

Sat. November 4, 1995

THE 2 MILE-MILE-800 DISTANCE MEET AT LOS GATOS HIGH SCHOOL

Sponsored by the Los Gatos Athletic Association
Approved by CCS

* * * The Pre-CCS Cross Country Tune-up Meet * * *
* * * or Post Season Meet For Other Runners * * *

This distance running meet provides all CCS teams a tune-up meet between your league finals and the CCS finals, since they are 2 weeks apart. It also provides a post season meet for the rest of your team to see what they can do on the track from their cross country conditioning. We will only have the 800, Mile, & 2-Mile events in all divisions. Sat. Nov. 4, at Los Gatos H.S.

Race #1	-	MILE	-	JV Boys	3:00am
Race #2	-	MILE	-	JV Girls	3:10
Race #3	-	MILE	-	F/S Boys	3:20
Race #4	-	MILE	-	Varsity Girls	3:30
Race #5	-	MILE	-	Varsity Boys	3:40
Race #6	-	800	-	JV Boys	3:45
Race #7	-	800	-	JV Girls	3:50
Race #8	-	800	-	F/S Boys	3:55
Race #9	-	800	-	Varsity Girls	4:00
Race #10	-	800	-	Varsity Boys	4:05
Race #11	-	2 MILE	-	JV Girls	4:10
Race #12	-	2 MILE	-	F/S Boys	4:30
Race #13	-	2 MILE	-	Varsity Girls	4:45
Race #14	-	2 MILE	-	Varsity Boys	5:00

The entry fee is \$3.00 per runner. Send all entries and checks to: "L.G.A.A.", Los Gatos High School, 20 High School Ct., Los Gatos, 95030.

Pre-entry deadline is Thursday, November 2. Late entry will be fine. Athletes doubling will be no charge. Coaches can list what heats they would like to be entered on the entry form below. Team scoring will be used by adding the top 5 individual times per division, even if your runners are in different heats. Any Questions, call Steve Barth (W) 395-5553; Willie Harmatz (H) 356-0453, (W) 354-7365; or Rick Milam (H) 241-6578.

Send in this portion to enter your athletes to the address stated above. List the number of athletes in each race.

Race #1	_____	Race #8	_____	School	_____
Race #2	_____	Race #9	_____		
Race #3	_____	Race #10	_____	Coach	_____
Race #4	_____	Race #11	_____		
Race #5	_____	Race #12	_____	Home Phone	_____ School _____
Race #6	_____	Race #13	_____		
Race #7	_____	Race #14	_____	Number of Runners x \$3.00 =	_____
					Fee

Aman	80	2:43 83	4:07 89	5:33 86	7:02 89	8:27 85	(5:36) 9:54 87	10:09 7
Amie	83	2:57 94	4:34 97	6:07 93	7:43 96	9:18 95	(6:17.5) 10:54 96	12:23.
Victoria	85	3:08 103	4:48 100	6:29 101	8:13 104	9:58 105	(6:48) 11:42 104	13:17 9
Stephanie	87	3:10 103	4:53 103	6:36 103	8:17 101	10:03 106	(6:55) 11:49 106	13:31 10
Cindy	89	3:13 104	5:05 112	7:04 119	9:05 121	11:06 121	(7:47) 13:11 125	14:51 10
Marie	1:45 105	3:48 123	5:52 124	8:03 131	10:10 127	12:19 129	(8:17) 14:26 127	16:20 114

Leader

B 2:33 - 3:57 - 5:17 - 6:41 - 8:05 - 9:28 - 10:37