degree of athletic excellence, culminating in this day that you will never forget

We, in the CIF community, are well aware that your achievement is the result of your hard work and dedication. Your success is also the result of supportive coaches, parents, teachers, school administrators, and board members, who have inspired and helped you toward your goal — the STATE CHAMPIONSHIPS!

CIF's proud heritage began in 1914. We now provide equitable athletic opportunities for over 1.2 million students attending 1,000 plus public and private schools. In light of these figures, we would hope — whether you win or lose — that the memories of participating in this championship event will be kept in this context: *that you have participated in an event that few ever accomplish.*

Our sincere gratitude is extended to all of the volunteers who gave of their time, energy, and talent to ensure that this event be successful and a positive experience for all who participate and attend.

Marie M. Ishida  
Principal, Carmel H.S.

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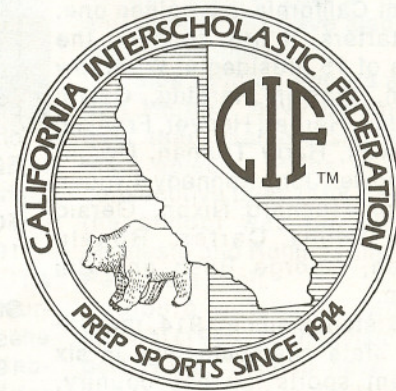
**Margaret Davis**  
*State CIF Associate Commissioner*

# **WELCOME FROM THE STATE OFFICE OF THE CALIFORNIA INTERSCHOLASTIC FEDERATION**

The CIF has a proud heritage in providing equitable athletic competition for more than 1100 high schools in California. Since its beginnings in 1914, the CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student-athletes each year who participate in the interscholastic athletic activities of California's secondary schools.

As a problem solving organization, the CIF retains its original responsibility as a rules enforcing agency, but has expanded its duties to include much more. As the needs of students, coaches and the entire community change, the CIF will continue to meet these changing demands. In its commitment to educating youngsters for a better tomorrow, the CIF will work in partnership with the entire community to assure equity and provide the services, opportunities, and leadership necessary to establish and maintain quality high school athletic programs.

The values of athletics cannot be understated. Sportsmanship, fair play, achieving one's full potential, time management and working together as a team to reach a common goal are just some of the lessons learned on the



## **TODAY'S ATHLETES, TOMORROW'S LEADERS**

athletic facilities of California's high school. In addition, a myriad of studies show that athletes get higher grades than non-athletes, are more likely to graduate from high school, and are less likely to smoke and become involved in substance abuse than students not involved in athletics.

It's no wonder that California athletes have achieved at all levels. Many of their names are sports legends such as Janet Evans, Rick Monday, Cheryl Miller, Pat Haden, Flo Hyman, Lynn Swann, Lisa Leslie, Jason Kidd, Randy Johnson and numerous others. Athletes from the "Golden State" have also been Rhodes Scholars, Olympians, and chief executive officers of major California and national corporations.

We are proud of the more than four million alumni from California High Schools. We thank you for your attendance and urge you to continue your support of scholar-athletes by attending high school sporting events in your community.

**CIF =  
COMPETITION  
INTEGRITY  
FAIRNESS**



# NEWEST EDITION TO CHAMPIONSHIPS ENTERS EIGHTH YEAR

## *CROSS COUNTRY ESTABLISHED IN 1987*

Suffice to say, the CIF/TOYOTA State Championship history in the state of California is a golden one. For starters, it has spanned the tenure of 15 presidents; Woodrow Wilson, Warren Harding, Calvin Coolidge, Herbert Hoover, Franklin Roosevelt, Harry Truman, Dwight Eisenhower, John Kennedy, Lyndon Johnson, Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, George Bush and Bill Clinton.

In existence since 1914, the CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field and golf.

Track and field, the longest running state championship, was held for the first time at Fresno High in 1915 and reached its 75th anniversary during the 1993 season. Except for the war years from 1941-45, the track and field championships have been held annually.

Early championships were conducted at high schools, YMCA's, universities and fair sites including: the Sacramento Fair in 1918, the San Bernardino Fair of 1919, the Bakersfield Fair in 1920 and the Stockton Fair in 1922.

1974 featured the first year of girls' competition in the CIF/TOYOTA State Track and Field Championships with the setting at Memorial Stadium, Bakersfield.

Accomplished athletes in various sports dot the list of California High School competitors in the track and field state championships.

Names like Dwight Stones, an Olympic medalist in the high jump, Rafer Johnson, a Gold Medalist in the decathlon, Marion Jones a national record holder in the 100

meters, 200 meters and a winner of nine individual state titles and Sherri Howard, an Olympian in the 4 X 400 highlight the list.

Track and field stars from California High schools have gone on to succeed in other sports as well. Lynn Swann from Serra High in San Mateo, James Lofton of Washington, Los Angeles and Dokie Williams of El Camino, Oceanside each made a name for themselves in professional football, and were state champions in the long jump. Henry Ellard, of Hoover Fresno and now with the Washington Redskins won the CIF/TOYOTA State title in the triple jump in 1979.

After track and field, the CIF/TOYOTA State Basketball Championships were established in 1916 and were held until 1928. The first state basketball championship was played between Whittier High and Berkeley High at Whittier High School on March 25, 1916. The final result: Whittier 31-20. In 1989, Glendora High standout Tracy Murray set a record for most points scored with a phenomenal 64 - more than Berkeley and Whittier combined in the first title tilt. Women's basketball joined the state championships in 1981 when the championships were renewed for both boys and girls.

In its short history, the girls' CIF/TOYOTA State Basketball Championships have experienced tremendous success with names like national record-holder Cheryl Miller, Lisa Leslie, Tanda Rucker, Olympia Scott, Timicha Kirby and Kate Paye playing starring roles. Point Loma's four state championships (1984 Division II; 1985-87 Division I) have also highlighted girl's competition.

The Ladycats of Brea Olinda, with a record six straight appearances, have garnered five titles including the 1994 Division III crown in which they were recognized as national champs by *USA Today*. Menlo School of Atherton, won three straight titles in Division V (1989-91).

On the boys' side, Stockton High dominated early play winning four championships in the 1920's (1922-23, 1925, 1928).

Crenshaw High equalled that dominance in the modern championship, winning four titles in the 1980's (1983, 1985-86, 1989) before adding back-to-back titles in 1992-93. In all, the Cougars have won an unprecedented six state championships.

Besides Murray, great names like Michael Manning, Jason Kidd, Shon Tarver, Ed O'Bannon, Darnell Robinson and Stais Boseman have participated in the state finals.

The CIF/TOYOTA Basketball Championships have come a long way since its beginning at Whittier High in 1916. The 1990 championships marked the first time that all five boys' and girls' Divisions (I, II, III, IV and V) were housed under the same roof - the Oakland Coliseum. Attendance for the two-day championships have eclipsed the 20,000 mark in three of the last four seasons with a record 22,613 at the Arco Arena for the 1992 title games.

The CIF/TOYOTA State Wrestling Championships were established in 1973 and conducted at Cal State Hayward. The University of Pacific's Spanos Center has been the host site since 1987. Clovis High dominated during the first years of the championships, winning three consecutive CIF/TOYOTA State Wrestling Championships from 1974-76 and then equalled that with a recent three straight 1990-92. Clovis West has won three titles (1983-84, 1989) in the 1980's.

Calvary Chapel of Santa Ana has established itself as the team of the 1990's, so far, with three straight titles (1992-94).

Individually, standouts like Jimmy Aguirre, Tony Okada, Zach Cooper and Trent Barnes have competed in championships.

With the largest participation of any girls' sport, volleyball has in-

creased its following by leaps and bounds since the first CIF/TOYOTA State Volleyball Championships in 1978. Highland High, Bakersfield won the first championship, held at Highland High.

In 1981, a Division II classification was added to the championships and a year later a Division III

1990. Rim of the World has three titles in Division II, along with La Habra (1989-91). Francis Parker, San Diego has won three titles in Division III.

Individual standouts include 1992 tournament MVP Rachel Wacholder, 1991 tournament sensation and MVP Jaimie Torromeo of St. Joseph Lake-wood, 1990 MVP Tracy Schriber of Co-



classification was included.

The CIF/TOYOTA State Volleyball Championships expanded to a five division format in 1991 and the result was more spectacular action under one roof.

The growth of the sport is also evident in terms of revenue. Volleyball has been a self-supporting championship the last three seasons.

Corona del Mar is the only school with four titles, winning its fourth this fall against rival Newport Harbor.

Four teams have won three titles in their respective divisions, starting with Mira Costa, which went unbeaten en route to Division I championships in both 1985 and

rona del Mar, 1989 MVP Piper Hahn of Mira Costa, Bev Oden, Katy Eldrige, Zrinka Kristich, Kristal Atwood and Jenny Evans, among others.

Traditionally, the last CIF/TOYOTA Regional Championship completed during the course of the school year, the State Golf Championships were established in 1976 for boys and 1977 for girls and ran until 1981. Since then, regional championships have been conducted. Torrey Pines has dominated in the Southern Regionals with four regional championships, while Vintage of Napa has taken three Northern Regional titles. Sharon Barrett, Kim Saiki, Jean Zedlitz and Kim Cathrein have excelled on the girls side, while stars on the boys field include Craig Sadler, Joe Rasset, and David Games.

The CIF/TOYOTA Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno.

Bryan Dameworth and Deena Drossin, both of Agoura High, have won three and two individual state titles respectively.

Jeff Wilson of Newbury Park (1990-91) and Kira Jorgensen of Rancho Buena Vista won two consecutive individual state championships (1987-88). Milena Glusac of Fallbrook broke the Girls Division I record in 1991 with a time of 17:13, then proceeded to add her second title in 1992 (17:14).

Scott Hempel of Walnut and Carrie Garritson of Rim of the World and Buena Park have also won two individual titles.

Palos Verdes, Agoura and Newport Harbor have dominated the girls' team championship with three titles apiece. Palos Verdes won consecutive titles (1987-89) before the school was combined with Miraleste and Rolling Hills High into Peninsula High.

Agoura girls have won three straight (1990-92) in Division I. Newport Harbor's titles have come in 1987 and 1988 in Division II and 1991 in Division III.

The most dominant boys' teams have been Hart and McFarland High's. Hart won three consecutive titles (1990-92) in Division I. McFarland won the first-ever Division III crown in 1987 and then took the Division IV title in both 1992 and 1993.

A fourth division was added to cross country in 1990.

## 1994-95 CIF/TOYOTA State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 26, 1994	Woodward Park, Fresno
Girls' Volleyball	December 3, 1994	Cal State Fullerton
Wrestling	March 3-4, 1995	Spanos Center, Stockton
Basketball	March 17-18, 1995	Oakland Coliseum, Oakland
Track and Field	June 2-3, 1994	Cerritos College, Norwalk
Golf South Regionals	June 7, 1995	Bernardo Heights CC, San Diego
Golf North Regionals	May 22, 1995	Santa Rosa Golf & CC, Santa Rosa

# Eighth CIF/TOYOTA State Cross Country Championships Will Feature Usual Superb Quality

By Doug Speck  
California Track News

The eighth CIF/TOYOTA State Cross Country Championships will bring to Fresno's Woodward Park once again on Thanksgiving weekend the top runners from the nation's strongest distance running state.

It has been a great fall harrier season leading up to this championship weekend, with athletes and teams along the way amazing with their quality of performance. Julia Stamps (Santa Rosa-NC Div. I) and Eleazar Hernandez (Camarillo-SS Div. I) have been mentioned as among the top individuals nationally this Fall, with the pistol hot Thousand Oaks boys squad (Div. I) hoping to defend its title here and take the coveted "mythical" national championship at the end of the season.

Competition this morning will begin with the boys Division IV action. The state is blessed with perhaps its two strongest teams ever at this level, with both programs no strangers to championship pressure. McFarland (C), defending champion (three titles since 1987), and currently #1 ranked statewide, leads with 1993 individual titlist Galvan Gonzalez. Morro Bay, the 1993 runner-up, leads with returning third placer, Dave Mitchell, with the development of frosh Isaiah Festa (16:25 at Mt. SAC in section action) a big plus for Coach Cary Nerelli's Pirate group. McFarland was 82:53 at the big late October Mt. SAC Invitational, with Morro Bay 82:19 there in section action.

An interesting group will add to the back-up action for the third team plaque here. Yreka (N) has talented junior, Aaron Gillen, leading a highly-ranked group. Half Moon Bay (CC) has section tittlest Justin Stern leading a fine group, with Trevor Clarke leading a strong Coronado (SD) team. Flintridge Prep (La Canada-SS) and Salesian (SS) will be other powers out of the south. Improved Piedmont (NC) surprised with a win in its section, with Campolindo (Moraga-NC), led by Ryan Gallagher, a squad that peaked nicely in section action a week ago. Steve Miller (Maranatha, Sierra Madre-SS),

Brandon Pacheco (Brethren Christian, Cypress-SS), Miguel Ramirez (Holtville-SD), Kenny Rhoan (Sierra, Tollhouse-C), David Brackett (Calaveras-SJ), Cody Clark Thompson (Arcata-NC), and Jason Hardy (California School for the Deaf, Fremont-NC) are other strong individuals.

The boys Division I contest features the nation's hottest team, with Thousand Oaks (SS), which set a team time record of 77:59 here last year, some forty seconds better this year than last in section action (Mt. SAC time of 77:09 last week). Keith O'Doherty, Jeff Fischer, and Kevin Marsden lead Coach Jack Farrell's team. Peninsula (SS), ranked 21st nationally, Camarillo (SS), led by one of the nation's hottest harriers, Eleazar Hernandez, and Hart (SS), with Brett Strahan on top, emerged tough from the Southern Section. Bellarmine Prep (CC) has Arnold Song and Thomas Becker leading a group that will challenge for a top three plaque. Chula Vista (SD) and Vista (SD) have been very strong out of the San Diego area, with Larry Henderson (Mira Mesa, SD) nipping Trevor Sybert (Vista-SD) in section finals action. Traditional power, Madera (C), has steadily improved during the Fall season. Adalberto Sanchez (Capistrano Valley, Mission Viejo-SS) was 2nd to Eleazar Hernandez in section action, with both under 15:00 at Mt. SAC. Jason Balkman (Lynbrook, San Jose-CC), Jeff McLarty (Ayala, Chino-SS), and soph David Lopez (Hoover, Glendale-SS) are other strong individuals.

Girls Division IV action features its usual geographically diverse quality crew. Central Valley (N), top-ranked from mid-season on, was tied by West Valley (Cottonwood-N), in section finals action. Central Valley leads with Christina Peacock and West Valley with Jenny



**THREE STRAIGHT?** McFarland High will be looking for its third straight CIF/TOYOTA Division IV boys title and fourth overall. Pictured from left to right (1st row): Amador Agon, Gabe Diaz, Galvin Gonzalez and Johnny Samaniego (2nd row): Rudy Cavazos, Joel Lopez, Jose Galvan, Gerardo Soto, coach Jim White, Rudy Ballardo.

Spoon. Gina Blanchard (Yreka-N) won the Northern champion, with her #6 ranked statewide team staying home with only two teams advancing to state from that section. Miramonte (Orinda-NC) put together a strong section finals run behind defending CIF/TOYOTA State champ Kristen Schreiber, with Branson Academy (Oakland-NC), led by Kim Reynolds, also a strong North Coast squad. Teresa Newman (Marin Catholic, Kentfield-NC) will contend individually from that area. Morro Bay (SS) snuck up on everyone and almost won it all in 1993 with a third place effort, with the Pirates the top 1994 Southern Section qualifier. 1993 11th placer Siobhan Elster returns with Brittany App to lead Morro Bay. Orange Lutheran (SS), Laguna Beach (SS), and Flintridge Sacred-Heart (La Canada-SS), led by Melissa McPherson, are strong from the south. Bishop's (La Jolla-SD) scored 19 points in the Section Finals meet behind winner Marissa Hurwitz. Shaluinn Fullove (Louisville, Woodland Hills-SS), and 1993 seventh placer Tracy Maxwell (Maranatha, Sierra Madre-SS) raced strongly in section action.

The girls Division I race will feature the nation's top prep harriers. Soph Julia Stamps (Santa Rosa-NC) has a bevy of



course record performances along the way this Fall, with a monumental 17-second lowering of the Mt. SAC Invitational record in a magnificent 16:58 run on a course that correlates closely to times run here. The US junior National 3000 meter champ in track will add new chapters to her prep running history at the interscholastic cross country level here, with her frosh 1993 harrier campaign cut short with an appendectomy.

Girls Division I team action will have #14 ranked nationally, Thousand Oaks (SS), which will attempt to take home both the boys and girls championships plaques at this level. Kim Mortensen, ninth last year here, is strong, with a talented back-up crew in a good section finals run. Thousand Oaks is the favorite to pull off the first "double-win" at the large school level where one team wins both the boys and girls state title the same year. Peninsula (Rolling Hills-SS) had 1993 state meet fourth placer, Molly Mehlberg, injured most of the Fall, with the senior racing strongly in section action to lead the squad here. Irvine (SS), led by 1993 third placer, Jessica Corbin, and El Toro (SS), are others out of the very strong Southern Section. Courtney Pugmire (Esperanza, Anaheim-SS) won the individual contest there. Vista (SD) was second at the early October Stanford Invitational at this level. The Central Section has had very talented teams from Clovis West (Fresno-C), led by Emili Lawson, and Madera (C), with Rosalinda Castaneda and Stefanie McCarty, perform at the level to challenge for a team plaque here. Cardonole (Concord-NC), with Kristen Gordon leading, was strong in section action. Jen Schindler (Ponderosa, Shingle Springs-SJ) was an impressive Sac-Joaquin champ. Elly Estrada (Santa Ana Valley-SS), 7th in 1993 here, April Lyons (Hesperia-SS) a sub 5:00 miler last year as an eighth grader, 1993 Div. II 14th placer, Nancy Dollar (San Clemente-SS), Danielle Day (Quartz Hill-SS), and Deborah Bleisch (Silver Creek, San Jose-CC) are other individuals.

The boys Division II contest has season-long top-ranked Jesuit (Carmichael-SJ) attempting to defend its championship. Fine junior Mike Stember, a 4:08.52 1600 meter runner in track as a soph, leading a solid group. Scripps Ranch (San Diego-SD) used a light pack to take improving San Pasqual (Escondido-SD), led by section runner-up, Manual Romero, in section action. Ayub Abdusalam (Hoover, San Diego-SD) won the competitive section individually. Arvin (C), with Luis Herrera and Jorge Castro, will challenge for one of the three team plaques, with Rey Sanchez (Delano-C) an individual area challenger. Palmdale (SS), led by 1993

Div. I eighth placer, Antonio Arce, edged Mater Dei (Santa Ana-SS) in section action, with John Greene (Agoura-SS) racing strongly there. De La Salle (Concord-NC) had Tom Prindiville leading its North Coast Section/TOYOTA championship squad. Another team with success this fall has been Leland (San Jose-CC). Palisades (Pacific Palisades-LA) is led by 1993 Div. I ninth placer Peter Gilmore. James Liu (Temple City-SS), Ricardo Villalobos (Ramona, Riverside-SS), and Greg Phfister (Davis-SJ) were also quick in Section Finals runs.

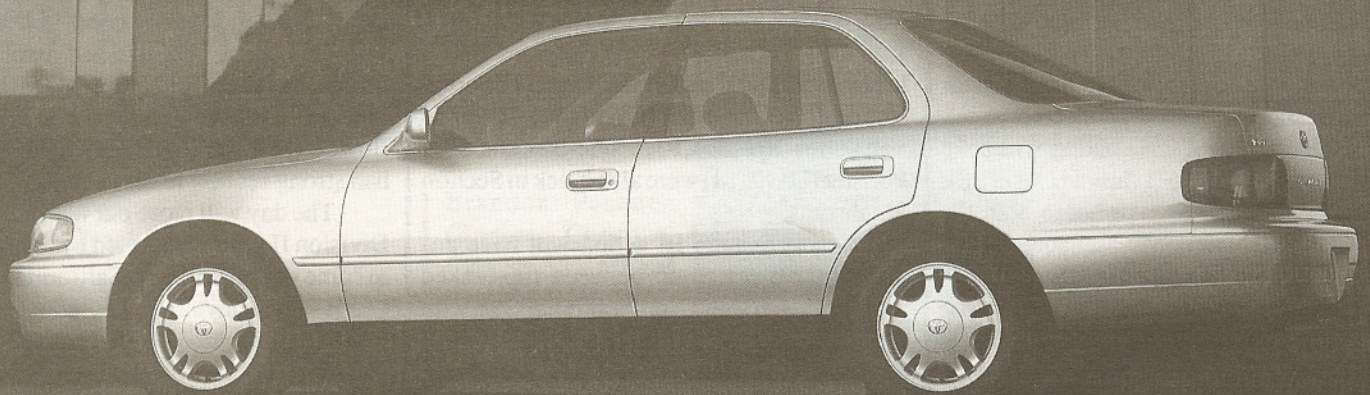
Boys Division III action will have another titanic match-up between top-ranked Livermore (NC) and Nordhoff (Ojai-SS), with Lassen (Susanville-N) very dominant where it has gone this Fall. Nordhoff won over Livermore at Stanford, with Livermore traveling to Mt. SAC and returning the favor. The rubber match here will be a special one. Both teams were solid in section action, with Nordhoff recording an impressive 79:44 team time at Mt. SAC in southern action. Nordhoff leads with Javier Ramirez and Will Bernaldo, with Livermore top individuals in Micheil Jones and Steve Immel. Lassen has super soph Aaron Harris leading, with 33 points in the section meet when all divisions raced together. El Modena (Orange-SS), La Habra (SS) and Corona del Mar (Newport Harbor-SS), led by Brian Slingsby, were the next teams out of the strong Southern Section. Clayton Valley (Concord-NC), led by Mike Wejciechowski, Sonora (SJ), with section titlest Darren Holman, St. Francis (Mountain View-CC), and Ramona (SD), led by section champ Shilo Glass, are other strong teams. Foothill (Redding-N) star Gabe Szody has hammered some good people up north and will surprise. Alex Teakel (Bishop O'Dowd, Oakland-NC), Kevin Koper (St. Francis, La Canada-SS), and Richard Chisholm (San Marino-SS) will be others in that lead pack.

Girls Division II action may be the most competitive team contest of the meet. Torrey Pines (Del Mar-SD) has been top-ranked most of the season, with good section finals run off the 1-2 placings of Devon Straitiff and Sandy Rabie. Southern Section action had defending state champs, Edison (Huntington Beach-SS), Bishop Amat (La Puente-SS), and Yucaipa (SS), led by talented Mindy Brown, all within two points. Defending state Division I champ, Amy Skieresz (Agoura-SS) will lead her squad in 1994 at this level, with Amy peaking strongly once again. Buchanan (Clovis-C), newest of the Clovis district high school, scored 19 points in the section finals, with Tiffany Heilbut and Corrine Atkins leading the charge that buried a solid Reedley (C) team, led by Annabel Ortiz. Tracy Cohn (Stockdale, Bakersfield-C)

was the section champ. Del Oro (Loomis-SJ) was another who overpowered a section, scoring 21 points in the Sac-Joaquin finals, led by Sara Pope and Lisa Starkey. Mission San Jose (Fremont-NC) leads with super twins, sub 5:00 milers, Lori and Elissa Riedy. Emily Allison leads a good Leland (San Jose-CC) squad that has had a solid Fall. Molly Lawrence (Righetti, Santa Maria-SS), Melissa Aronson (Hemet-SS), and Tina Bowen (San Ramon Valley-Danville-NC) had strong section finals runs.

The day will close out with a fine girls Division II group that is led by the top team to come out of Northern California in many years. The Clayton Valley (Concord-NC) team has impressed wherever it has run, including a big win in the Div. III Mt. SAC Invitational, with a #13 ranking nationally at the moment. Heather Wallace and Deborah Osteen lead the all-underclass CV group that crushes strong opposition. A couple of teams from the south can keep Clayton honest. Nordhoff (Ojai-SS) improved all season, with impressive frosh Elaine Canchola shocking with her 17:35 Mt. SAC frosh course record in the Southern Section/TOYOTA Finals in leading a 96:33 team time. Temescal Canyon (Elsinore-SS), led by Shelby Horgan, and El Modena (Orange-SS) are other especially talented squads out of the south. St. Ignatius (San Francisco-CC) behind Laura Sandoval took the Central Coast, with Allison Lambert leading Northgate (Walnut Creek-NC), another highly-ranked squad all fall. Jessica Rhodes (Acalanes, Lafayette-NC) was strong in North Coast action. Veronica Sanchez (Wasco-C) was section champ by more than a minute and a half! Heather Garritson (Buena Park-SS), latest of the great running family, defending individual champ, Annie Ebner (St. Lucy's, Glendora), Tracy Clark (Corona del Mar, Newport Harbor-SS), Allison Twist (San Marino-SS), and Katie Nuanes (Santa Margarita, Rancho Santa Margarita) are talented individuals from down south. Kristen Koppes (Foothill, Redding-N) was second in her section race.

.....  
(assistance in writing this article provided by: Dennis McClanahan, Dennis DeWitt, Hal Daner, Peter Brewer, Steve Fagundes, and Jim Eckman. Abbreviations in the following story are as follows: SS=CIF Southern Section, SD=CIF San Diego Section, LA=CIF Los Angeles City Section, C=CIF Central Section, CC=CIF Central Coast Section, NC=CIF North Coast Section, SJ=CIF Sac-Joaquin Section, N=CIF Northern Section, O=CIF Oakland Section, SF=CIF San Francisco Section).



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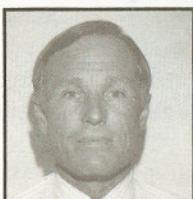
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CIF/TOYOTA State  
Track and Field



**Dennis McClanahan**  
Cross Country Coach  
Mount Carmel High

## Time Schedule CIF/TOYOTA State Cross Country Championships

### DIVISION IV, I BOYS

Boys Introductions - Division IV	8:50 a.m.
Division IV Boys Race	9:00 a.m.
Boys Introductions - Division I	9:28 a.m.
Division I Boys Race	9:35 a.m.

### DIVISION IV, I GIRLS

Girls Introductions - Division IV	10:05 a.m.
Division IV Girls Race	10:15 a.m.
Division IV, I Boys Awards	10:20 a.m.
Girls Introductions - Division I	10:40 a.m.
Division I Girls Race	10:50 a.m.

### DIVISION II, III BOYS

Boys Introductions - Division II	11:30 a.m.
Division II Boys Race	11:40 a.m.
Division IV, I Girls Awards	11:45 a.m.
Boys Introductions - Division III	12:05 p.m.
Division III Boys Race	12:15 p.m.

### DIVISION II, III GIRLS

Girls Introductions - Division II	12:45 p.m.
Division II Girls Race	12:55 p.m.
Division II, III Boys Awards	1:00 p.m.
Girls Introductions - Division III	1:20 p.m.
Division III Girls Race	1:30 p.m.
Division II, III Girls Awards	1:50 p.m.

## Did You Know???

Four records were set at the 1993 CIF/TOYOTA State Cross Country Championships. Thousand Oaks boys' team crushed the old mark of 39 team points with an incredible 23 in Division I. McFarland boys' team broke its own team mark in Division IV with 61 points. Individually, Matt Farley of Jesuit High and Galvin Gonzalez of McFarland broke divisional records. Farley now holds the mark of 15:06 in Division II, while Gonzalez has the Division IV record time of 15:30.

# Thousand Oaks Looks For Rare Double

## *Both Girls and Boys Teams Could Take Titles in Division I*

By Paul Click  
Needles Desert Star

Senior Keith O'Doherty isn't bothered by the Lancers' lofty national ranking. Neither are his Thousand Oaks teammates. In fact, Coach Jack Farrell thinks his teams are relishing the attention. Thousand Oaks is the favorite to pull off the first "double win" at the large school level, where one team wins both the boys and girls state titles the same year. Only San Pasqual and Nordhoff Ojai have accomplished the feat.

O'Doherty, who was the Lancers' number five runner last season, moved to the head of the pack by trimming almost a minute off his time.

"It (ranking) just makes the team better," O'Doherty said, after turning in a 15:17 clocking in the CIF/TOYOTA Southern Section Divisional prelims at Mt. San Antonio College in Walnut.

Currently ranked third in the nation by Harrier Magazine, Thousand Oaks boys team is poised to repeat as state champs.

"We're looking more and more like the team to beat," said Farrell. "Camarillo, whom we've met a number of times this year (in our own league) is closing in on us a bit, but they still have a ways to go to catch us. Hart looks strong and Peninsula is running very well."

The past two seasons, Jeff Fischer was the Lancers' number one man. However, O'Doherty zoomed by him and Kevin Marsden to lead Thousand Oaks to a return trek to Woodward Park.

"It was amazing the improvement that Keith made," said Farrell. "Last year, he was running in the high 15's and now he's below 15. I'd say he's running right along with the best in the state right now."

At the Ventura County Championships, O'Doherty shattered the course-record time of 15:08, clocking in ahead of Camarillo's Eleazar Hernandez (15:06) with a 15:04 finish.

Slowed a bit by injuries to Fischer (hip - running related) and Marsden (back), Thousand Oaks, which took on No. 1 Kingwood High in Georgetown, Texas, has been improving week-to-week as last year's No. 1 and 3 runners mended.

At divisional prelims, Fischer logged a time of 15:40 and Marsden a 15:48 clocking.

"We moved to second early in the national poll before flying down to Texas. Kingwood High beat us by seven points (37-44) at the Southwestern University Invitational on Oct. 1. At that point, we felt that indicated that we were the second best in the nation. But when the next poll came out we had fallen to fifth," said Farrell.

In working its way back up the pollster's ladder, Thousand Oaks has left its mark at various invitationals. For instance, at Mt. SAC, the Lancers easily blew past runner-up Jesuit of Carmichael, 49-149, to capture their third straight sweepstake title. O'Doherty was third overall (15:14), Marsden eighth (15:41), Fischer ninth (15:41) and Todd Disney 13th (15:47). Josh Carolan was 16th in 15:56.

Thousand Oaks' cumulative team-time was 78:19. That's the third fastest ever on the course behind Jesuit's 77:58 and the Lancers own course-record 77:56 set at last year's CIF/TOYOTA Southern Section Finals.

"We set two state records in winning the Division I title after being the runner-up in 1992," noted Farrell, who is the English department's chairperson at Thousand Oaks.

He teaches four classes and, in the spring, is an assistant track coach (coaching the distance runners).

"We had the lowest point total (23) and the fastest overall team time at 77:59. I believe the old record was 78:29 by Camarillo, set in 1989. The only difference this year is that we have a different No. 1 man, although our No. 1 runner the previous two years, Jeff Fischer, returned for his senior year."

Coach of the Lancers cross country program, off and on, since 1975, Farrell said: "I think there was more pressure on us last year. I don't detect it in dealing with the kids every day. I can say that they are a confident bunch of runners."

---

***Only San Pasqual and Nordhoff Ojai have won boys and girls Divisional Titles in the same year. Thousand Oaks looks to become the first large school team to accomplish the feat***

---

Thousand Oaks ended the 1993 season ranked third in the nation. Fischer and Marsden spent the early going running in deep water in a pool. Back running with the team by the end of September, they began to gradually get stronger and better as the season progressed. Thousand Oaks' sixth and seventh runners are senior Tony Smith and Todd Larson.

While the boys were busy racking up CIF/TOYOTA Southern Section titles in the 1980, 1984, 1986, 1992, and 1993, the Lancers haven't exactly been standing idle.

The girls, who have only been to the CIF/TOYOTA State Championships once, captured the Southern Section title in 1993 after being runner-ups in 1985-86. Ranked 15th in the nation, the Lady Lancers were picked to win the Division I crown back in September.

And, thus far they haven't disappointed state cross country experts.

Junior Kim Mortensen leads the way for the Thousand Oaks' girls and she is a candidate to win the state individual title. At the Mt. SAC Invitational, Mortensen and her teammates, senior Bridget Roy, Tara Marsden, Alison Feinstien and Katie Scherrei, also had an easy time of it in the sweepstakes race.

Ranked No. 1 in both the Southern Section and State polls all season long, Thousand Oaks was as equally impressive at the Ventura County Championships, easily outdistancing second-place Agoura, 34-92.

Mortensen placed second overall at Ventura with a clocking of 18:23. Winner of the event was Agoura's Amy Skieresz, the defending Division I state champ which Mortensen will be out to dethrone at Woodward Park.

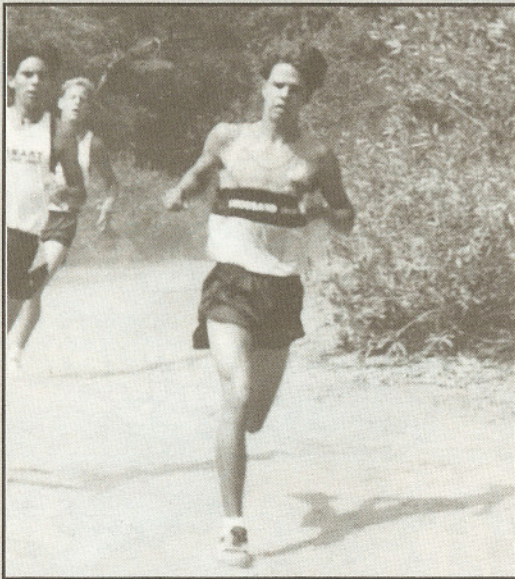
Although the girls are running real strong as the 1994 season winds down, Farrell thinks they will be even better next year. The team has just one senior - Roy.

"The girls were incredible at Mt. SAC, winning by 107 points over Vista," said Farrell.

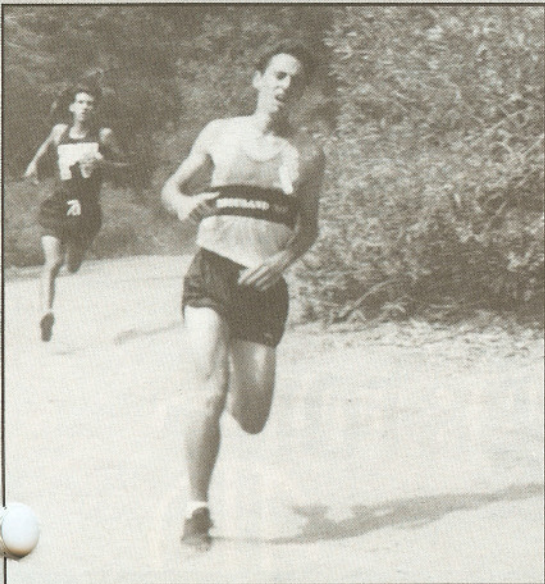
"They're running much better this season," added Farrell, whose girls team placed sixth at the state meet a year ago. A couple of strong additions have helped - Scherrei, a junior, and freshman Darin Sorrenson, who plays soccer as well as running the 400-meter in track. "This is her first year running cross country," he said. "We're glad she came out."



**TOP LANCER** - Keith O'Doherty has been the top runner for the boys' team this season.



**STRONG FINISHER** - Jeff Fischer has improved each year placing 8th in the CIF/TOYOTA State finals as a sophomore and third last year.



**FIFTH PLACER IN 1993** - Kevin Marsden placed fifth in the CIF/TOYOTA State Cross Country Championships last season.



**TEAMING UP** - (left to right) Kim Mortensen, Tara Marsden, Alison Feinstein, and Katie Scherrei are part of what makes Thousand Oaks girls' team the favorite today.



**NUMBER TWO** - Bridget Roy has been the number two runner this season for Thousand Oaks High.



**Kim Mortensen (left)** - has been the top runner for the girls' this year, placing first at Mt. SAC and in the CIF/TOYOTA Southern Section Prelims.

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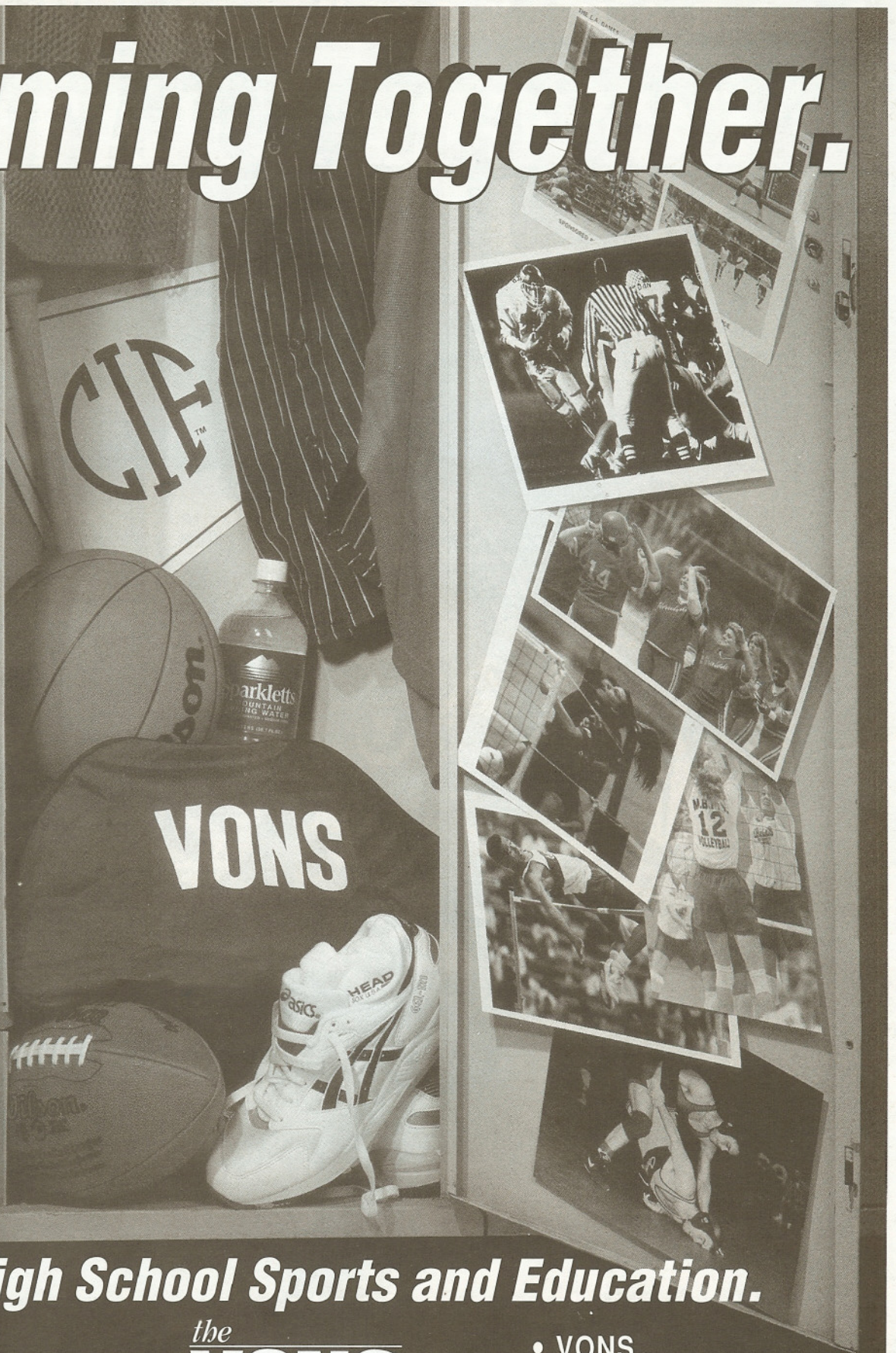
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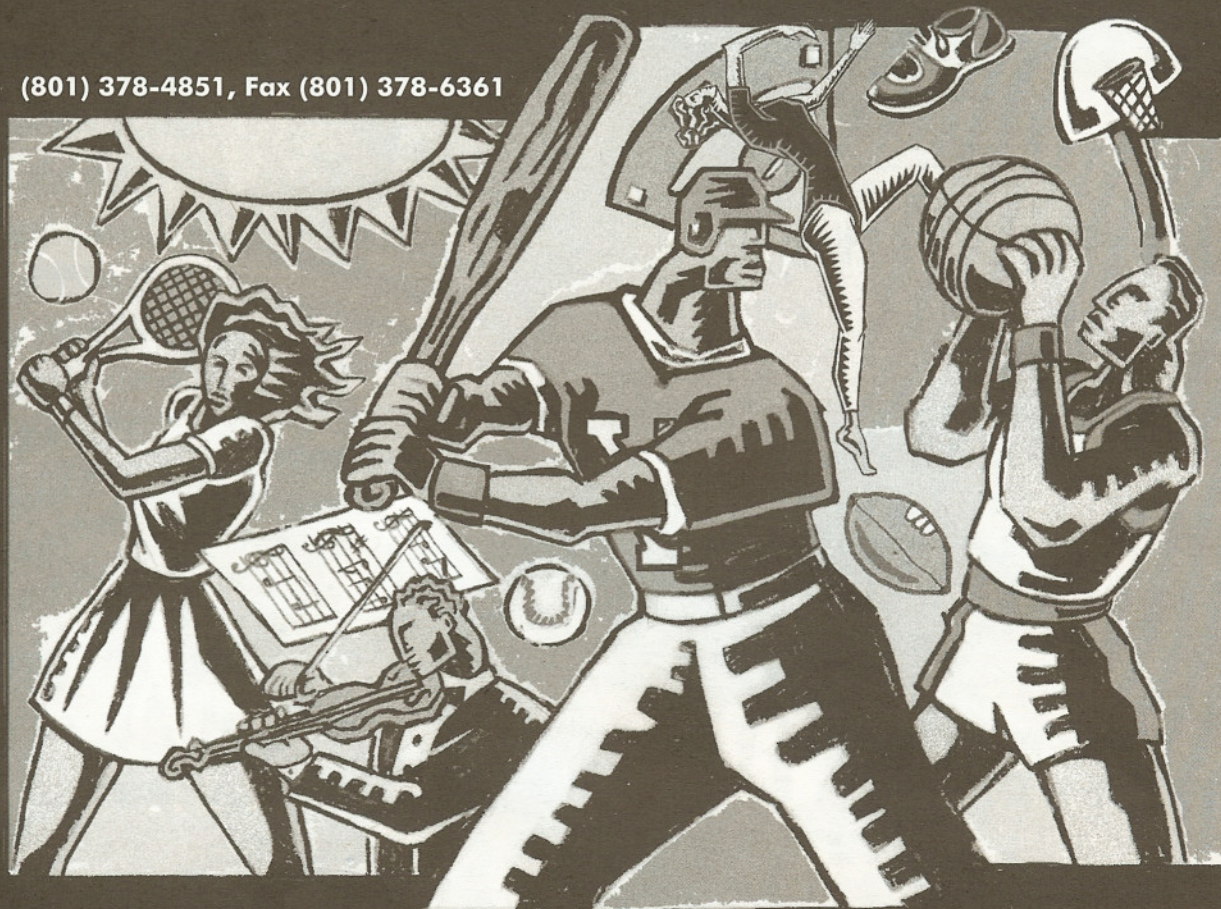


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**Basketball**

**boys'** June 5-9, June 12-17, June 19-23

**girls'** June 26-30, July 3-7

**offense** July 31-August 4

**Cheer and Dance** July 24-28

**Cross Country** July 24-28, July 10-14

**Diving** July 31-August 4

**Football** June 26-30, July 3-7

**Golf** July 10-14, July 17-21

**Gymnastics**

**boys'** June 26-30

**girls'** July 10-14, July 17-21

**Swimming** June 19-23, June 26-30

**Tennis** June 19-23, June 26-30,  
July 3-8

**Track and Field** June 26-30

**Volleyball** July 10-14, July 17-21,  
July 24-28,

**Wrestling** June 26-30

**Ballet** June 26-July 7

**Ballroom Youth**

August 7-9

**Clogging** June 22-24

**Modern Dance  
and Jazz**

June 26-July 7

**Design/Photography**

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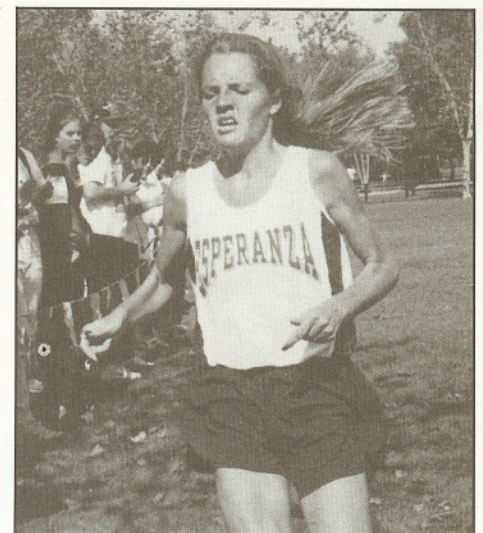
# 1994 CIF/TOYOTA Competitors and Team Listings



**Eleazar Hernandez**  
Camarillo High



**Susan Chou, Valerie Moorehead,  
Melinda Huang, Lowell High**



**Courtney Pugmire**  
Esperanza High

## DIVISION I INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Flores, Erica-9	Bakersfield
Pilger, Kym-10	Clovis
Jenness, Lizette-12	Clovis
Lino, Skye-10	Fresno
DeLaCruze, Selina-12	Roosevelt-Fresno
<b>CENTRAL COAST SECTION (5)</b>	
Cooke, Jacquie-11	Burlingame
Kefalas, Tina-12	Sacred Heart Cath.
Rummelhart, Michelle-12	Terra Nova
Renteria, Lisa-11	Westmont
Svrdlin, Courtney-11	Yerba Buena
<b>L.A. CITY SECTION (5)</b>	
Martinez, Delfina-12	Belmont
Rochin, Aida-12	Garfield
Page, Brooke-11	Granada Hills
Bernier, Elizabeth-9	Hamilton
Menchacas, Lourdes-12	Huntington Park
<b>NORTH COAST SECTION (5)</b>	
Richardson, Pamela-12	Montgomery
Stamps, Julia-10	Santa Rosa
Yokoi, Cheri-12	Santa Rosa
Duscha, Melissa-11	Washington-Fre.
Rusmiser, Stephanie-10	Washington-Fre.
<b>NORTHERN SECTION (1)</b>	
Momberg, Nicole-12	Mt. Shasta
<b>OAKLAND SECTION (1)</b>	
Grant, Rekki-10	McClymonds
<b>SAC-JOQUIN SECTION (5)</b>	
Hardenburgh, Becky-11	Casa Roble
Hassah, Julie-12	Nevada Union
Schindler, Jen-10	Ponderosa
Castelanell, Christy-10	Tokay
Farlah, Megan-10	Turlock
<b>SAN DIEGO SECTION (5)</b>	
Costello, Rosie-10	Bonita Vista
Rohde, Jinna-11	Fallbrook
Rohde, Sharon-12	Fallbrook
Caster, Nicole-9	Granite Hills
Pickett, Melanie-12	Mt. Carmel
<b>SAN FRANCISCO SECTION (2)</b>	
Huang, Susan-9	Lincoln-SF
o, Trinh-10	Wallenberg
<b>SOUTHERN SECTION (5)</b>	
Pugmire, Courtney-12	Esperanza
Lyon, April-9	Hesperia
Day, Danielle-9	Quarta Hill
Dollar, Nancy-12	Santa Ana Valley
Estrada, Ely-12	Santa Ana Valley

## DIVISION I INDIVIDUAL BOYS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Tullis, Jeremy-11	Clovis West
Kasahun, Michael-10	Fresno
Garcia, Alfredo-12	Fresno
Sanchez, Frankie-12	West Bakersfield
Jameson, Jeremy-10	West Bakersfield
<b>CENTRAL COAST SECTION (5)</b>	
Buelow, Steve-12	Burlingame
Robinette, Jesse-12	El Camino
D'Anjou, Chris-11	Live Oak
Balkman, Jason-12	Lynbrook
Torres, Enrique-11	SilverCreek
<b>L.A. CITY SECTION (4)</b>	
Lopez, Manuel-10	Belmont
Torres, Jose-12	Birmingham
Tinajero, Alejandro-12	Birmingham
Gray, Uzzrel-11	Polytechnic
<b>NORTH COAST SECTION (5)</b>	
Yohannes, Ermias-12	Alameda
Foster, Chad-10	Logan
Asmatey, Ishma-12	Logan
Richberg, Aaron-12	Logan
Embaye, Daniel-11	Logan
<b>NORTHERN SECTION (1)</b>	
Momberg, Eric-10	Mt. Shasta
<b>OAKLAND SECTION (1)</b>	
Tang, Tra-12	Oakland
<b>SAC-JOQUIN SECTION (5)</b>	
Tarne, Ben-12	Lincoln
Yonan, Jason-12	Beyer
Oudegeest, Chris-12	Beyer
Buenrostro, Justin-12	Stagg
Roach, Michael-12	Tokay
<b>SAN DIEGO SECTION (5)</b>	
Henderson, Larry-11	Mira Mesa
Nett, Gregg-12	Mt. Carmel
Kirtley, Travis-11	Poway
Meisner, Jeff-12	Rancho Bernardo
Gabriel, Chris-11	San Diegoito
<b>SAN FRANCISCO SECTION (3)</b>	
Choi, Paul-10	Lowell
Lee, Jerry-11	Lowell
Norton, Grael-11	Lowell
<b>SOUTHERN SECTION (5)</b>	
McLarty, Jeff-12	Ayala
Sanchez, Adalberto-12	Capistrano Valley
Sandoval, Francisco-12	Channel Island
Enriquez, Ian-12	Corona
Lopez, David-10	Hoover

## DIVISION II INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Mathews, Jhona-9	Golden West
Elieff, Nicole-12	Highland-C
Nesmith, Therese-11	Mt. Whitney
Teston, Natasha-12	North Bakersfield
Cohn, Tracy-10	Stockdale
<b>CENTRAL COAST SECTION (5)</b>	
Silva, Nicole-12	Aptos
Randall, Meghan-12	Aptos
Smith, Hollie-10	Aptos
Holt, Ashley-11	Menlo Atherton
Riggs, Stephanie-10	Monta Vista
<b>NORTH COAST SECTION (5)</b>	
Burman, Courtney-9	Eureka
Sawicki, Kristine-11	Monte Vista
Gillis, Lisa-9	Moreau
Nowak, Kasia-11	Newark Memorial
Bowen, Tina-11	San Ramon
<b>NORTHERN SECTION (5)</b>	
Artzner, Meesha-11	Chico
Case, Abi-9	Shasta
Case, Nancy-11	Shasta
Wheeler, Christy-12	Shasta
Myers, Shelly-11	Shasta
<b>SAC-JOQUIN SECTION (5)</b>	
Atukagawa, Berkle-12	Manteca
Gunnison, Anne-10	McClatchy
Marriner, Jordan-10	Oakmont
Nederveld, Leslie-9	Oakmont
Chaney, Jen-11	Tracy
<b>SAN DIEGO SECTION (5)</b>	
Anderson, Jessica-11	Carlsbad
Peterson, Kelly-12	Escondido
Kilian, Shannon-11	Escondido
Beckman, Christy-12	San Pasquel
Schmidt, Sarah-11	Scripps Ranch
<b>SAN FRANCISCO SECTION (2)</b>	
Ng, Melissa-12	Galileo
Huang, Melinda-10	Lowell
<b>SOUTHERN SECTION (5)</b>	
Aronson, Melissa-10	Hemet
Neipp, Andresa-10	Highland
Vaicaro, Janie-12	Katella
Schwecheri, Manda-11	Laguna Hills
Lawrence, Molly-12	Righthetti

## DIVISION II INDIVIDUAL BOYS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Sanchez, Ray-12	Delano
Schmidt, Chad-11	North Bakersfield

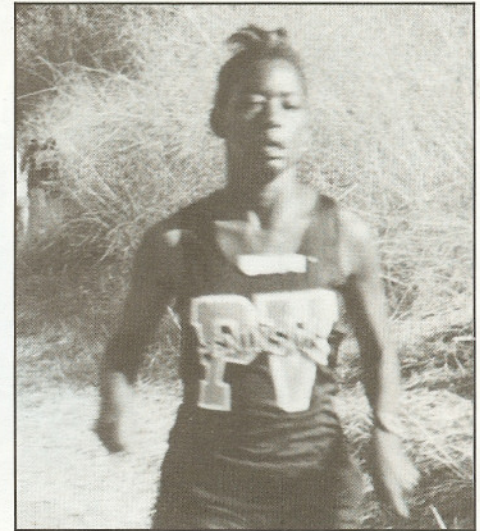
# 1994 CIF/TOYOTA Competitors and Team Listings



**Kenny Goodrich**  
Peninsula High



**Jessica Corbin**  
Irvine High



**Jamille Claiborne**  
Peninsula High

Nelson, Noel-10  
Villavicencio, Jesus-12  
Norman, Jeff-12

**CENTRAL COAST SECTION (5)**

Dorgan, Brian-12  
Leon, Leonardo-12  
Moreno, Steven-12  
Dominguez, Ricardo-11  
Garcia, Tomas-12

**L.A. CITY SECTION (1)**

Cortes, Juan-12

**NORTH COAST SECTION (5)**

Dulaney, Shane-10  
Grubbs, Adam-12  
White, Kevin-11  
DeWald, Adrian-11  
Greggs, Martin-12

**NORTHERN SECTION (4)**

Hallbauer, Chuck-9  
Hase, Simon-12  
Russom, Dan-12  
Mullens, Jesse-10

**SAC-JOQUIN SECTION (5)**

Phister, Greg-12  
Clarke, Rory-12  
Batchelder, Brian-12  
Fleming, Geoff-10  
Pruyn, Brian-11

**SAN DIEGO SECTION (5)**

Kloos, Tom-12  
McQuity, David-11  
Abdusalam, Ayub-11  
Amrcho, Julius-12  
Guevara, Gerrardo-12

**SAN FRANCISCO SECTION (2)**

Thomas, Damarcus-12  
Cardoza, Alvaro-12

**SOUTHERN SECTION (5)**

Greene, John-12  
Trueba, Tony-10  
Villalobos, Richard-12  
Jensen, Garrett-12  
Lie, James-12

## DIVISION III INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Syhalath, Souriya-12	Edison-F
Murley, Signe-12	Exeter
Taylor, Kate-12	Lemoore
Abalosi, Jeanne-11	Lemoore
Sanchez, Veronica-9	Wasco

Redwood-C  
South Bakersfield  
Stockdale

Andrew Hill  
North Monterey  
North Salinas  
W.C. Overfelt  
Watsonville

Reseda

Castro Valley  
Eureka  
Eureka  
Eureka  
Monte Vista

Chico  
Chico  
Chico  
Shasta

Davis  
Del Oro  
Del Oro  
Roseville  
Vintage

El Camino  
Grossmont  
Hoover  
Hoover  
San Marcos

Lincoln SF  
Lincoln SF

Agoura  
Huntington Beach  
Ramona  
Sunny Hills  
Temple City

**CENTRAL COAST SECTION (5)**

Ryan, Claire-12  
Gerhrkens, Nicole-9  
Binkjley, Muffie-12  
Galvin, Amy-11  
DelMar-Enciso, Veronica-10

**NORTH COAST SECTION (5)**

Rhodes, Jessica-9  
Daniels, Marisa-12  
Hernandez, Lisa-11  
Robinson, Amber-12  
Mosher, Rachel-12

**NORTHERN SECTION (2)**

Koppes, Kristen-11  
Bill, Christy-12  
Andrews, Kristi-12  
Dean, Kim-12  
Suihkonen, Sarah-11

**SAC-JOQUIN SECTION (5)**

Sellers, Dawn-11  
Souza, Connie-10  
Avila, Laura-10  
Gabbani, Emily-10  
Cobb, Liz-12

**SAN DIEGO SECTION (5)**

O'Connor, Shannon-10  
Walker, Leah-11  
O'Connor, Michelle-11  
Harper, Jaymie-10  
Redina, Alexis-9

**SAN FRANCISCO SECTION (2)**

Christensen, Alyse-12  
Gonzalez, Rosamar-10

**SOUTHERN SECTION (5)**

Garrilton, Heather-9  
Clarke, Tracy-12  
Twist, Allison-12  
Nuanes, Katie-10  
Ebner, Annie-11

## DIVISION III INDIVIDUAL BOYS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>	
Hunt, Jeremiah-12	Lemoore
Aviles, Joaquin-12	Mendota
Raya, Miguel-11	Wasco
Ramirez, Freddie-11	Wasco
Padilla, Tim-12	Yosemite

**CENTRAL COAST SECTION (5)**

McDonough, David-12  
Riddle, Jeremy-12  
Rossi, Amerigo-11  
Navarro, Onfre-12  
Leosng, Brian-12

Archbishop Mitty  
Harbor  
Los Altos  
Sequoia  
Soquel

Acalanes  
Granada  
Healdsburg  
Las Lomas  
San Leandro

Foothill  
Lassen  
Lassen  
Paradise  
Paradise

East Union  
East Union  
Livingston  
Mira Loma  
St. Francis-Sacto

La Jolla  
La Jolla  
Our Lady of Peace  
Santana  
West Hills

McAteer  
McAteer

Buena Park  
Corona del Mar  
San Marino  
Santa Margarita  
St. Lucy's

Lemoore  
Mendota  
Wasco  
Wasco  
Yosemite

Cupertino  
Gunn  
Harbor  
James Logan  
Mills

**NORTH COAST SECTION (4)**

Teekel, Alex-12  
Kvalvik, Rolf-11  
Brecht, Danny-11  
Kennedy, Keith-12  
Henriquez, Enrique-10

**NORTHERN SECTION (5)**

Szody, Gabe-12  
Norman, Aaron-12  
Bymers, Pete-12  
Draper, Travis-10  
Weaver, Jason-12

**SAC-JOQUIN SECTION (5)**

Gohlke, Daniel-11  
Denogen, Oscar-11  
Chamberlain, Gavin-11  
Oleachea, David-12  
Henderson, Adam-11

**SAN DIEGO SECTION (5)**

Chawech, Titus-10  
Hamlin, Nick H.-10  
Holms, Jonathan-12  
Bottego, Sean-12  
Damman, Ross-12

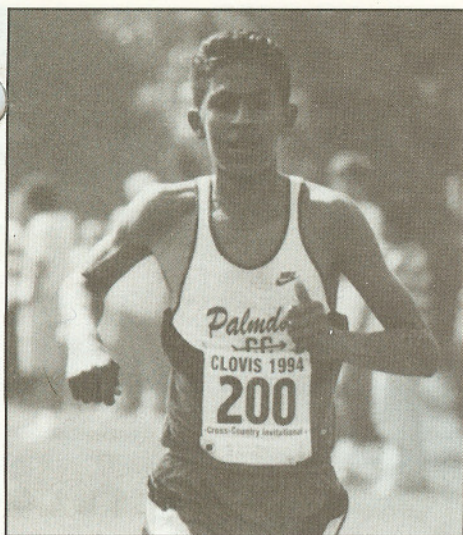
**SOUTHERN SECTION (5)**

Thatcher, Mike-12  
Aguilar, Richard-12  
Chilholn, Richard-12  
Murray, Michael-10  
Koeper, Kevin-11

## DIVISION IV INDIVIDUAL GIRLS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (4)</b>	
Christian, Meredith-11	Garces-B
Pinasco, Ashlee-9	San Joaquin Mem.
Cooney, Vanessa-9	San Joaquin Mem.
Arebalos, Cynthia-10	Sierra
<b>CENTRAL COAST SECTION (5)</b>	
Appenrod, Katie-9	Mercy Burlingame
Smith, Anne-Elys-9	Monte Vista
Felts, Trisha-10	Sacred Heart Prep
Sullivan, Meredith-10	The York School
Irvine, Alice-11	The York School
<b>NORTH COAST SECTION (5)</b>	
Rafanelli, Gina-12	College Prep
Newman, Theresa-9	Marin Catholic
Zimmerman, Tegan-12	San Rafael
Ponig, Jennifer-11	Terra Linda
Hallis, Sarah-11	Ursuline
<b>NORTHERN SECTION (5)</b>	
Alles, Molly-11	Trinity
Blanchard, Gina-12	Yreka
Curran, Nicole-11	Yreka

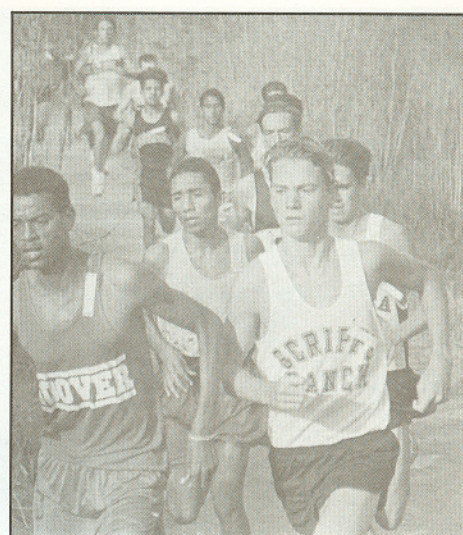
# 1994 CIF/TOYOTA Competitors and Team Listings



**Carlos Sanchez**  
Palmdale High



**Annabel Ortiz**  
Reedley High



**Kevin Banes (right)**  
Scripps Ranch High

Photo By Track Magazine

Ham, Cindy-10  
Neitsch, Ramona-10

**SAC-JOQUIN SECTION (5)**

Miller, Kristen-11  
Wiserg, Julie-10  
Firebaugh, Whitney-10  
Chamberlain, Shavona-10  
Wade, Lisa-9

**SAN DIEGO SECTION (5)**

DeJager, Leslie-10  
Bowler, Beth-9  
Ray, Heather-9  
Hollenbeck, Allegra-11  
Brondstetter, Theresa-9

**SOUTHERN SECTION (5)**

Miller, Hannah-10  
Fullove, Shaluinn-11  
Harrington, Kelly-9  
Maxwell, Tracy-11  
Erbsen, Jenny-10

## DIVISION IV INDIVIDUAL BOYS

**NAME (Last, First, Grade)**

**CENTRAL SECTION (5)**

Navarro, George-12  
Herrera, Eusebio-10  
Campise, John-12  
Ellison, Mike-12  
Rhoan, Kenny-11

**CENTRAL COAST SECTION (5)**

West, Peter-12  
Richardson, Jason-12  
Cortes, Victor-10  
Nothhaft, Hank-10  
Chan, Lawrence-12

**NORTH COAST SECTION (4)**

Clark-Thompson, Cody-12  
Hardy, Jason-12  
Gutierrez, Adrian-12  
Hornsby, Jon Evan-12

**NORTHERN SECTION (5)**

Wade, Ryan-10  
Keyes, Josh-9  
Crabtree, Loren-11  
Wilson, Robert-11  
Rice, Jason-12

**SAC-JOQUIN SECTION (5)**

Kodet, Dusty-11  
Stovall, Zack-12  
Vomheede, Matthias-11  
Long, Gary-11  
Rocha, Robert-11

Yreka  
Yreka

Bear River  
Bear River  
Escalon  
Rocklin  
Rocklin

Calvin Christian  
Christian High  
Francis Parker  
Julian  
Lincoln Prep

La Salle  
Louisville  
Louisville  
Maranatha  
Marlborough

**SCHOOL**

Coalinga  
Kingsburg  
San Joaquin Mem.  
San Joaquin Mem.  
Sierra

R.L. Stevenson  
Redwood Christian  
San Jose Academy  
Saratoga  
Saratoga

Arcata  
Cal. School Deaf  
Mt. Diablo  
St. Mary's

Central Valley  
Modoc  
Modoc  
Modoc  
West Valley

Colfax  
Riverbank  
Riverbank  
St. Helena  
Vanden

**SAN DIEGO SECTION (5)**

Davis, Derrica-11  
Brown, Ajani-11  
Ramirez, Miguel-9  
Lervis, Todd-12  
Fessehai, Tilihan-10

**SOUTHERN SECTION (5)**

James, Jared-11  
Pacheco, Brandon-12  
Miller, Steve-12  
Pierce, Joaquin-12  
Henning, Doug-12

Clairemont  
Gompers  
Holtville  
Julian  
Lincoln Prep

Boron  
Brethren Christian  
Maranatha  
Midland  
Woodcrest

## DIVISION I - GIRLS TEAMS

**NAME (Last, First, Grade)**

**CENTRAL SECTION (2)**

Lawson, Emily-10  
Lawson, Marci-12  
Daneil, Jaynee-12  
O'Clair, Bonnie-12  
Cordova, Andrea-11  
Murphy, Michelle-11  
Hayden, Kari-9  
Castaneda, Rosalinda-12  
McCarty, Stefanie-10  
Estrada, Diana-12  
Sanchez, Patty-11  
Anderson, Janet-10  
Reyes, Sippina-10  
Coronado, Andrea-12

**SCHOOL**

Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Madera  
Madera  
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Madera

**CENTRAL COAST SECTION (2)**

Tran, Vi-12  
Holmquist, Annette-10  
Gunion, Sabrina-10  
McPherson, Laraine-9  
Schauerte, Gina-10  
Marquez, Vicki-  
Horrell, Rebecca-10  
Bleisch, Deborah-11  
Medina, Sheryl-12  
Olague, Rita-12  
Catalon, Cathy-12  
McPherson, Laneisha-11  
Knight, Quiana-12  
Nang, Vutlanak-9

Santa Teresa  
Santa Teresa  
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Santa Teresa  
Silver Creek  
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Silver Creek

**L.A. CITY SECTION (1)**

Sehati, Sadaf-11  
Klein, Michele-11  
Fairchild, Jill-10  
Santini, Francis-9  
Monge, Sandra-11  
Acosta, Cristina-11  
Monge, Diana-12

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**NORTH COAST SECTION (1)**

Gordon, Kristen-10  
Owen, Katie-12  
Goddard, Megan-12

Carondelet  
Carondelet  
Carondelet

Carillo, Ginaca-10  
Chatigny, Elissa-12  
Fitzpatrick, Colleen-12  
Hanika, Cerene-11  
Dirar, Senhit-10  
Bridgeman, Jennifer-10  
Baumbach, Sky-9  
Price, Daniella-9  
Hughes, Tyra-11  
Garbe, Amanda-10  
Wetzell, Karen-10

Carondelet  
Carondelet  
Carondelet  
Carondelet  
Union City  
Union City  
Union City  
Union City  
Union City  
Union City

**OAKLAND SECTION (1)**

Franco, Anne Mari-11  
Tsfai, Aster-11  
Zheng, Christina-11  
Garcia, Stephanie-9  
Crockett, Kaselah-12  
Scott, Anjanette-11  
Patterson, Mary-10

Skyline  
Skyline  
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**SAC-JOQUIN SECTION (2)**

Bracht, Laura-12  
Fazal, Saleema-11  
Nelson, Shannon-10  
Yonan, Jessica-9  
Yonan, Miriam-9  
Flalm, Allison-10  
Phipps, Marie-11  
Andrews, Tonya-12  
Nielson, Leslie-12  
Silva, Crystal-10  
Ross, Sarah-9  
Stone, Megan-10  
Borin, Angela-10  
McClure, Michelle-12

Beyer  
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Del Campo  
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Del Campo

**SAN DIEGO SECTION (2)**

Pound, Jessica-10  
Koscki, Ann-10  
Vasek, Lisa-10  
Shemwell, Kasey-9  
Babione, Hollie-9  
Fischer, Kim-10  
Bridger, Lori-12  
Rodriguez, Sonia-11  
Shea, Angela-12  
Lasiter-Thurber, Devon-10  
Magana, Noelle-10  
Forsyth, Natalie-9  
El Farreh, Fatima-11  
Batiz, Erika-10

Poway  
Poway  
Poway  
Poway  
Poway  
Poway  
Vista  
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**SAN FRANCISCO SECTION (1)**

Lucero, Oasii-11  
Akana, Jennifer-10  
Moorhead, Valerie-12  
Chou, Susan-10  
Hua, Ying-10  
Fong, Allison-10

Lowell  
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Lowell

**SOUTHERN SECTION (4)**

Roberson, Stacy-11  
Davis, Jenny-11

El Toro  
El Toro

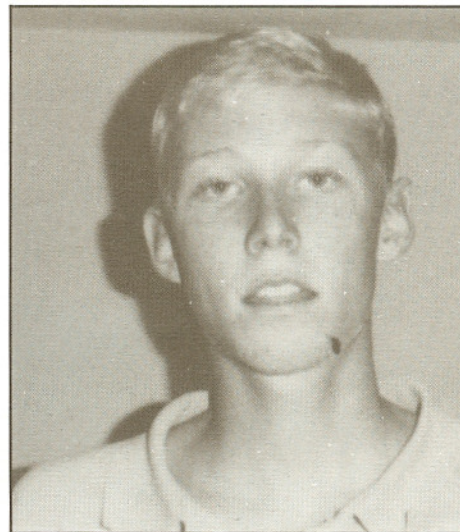
# 1994 CIF/TOYOTA Competitors and Team Listings



**Malinalli Martinez**  
Bishop Amat High



**Mindy Brown**  
Yucaipa High



**Bradford Hansen**  
St. Ignatius High

Burns, Carol-12  
Mikkelsen, Inge-12  
Lefevre, Stefanie-11  
Nelson, Angela-12  
Valle, Adrianna-9  
Corbin, Jessica-11  
Niemi, Anna-Kais-12  
Livermore, Erin-11  
McMullen, Stacy-10  
Newhouse, Rachel-11  
Meyer, Christina-10  
Lyon, Tanya-12  
Blake, Mary-12  
Mehlberg, Molly-12  
Sandberg, Jana-12  
Kato, Rina-12  
McCafferty, Sarah-11  
Clairborne, Jamille-11  
Behrens, Anna-11  
Mortensen, Kim-11  
Roy, Bridget-12  
Marsden, Tara-11  
Feinstein, Alison-11  
Scherrei, Katie-11  
Sorenson, Erin-9  
Savage, Tamara-10

El Toro  
El Toro  
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Irvine  
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Thousand Oaks

**L.A. CITY SECTION (1)**  
Martinez, Richard-12  
Jimenez, David-12  
Sanchez, Eddie-11  
Escobedo, Rafael-11  
Camacho, Junior-12  
Morales, Armando-12  
Cabrera, Raul-11

**NORTH COAST SECTION (1)**  
Egerton, Peter-12  
Barrett, Zach-12  
Vandenheuvel, Ben-12  
Fekadu, Mekonnen-11  
Schwartz, Mike-11  
Leef, Ken-12  
Condron, Matt-12

**OAKLAND SECTION (1)**  
Kidane, Senai-12  
Enriquez, Jesus-11  
Ohren, Andrew-12  
Diggs, David-11  
Patuso, David-9  
Pryzybylaka, Michael-10  
Dixon, Cory-10

Garfield  
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Santa Rosa  
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Hernandez, Mario-12  
Purdy, Brendan-11  
Malesich, Neil-11  
Malesich, Wade-11  
Strahan, Brett-12  
Duarte, John-11  
Givens, Joel-12  
Solter, Sandro-11  
Stewart, Jeff-10  
Cosley, Jim-12  
Solano, Hugo-12  
Neese, Jason-12  
Goodrich, Ken-12  
Sand, Katsu-12  
Kelly, Chris-12  
Hori, Andy-11  
Rooks, Joe-11  
Kirsch, Brad-11  
O'Doherty, Keith-12  
Fischer, Jeff-12  
Carolan, Josh-11  
Disney, Todd-11  
Marsden, Kevin-12  
Smith, Tony-12  
Larson, Todd-12

Camarillo  
Camarillo  
Camarillo  
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Hart  
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Peninsula PV  
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Thousand Oaks  
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Thousand Oaks  
Thousand Oaks

## DIVISION I - BOYS TEAMS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (2)</b>	
Negrete, Arthur-10	Clovis
Alves, Steve-11	Clovis
Negrete, Armando-11	Clovis
Barrus, Steve-10	Clovis
Buckley, Mike-9	Clovis
Perez, Miguel-9	Clovis
Nakayama, C.T.-10	Clovis
Zambrano, Mario-9	Madera
Bazamte, Andres-10	Madera
Leyva, Elpidio-11	Madera
Areizaga, Alvin-10	Madera
Morquedo, Mauricio-12	Madera
Perea, Adan-12	Madera
Rodriguez, Mauricio-12	Madera
<b>CENTRAL COAST SECTION (2)</b>	
Becker, Thomas-12	Bellarmine Prep
Song, Arnold-12	Bellarmine Prep
Wulf, Andres-10	Bellarmine Prep
Banulescu, Mike-12	Bellarmine Prep
Immel, Casey-11	Bellarmine Prep
Prindiville, Kevin-12	Bellarmine Prep
Lemes, Frank-12	Bellarmine Prep
Woodside, Nathan-11	Junipero Serra
Perez, Adam-9	Junipero Serra
Tchamoulian, Jean-Paul-11	Junipero Serra
Stapleton, Brad-10	Junipero Serra
Sigona, Jimmy-10	Junipero Serra
Berg, Manuel-11	Junipero Serra
Madigan, Jerome-10	Junipero Serra

**SAC-JOQUIN SECTION (2)**  
Moore, Matt-11  
Crass, Dave-11  
Almon, Jason-11  
Yamamura, Kevin-12  
Mizuno, Kyle-12  
Clemons, Liam-11  
Monk, Dan-12  
Pimententel, Jose-11  
Huerta, Rudy-10  
Padilla, Frank-10  
Panlague, David-11  
Alcaraz, Vincent-12  
Perez, Alberto-9  
Ordaz, Jaime-10

**SAN DIEGO SECTION (2)**  
Carrillo, Ruben-12  
White, Jason-12  
Ramirez, Jose-11  
Dunn, Matt-12  
Martinez, Jorge-12  
Muerta, Marco-12  
Romero, Larry-12  
Sybert, Trevor-12  
Land, Jason-11  
Villa, Alejandro-11  
Briceno, Joe-11  
Ketcham, Steve-10  
Garcia, Gonzalo-10  
Sybert, Trent-11

**SOUTHERN SECTION (4)**  
Hernandez, Eleazar-12  
Park, Jeremy-12  
Carmona, Alberto-12

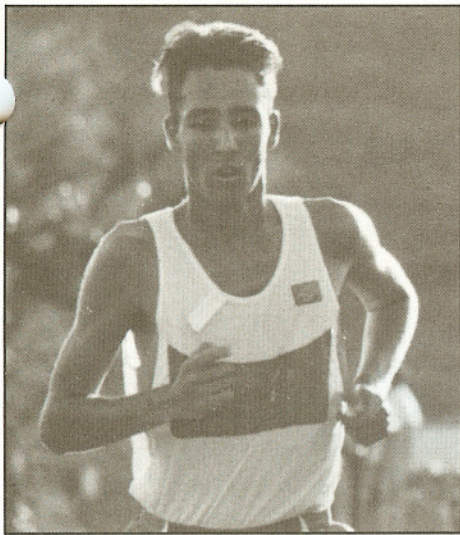
Del Campo  
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Franklin-Stockton  
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Camarillo  
Camarillo  
Camarillo

## DIVISION II - GIRLS TEAMS

NAME (Last, First, Grade)	SCHOOL
<b>CENTRAL SECTION (2)</b>	
Heilbut, Tiffany-9	Buchanan
Atkins, Corrine-10	Buchanan
Bauer, Rachel-9	Buchanan
Ryan, Heather-11	Buchanan
Syvetsen, Shelly-12	Buchanan
Keller, Jocelyn-10	Buchanan
Ford, Lisa-10	Buchanan
Ortiz, Annabel-11	Reedley
Ruis, Angela-10	Reedley
Wright, Irene-10	Reedley
Hall, Gelina-12	Reedley
Rodriguez, Yebel-10	Reedley
Ceja, Lupe-12	Reedley
Trevino, Bea-12	Reedley
<b>CENTRAL COAST SECTION (2)</b>	
Allison, Emily-11	Leland
Scott, Meghan-11	Leland
Knapp, Caroline-11	Leland
Sekhen, Ranvir-10	Leland
Sheldon, Kathy-10	Leland
Wong, Minji-9	Leland
Rogers, Deggie-10	Leland
Blount, Jessica-12	North Monterey
Cox, Bethany-12	North Monterey
Jones, Heidi-12	North Monterey
Denley, Brianna-10	North Monterey
Jensen, Leslie-11	North Monterey
McKinney, Tracy-10	North Monterey
Pollockow, Jen-10	North Monterey
<b>L.A. CITY SECTION (1)</b>	
Barnard, Kara-11	Palisades
Epstein, Diana-10	Palisades

# 1994 CIF/TOYOTA Competitors and Team Listings



**Byron Hardie**  
Bishop Amat High



**Jason Balkman**  
Lynbrook High



**Katie Nuanes**  
Santa Margarita

Cruise, Genevieve-9  
Fejes, Liz-11  
Stanman, Aja-10  
Davis, Christine-10  
Hajeri, Sophia-9

**NORTH COAST SECTION (2)**

Ewing, Jennifer-10  
Lim, Val-10  
Wong, Micheline-12  
Marques, Michelle-10  
Hugh, Jamie-11  
Shin, Simone-12  
Nickolopoulos, Jamie-12  
Riedy, Lori-12  
Riedy, Elissa-12  
Knowlden, Jennifer-10  
Stevens, Betsy-10  
Rutledge, Alicia-12  
Chan, Michelle-9  
Torrez, Monica-9

**NORTHERN SECTION (1)**

Crabb, Katie-11  
Bogart, Teresa-11  
Hallbauer, Amy-12  
McGuire, Eiren-10  
Mendon, Becca-11  
Herman, Danica-10  
Nelson, Marissa-11

**SAC-JOQUIN SECTION (2)**

Pope, Sara-12  
Starkey, Lisa-10  
Milhollen, Allison-9  
Starkey, Talla-12  
Andreotti, Susanne-10  
Jibson, Kelly-11  
Coats, Karen-10  
Hughes, Kelly-12  
Lewis, Darci-12  
Fontana, Katie-11  
Kirby, Keira-12  
Ariansen, Char-11  
Hiyori, Yuko-9  
Luce, Wendy-9

**SAN DIEGO SECTION (2)**

Gregerson, Larissa-11  
Jenkins, Kristi-11  
Card, Jennifer-12  
Vickery, Carrie-12  
Jagers, Sarah-12  
Kindreich, Stephanie-10  
Fay, Tiffany-9  
Laitiff, Devon-11  
Bie, Sandi-12  
Hemerick, Carrie-12  
Valentino, Danielle-9  
Nolan, Jaclyn-9  
Bogart, Bethany-9  
Burke, Erin-11

Palisades  
Palisades  
Palisades  
Palisades  
Palisades

Castro Valley  
Castro Valley  
Castro Valley  
Castro Valley  
Castro Valley  
Castro Valley  
Castro Valley  
Mission San Jose  
Mission San Jose  
Mission San Jose  
Mission San Jose  
Mission San Jose  
Mission San Jose  
Mission San Jose

Pleasant Valley  
Pleasant Valley  
Pleasant Valley  
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Pleasant Valley

Del Oro  
Del Oro  
Del Oro  
Del Oro  
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Napa  
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EI Capitan  
EI Capitan  
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Torrey Pines  
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Torrey Pines

**SOUTHERN SECTION (4)**

Skieresz, Amy-12  
Lepisto, Jessica-10  
Hellman, Meredith-10  
Carruth, Kathrina-11  
Chulack, Sarah-10  
Greene, Vickie-12  
Mathwig, Julie-10  
Martinez, Mallinall-11  
Ferree, Belen-9  
Ferree, Diana-11  
Ascencio, Mary-9  
Macias, Danica-12  
Jaucian, Jennifer-11  
Miranda, Jennifer-12  
Formosa, Jennifer-12  
Hombarger, Elyse-12  
Formosa, Jeannie-12  
Wright, Keri-12  
Burnett, Kelly-9  
Crobbe, Jennifer-10  
Pangborn, Kellee-10  
Brown, Mindy-11  
Meyer, Serena-11  
Whitside, Vickie-9  
Walsh, Kim-9  
Ray, Christin-10  
Bauer, Kristi-12  
Carlson, Hillary-11

Agoura  
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Agoura  
Bishop Amat  
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Bishop Amat  
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Bishop Amat  
Edison HB  
Edison HB  
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Edison HB  
Yucaipa  
Yucaipa  
Yucaipa  
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Yucaipa  
Yucaipa

Coe, Kevin-12  
Drummond, Derek-10

**L.A. CITY SECTION (1)**

Gilmore, Peter-12  
Larsen, Erik-11  
Castro, Fabian-10  
Vincent, Paul-12  
Gonzalez, Aaron-10  
Huipre, Ricardo-12  
Aslaw, Matyas-12

St. Ignatius  
St. Ignatius

Palisades  
Palisades  
Palisades  
Palisades  
Palisades  
Palisades

**NORTH COAST SECTION (2)**

Prindville, Tom-10  
Maestretti, Randy-11  
Sanchez, Alex-10  
Middleton, Jeff-12  
DeFalco, Joe-12  
Coffee, Chris-11  
George, Jeff-10  
Stevens, Jon-9  
O'Leary, Pat-11  
Singh, Amendeep-12  
Rodriguez, Dave-10  
Strom, Jeremiah-12  
Posner, Bryan-10  
Ostler, Drew-10

De LaSalle  
De LaSalle  
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De LaSalle  
Mission San Jose  
Mission San Jose  
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Mission San Jose  
Mission San Jose  
Mission San Jose

**NORTHERN SECTION (1)**

Moody, Jeremiah-12  
Neisser, Miles-12  
Dean, Mike-12  
Wattenberg, Clint-9  
Hayes, Ryan-11  
Fender, Mike-12  
Bradley, Mike-11

Pleasant Valley  
Pleasant Valley  
Pleasant Valley  
Pleasant Valley  
Pleasant Valley  
Pleasant Valley  
Pleasant Valley

**SAC-JOQUIN SECTION (2)**

Hansen, Steve-12  
Blair, Mike-12  
Nelson, Jim-11  
Cortez, Eric-10  
Torres, Roberto-9  
Stingley, Mark-11  
Tehee, Quoyo-10  
Stember, Michael-11  
Bohaty, Spencer-12  
Abbott, Scott-11  
Valencia, David-12  
Kimball, Matt-10  
Welsh, Dan-12  
Myers, David-12

Napa  
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**SAN DIEGO SECTION (2)**

Ramero, Manuel-12  
Rodriguez, Fernando-12  
Alfano, Juan-11  
Ash, Diego-12  
Pena, Ismael-10  
Brown, Adam-10  
Ash, Ezra-10  
Abutin, Afran-12  
Bowes, Kevin-12

San Pasquel  
San Pasquel  
San Pasquel  
San Pasquel  
San Pasquel  
San Pasquel  
San Pasquel  
Scripps Ranch  
Scripps Ranch

## DIVISION II - BOYS TEAMS

**NAME (Last, First, Grade)**

**CENTRAL SECTION (2)**  
Godinez, Jose-10  
Lujan, Michael-9  
Osorio, Sylvester-11  
Silva, Victor-10  
Padilla, Jerry-11  
Vasquez, Miguel-10  
Vargas, Angel-10  
Herrera, Luis-11  
Castro, Jorge-11  
Medina, Victor-12  
Navarrette, Enrique-12  
Flores, David-11  
Garcia, Miguel-11  
Pantoja, Everardo-12

**SCHOOL**

Reedley  
Reedley  
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Arvin  
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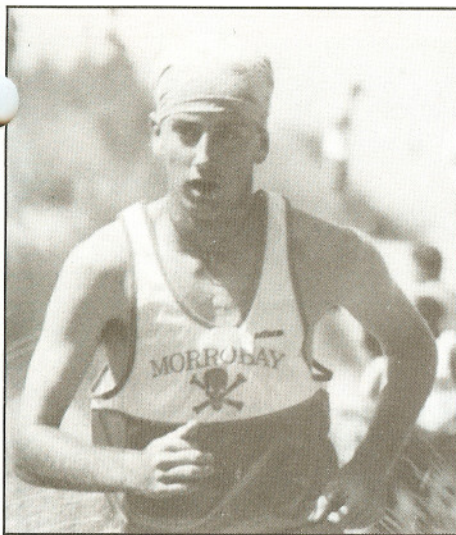
**CENTRAL COAST SECTION (2)**

Sikirc, Daniel-11  
Murphy, Brian-12  
Rogers, Ben-12  
Roberts, Cliff-12  
Piellusch, Nick-10  
Harnagel, John-11  
Fortier, Chris-12  
Hensen, Brad-10  
Wellman, Paul-11  
Talbot, Matt-12  
Fitzgibbon, Brendan-10  
Caurant, Pat-12

Leland  
Leland  
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St. Ignatius  
St. Ignatius  
St. Ignatius  
St. Ignatius  
St. Ignatius  
St. Ignatius



# 1994 CIF/TOYOTA Competitors and Team Listings



**Dave Mitchell**  
Morro Bay High



**Laura Sandoval**  
St. Ignatius High



**Jessica Lunt**  
Coronado High

## NORTH COAST SECTION (2)

Wojciechowski, Mike-11  
Brigham, Geoffrey-12  
Carter, Justin-10  
Linger, Luke-11  
Munch, Tony-12  
Clausen, Chris-12  
Freeman, Jim-12  
Jones, Micheil-11  
Immel, Steve-12  
Fimerl, Adrian-11  
Smith, Joe-11  
Card, Tim-10  
Nichols, Peter-12  
Nebo, Chris-10

Clayton Valley  
Clayton Valley  
Clayton Valley  
Clayton Valley  
Clayton Valley  
Clayton Valley  
Clayton Valley  
Livermore  
Livermore  
Livermore  
Livermore  
Livermore  
Livermore

## NORTHERN SECTION (1)

Harris, Aaron-10  
Smith, Paul-12  
Moore, Sherman-12  
Harris, Isaac-12  
Avant, Keith-12  
Lewis, Niall-12  
Brossius, Nathan-12

Lassen  
Lassen  
Lassen  
Lassen  
Lassen  
Lassen

## SAC-JOQUIN SECTION (2)

D'Ottavio, Dan-11  
Christiansen, Barrett-11  
Delcour, Casey-12  
Tanner, Nathan-11  
Uenuma, Maurice-12  
Shaw, Brendon-12  
Abner, Jeremy-12  
Holman, Darren-12  
Moreton, Crosby-12  
Wolp, Joe-11  
Mortan, Josh-12  
Hart, Jason-10  
Hurst, Tom-11  
Thompson, Kalen-10

Auburn  
Auburn  
Auburn  
Auburn  
Auburn  
Auburn  
Auburn  
Sonora  
Sonora  
Sonora  
Sonora  
Sonora  
Sonora

## SAN DIEGO SECTION (2)

Glass, Shilo-12  
Reid, Galen-11  
Miller, Tim-10  
Denny, Bob-10  
Shofstall, David-10  
Ramos, Jorge-10  
Adams, James-10  
Blain, Stewart-12  
Blood, Aaron-12  
Diaz, Dustin-9  
Nagas, Chris-10  
Bennitt, Randy-12  
Stuart, Matt-11  
Smith, Tom-10

Ramona  
Ramona  
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Ramona  
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Ramona  
West Hills  
West Hills  
West Hills  
West Hills  
West Hills  
West Hills

## SAN FRANCISCO SECTION (1)

Asmerom, Bolota-11  
Morton, Jerome-11  
Osmerom, Yonathan-12  
Garcia, Francisco-12  
Zurbrugg, Cristoph-11  
Garcia, Jose-11  
Adams, Brock-12

McAteer  
McAteer  
McAteer  
McAteer  
McAteer  
McAteer  
McAteer

## SOUTHERN SECTION (4)

Slingsby, Brian-12  
Beardslee, Tyler-10  
Gwin, Andy-11  
Tsujimoko, Kohci-12  
Long, David-10  
Coombe, Brian-9  
Conover, Cameron-9  
Kennedy, Don-12  
Amos, Zach-10  
Emenaker, Ryan-11  
Syphers, Shawn-12  
Shook, Jason-12  
Allen, Tim-10  
Murrietta, Ryan-11  
Gatchell, Chuck-12  
Kolb, Jason-12  
Mahon, Bryan-12  
Romero, Octabiano-12  
Sauble, Jarom-12  
Reese, Bryan-12  
Macias, Jason-9  
Ramirez, Javier-12  
Bernaldo, Will-11  
Vega, Omar-11  
Moore, Mason-11  
Davis, Jesse-11  
Pineda, May-12  
Ochoa, Victor-9

Corona del Mar  
Corona del Mar  
Corona del Mar  
Corona del Mar  
Corona del Mar  
Corona del Mar  
El Modena  
El Modena  
El Modena  
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El Modena  
El Modena  
La Habra  
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Northhoff  
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Northhoff

## DIVISION IV - GIRLS TEAMS

### NAME (Last, First, Grade)

**CENTRAL SECTION (2)**  
Sanchez, Cristina-10  
Gonzalez, Tanya-10  
Leal, Laura-11  
Renteria, Debbie-10  
Sanchez, Cynthia-9  
Robles, Juanita-11  
Silva, Iris-9  
Bowling, Tracy-10  
Bryan, Laura-9  
Salcido, Niki-10  
Hackler, Jessica-9  
Huddleston, Peggy-10  
Topete, Claudia-12  
Rodrigues, Monica-9

**SCHOOL**  
McFarland  
McFarland  
McFarland  
McFarland  
McFarland  
McFarland  
McFarland  
Taft  
Taft  
Taft  
Taft  
Taft  
Taft

### CENTRAL COAST SECTION (2)

O'Leary, Shauna-12  
Barger, Chloe-9  
O'Brien, Kim-11  
Tuff, Jennifer-10  
Schechter, Anna-9  
Abe, Claire-9  
Stefan, Julie-9  
Ricketts, Maggie-11  
Kemp, Mandy-9  
Sun, Stephanie-10  
Hall, Stacey-11  
Williams, Mackenzie-11  
Tero, Louise-11  
Pahler, Laura-12

Half Moon Bay  
Half Moon Bay  
Half Moon Bay  
Half Moon Bay  
Half Moon Bay  
Half Moon Bay  
Half Moon Bay  
Saratoga  
Saratoga  
Saratoga  
Saratoga  
Saratoga  
Saratoga

## NORTH COAST SECTION (2)

Reynolds, Kim-12  
Reynolds, Julie-9  
Eckert, Jenny-12  
Bascara, Louani-9  
Cosby, Brook-11  
Mathies, Casey-9  
Hartzell, Brook-11  
Schreiber, Kristen-12  
Bergren, Lindsey-9  
Miller, Kirsti-9  
Phillips, Eve-12  
Sivia, Misha-12  
Rice, Amy-10  
Warpack, Ashley-10

Branson  
Branson  
Branson  
Branson  
Branson  
Branson  
Branson  
Miramonte  
Miramonte  
Miramonte  
Miramonte  
Miramonte  
Miramonte

## NORTHERN SECTION (2)

Peacock, Christina-12  
Irwin, Carrie-12  
Hunn, Kara-10  
Stoizoff, Barbara-11  
Gemmill, Hillery-10  
Hunter, Claire-10  
Kluck, Lori-10  
Spoon, Jenny-12  
Haffner, Stacy-11  
Baldwin, Karen-11  
Haston, Hilaree-9  
Durand, Shanna-11  
Ducios, Sarah-9  
Johnson, Lindsay-12

Central Valley  
Central Valley  
Central Valley  
Central Valley  
Central Valley  
Central Valley  
Central Valley  
West Valley  
West Valley  
West Valley  
West Valley  
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West Valley

## SAC-JOQUIN SECTION (2)

McNurlin, Adriana-9  
Dunckel, Joanne-9  
Lowry, Aimee-11  
Warring, Nicole-9  
Cunningham, Calaveras-12  
Davey, Jamie-9  
Cizmich, Francisca-12  
Spurlock, Liz-12  
Gilde, Julie-10  
Bruins, Claudia-12  
Roth, Katherine-9  
Tobin, Stephanie-12  
Browning, Liz-12  
Haney, Nicole-10

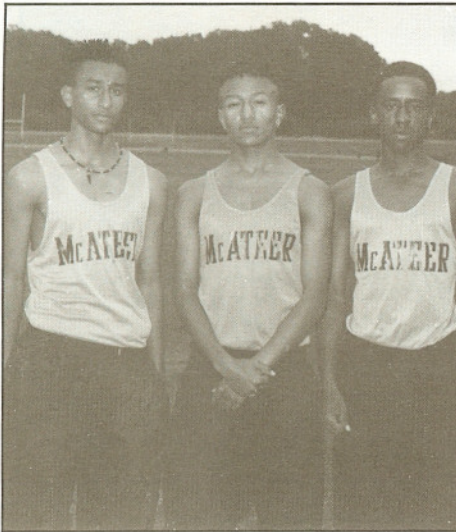
Bret Harte  
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Dixon  
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## SAN DIEGO SECTION (2)

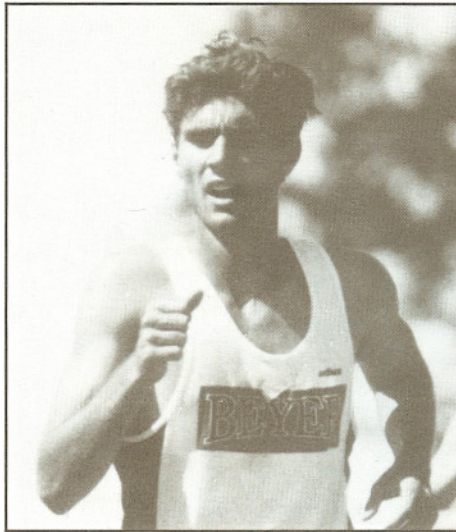
Hurwitz, Marissa-11  
Zabioudil, Katherine-12  
Muchmore, Mary-Beth-11  
Lowery, Nichola-12  
Pettigrew, Stephanie-11  
Popoff, Gabe-12  
Gordon, Lindsay-12  
Lunt, Jessica-11  
Watts, Jasmine-10  
Neil, Kirsten-10  
Barraza, Toni-9  
Ryan, Bridgit-10  
Caruer, Nicole-10  
Cole, Beth-11

Bishop's LJ  
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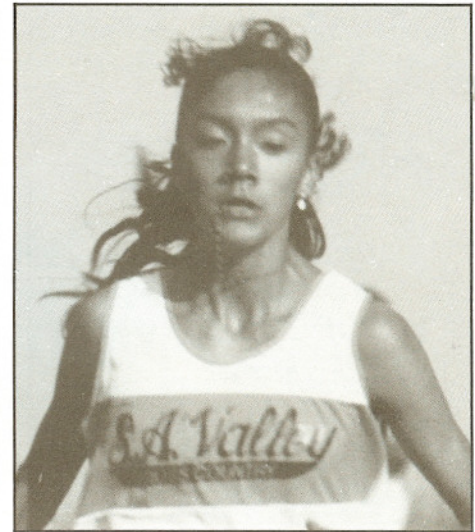
# 1994 CIF/TOYOTA Competitors and Team Listings



**Bolota Asmerom, Yonathan Asmerom,  
Jerome Morton, McAteer High**



**Jason Yonan  
Beyer High**



**Elly Estrada  
Santa Ana Valley High**

## SOUTHERN SECTION (4)

MacPherson, Melissa-10	Flintridge SH
Bridges, Dana-10	Flintridge SH
McCoppin, Francie-10	Flintridge SH
Koeper, Stephanie-12	Flintridge SH
Valle, Walocka-12	Flintridge SH
Sciarra, Kristen-10	Flintridge SH
Gibbe, Kristina-12	Flintridge SH
Rhoades, Kelly-10	Laguna Beach
O'Connell, Tara-12	Laguna Beach
Kiely, Alexa-12	Laguna Beach
Olney, Meredith-11	Laguna Beach
Gade, Vanessa-9	Laguna Beach
Killackey, Katy-11	Laguna Beach
Evans, Katlin-10	Laguna Beach
Messinger, Heather-12	Morro Bay
Eister, Siobahn-11	Morro Bay
Woods, Adrienne-11	Morro Bay
Yurcheshen, Katy-11	Morro Bay
Rupp, Sophia-11	Morro Bay
Willis, Sonja-10	Morro Bay
Gedney, Tina-10	Morro Bay
Juraneck, Laurie-12	Orange Lutheran
Groncy, Kristin-10	Orange Lutheran
Ferrell, Meg-12	Orange Lutheran
Peters, Katie-10	Orange Lutheran
McIntosh, Rebecca-9	Orange Lutheran
de Jesus, Maryjo-11	Orange Lutheran
Olmos, Judy-11	Orange Lutheran

## DIVISION IV - BOYS TEAMS

### NAME (Last, First, Grade)

#### CENTRAL SECTION (2)

Gonzalez, Galvin-12	McFarland
Soto, Gerardo-11	McFarland
Cavazos, Rudy-10	McFarland
Lopez, Joel-10	McFarland
Galvan, Jose-11	McFarland
Ballardo, Rudy-9	McFarland
Diaz, Gabriel-12	McFarland
Fuson, Micah-11	Taft
Jordan, Todd-11	Taft
Ruelas, Roy-12	Taft
Kenney, Travis-9	Taft
Gregory, Jeremy-12	Taft
Kenney, Kyle-11	Taft
Dyer, Ryan-9	Taft

#### CENTRAL COAST SECTION (2)

Stern, Justin-12	Half Moon Bay
White, Louie-9	Half Moon Bay
Perkins, Zach-10	Half Moon Bay
Tendick, Noel-12	Half Moon Bay
Dines, David-10	Half Moon Bay
Schechter, Sam-12	Half Moon Bay
Harrison, James-11	Half Moon Bay
Drobnick, Ryan-10	Palma
Thornton, Aaron-11	Palma
Palacios, Frank-11	Palma

Villegas, Bryan-9
Camargo, Marco-12
Shim, Mike-10
Hoffpauir, Toby-10

#### NORTH COAST SECTION (2)

Gallagher, Ryan-12
Wong, Kyle-12
Nakamura, Kurtis-12
Robertson, James-12
Mattonen, Ryan-9
Stup, Todd-11
Wise, Matt-9
Rhodes, Dave-12
Malick, Andy-11
Trimble, Keith-11
Moren, Carl-9
Hobstetter, Dave-11
Kunkel, Greg-11
Lam, David-11

#### NORTHERN SECTION (2)

Moller, Daniel-12
Farrar, Ronnie-11
Alvarado, Saul-11
Martin, Ryan-12
Mueller, Matt-12
Henry, Brett-11
Mack, Keith-11
Gillen, Aaron-11
Shields, Damon-12
Neitsch, Gregg-12
Ferlatte, Mark-12
Yates, Ken-12
Rossiter, John-11
Comstock, Sean-9

#### SAC-JOQUIN SECTION (2)

Brackett, Dave-12
Beaudoin, Mike-9
Brackett, Tim-10
James, Tyler-10
McFarland, Johnny-10
Wilson, Tyler-10
Winebrenner, Nick-12
Renn, Dylan-12
White, Joe-11
Graves, Silas-11
Arvin, Gary-11
Alton, Gus-11
Crow, Jeremy-11
Fry, Brian-10

#### SAN DIEGO SECTION (2)

Young, Jacob-10
Gailey, Matt-9
Wilgenburg, Will-9
Hall, Nathan-11
Memmelaar, Jeff-11
Phillips, Jayson-10
Silva, Jon-11
Clarke, Trevor-11
Aguilar, Mike-11

Palma
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Campolindo
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Piedmont
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Yreka
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Calaveras
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Bret Harte

Calvin Christian
Calvin Christian
Calvin Christian
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Calvin Christian
Calvin Christian
Coronado
Coronado

Talbott, Jason-11
Loerch, Patrick-12
Jones, Cheyne-10
Loerch, Terry-12
Boney, Ryan-11

#### SOUTHERN SECTION (4)

Garcia, Efrain-10
Barragan, Roman-11
Suarez, Marcos-12
Arrendondo, Martin-10
Rodriguez, Enriquez-12
Laureano, Rafael-10
Torres, Roman-10
Robinson, Milton-12
Frost, Jared-12
Robinson, Dave-11
Farley, Pat-12
Crumrine, Scott-11
Hall, Doug-9
Tamara, George-11
Mitchell, Dave-12
Hillis, Josh-12
Strohmman, Trevor-12
Gomez, Rico-11
Birchmore, Tiwi-11
Gailey, Todd-11
Festa, Isaiah-9
Santillan, Eduardo-12
Cortez, Andy-9
Aguirre, Marcos-9
Flores, Moises-12
Villareal, Jose-12
Moreno, David-11
Garcia, Javier-10

Coronado
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Coronado

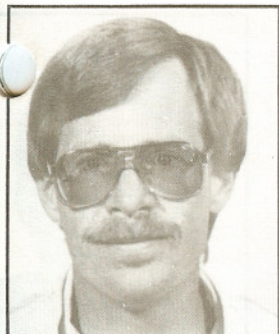
Fillmore
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Flintridge Prep
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Morro Bay
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Salesian
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Salesian





# 1994 CIF/TOYOTA State Cross Country Honor Coaches

*Honor Coaches are selected by the Cross Country Coaches Alliance, in conjunction with the CIF Section Commissioners, and are honored for their contributions to the sport.*



**Jim Clendaniel**  
Yucaipa High  
CIF Southern Section

A highly successful cross country coach, Jim Clendaniels has directed his girls teams to to eight league titles in 12 years. Yucaipa has finished as high as second in the CIF/TOYOTA State Cross Country Championships, which it accomplished in 1988. For the past two years Clendaniels has been the site coordinator for the AAF/CIF cross country coaching clinics.



**Mike Smith**  
Camarillo High  
CIF Southern Section

Mike Smith's teams at Camarillo High have advanced to the CIF/TOYOTA State Cross Country Championships eight straight seasons, finishing in the top three six times. In 1989 his boys team came away as CIF/TOYOTA State Cross Country Champions. In his 13 years at Camarillo High, Smith has a 63-29 dual meet record. Smith is an AAF/CIF cross country coaching program instructor.



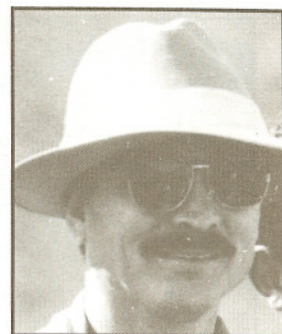
**Bill Cleves**  
El Capitan High  
CIF San Diego Section

Under Bill Cleves guidance the girls cross country team at El Capitan High has garnered five straight league titles and two CIF/TOYOTA San Diego Section crowns. His teams have placed in the top 10 in the CIF/TOYOTA State Cross Country Championships four times, with its highest finish of third in 1991. A TAC level certified coach, Cleves teams have a 36-4 dual meet record in seven seasons.



**Dennis Lottermoser**  
Mira Mesa High  
CIF San Diego Section

A veteran of 25 years of coaching, Dennis Lottermoser has amassed a 201-33 dual meet record in his career. His teams have won 15 league crowns and four CIF/TOYOTA San Diego Section titles. His Mira Mesa girls took the Section title in 1991 and 1992, while his Crawford High teams won the Section championship in 1973-74. His honors include being selected Coach of the Year in San Diego.



**Ernie Aguirre**  
Bell High  
CIF LA City Section

In just five years in charge of the Bell High cross country program, Ernie Aguirre has experienced a great deal of success. His boys' team placed as high as seventh at the CIF/TOYOTA State Cross Country Championships (1991). Besides cross country Aguirre has coached basketball, softball, football, soccer, volleyball and football during his coaching career which began in 1973.



**Marc Christensen**  
McAteer High  
CIF San Francisco Section

In his 25th year of teaching and coaching in San Francisco, Marc Christensen has had tremendous success at McAteer High. Christensen has provided free clinics to track and field and cross country coaches in the San Francisco Section, last month having Jim Ryun speak to coaches and athletes. the co-founder and president of the SF Prep Hall of Fame.



**Gary Adams**  
McFarland High  
CIF Central Section

A three-time California Track and Running News Coach of the Year, Gary Adams has led the McFarland boys' team to three CIF/TOYOTA State Cross Country Championships. Only Hart High with four titles has won more. McFarland has won six straight CIF/TOYOTA Central Section titles with Adams in charge.



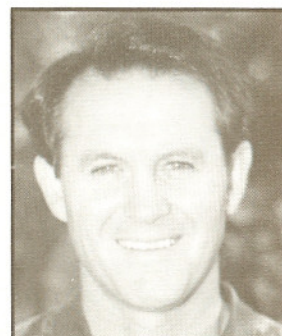
**Steve Unzueta**  
Lemoore High  
CIF Central Section

Lemoore High has been a force in the CIF/TOYOTA State Cross Country Championship under the tutelage of Steve Unzueta. His boys teams have placed as high as fifth in the state finals and have advanced every year since 1989. A 13-year coaching veteran, Unzueta has won several coach of the year awards and has a 39-7 dual meet record.



**Joan Lewis**  
Del Oro High  
CIF Sac-Joaquin Section

Joan Lewis has guided Del Oro High to two CIF/TOYOTA Sac-Joaquin Section titles in her 10 years of coaching. Her teams have also fared well in state competition, advancing to the finals every year since 1987. During the summer, Lewis organizes a youth running club program. She has also been active in strength and conditioning workshops.



**Gordon Hubble**  
Rio American High  
CIF Sac-Joaquin Section

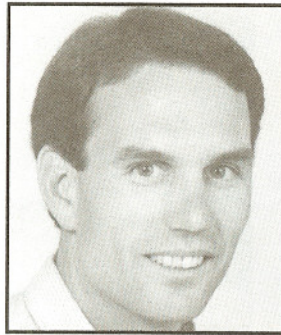
In 18 seasons as the head coach at Rio American High, Gordon Hubble's teams have claimed five league championships. Hubble was instrumental in the changing of scoring at the CIF/TOYOTA Sac-Joaquin Sub and Section meets from handscoring to computer scoring. He is very much involved in youth running clubs and looks to develop athletes who excel and enjoy running.

# 1994 CIF/TOYOTA Cross Country Honor Coaches



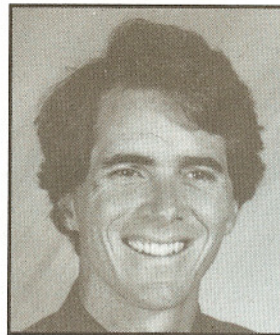
**Steve Wright**  
Garfield High  
CIF LA City Section

Involved in coaching for 24 years, Steve Wright has been at Garfield High for the last 12 years. His boys and girls teams have each won six league titles during that time period. A member of the CIF Los Angeles City Section Cross Country Advisory Committee, Wright has helped develop a coaching manual for teachers through the Amateur Athletic Foundation (AAF).



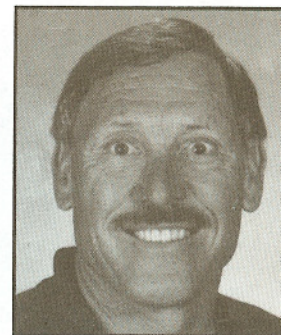
**Scott Fairley**  
West Valley High  
CIF Northern Section

Scott Fairley has been very involved in cross country within the CIF Northern Section. For the past four years he has chaired the Northern Section's Cross Country Advisory Committee. In his 14 years of coaching, Fairley's teams have experienced much success with a 57-9 dual meet record and two CIF/TOYOTA Northern Section Championships.



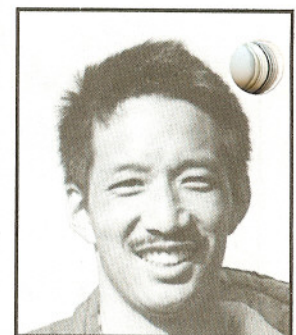
**Kerry Moretti**  
Shasta High  
CIF Northern Section

Himself a successful cross country runner, Kerry Moretti has adapted well to coaching the sport. His teams have won four CIF/TOYOTA Northern Section titles in 1988, 1989, 1990, and 1991. As a high school senior in 1980, Moretti placed second at the CIF/TOYOTA Northern Section Championships held at Shasta High. He has taught at Shasta since 1988.



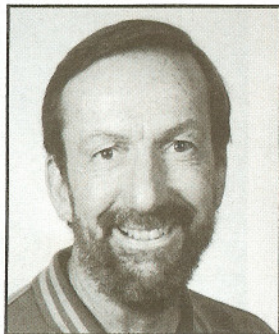
**Hal Daner**  
Gunn High  
CIF Central Coast Section

Since 1976 Hal Daner has been in charge of the boys and girls cross country teams at Gunn High. His girls teams have dominated league play, winning 11 titles since 1977. Meanwhile, Daner has guided his boys to seven league championships. Daner has served as both director and co-director of the Central Coast Section sub-section meets in cross country.



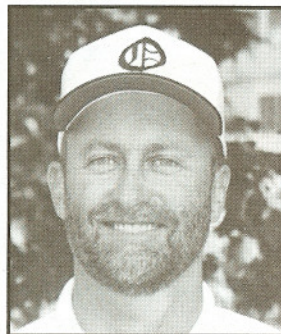
**Andy Leong**  
Lowell High  
CIF San Francisco Section

Andy Leong, in his fifth year as Lowell Cross Country coach, receives his fourth consecutive honor coach award. His girls team will hope to improve on last year's 12th place Division I finish, the school's best showing at the state meet. Coach Leong's biggest accomplishment has been to see all his athletes improve year after year.



**Keith Conning**  
Berkeley High  
CIF North Coast Section

During 20 years as a teacher and coach at Berkeley High, one of Keith Conning's crowning achievements was leading the girls cross country team to a third place finish in the 1989 CIF/TOYOTA North Coast Section Finals. In addition to coaching, Conning serves as editor of the California Track News and as the track announcer at numerous high school and college track meets.



**Steve Brown**  
Bishop O'Dowd High  
CIF North Coast Section

The president of a computer software sales company, Steve Brown - like so many cross country coaches - does it for the love of the sport. His Bishop O'Dowd girls teams have placed in the top five at the CIF/TOYOTA State Cross Country Championships for three consecutive years in Division III. Bishop O'Dowd's dual meet record is 58-2 under Brown's guidance.



**Doyle O'Regan**  
Piedmont High  
CIF North Coast Section

An eight year veteran coach at Piedmont High, Doyle O'Regan has been an instrumental figure in cross country in the North Coast Section. O'Regan has served as the CIF/TOYOTA North Coast Section meet manager in cross country for the past two years. As a coach, he has experienced tremendous success guiding his girls teams to a 58-7 dual meet record, two Section titles and four league crowns.

## CIF VISION

The high school students of California, through participation in athletic centered interscholastic athletic activities will develop values, attitudes and skills for personal growth and the benefit of our multicultural society. For our athletes, CIF is:

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Fairness

**Competition:** The opportunity for students to acquire lifelong skills and to experience the excitement and camaraderie of participation in athletics.

**Integrity:** The commitment to honesty, responsibility, scholarship and respect for others.

**Fairness:** The belief in the principles of equity, sportsmanship and student welfare.

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# CIF/TOYOTA State Cross Country

## All-Time Top Times

### Boys Top All-Time Team Scores - Division I

1. Thousan Oaks (1993)	23
2. Camarillo (1989)	39
3. Arroyo (1987)	41
4. Hart (1991)	43
5. Hart (1992)	53

### Girls Top All-Time Team Scores - Division I

1. Agoura (1991)	41
Agoura (1990)	41
2. Palos Verdes (1989)	65
Palos Verdes (1988)	65
5. Peninsula (1991)	67

### Boys All-Time Top Times Individual - Division I

1. 14:45 - Dameworth (Agoura '89)
2. 14:47 - Quintana (Arr. Grande '90)
3. 14:59 - Quintana (Arr. Grande '89)
4. 15:02 - Keflezig (San Diego '93)
5. 15:032 - Dameworth (Agoura '88)
6. 15:03 - Casillas (Hoover '92)
7. 15:04 - Hartman (Canyon '90)
15:04 - Williamson (Thous. Oaks '88)
9. 15:05 - Rodriguez (S. Ana Vall. '88)
10. 15:06 - Martinez (San Gabriel '91)

### Girls All-Time Top Times Individual - Division I

1. 17:13 - Glusac (Fallbrook '91)
2. 17:14 - Glusac (Fallbrook '92)
3. 17:27 - Drossin (Agoura '89)
4. 17:29 - Drossin (Agoura '90)
5. 17:33 - Spies (Livermore '89)
6. 17:35 - Drossin (Agoura '87)
7. 17:42 - Jorgensen (R. Buena Vista '88)
17:42 - Skiersz (Agoura '92)
8. 17:43 - Cervantes (Montebello '87)
9. 17:44 - Barajas (Channel Island '90)
10. 17:45 - Ashe (Leland '87)

\* Division IV established in 1990.

### MOST STATE CHAMPIONSHIPS (BOYS)

3 Hart 1990-92 Division I
3 McFarland 1987 Division III; 1992-93 Division IV
2 Jesuit Carmichael 1989, 1993 Division II
2 Nordhoff Ojai 1991 Division IV; 1993 Division III

### MOST STATE CHAMPIONSHIPS (GIRLS)

*3 Palos Verdes 1987-89 Division I
3 Agoura 1990-92 Division I
3 Newport Harbor, Newport Beach 1987-88 Div. II; 1991 Div. III
2 Bret Harte 1988-89 Division III
2 La Jolla 1989 Division II; 1990 Division III
2 Edison Huntington Beach 1991, 1993 Division II
2 Nordhoff, Ojai 1990-91 Division IV
2 Lassen 1992-93 Division IV

\*Palos Verdes High combined with Rolling Hills and Miraleste High's to form Peninsula High after the 1990-91 school year.

### Boys Top All-Time Team Scores - Division II

1. Walnut (1987)	40
2. Jesuit (1989)	61
3. Corona del Mar (1987)	63
4. San Pasqual (1990)	64
5. Jesuit Carmichael (1993)	70

### Girls Top All-Time Team Scores - Division II

1. San Pasqual (1990)	38
2. Oceanview (1992)	52
Edison (1991)	52
4. San Pasqual (1991)	55
5. Newport Harbor (1988)	75

### Boys All-Time Top Times Individual - Division II

1. 15:06 - Farley (Jesuit Carmichael '93)
2. 15:08 - Dan Neves (Helix '91)
3. 15:09 - Elizando (Mission Bay '93)
4. 15:13 - Ryan Wilson (Agoura '92)
5. 15:15 - Hempel (Walnut '88)
6. 15:16 - Wilson (Agoura '91)
7. 15:19 - Berkowitz (Hayward '89)
8. 15:20 - Brewer (North Bakersfield '92)
15:20 - Welsh (Jesuit '88)
10. 15:22.1 - Hempel (Walnut '87)

### Girls All-Time Top Times Individual - Division II

1. 17:28 - Taylor (Edison '91)
17:28 - Rothman (Westlake '90)
3. 17:34 - Jorgensen (R. Buena Vista '87)
4. 17:46 - Taylor (Edison '90)
5. 17:48 - Hecox (South Hills '87)
6. 17:54 - Glusac (Fallbrook '90)
7. 18:01 - Riley (Campolindo '89)
18:01 - Hecox (South Hills '88)
18:01 - Gorbet (Lassen '87)
10. 18:04 - Garrison (Buena Park '93)

### Boys Top All-Time Team Scores - Division III

1. Sherman Indian (1988)	58
2. Laguna Beach (1989)	65
3. San Marino (1990)	77
4. Newport Harbor New. Bch (1992)	89
5. Laguna Hills (1991)	91

### Girls Top All-Time Team Scores - Division III

1. La Jolla (1990)	31
2. Bret Harte (1988)	54
3. Corona del Mar New. Bch. (1992)	66
4. Maranatha (1987)	72
5. Bret Harte (1989)	73

### Boys All-Time Top Times Individual - Division III

1. 15:15 - Wilson (Newbury Park '91)
15:15 - Wilson (Newbury Park '90)
3. 15:22 - Hauser (St. Augustine '93)
4. 15:26 - Menon (San Luis Obispo '90)
5. 15:29 - Gibbs (Rubidoux Riverside '93)
15:29 - Williams (River City '87)
7. 15:33 - Hamer (Covina '91)
8. 15:36 - Rojas (Moorpark '91)
9. 15:37 - Balkman (Lynbrook '91)
10. 15:38 - Balkman (Lynbrook '92)
15:38 - Ramirez (Nordhoff Ojai '93)

### Girls All-Time Top Times Individual - Division III

1. 17:51 - McCandless (Castilleja '87)
2. 18:01 - Garrison (Rim of World '90)
3. 18:02 - Marzell (Bishop O'Dowd '92)
4. 18:12 - Torrens (St. Francis Mt. View '92)
5. 18:17 - Thayer (Serrano '87)
6. 18:21 - Spies (Livermore '90)
7. 18:29 - Dugger (Coronado '87)
8. 18:30 - Sweeney (Leigh '90)
9. 18:32 - Medina (Laguna Hills '92)
18:32 - Ebner (St. Lucy's '93)

### Boys Top All-Time Team Scores - Division IV\*

1. McFarland (1993)	61
2. McFarland (1992)	63
Morro Bay (1993)	63
4. Nordhoff (1991)	78
5. Nordhoff (1992)	79

### Girls Top All-Time Team Scores - Division IV\*

1. Lassen (1992)	71
2. Nordhoff (1991)	72
3. Nordhoff (1992)	73
4. Nordhoff (1990)	77
5. Filmore (1991)	79
Morro Bay (1990)	79

### Boys All-Time Top Times Individual - Division IV\*

1. 15:30 - Gonzalez (McFarland '93)
2. 15:31 - Brown (Piedmont '93)
3. 15:35 - Katri (Fortuna '91)
4. 15:41 - Singleton (Bret Harte '90)
5. 15:43 - Arnold (York '91)
15:43 - Barajas (Fillmore '90)
7. 15:46 - Boulet (Drake '90)
8. 15:47 - Mitchell (Morro Bay '93)
9. 15:48 - Brown (Piedmont '92)
10. 15:49 - Faubert (St. Anthony '90)

### Girls All-Time Top Times Individual - Division IV\*

1. 17:47 - Aparicio (Fillmore '91)
2. 18:05 - Lacovara (Morro Bay '90)
3. 18:11 - Aparicio (Fillmore '90)
4. 18:12 - Bockel (Nordhoff '92)
5. 18:15 - Zwagerman (Tamalpais '90)
6. 18:24 - Webb (Bear River '92)
7. 18:41 - Shaw (Fillmore '91)
8. 18:43 - Diulio (Anderson '90)
9. 18:44 - Shaw (Fillmore '90)
10. 18:49 - Aparicio (Fillmore '92)

### MOST INDIVIDUAL STATE CHAMPIONSHIPS (BOYS)

3 Bryan Dameworth, Agoura 1987-89 Division I
2 Scott Hempel, Walnut 1987-88 Division II
2 Jeff Wilson, Newbury Park 1990-91 Division III

### MOST INDIVIDUAL STATE CHAMPIONSHIPS (GIRLS)

3 Deena Drossin, Agoura 1987, 1989-90 Division I
2 Milena Glusac, Fallbrook 1991-92 Division I
2 Kira Jorgensen, Rancho Buena Vista 1987 Div. II, 1988 Div. I
2 Carrie Garrison, Rim of World '90 Div. III; Buena Park '93 Div. II

## 1987 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Division I

1. Arroyo	41
2. Dana Hills	115
3. Bellamine	124
4. Camarillo	132
5. Palos Verdes	141

### Girls Team Results - Division I

1. Palos Verdes	70
2. Agoura	91
3. Hesperia	112
4. Montebello	139
5. Arroyo Grande	174

### Boys Individual Results - Division I

1. 15:12 - Bryan Dameworth (Agoura)
2. 15:13 - Goshu Tadese (Crawford)
3. 15:14 - Davis Scudamore (Palos Verdes)
4. 15:23 - Jamie Ortega (Arroyo)
5. 15:29 - Terrence Mahon (La Habra)
6. 15:29 - Jeff Gilkey (Arroyo)
7. 15:30 - Luis Quintana (Arroyo)
8. 15:30 - Francis O'Neill (San Pasqual)
9. 15:31 - Bobby Rodriguez (McLane)
10. 15:31 - Derrick Powers (Arroyo)

### Girls Individual Results - Division I

1. 17:35 - Deena Drossin (Agoura)
2. 17:43 - Reyna Cervantes (Montebello)
3. 17:45 - Jennifer Ashe (Leland)
4. 17:45 - Nicole Robbins (Hesperia)
5. 17:51 - Robbyn Bryant (Hesperia)
6. 17:51 - Ashley Black (Palos Verdes)
7. 18:10 - Becky Spies (Livermore)
8. 18:11 - Jena Haggen Miller (Thous. Oaks)
9. 18:15 - Brigid Greyne (Riverside Poly)
10. 18:20 - Nicole Houle (Hesperia)

### Boys Team Results - Division II

1. Walnut	40
2. Corona del Mar	63
3. Gunn	144
4. El Camino	161
5. Woodbridge	181

### Girls Team Results - Division II

1. Newport Harbor	87
2. Woodbridge	106
3. Archbishop Mitty	120
4. South Hills	168
5. Nordhoff	175

### Boys Individual Results - Division II

1. 15:22.1 - Scott Hempel (Walnut)
2. 15:29 - Ben Ayers (Christian Brothers)
3. 15:32 - Mike Glaze (Norte Dame)
4. 15:33 - Jim Geerlings (Newport Harbor)
5. 15:37 - Brett Mack (Carlmont)
6. 15:39 - Eddie Lavelle (Corona del Mar)
7. 15:41 - Richard Duran (Wasco)
8. 15:44 - Coby Polite (Walnut)
9. 15:48 - Gary Stolz (Miraleste)
10. 15:50 - Jim Robins (Corona del Mar)

### Girls Individual Results - Division II

1. 17:34 - Kira Jorgensen (Rancho Buena Vista)
2. 17:48 - Karen Hecox (South Hills)
3. 18:01 - Tina Gorbet (Lassen)
4. 18:14 - Sandra Acosta (Walnut)
5. 18:44 - Kristi Bache (University, San Diego)
6. 18:46 - Cindy Mahaffey (Carlmont)
7. 18:47 - Karen Karcher (Ramona)
8. 19:02 - Suzanne Catruita (West Covina)
9. 19:06 - Stacy Pando (Newport Harbor)
10. 19:08 - Kolleen Kassis (St. Francis)

### Boys Team Results - Division III

1. McFarland	99
2. Robert Louis Stevenson	145
3. Yreka	153
4. Salesian	163
5. Bear River	166

### Girls Team Results - Division III

1. Maranatha	72
2. University	93
3. Coronado	118
4. St. Josephs	128
5. Bret Harte	163

### Boys Individual Results - Division III

1. 15:29 - Reggie Williams (River City)
2. 15:44 - Scott Cole (Yosemite)
3. 15:57 - Brian Ochs (Million College)
4. 16:00 - Hector Ortiz (Orestimba)
5. 16:06 - Bob Baca (Bear River)
6. 16:07 - Ricky DeLeon (Moorpark)
7. 16:13 - Thomas Yalles (McFarland)
8. 16:26 - Dave Wester (Maranatha)
9. 16:29 - John Heiber (Serrano)
10. 16:30 - Ryan Coady (Village Christian)

### Girls Individual Results - Division III

1. 17:51 - Katy McCandless (Castilleja)
2. 18:17 - Tanya Thayer (Serrano)
3. 18:29 - Shamen Dugger (Coronado)
4. 19:03 - Zita Hillinger (Serrano)
5. 19:04 - Evelyn Martino (St. Joseph)
6. 19:18 - Karen Talamantes (W. Christian Univ.)
7. 19:27 - Amy McConnell (University)
8. 19:29 - Rachel Lewis (Santa Catalina)
9. 19:30 - Brandi Waters (Bishop)
10. 19:33 - Nell Smith (University)

## 1988 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Division I

1. Dana Hills	91
2. Rowland	124
3. Poway	128
4. Camarillo	141
5. DeLaSalle	174

### Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	108
3. San Pasqual	119
4. Montebello	155
5. Norco	158

### Boys Individual Results - Division I

1. 15:032 - Bryan Dameworth (Agoura)
2. 15:04 - Mike Williamson (Thousand Oaks)
3. 15:05 - Jimmy Rodriguez (Santa Ana Valley)
4. 15:08 - Francis O'Neil (San Pasqual)
5. 15:21 - Mike Tansley (Dana Hills)
6. 15:22 - Todd Lewis (Burbank)
7. 15:25 - Dave Hartman (Canyon)
8. 15:26 - Martin Morales (Wilson)
9. 15:27 - Luis Quintano (Arroyo Grande)
10. 15:28 - Craig Lawson (Granada Hills)

### Girls Individual Results - Division I

1. 17:42 - Kira Jorgensen (Rancho Buena Vista)
2. 17:50 - Rayna Cervantes (Montebello)
3. 17:55 - Deena Drossin (Agoura)
4. 18:03 - Ashley Black (Palos Verdes)
5. 18:18 - Beth Bartholomew (Fremont)
6. 18:20 - Nicole Robbins (Hesperia)
7. 18:25 - Jamie Park (Santa Barbara)
8. 18:28 - Shelley Taylor (Edison)
9. 18:37 - Chrissy Look (Nova)
10. 18:37 - Tanya Brix (University)

### Boys Team Results - Division II

1. Corona del Mar	72
2. Jesuit	80
3. Walnut	99
4. South Pasadena	156
5. Piedmont	185

### Girls Team Results - Division II

1. Newport Harbor	75
2. Yucaipa	112
3. Archbishop Mitty	146
4. Los Gatos	153
5. La Jolla	162

### Boys Individual Results - Division II

1. 15:15 - Scott Hempel (Walnut)
2. 15:20 - David Welsh (Jesuit)
3. 15:24 - Ed Lavella (Corona del Mar)
4. 15:26 - Gary Stolz (Miraleste)
5. 15:323 - Matt Hempel (Walnut)
6. 15:39 - Steve Fisone (Laguna Hills)
7. 15:40 - Eric Christopherson (Walnut)
8. 15:42 - Tony Castelton (La Puente)
9. 15:46 - Eli Ricca (Arcata)
10. 15:46 - Andy Bupp (Woodside)

### Girls Individual Results - Division II

1. 18:01 - Karen Hecox (South Hills)
2. 18:17 - Tina Gorbet (Lassen)
3. 18:45 - Sandra Acosta (Walnut)
4. 18:48 - Becky Kopchik (Northgate)
5. 18:54 - Tanya Thayer (Serrano)
6. 18:58 - Barbi Sittman (Placer)
7. 19:00 - Jennie Dempsey (Analy)
8. 19:02 - Zita Hillinger (Serrano)
9. 19:03 - Stacey Pando (Newport Harbor)
10. 19:07 - Eva Belot (El Dorado)

### Boys Team Results - Division III

1. Sherman Indian	58
2. Maranatha	103
3. Stevenson	130
4. Thacher	133
5. McFarland	133

### Girls Team Results - Division III

1. Bret Harte	54
2. Maranatha	102
3. McFarland	121
4. San Francisco, Univ.	145
5. St. Joseph	152

### Boys Individual Results - Division III

1. 16:00 - Matt Metzger (San Francisco, Univ.)
2. 16:07 - Oscar Perez (Pater Noster)
3. 16:15 - Oscar Montes (Maranatha)
4. 16:28 - Melvin Kenton (Sherman Indian)
5. 16:25 - Bob Bush (Inland Christian)
6. 16:28 - Verde Mevayaktewa (Sherman Indian)
7. 16:29 - Ryan Coady (Village Christian)
8. 16:35 - Jim Goode (Francis Parker)
9. 16:39 - Algene Talas (Sherman Indian)
10. 16:39 - Wes Smith (L.A. Baptist)

### Girls Individual Results - Division III

1. 18:50 - Rachel Lewis (Santa Catalina)
2. 18:54 - Karen Talamantes (Western Christian)
3. 19:30 - Jean Harvey (Paraclete)
4. 19:34 - Amy McConnell, (San Francisco, Univ.)
5. 19:47 - Kami Gardner (College Prep)
6. 19:53 - Mary McKiernan (Lutheran, Orange)
7. 19:57 - Amy Davidson (Bret Harte)
8. 20:00 - Tanya Dooley (Bret Harte)
9. 20:01 - Jonette Vollmer (Ft. Bragg)
10. 20:04 - Tamara DeGroot (Central Valley Christ.)

## 1989 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Division I

1. Camarillo	39
2. DeLaSalle	97
3. Agoura	107
4. Madera	132
5. San Clemente	153

### Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	75
3. San Pasqual	119
4. Mt. Carmel	121
5. Arroyo Grande	177

### Boys Individual Results - Division I

1. 14:45 - Bryan Dameworth (Agoura)
2. 14:59 - Luis Quintana (Arroyo Grande)
3. 15:11 - Jeremy Seven (DeLaSalle)
4. 15:22 - Abe Valdez (Camarillo)
5. 15:26 - Dan Berkland (Canyon)
6. 15:28 - Dave Hartman (Canyon)
7. 15:30 - Obed Aguirre (San Fernando)
8. 15:30 - Israel Pose (Torrance)
9. 15:38 - Roman Rendon (Banning)
10. 15:38 - Javier Lozano (Helin)

### Girls Individual Results - Division I

1. 17:27 - Deena Drossin (Agoura)
2. 17:33 - Becky Spies (Livermore)
3. 18:01 - Jeannie Rothman (Westlake)
4. 18:06 - Tanya Brix (University)
5. 18:24 - Beth Bartholomew (Fremont)
6. 18:25 - Suzanna Thrasher (Villa Park)
7. 18:30 - Shelley Taylor (Edison)
8. 18:30 - Maryann Martinez (Foothill)
9. 18:31 - Milena Glusac (Fallbrook)
10. 18:31 - Maria Solorio (Overfelt)

### Boys Team Results - Division II

1. Jesuit	61
2. Norte Vista	155
3. Palo Alto	156
4. St. Anthony	168
5. South Pasadena	168

### Girls Team Results - Division II

1. La Jolla	88
2. Mills	94
3. Corona del Mar	116
4. Nordhoff	123
5. Morro Bay	149

### Boys Individual Results - Division II

1. 15:19 - Kevin Berkowitz (Hayward)
2. 15:31 - Mark Gonzales (La Habra)
3. 15:34 - Eric Taylor (Grant)
4. 15:39 - Paul Eley (Mills)
5. 15:43 - Paul Goodrich (Dos Pueblos)
6. 15:47 - Andy Bupp (Woodside)
7. 15:50 - Jason Atwood (Castro Valley)
8. 15:56 - Geoff Januquar (St. Anthony)
9. 15:58 - Jeremy Redding (Central Valley)
10. 16:01 - James Pendergraph (Norte Vista)

### Girls Individual Results - Division II

1. 18:01 - Sarah Riley (Campolindo)
2. 18:15 - Neve Zwagerman (Tamalpais)
3. 18:18 - Karen Hecox (South Hills)
4. 18:33 - Tina Gorbet (Lassen)
5. 18:36 - Alva Dancel (Mills)
6. 18:44 - Milessa Ackerman (Castro Valley)
7. 18:46 - Maribella Aparicio (Fillmore)
8. 18:51 - Dascha Spellman (Nordhoff)
9. 18:56 - Jenny Lacovara (Morro Bay)
10. 18:56 - Sheila Aguilar (Norte Vista)

### Boys Team Results - Division III

1. Laguna Beach	65
2. McFarland	127
3. Bret Harte	153
4. La Salle	155
5. Calvin Christian	179

### Girls Team Results - Division III

1. Bret Harte	73
2. Maranatha	81
3. LA Baptist	102
4. Mary Mount	156
5. Paraclete	165

### Boys Individual Results - Division III

1. 15:52 - Oscar Perez (Pater Noster)
2. 15:52 - David Soto (Christian)
3. 16:04 - Brian Singleton (Bret Harte)
4. 16:08 - Matt Metzger (University)
5. 16:11 - John Castner (Oak Park)
6. 16:12 - Jeff Arnold (York)
7. 16:14 - David Crain (Laguna Beach)
8. 16:14 - Johnny Samaniego (McFarland)
9. 16:19 - Melvin Kenton (Sherman Indian)
10. 16:28 - Algene Talas (Sherman Indian)

### Girls Individual Results - Division III

1. 18:47 - Laura Hamady (The Urban)
2. 18:58 - Jean Harvey (Paraclete)
3. 19:24 - Frankie Rivera (Maranatha)
4. 19:30 - Amy Davidson (Bret Harte)
5. 19:31 - Viviana Reza (Coronado)
6. 19:47 - Debbie Lewis (Maranatha)
7. 20:01 - Jonette Vollmer (Fort Bragg)
8. 20:02 - Casey Leary (Katharine Branson)
9. 20:03 - Cedar Lindsley (Cate)
10. 20:03 - Nicki Clark (Marin Academy)

## 1990 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Div. I

1. Hart	58
2. Madera	113
3. Saddleback	123
4. Bellmont	147
5. Channel Island	147

### Boys Team Results - Div. II

1. San Pasqual	64
2. Camarillo	86
3. Helix	101
4. Agoura	115
5. Del Campo	128

### Boys Team Results - Div. III

1. San Marino	77
2. La Jolla	129
3. St. Ignatius	135
4. Palos Verdes	149
5. Lemoore	154

### Boys Team Results - Div. IV

1. Fillmore	90
2. Maranatha	98
3. Bret Harte	103
4. Morro Bay	109
5. St. Anthony	126

### Girls Team Results - Div. I

1. Agoura	41
2. Mt. Carmel	68
3. Arroyo Grande	107
4. Irvine	123
5. Palos Verdes	124

### Girls Team Results - Div. II

1. San Pasqual	38
2. Woodbridge	83
3. Westlake	107
4. Canyon	132
5. El Capitan	169

### Girls Team Results - Div. III

1. La Jolla	31
2. Foothill	102
3. San Marino	108
4. Mills	111
5. St. Francis	126

### Girls Team Results - Div. IV

1. Nordhoff	77
2. Morro Bay	79
3. Anderson	90
4. Piedmont	135
5. Orange	161

### Boys Indiv. Results - Div. I

1. 14:47 - L. Quintana (Arroyo Grande)
2. 15:04 - D. Hartman (Canyon)
3. 15:37 - D. Niednagel (Dana Hills)
4. 15:40 - R. Arellan (Belmont)
5. 15:41 - S. Gonzales (Carson)
6. 15:44 - B. White (Antioch)
7. 15:45 - R. Rendon (Banning)
8. 15:48 - B. Dixon (Hart)
9. 15:51 - F. Madrigal (Madera)
10. 15:52 - S. Guernini (Santa Rosa)

### Boys Indiv. Results - Div. II

1. 15:25 R. Walker (San Pasqual)
2. 15:29 - T. Beyene (Newark Mem.)
3. 15:34 - T. Tressler (San Marcos)
4. 15:38 - D. Das Neves (Helix)
5. 15:41 - H. Hernandez (Mar Vista)
6. 15:41 - I. Pose (Torrance)
7. 15:42 - M. Love (Katella)
8. 15:48 - J. Zachary (DeLaSalle)
9. 15:49 - R. Wilson (Agoura)
10. 15:51 - M. Dilligan (Pt. Loma)

### Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:26 - J. Menon (San Luis Obispo)
3. 15:50 - D. Stoll (College Park)
4. 15:52 - R. Gauss (University, SD)
5. 15:53 - N. Johnson (Santa Cruz)
6. 15:55 - A. Jones (Livermore)
7. 15:56 - C. DeOvando (San Marino)
8. 15:56 - M. Douglas (Moreau)
9. 15:57 - M. McManus (St. Ignatius)
10. 15:58 - J. Saueressig (Yosemite)

### Boys Indiv. Results - Div. IV

1. 15:41 - B. Singleton (Bret Harte)
2. 15:43 - J. Barajas (Fillmore)
3. 15:46 - R. Boulet (Drake)
4. 15:49 - A. Faubert (St. Anthony)
5. 15:50 - K. Rhoades (Colfax)
6. 15:50 - J.J. Catner (Oak Park)
7. 15:53 - J. Janquart (St. Anthony)
8. 15:54 - A. Fisher (Maranatha)
9. 15:59 - P. Morales (Washington)
10. 16:00 J. Brown (Bret Hart)

### Girls Indiv. Results - Div. I

1. 17:29 - D. Drossin (Agoura)
2. 17:44 - V. Barajas (Channel Islands)
3. 18:08 - E. Sumi (Wilson, LB)
4. 18:14 - T. York (Agoura)
5. 18:31 - A. Orefice (Arroyo Grande)
6. 18:34 - K. Roda (Irvine)
7. 18:44 - M. Smith (Diamond Bar)
8. 18:47 - E. Greene (Turlock)
9. 18:47 - B. Barr (Arroyo Grande)
10. 18:48 - S. Scott (Mt. Carmel)

### Girls Indiv. Results - Div. II

1. 17:28 - J. Rothman (Westlake)
2. 17:46 - S. Taylor (Edison)
3. 17:54 - M. Glusac (Fallbrook)
4. 18:07 - K. Nekota (Woodbridge)
5. 18:20 - K. Look (Shasta)
6. 18:38 - M. Pinto (Katella)
7. 18:43 - J. Graham (Westlake)
8. 18:43 - D. Hadley (San Pasqual)
9. 18:45 - M. Keim (San Pasqual)
10. 18:57 - L. Monson (Claremont)

### Girls Indiv. Results - Div. III

1. 18:01 - C. Garrison (Rim of World)
2. 18:21 - B. Spies (Livermore)
3. 18:30 - K. Sweeney (Leigh)
4. 18:42 - M. Ferguson (La Jolla)
5. 18:48 - S. Riley (Campolindo)
6. 18:58 - A. Dalke (Bishop O'Dowd)
7. 18:58 - J. Schoene (La Jolla)
8. 18:59 - B. Kaiser (Seaside)
9. 19:01 - M. Hsu (San Marino)
10. 19:16 - A. Baldelli (St. Ignatius)

### Girls Indiv. Results - Div. IV

1. 18:05 - J. Lacovara (Morro Bay)
2. 18:11 - M. Aparicio (Fillmore)
3. 18:15 - N. Zwagerman (Tamalpais)
4. 18:43 - A. Diulio (Anderson)
5. 18:44 - N. Shaw (Fillmore)
6. 18:49 - M. Martinez (Wood)
7. 18:53 - A. Webb (Bear River)
8. 19:00 - D. Spellman (Nordhoff)
9. 19:00 - J. Kendig (La Reina)
10. 19:01 - A. Parkinson (Orange Luth.)

## 1991 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Div. I

1. Hart	43
2. Peninsula	88
3. Madera	90
4. San Gabriel	123
5. Buena	141

### Boys Team Results - Div. II

1. De La Salle	75
2. San Pasqual	83
3. Del Campo	95
4. Helix	125
5. El Camino	148

### Boys Team Results - Div. III

1. Laguna Hills	91
2. San Marino	97
3. Corona Del Mar	113
4. St. Ignatius	135
5. Newbury Park	139

### Boys Team Results - Div. IV

1. Nordhoff	78
2. Bell-Jeff	101
3. Yreka	129
4. Morro Bay	135
5. Oak Park	139

### Girls Team Results - Div. I

1. Agoura	41
2. Peninsula	67
3. Mt. Camel	114
4. Irvine	126
5. Arroyo Grande	135

### Girls Team Results - Div. II

1. Edison	52
2. San Pasqual	55
3. El Capitan	136
4. Woodridge	151
5. Claremont	154

### Girls Team Results - Div. III

1. Newport Harbor	96
2. Laguna Hills	109
3. San Marino	110
4. Aptos	137
5. Bishop O'Dowd	143

### Girls Team Results - Div. IV

1. Nordhoff	72
2. Fillmore	79
3. Orange Lutheran	129
4. Yreka	141
5. Arcata	162

### Boys Indiv. Results - Div. I

1. 15:06 - A. Martinez (San Gabriel)
2. 15:14 - M. Casillas (Hoover)
3. 15:20 - C. Gallegos (Centennial)
4. 15:24 - K. Grossman (Hart)
5. 15:25 - F. Mendoza (Channel Islands)
6. 15:39 - P. Duarte (Madera)
7. 15:39 - S. Ellington (Milpitas)
8. 15:40 - T.J. Reyes (Lakewood)
9. 15:41 - G. Lindsay (Peninsula)
10. 15:42 - J. Cera (Upland)

### Boys Indiv. Results - Div. II

1. 15:08 - D. Das Neves (Helix)
2. 15:16 - R. Wilson (Agoura)
3. 15:33 - B. Keim (San Pasqual)
4. 15:41 - M. Love (Katella)
5. 15:43 - J. Kayne (Grossmont)
6. 15:44 - N. Romero (San Pasqual)
7. 15:46 - G. Rivera (Delano)
8. 15:51 - Geoff Pfau (Helix)
9. 15:53 - R. Brewer (N. Bakersfield)
10. 15:53 - C. Curtis (Elsinor)

### Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:33 - M. Hamer (Covina)
3. 15:36 - D. Rojas (Moorpark)
4. 15:37 - J. Balkman (Lynbrook)
5. 15:46 - C. Lynch (Laguna Hills)
6. 15:49 - M. McManus (St. Ignatius)
7. 15:54 - F. Sanchez (St. Francis)
8. 15:56 - J. Montes de Oca (Azusa)
9. 15:56 - F. Alcaraz (La Jolla)
10. 15:56 - B. Leek (La Jolla)

### Boys Indiv. Results - Div. IV

1. 15:35 - M. Katri (Fortuna)
2. 15:43 - J. Arnold (York)
3. 15:54 - K. Rhoades (Colfax)
4. 15:59 - A. Fisher (Maranatha)
5. 16:03 - J.J. Castner (Oak Park)
6. 16:05 - W. Allan (Carmel)
7. 16:05 - T. Flynn (Bell-Jeff)
8. 16:05 - J. Ramirez (Nordhoff)
9. 16:09 - J. Brown (Bret Harte)
10. 16:12 - S. Brown (Piedmont)

### Girls Indiv. Results - Div. I

1. 17:13 - M. Glusac (Fallbrook)
2. 18:01 - K. Nekota (Agoura)
3. 18:09 - C. Blackmer (Upland)
4. 18:13 - A. Orefice (Arroyo Grande)
5. 18:17 - A. Skieresz (Agoura)
6. 18:31 - M. Muneno (Peninsula)
7. 18:34 - N. Horn (Santa Rosa)
8. 18:35 - L. Hayward (Agoura)
9. 18:38 - V. Barajas (Channel Islands)
10. 18:44 - W. Murphy (Granite Hills)

### Girls Indiv. Results - Div. II

1. 17:28 - S. Taylor (Edison)
2. 18:06 - C. Garrison (Sunny Hills)
3. 18:32 - M. Martinez (Wood)
4. 18:33 - M. Keim (San Pasqual)
5. 18:34 - M. Lopez (Compton)
6. 18:42 - T. Brix (University)
7. 18:43 - E. Chiariello (San Marcos)
8. 18:43 - C. Franco (Delano)
9. 18:50 - M. Middlecoff (Los Gatos)
10. 18:53 - L. Miller (North)

### Girls Indiv. Results - Div. III

1. 18:45 - D. Mills (Newport Harbor)
2. 18:51 - K. Eklof (Costa Mesa)
3. 18:52 - S. Dien (La Canada)
4. 18:53 - B. Kaiser (Seaside)
5. 19:01 - M. Hsu (San Marino)
6. 19:01 - C. Pengra (La Canada)
7. 19:04 - M. Crane (Newport Harbor)
8. 19:05 - A. Baldelli (St. Ignatius)
9. 19:07 - A. Dalke (Bishop O'Dowd)
10. 19:09 - S. Pope (Del Oro)

### Girls Indiv. Results - Div. IV

1. 17:47 - M. Aparicio (Fillmore)
2. 18:41 - N. Shaw (Fillmore)
3. 19:10 - B. Boisvert (Orange Luth.)
4. 19:13 - A. Parkinson (Orange Luth.)
5. 19:28 - C. Castellanos (LA Baptist)
6. 19:28 - D. Strohman (Morro Bay)
7. 19:31 - V. Fleschner (Fortuna)
8. 19:36 - F. Foundy (Morro Bay)
9. 19:39 - S. nohr (Miramonte)
10. 19:41 - A. Jones (Nordhoff)

## 1992 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Div. I

1. Hart	53
2. Thousand Oaks	80
3. Madera	117
4. De La Salle	155
5. Peninsula	167

### Boys Team Results - Div. II

1. Mission Bay	93
2. Agoura	100
3. Katella	109
4. Canyon	119
5. Jesuit	131

### Boys Team Results - Div. III

1. Newport Harbor	89
2. San Marino	94
3. Ayala	121
4. La Puente	122
5. Livermore	141

### Boys Team Results - Div. IV

1. McFarland	63
2. Nordhoff	79
3. Morro Bay	132
4. Fillmore	141
5. Yreka	146

### Girls Team Results - Div. I

1. Agoura	75
2. Irvine	109
3. Mt. Camel	113
4. Peninsula	117
5. Wilson Long Beach	137

### Girls Team Results - Div. II

1. Ocean View	52
2. San Pasqual	100
3. Edison	111
4. Los Gatos	141
5. El Capitan	182

### Girls Team Results - Div. III

1. Corona del Mar	66
2. Laguna Hills	84
3. Bishop O'Dowd	105
4. Aptos	117
5. Newport Harbor	156

### Girls Team Results - Div. IV

1. Lassen	71
2. Nordhoff	73
3. Laguna Beach	161
4. Arcata	192
5. Bear River	198

### Boys Indiv. Results - Div. I

1. 15:03 - M. Casillas (Hoover, Glendale)
2. 15:12 - J. Cera (Upland)
3. 15:22 - M. Keflezighi (San Diego)
4. 15:30 - E. Dunn (Arroyo Grande)
5. 15:36 - S. Cervilli (Santa Teresa)
6. 15:37 - B. Strahan (Hart)
7. 15:41 - J. Fischer (Thousand Oaks)
8. 15:43 - J. Pinal (W.C. Overfelt)
9. 15:44 - B. Wilkinson (Merced)
10. 15:44 - J. Perea (Huntington Park)

### Boys Indiv. Results - Div. II

1. 15:13 - R. Wilson (Agoura)
2. 15:20 - R. Brewer (North Bakersfield)
3. 15:31 - N. Romero (San Pasqual)
4. 15:35 - G. Rivera (Delano)
5. 15:39 - M. Creason (Eureka)
6. 15:40 - M. Moreno (Katella)
7. 15:40 - M. Love (Katella)
8. 15:43 - D. Elezondo (Mission Bay)
9. 15:46 - C. Mansfield (Canyon)
10. 15:50 - M. Farley (Jesuit)

### Boys Indiv. Results - Div. III

1. 15:38 - J. Balkman (Lynbrook)
2. 15:50 - J. Saueressig (Yosemite)
3. 15:53 - C. Stanley (Lemoore)
4. 15:55 - B. Mahon (La Habra)
5. 15:57 - R. Gibbs (Rubidoux)
6. 15:59 - R. Ciano (San Luis Obispo)
7. 16:00 - R. Esponda (Casa Grande)
8. 16:00 - M. Houser (St. Augustine)
9. 16:00 - M. Ferrara (South Torrance)
10. 16:03 - R. Bartell (West Hills)

### Boys Indiv. Results - Div. IV

1. 15:48 - S. Brown (Piedmont)
2. 15:53 - J. Ramirez (Nordhoff)
3. 15:55 - A. Gillen (Yreka)
4. 15:56 - M. Robles (Nordhoff)
5. 15:58 - J. Roscoe (Taft)
6. 15:59 - J. Sanchez (McFarland)
7. 16:06 - D. Mitchell (Morro Bay)
8. 16:10 - J. Cox (Christian High, SD)
9. 16:11 - J. Diaz (Bell-Jeff)
10. 16:13 - J. Taverner (Morro Bay)

### Girls Indiv. Results - Div. I

1. 17:14 - M. Glusac (Fallbrook)
2. 17:42 - A. Skieresz (Agoura)
3. 18:34 - M. Mehberg (Peninsula)
4. 18:35 - K. Roda (Irvine)
5. 18:36 - K. Nekota (Agoura)
6. 18:41 - E. Sumi (Wilson Long Beach)
7. 18:46 - G. Dumell (Merced)
8. 18:51 - C. Lewis (Wilson Long Beach)
9. 18:53 - C. Caulkins (Esperanza)
10. 18:57 - S. Donovan (Madera)

### Girls Indiv. Results - Div. II

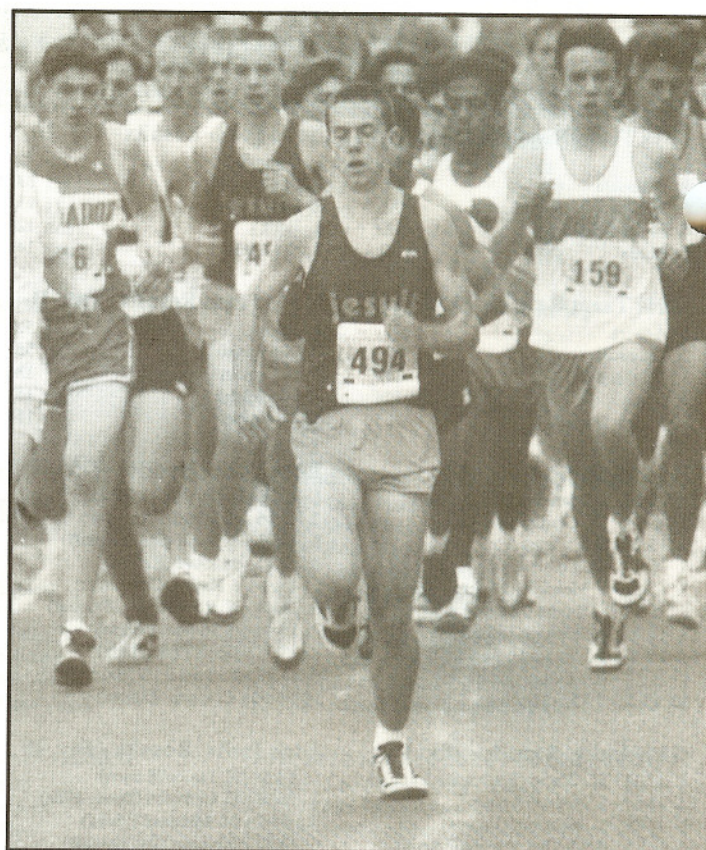
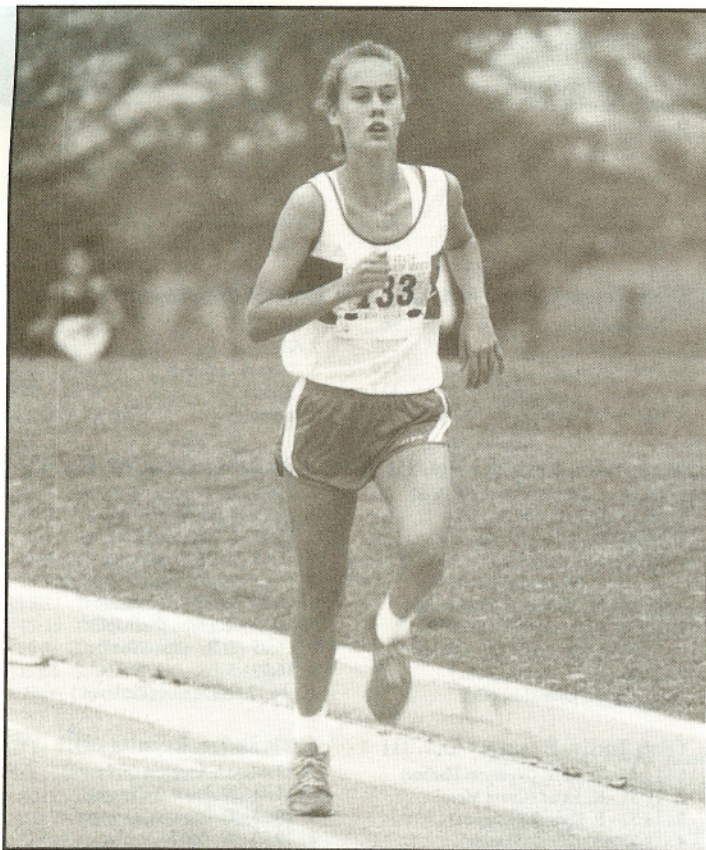
1. 18:26 - M. Cox (Escondido)
2. 18:40 - K. Nelson (Canyon)
3. 18:48 - C. Engessor (Ocean View)
4. 18:53 - C. Franco (Delano)
5. 18:56 - M. Middlecoff (Los Gatos)
6. 18:58 - E. Homberger (Edison)
7. 19:02 - M. Muething (Amador Valley)
8. 19:03 - M. Keim (San Pasqual)
9. 19:05 - T. Lawson (Ocean View)
10. 19:07 - E. Riedy (Mission San Jose)

### Girls Indiv. Results - Div. III

1. 18:02 - M. Marzell (Bishop O'Dowd)
2. 18:12 - D. Torrens (St. Francis Mt. View)
3. 18:32 - M. Medina (Laguna Hills)
4. 18:41 - L. Leigh-Wood (Aptos)
5. 18:49 - T. Clark (Corona del Mar)
6. 18:54 - C. Pengra (La Canada)
7. 18:54 - C. Dahlbert (El Modena)
8. 18:56 - J. Wong (Harvard Westlake)
9. 19:02 - M. O'Connor (Our Lady of Peace)
10. 19:02 - S. Valdez (El Dorado)

### Girls Indiv. Results - Div. IV

1. 18:12 - K. Bockel (Nordhoff)
2. 18:24 - A. Webb (Bear River)
3. 18:48 - M. Aparicio (Fillmore)
4. 18:49 - L. Hamady (Urban)
5. 19:04 - V. Fleschner (Fortuna)
6. 19:19 - M. Berlin (Nordhoff)
7. 19:24 - M. Hurwitz (Bishop's)
8. 19:32 - A. Allen (Lick Wilmerdin)
9. 19:32 - E. O'Brien (Campolindo)
10. 19:32 - A. Parkinson (Orange Lutheran)



**Title Run** - Carrie Garrison of Buena Park High (left) took her second CIF/TOYOTA State Cross Country Championship, winning in the Division II category. Jesuit High's Matt Farley set a Division II record of 15:06 en route to the boys title. photos by Bill Cockerham, California Running News.

## 1993 CIF/TOYOTA State Cross Country Championship Results at Woodward Park, Fresno

### Boys Team Results - Div. I

1. Thousand Oaks	23
2. Santa Ana	88
3. Madera	95
4. Bellarmine Prep	99
5. Peninsula	162

### Boys Team Results - Div. II

1. Jesuit Carmichael	70
2. Mission Bay	71
3. Katella	101
4. San Pasqual	132
5. Agoura	162

### Boys Team Results - Div. III

1. Nordhoff Ojai	92
2. Scripps Ranch	119
3. Gunn	127
4. St. Augustine	130
5. San Marino	147

### Boys Team Results - Div. IV

1. McFarland	61
2. Morro Bay	63
3. Salesian	150
4. Piedmont	150
5. Lassen	152

### Girls Team Results - Div. I

1. Irvine	85
2. Peninsula	87
3. Madera	107
4. Mt. Carmel	142
5. Agoura	160

### Girls Team Results - Div. II

1. Edison Huntington Beach	104
2. Canyon Anaheim	121
3. Mission San Jose	144
4. Aptos	147
5. Reedley	165

### Girls Team Results - Div. III

1. Santa Margarita	80
2. Clayton Valley	85
3. Bishop O'Dowd Oakland	112
4. Corona del Mar Newport Beach	126
5. Newport Harbor Newport Beach	136

### Girls Team Results - Div. IV

1. Lassen	92
2. Temescal Canyon	94
3. Morro Bay	95
4. Miramonte	139
5. Ursuline Santa Rosa	165

### Boys Indiv. Results - Div. I

1. 15:02 - Mebrahton Keflezig (San Diego)
2. 15:18 - Jaime Martinez (Orange)
3. 15:26 - Jeff Fischer (Thousand Oaks)
4. 15:30 - Brandon Del Campo (Th. Oaks)
5. 15:30 - Kevin Marsden (Thous. Oaks)
6. 15:31 - Eric Kropf (Madera)
7. 15:33 - Alejandro Ramirez (Stagg)
8. 15:35 - Antonio Arce (Palmdale)
9. 15:36 - Peter Gilmore (Palisades)
10. 15:36 - Jose Melgar (San Diego)

### Boys Indiv. Results - Div. II

1. 15:06 - Matt Farley (Jesuit Carmichael)
2. 15:09 - Devin Elizando (Mission Bay)
3. 15:27 - Eleazar Hernandez (Camarillo)
4. 15:31 - Pamenos Ballantyne (Sanger)
5. 15:34 - Mike Moreno (Katella)
6. 15:38 - John Greene (Agoura)
7. 15:39 - Martin Reyes (Escondido)
8. 15:40 - Chris Maier (Amador Valley)
9. 15:42 - Matt Creason (Eureka)
10. 15:43 - Mike Stember (Jesuit Carmichael)

### Boys Indiv. Result - Div. III

1. 15:22 - Mark Hauser (St. Augustine)
2. 15:29 - Rondie Gibbs (Rubidoux)
3. 15:38 - Javier Ramirez (Nordhoff Ojai)
4. 15:39 - Warren Wolf (San Marino)
5. 15:47 - Kevin Bowes (Scripps Ranch)
6. 15:50 - Alex Teekell (Bishop O'Dowd)
7. 15:51 - Ryan Bartell (West Hills SD)
8. 15:52 - Micab Robles (Nordhoff Ojai)
9. 15:53 - Mike Lang (West Hills SD)
10. 15:53 - Steve Immel (Livermore)

### Boys Indiv. Results - Div. IV

1. 15:30 - Galvan Gonzalez (McFarland)
2. 15:31 - Steve Brown (Piedmont)
3. 15:47 - Dave Mitchell (Morro Bay)
4. 15:57 - Benjamin Galvan (McFarland)
5. 16:04 - Joey Tavener (Morro Bay)
6. 16:06 - Aaron Gillen (Yreka)
7. 16:07 - Kenny Rhoan (Sierra)
8. 16:17 - Micah Fuson (Taft)
9. 16:18 - Doug Henning (Woodcrest Chr.)
10. 16:18 - Josh Quintal (Fortuna)

### Girls Indiv. Results - Div. I

1. 17:49 - Amy Skieresz (Agoura)
2. 18:12 - Kay Nekota (Agoura)
3. 18:14 - Jessica Corbin (Irvine)
4. 18:14 - Molly Mehlberg (Peninsula)
5. 18:15 - Sarah Dickerman (Del Campo)
6. 18:24 - Carrie Caulkins (Esperanza)
7. 18:27 - Eliaser Estrada (Santa Ana Vall.)
8. 18:38 - Claire Becker (Bonita Vista)
9. 18:44 - Kim Mortensen (Thous. Oaks)
10. 18:45 - Rosalinda Castaned (Madera)

### Girls Indiv. Results - Div. II

1. 18:04 - Carrie Garrison (Buena Park)
2. 18:14 - Emily Allison (Leland San Jose)
3. 18:17 - Deborah Bleisch (Silver Creek)
4. 18:25 - Kim Nelson (Canyon Anaheim)
5. 18:30 - Elissia Riedy (Mission San Jose)
6. 18:34 - Nicole Silva (Aptos)
7. 18:39 - Jenny Mortensen (Redwood)
8. 18:44 - Marla Pleyte (San Benito)
9. 18:49 - Gabriela Rodriguez (Oxnard)
10. 18:50 - Tara Whitfield (El Modena)

### Girls Indiv. Result - Div. III

1. 18:32 - Annie Ebner (St. Lucy's)
2. 18:34 - Alison Lambert (Northgate)
3. 18:36 - Heather Wallace (Clayton Valley)
4. 18:37 - Katie Nuanes (Santa Margarita)
5. 18:38 - Anjelica Randall (Bishop O'Dowd)
6. 18:38 - Kristen Gordon (Carondelet)
7. 18:40 - Amy Gomez (Santa Margarita)
8. 18:47 - Tracy Clark (Corona del Mar)
9. 18:52 - Allison Twist (San Marino)
10. 18:56 - Gwen Twist (Newport Harbor)

### Girls Indiv. Results - Div. IV

1. 19:04 - Kristen Schreiber (Miramonte)
2. 19:11 - Melody Haas (Clear Lake)
3. 19:16 - Ellen Muench (Temescal Canyon)
4. 19:17 - Jaime Herbst (Yreka)
5. 19:21 - Lori Fancon (Taft)
6. 19:24 - Christina Sanchez (McFarland)
7. 19:25 - Tracy Maxwell (Maranatha)
8. 19:32 - Kim Reynolds (Branson)
9. 19:33 - Jenny Spoon (West Valley)
10. 19:36 - Shelby Horgan (Temescal Canyon)



# Four Records Set at 1993 CIF/TOYOTA State Cross Country Championships

Four records were set at the 1993 CIF/TOYOTA State Cross Country Championships held at Woodward Park, Fresno on Saturday, November 27.

Thousand Oaks boys team raced home with the team title in Division I, setting a record with 23 points in the process. The Lancers' first-ever team crown broke the previous team best of 39 points by Camarillo in 1989.

Matt Farley of Jesuit Carmichael High helped his team to the Division II title with a record time of 15:06 in that race. Farley broke the mark of 15:08 set by Daniel Das Neves of Helix High in 1991.

McFarland High boys came up big with a third team championship. McFarland set a Division IV standard with 61 points, which broke its own record of 63 set last year. Individually, Galvin Gonzalez of McFarland broke the Division IV record with a time of 15:30. The previous best of 15:35 was set by Mike Katri of Fortuna in 1991.

On the girls side, Irvine came away with an upset in Division I edging Peninsula, 85-87, for its first-ever team title. Amy Skeiresz of Agoura won her first individual title in Division I with teammate Kay Nekota finishing second.

Carrie Garritson of Buena Park won her second individual coming through the chute at 18:04. Edison Huntington Beach claimed the Division II team championship, its second CIF/TOYOTA State Cross Country Championship. Edison also won the team title in 1991.

Annie Ebner of St. Lucy's won her first individual championship in Division III girls competition (18:32), while Santa Margarita took the team crown in Division III.

A young Lassen High team won its second straight Division IV crown in girls Division IV competition. Individually, Kristen Schreiber of Miramonte won the Division IV championship.

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## DIVISION I GIRLS

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Amy Skeiresz outdistanced teammate Kay Nekota for the individual title, but Irvine surprised by taking the team championship. Irvine, led by Jessica Corbin's third place finish, bested Peninsula to claim its first state championship in cross country.

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## DIVISION I BOYS

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Thousand Oaks, led by Jeff Fischer (3rd), Brandon Del Campo (4th) and Kevin Marsden (5th), set a divisional record with just 23 points en route to a team title. Mebrahtom Keflezig of San Diego High won the individual title, besting Jaime Martinez of Orange.

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## DIVISION II GIRLS

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Buena Park's Carrie Garritson took her second individual title in 18:04. She won her first title as a freshman runner for Rim of the World High. Edison Huntington Beach slipped by Can-



**TITLE RUN** -- Amy Skeiresz of Agoura won her first-ever individual title outdistancing teammate Kay Nekota.

*photo by Bill Cockerham of California Track and Running News.*

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yon of Anaheim for its second CIF/TOYOTA State championship team title. Edison's first title was in 1991.

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## DIVISION II BOYS

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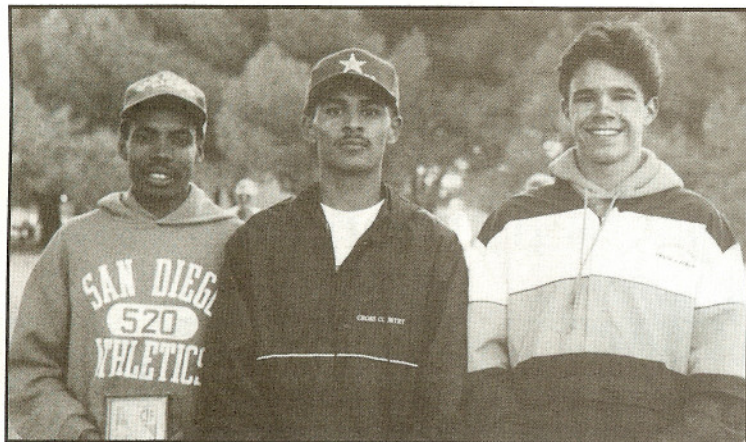
Matt Farley (15:06) set a divisional record in pacing Jesuit Carmichael High to its second CIF/TOYOTA State Cross Country Championship. Hot on Farley's heels was Devin Elizando of Mission Bay 15:09, which placed second to Jesuit by one point, 70-71. Mike Stember was another big factor for Jesuit, placing 10th.

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## DIVISION III GIRLS

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Katie Nuanes and Amy Gomez paced Santa Margarita High to its first CIF/TOYOTA State Cross Country Championship. Nuanes placed fourth overall, while Gomez was seventh. Annie Ebner of St. Lucy's edged Alison Lambert of Northgate for the individual title.



**AS EASY AS 1,2,3** -- Mebrahtom Keflezig (left), Jaime Martinez (center) and Jeff Fischer (right) placed first, second and third respectively in the Division I boys race.

*photo by Bill Cockerham, California Track and Running News.*

### **DIVISION III BOYS**

Javier Ramirez, with a third place finish, and Micab Robles, an eighth placer, helped Nordhoff Ojai to its second CIF/TOYOTA State Cross Country Championship. Nordhoff claimed the Division IV title in 1991. Newly formed Scripps Ranch of San Diego finished second and looks to be a future power. Individually, Mark Hauser of St. Augustine edged Rubidoux's Rondie Gibbs for the championship.

### **DIVISION IV GIRLS**

Lassen High won its second straight CIF/TOYOTA State Cross Country Championship in a three-way team battle over Temescal Canyon and Morro Bay. Lassen finished with 92 points, Temescal Canyon had 94 and Morro Bay ended with 95. Miramonte's Kristen Schreiber claimed the individual title and Melody Haas of Clear Lake placed second.



**TWO-TIME CHAMP** -- Carrie Garritson of Buena Park won her second CIF/TOYOTA State Cross Country Championship.

*photo by Bill Cockerham, California Track and Running News.*

### **DIVISION IV BOYS**

McFarland set the Division IV standard with 61 points on the way to its third CIF/TOYOTA State Cross Country Championship. Galvan Gonzalez led the charge with an individual title in a divisional record time of 15:30, while teammate Benjamin Galvan placed fourth. Morro Bay was a close second with 63 points. The Pirates were led by the running of Dave Mitchell, who finished third, and Joey Taverner, who came in fifth.

## **1993 CIF/TOYOTA STATE CROSS COUNTRY TEAM CHAMPIONS**

### **DIVISION I BOYS**

Thousand Oaks

### **DIVISION II BOYS**

Jesuit Carmichael

### **DIVISION III BOYS**

Nordhoff Ojai

### **DIVISION IV BOYS**

McFarland



### **DIVISION I GIRLS**

Irvine

### **DIVISION II GIRLS**

Edison Huntington Beach

### **DIVISION III GIRLS**

Santa Margarita

### **DIVISION IV GIRLS**

Lassen

# IN THE GAME OR IN THE STANDS

Div IV - M  
4:50

Div I - M  
4:52 (4:55)  
9:54 (4:59)  
15:15 (14:20) (4:56)

Div II - M  
4:48  
9:55  
15:24

Div III - M  
4:59  
10:01 (10:21 break)  
15:34

Div I - F  
5:12



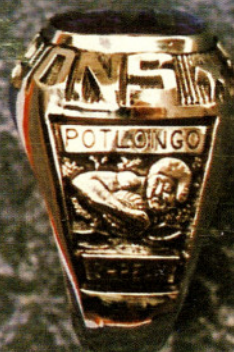
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