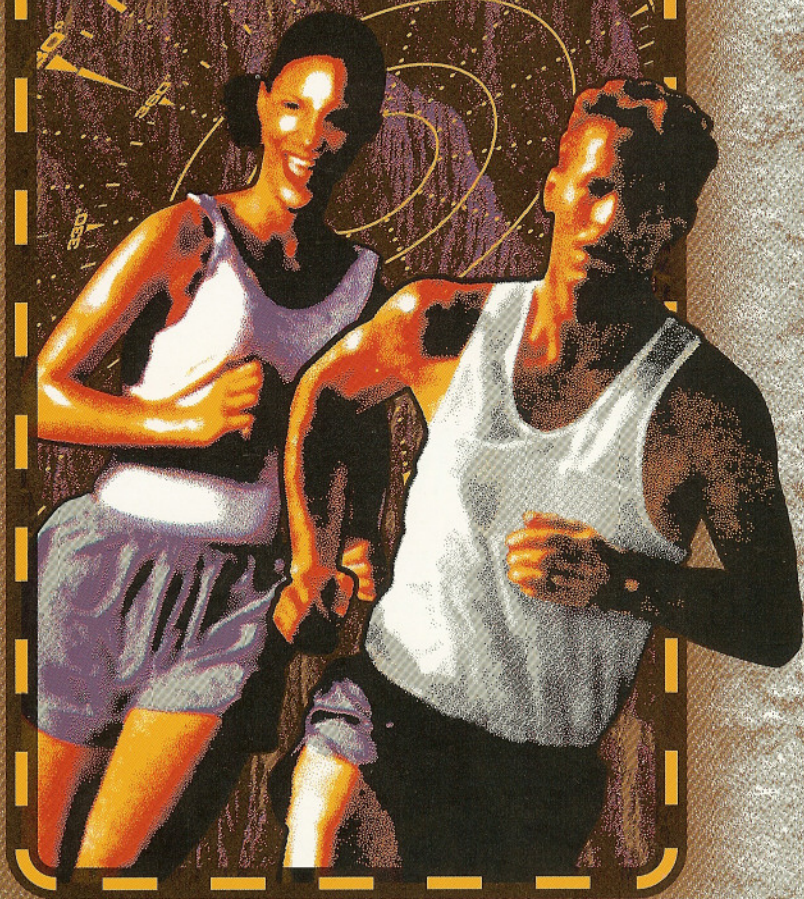


Cross Country

1997

CALIFORNIA STATE CHAMPIONSHIPS



In the game →



ARCO

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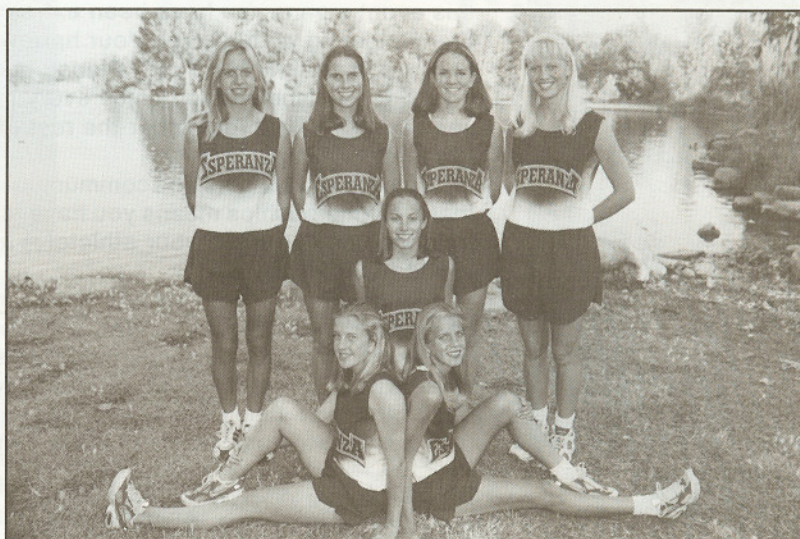
Openers

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Special Recognition

The CIF extends a special thanks to all the athletes and coaches involved in the CIF ARCO *am/pm* State Championships. Thanks also to statewide sponsors ARCO *am/pm* and Herff Jones. Thanks also to coaches and media members who supplied photos. Printed at Triple A Graphics.



GUNNING FOR THE TOP - Esperanza girls' (above) look to challenge for a Division I title and come into the meet ranked second in the state and 16th nationally. Standing (left to right): Sara Wan, Nicole Distefano, Pam Smith, Beth Weidler. Middle: Lisa Massoth. Sitting (left to right): Kristine Shedd, Kristin Chadezio.



FEARSOME TWOSOME - Ryan Mack (left) and Josh Otto (right) form a fantastic duo for Ukiah. Mack finished second at Mt. Sac (15:34), while Otto was eighth (15:57). Look for Ukiah to challenge in the Division III boys' competition.

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Associate Meet Director: Brian Weaver
Computer Results/Timing: Bob Rush
Gate, Parking, Traffic: Jon Renwick
Announcer: Bob Womack
Chute Personnel: Red Estes/CS Univ. Fresno
XEROX Coordinator: Anthony Morales
Equipment Coordinator: Mike Sacciento
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Splits/Starting Line/Announcer Asst: Bruce Wade

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THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



Dr. Ken Gunn
CIF President

On behalf of the entire CIF family, I would like to welcome you to our CIF ARCO *am/pm* State Championship playoffs. To coaches and athletes this event means you have been extremely successful. Only the truly elite are competing at this level. Your hard work and exceptional performance has most certainly "paid off". Please take time to consider the magnitude of your accomplishment and enjoy every moment of this experience. It is something you will remember the rest of your lives. Each of you are already winners.

To parents, schools and communities the fact your teams have advanced to these championships means you have also contributed greatly. I know you are tremendously proud of your athlete(s) and teams. Without your support they would not be here.

To the officials, staff members, and many volunteers who have contributed so much of their time and talent, a sincere thank you. Because of your efforts this event will be an exciting and positive experience for our athletes and their fans. When you realize that there are over 1.2 million students attending the 1000 plus high schools in California, you cannot help but be very impressed with the athletes and teams that are competing in this event.

Dr. Ken Gunn
Principal, Walnut High School

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WELCOME FROM THE STATE OFFICE OF THE CALIFORNIA INTERSCHOLASTIC FEDERATION

The CIF has a proud heritage in providing equitable athletic competition for 1,189 high schools in California. Since its beginnings in 1914, the CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student-athletes each year who participate in the interscholastic athletic activities of California's secondary schools.

As a problem-solving organization, the CIF retains its original responsibility as a rules enforcing agency, but has expanded its duties to include much more. As the needs of students, coaches and the entire community change, the CIF will continue to meet these changing demands. In its commitment to educating youngsters for a better tomorrow, the CIF will work in partnership with the entire community to assure equity and provide the services, opportunities, and leadership necessary to establish and maintain quality high school athletic programs.

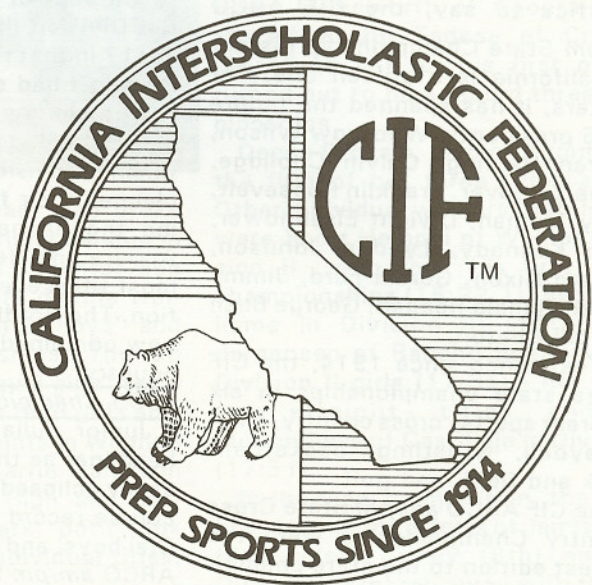
The values of athletics cannot be understated. Sportsmanship, fair play, achieving one's full potential, time management and working together as a team to reach a common goal are just some of the lessons

TODAY'S ATHLETES, TOMORROW'S LEADERS

learned on the athletic facilities of California's high schools. In addition, a myriad of studies show that athletes get higher grades than non-athletes, are more likely to graduate from high school, and are less likely to smoke and become involved in substance abuse than students not involved in athletics.

It's no wonder that California athletes have achieved at all levels. Many of the names are sports legends such as Janet Evans, Cheryl Miller, Pat Haden, Flo Hyman, Lynn Swann, Lisa Leslie, Jason Kidd, Randy Johnson, George Brett, Ann Meyers-Drysdale, Ted Williams and numerous others. Athletes from the "Golden State" have also been Rhodes Scholars, Olympians, and chief executive officers of major California and national corporations.

We are proud of the more than four million alumni from California high schools. We thank you for your attendance and urge you to continue your support of scholar-athletes by attending high school sporting events in your community.



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Championship History

Suffice to say, the CIF ARCO *am/pm* State Championship history in California is a golden one. For starters, it has spanned the tenure of 15 presidents; Woodrow Wilson, Warren Harding, Calvin Coolidge, Herbert Hoover, Franklin Roosevelt, Harry Truman, Dwight Eisenhower, John Kennedy, Lyndon Johnson, Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, George Bush and Bill Clinton.

In existence since 1914, the CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field, and golf.

The CIF ARCO *am/pm* State Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno.

1996 Championships

The McFarland High boys' cross country team accomplished a feat that no other school in state championships history has accomplished - winning five straight titles. McFarland bested its own record of 40 points with 29 to claim the Division V CIF ARCO *am/pm* State Championship at the 10th annual event held at Fresno's Woodward Park on Saturday, November 30.

Overall, McFarland has now won six state titles. Only Crenshaw Los Angeles with seven state basketball crowns has won more titles than McFarland in any state championship sport.

While McFarland highlighted team competition, Julia Stamps was again an individual standout. Stamps broke her own Division I record with a sizzling 16:43 finish for her third title

and fifth overall including track and field. Last year, Stamps had set the Division I mark of 16:45 to become the first girl in California history to topple the 17-minute mark.

Carondelet's Kristen Gordon broke the Division III record with a time of 17:17 in that race. Elaine Canchola of Nordhoff had set the record of 17:36 the previous year.

Behind Canchola's second place finish in Division IV, the Nordhoff girls claimed their fourth overall title moving the Rangers past Palos Verdes, Agoura and Newport Harbor for the most titles ever won in girls' competition. The Nordhoff boys and girls have now combined for eight titles in cross country.

1995 Championship

Junior Julia Stamps was again a headliner as the Santa Rosa High star easily eclipsed her own mark and set a course record of 16:45 and Nordhoff Ojai boys' and girls' each garnered CIF ARCO *am/pm* State Championships at the 1995 championships.

Coach Ken Reeves saw his Nordhoff boys' team take their fourth state championships and his girls' team with their third title - a combined seven for both squads.

McFarland boys' proceeded to win the Division IV title to move past Nordhoff and Jesuit with five overall championships, including four straight (1992-95).

It was a record-setting day as five state marks were erased. Besides Stamps, Elaine Canchola (Nordhoff High) also set an individual record of 17:36 - 15 seconds better than the previous mark of 17:51 by Katie McCandless of Castilleja.

Three team records were set as Louisville High took its first title in Division IV girls' competition. Nordhoff bested Sherman Indian High's mark of 58 points with 35 in the Division III boys' team race and McFarland broke its own record of 61 points with 40 in the Division IV boys' competition.

1994 Championships

Under wet and muddy conditions, Stamps turned in perhaps the finest performance ever in the state cross country championships. Despite the conditions, Stamps still managed to set a record, crossing the chute in 17:06 to win the Division I title.

Other highlights from 1994 included Heather Garritson's (sister of Carrie) individual title in the Division III girls' race. Garritson, a freshman at Buena Park High, outdistanced another freshman - Elaine Canchola of Nordhoff Ojai (18:01-18:07) - to take the title. Carrie and Heather become the first sister combination to win state crowns in cross country. Carrie won titles for Rim of the World Lake Arrowhead in 1990 (Division III) and for Buena Park in 1993 (Division II).

Amy Skieresz of Agoura took her second straight title in 1994, this time in Division II, with a finish of 18:12. Skieresz was the Division I champ in 1993. Galvin Gonzalez of McFarland and Kristen Schreiber of Miramonte Orinda were also repeat champs.

In the 1994 team competition, McFarland claimed its fourth title. Thousand Oaks boys were another highlight winning their second straight championship in Division I with an amazing 38 points. Thousand Oaks had three boys - Jeff Fischer (3rd), Keith O'Doherty (6th) and Kevin Marsden (9th) - in the top 10.

1993 Championships

Thousand Oaks High, behind the running of Jeff Fischer and Kevin Marsden, turned in a fantastic team finish with a record 23 points to win the 1993 Division I boys' championships.

Mebraton Keflezig turned in an outstanding effort in winning an individual title in Division I (15:02) and Amy Skieresz won her first title in the girls' Division I race (17:49). Matt Farley of Jesuit Carmichael High edged Devin Elizando of Mission Bay in the Division II boys' race. That proved significant as Jesuit beat Mission Bay by one

point (70-71) to win the Division II team title.

Galvan Gonzalez, an individual titlist, paced McFarland to another title in Division IV.

1992 Championships

McFarland High boys took the first of five straight state championships in 1992. Fallbrook's Milena Glusac took her second straight ti-



tle just missing her personal best with a 17:14. Nordhoff finished second in both the boys' and girls' Division IV competition.

1991 Championships

Fallbrook High's Glusac set a Division I girls' record with a time of 17:13 to win the 1991 individual title in that division. Glusac's mark held until Stamps' broke it in 1994.

Hart boys and Agoura girls both repeated as team champions in Division I. Newport Harbor, in Division III girls, won its third CIF ARCO *am/pm* State Championship and Nordhoff Ojai pulled off a double, taking both the boys' and girls' Division IV team crowns.

Shelley Taylor of Edison and Daniel Das Neves of Helix both emerged with individual titles in 1991.

1990 Championships

The state cross country championships expanded to include four divisions in 1990. The emergence of Hart High School, which won the Division I boys championship (58 points) was one of the stories. Hart went on to win three straight titles with standouts like Keith Grossman and Brett Strahan leading the way.

Verdes edged Agoura (65-75) for its third team title. Bret Harte High repeated as team titlists in the Division III girls' final.

1988 Championships

There were three repeat winners at the 1988 meet; Dameworth in Division I boys (15:03.2), Scott Hempel in Division II boys (15:15) and Kira Jorgensen in Division I girls (17:42). Bret Harte girls won the first of its two state titles with 54 points in Division III. Newport Harbor (girls Division II) and Palos Verdes (girls Division I) were repeat champions on the team side.

1987 Championships

In its first year of existence in 1987, Bryan Dameworth of Agoura outdistanced Goshu Tadese of Crawford (15:12-15:13) for his first of what turned out to be a record three championships.

Deena Drossin, also of Agoura, won the first of her three titles as well. Other individual winners that first year were Scott Hempel of Walnut in Division II who took his first of two championships (15:22.1), Reggie Williams in Division III (15:29), Kira Jorgensen of Rancho Buena Vista in Division II girls (17:34) - her first of two straight titles, and Katy McCandless of Castilleja in Division III (17:51).

In the team competition, the Arroyo boys behind the efforts of Jamie Ortega (4th), Jeff Gilkey (6th) and Luis Quintana (7th) ran away with the Division I title with 41 points, while Palos Verdes won the first of three straight championships in the Division I girls competition. Ashley Black, a sixth place finisher, was an individual standout for Palos Verdes.

The Agoura girls' team also broke through with its first championship in 1990 with a record 41 points. San Pasqual High took a rare double winning both the Division II boys' and girls' state championships. The 38 points for the San Pasqual girls' team is still a record. La Jolla High girls also set a record with 31 points in winning the Division III title. Carrie Garritson of Rim of the World High and Jeff Wilson of Newbury Park, both took the first of their two individual titles.

1989 Championships

Dameworth again played a starring role at the 1989 meet, setting a Division I record of 14:45 en route to his third individual title. Dameworth outdistanced Luis Quintana of Arroyo Grande (14:59). Deena Drossin of Agoura won her second title, but Palos

1997-98 CIF ARCO *am/pm* State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 29, 1997	Woodward Park, Fresno
Girls' Volleyball	December 6, 1997	Cypress College
Wrestling	March 6-7, 1998	Spanos Center, Stockton
Basketball	March 20-21, 1998	ARCO Arena, Sacramento
Track and Field	June 5-6, 1998	Cerritos College, Norwalk
Golf South Regionals	June 2, 1998	SCGA Members Club, Rancho California
Golf North Regionals	May 18, 1998	NCGA Rotation - TBA

Annual Fall Classic Puts Teams, Individual Titles on the Line

By Doug Speck - Arcadia High School

The Golden State's section champion prep harriers will again travel to Fresno this Thanksgiving weekend to sort out the end of season "bragging rights" in the hill and dale sport. The splendid Woodward Park facility will once again be the backdrop against which a number of fine team and individual struggles will unfold.

Once again California has a strong crew in the sport with Yucaipa on the Girls' side challenging as the best squad in the entire nation in country-wide rankings during the Fall.

The Girls Division V contest starts the day with University (San Francisco-NCS) interestingly the state's best ever at this level, with impressive successes during the year moving up to compete against much larger schools and a total destruction of teams at this level. Linden Bader, Kira Morser, and Aliza Cohen return for the Uni group that will defend its championship in fine style. Behind Uni, from the south come strong groups from Pasadena Poly (SS), led by Katie Newhall, Chadwick (Palos Verdes-SS), with Veronica Herrera and Aggie Noble the team leaders, and Santa Clara (Oxnard-SS), with Middletown (NCS) another formidable team after a team award plaque. Kate Saxton (College Prep-NCS) is the defending champ here, with Angela Peterson (Francis Parker, San Diego) another strong individual.

In the Girls Division I race, Yucaipa (SS) has once again been the beacon of total success against



Dynasty in the Making? - University High School is primed for a second straight title after last year's spectacular showing at Woodward Park. University had the lowest team score in state history with 24 points en route to the Division V crown. From left to right Linda Bader, Kira Morser, Aliza Coiten, Diana Clock, Kristen Ferrel.

which all other teams statewide can measure themselves. Coach Jim Clendaniel's Thunderbirds have traveled as far east as New Hampshire this Fall during an undefeated year to show they are the country's best, with no argument from Californians about that fact.

Kimi Welsh will lead Yucaipa to another stomping of the field, with this team having scored 48 in last year's Division II win, and essentially the entire team returns. Esperanza (Anaheim-SS) is ranked among the top twenty nationally, with Quartz Hill (SS), led by Danielle Day, also very strong. Valhalla (El Cajon-SD), led by Section individual champ, Andrea Clemons, has dominated local competition. Yvonne Liebig (Kennedy, Sacramento-SJ), Trina Cox (Santa Rosa-NC), Lauren Fleshman (Can-

yon, Canyon Country), Latesha Jones (Rialto-SS), Chris Gregory (Clovis), and Jennifer Burris (Ayala, Chino Hills-SS) are strong individuals.

The Division V Boys contest will be an interesting one, with three teams from the south, Maranatha (Sierra Madre-SS) led by James Avis, Flintridge Prep (La Canada), with Doug Hall on top, and Crossroads (Santa Monica), led by the twin combo of Jeff and Mike Tomlinson, challenged by a good group of squads from around the state. University (San Francisco-NCS), led by Max Hanlin, took their Section Meet narrowly over St. Joseph/Notre Dame (NCS) with Uni having good success around the state during a season of travel. Local powerhouse Tranquility (Ce) showed strong potential during the Fall.

Aaron Sharp (Santa Clara, Oxnard-SS) had a good Section Finals run, with defending champ Ryan Downey (St. Margaret's, San Juan Capistrano-SS) also qualifying.

The Boys Division I race features a very strong group, with Long Beach Poly (SS), led by Chad Durham, racing a 15:53 average in the Section Finals meet on a course running fairly close to Woodward Park timewise. Nevada Union (Grass Valley-SJ), led by Mike Gregg, is ranked in the top ten nationally, with travels as far as Alabama this Fall to show they are the country's best, with at least the honor as "nation's most improved program" over the last year. Belmont (L.A.) has had great big-meet success this season, with a great Section Finals run. Del Campo (Fair Oaks-SJ), Bellarmine Prep (San Jose-CCS), and Clovis (Ce) have great potential, with the first five teams within thirty-two points here last year in a wide-open struggle. Steve Smith (Ayala, Chino Hills-SS), Mike Baskin (Mt. Carmel, San Diego), and Paulo Carvalho (Modesto-SJ), had good Section runs, with Juan Chavira (Hanford-3rd-Ce), Chris Farley (Del Campo, Fair Oaks-SJ), and Jason Taylor (Peninsula, Rolling Hills-SS) in last year's top ten here.

The Girls Division II contest could be an interesting one. Woodbridge (Irvine-SS), led by Mary Moore, has been ranked #1 statewide, but Brea-Olinda (Brea-SS), St. Lucy's (Glendora-SS), and Mission Viejo (SS), from its own area are very dangerous. A healthy Placer (Auburn-SJ) team, Scripps Ranch (San Diego), and Mission San Jose (Fremont-NC), led by Katie Hotchkiss, could threaten. Jill Santibanez (Katella, Anaheim-SS), Desiree Davila (Hilltop, Chula Vista-SD), Anna-Elyse Smith (Aptos), and Dani Rope (Santa Margarita, Rancho SM-SS) are strong individuals.

The Boys Division III race will be another exciting one. Don Bosco Tech (Rosemead-SS) averaged 16:02 on a course similar to Woodward Park to take their Section Finals run, with Armando Solis and Dan Phiffer outstanding up front. Newport Harbor (Newport Beach-SS) and South Hills (West Covina-SS) have been outstanding from down south during the year. St. Francis (Mountain View-CCS) and St. Ignatius (San Francisco-CCS) have battled all Fall, with Ryan Mack led Ukiah (NCS) taking that Section meet over College Park (Pleasant Hill-NCS). East Union (Manteca-SJ), led by strong Justin Willingham, is another strong team that could surprise. Celedonio Rodriguez (Elsie Allen, Santa Rosa-NCS), David Jackson (Rim of World, Lake Arrowhead-SS), Heriberto Sarabia and Fabian Ruelas (Sonora, La Habra-SS), and Joma Dewald (Soquel-CCS) were individuals with good Section Finals runs.

The Girls Division IV race has season-long top-ranked Campolindo (Moraga-NCS) coming in off a solid Section Finals run, led by Katy

Berkes and Laura Cherdack. Nordhoff (Ojai-SS), led by 1996 runner-up Elaine Canchola surprised with another Section title, with Corona del Mar (Newport Beach-SS), and Costa Mesa (SS), led by Jamie DeNoewer, threats for team plaques from that area. Sarah Halles (Ursuline, Santa Rosa-NCS), Jenee Erickson (West Valley, Cottonwood-No), and Laura Davis (McFarland-Ce) are strong individuals here.

The Boys Division II field is headed by Jesuit (Sacramento-SJ), with Ka-Akdema Yalpaala and Mike Altierri leading, ranked among the nation's top twenty-five, and a strong De la Salle (Concord) team, both proven in statewide travels this Fall. Saugus (SS) had a fine peak at the Section meet, averaging 16:02 for five on a course similar to Woodward Park. Mission Viejo (SS), led by Mark Gleason, Rubidoux (Riverside-SS), with Gabriel Hernandez on top, and Katella (Anaheim-SS) are proven squads. Jon Stevens (Mission San Jose, Fremont-NCS), the State 1600m champ in track, Ronnie Buchanan (Righetti, Santa



Title Hunt - Nevada Union looks to improve off a third place finished in both 1995 and 1996 and will receive stiff competition from Long Beach Poly in the Division I boys' race.

Maria-SS), Jose Herrera (Loara, Anaheim-SS), Gary Passanisi (Aptos-CCS), Marcus Chandler (Serra, San Diego), and Matt McInvale (Ramona-SD) are strong individuals at this level.

The Girls Division III race will be next. This has developed into a "wide-open" contest with a number of squads capable of taking home the championship plaque. Season-long top ranked Palo Alto (CCS) took its section title, but Southerners El Modena (Orange-SS), led by Jessica Dahlberg, SouthHills (West Covina-SS), La Canada (SS), led by Kim Garnic, and Newport Harbor (Newport Beach-SS), led by star Alicia McFall, all were sharp in their area championship run. Carondolet (Concord-NCS) edged a good Montgomery (Santa Rosa-NCS) group in that area championship, with Montgomery's Sara Bei the top "unknown" runner in the entire U.S. this Fall. Foothill (Shasta-No), led by Rachele Hastings, is a top group from that area. It will be a great championship race here!! Nicole Portley (Aragon, San Mateo-CCS), Lisa Gillis (Moreau Catholic, Hayward-NCS), Jamie Witt (Folsom-SJ), Veronica Sanchez (Wasco-Ce), Kyra Patterson (San Luis Obispo-SS), and Heather Garritson (Buena Park-SS) are individuals who will challenge near the front.

The Boys Division IV race has two of the great traditional powers battling up front once again. Nordhoff (Ojai-SS) peaked mightily again in its area championships, averaging 16:00 on a course similar to Woodward Park for its scoring five. Victor Ochoa, Dusty Herman, and Matt Torres can all finish in the top half-dozen individually for Nordhoff. McFarland (Ce), another of the Golden State's great programs, has another strong team, with Jose Perezchica leading the squad that moved up from Division V with the State realignment. Estancia (Costa



Final Kick - Steve Smith (left) of Ayala looks to place in his race.

Top Ranked Teams as of Nov. 10

Division I Boys

1. Long Beach Poly

Division II Boys

1. Jesuit (Carmichael)

Division III Boys

1. South Hills (West Covina)

Division IV Boys

1. Nordhoff (Ojai)

Division V Boys

1. St. Mary's College Prep (Berkeley)

Division I Girls

1. Yucaipa

Division II Girls

1. Woodbridge (Irvine)

Division III Girls

1. Palo Alto

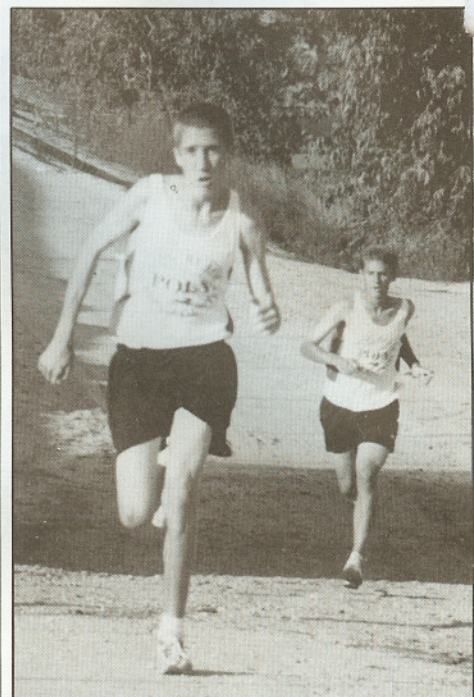
Division IV Girls

1. Campolindo (Moraga)

Division V Girls

1. University (San Francisco)

Mesa-SS) and Morro Bay (SS), led



In the Lead - Aaron Durham of Long Beach Poly has a personal best of 15:15 and came through the chute in 15:49 at the Mt. Sac Invitational. He leads a strong Long Beach Poly squad which is ranked #1 in Division I.

by outstanding individual Isaiah Festa, have been ranked highly all season long, with Notre Dame (Sherman Oaks-SS) the other representative from that area. Campolindo (Moraga-NCS) and individual North Coast champ Steve Laurie (Maria Carillo) look strong. Half Moon Bay (Ce) and leader Louie White looked good at the CCS finals, with St. Augustine (San Diego), Central Valley (No), and West Valley (Cottonwood-No) challenging for a first three places team plaque on a good day.

David Ulibarri (Sierra-SJ) had a strong Sac Joaquin Finals run.

(thanks to Jim Eckman, Steve Fagundes, Peter Brewer, Bob Rush, Hal Daner, Dennis DeWitt, Buzz Thom, and Rich Gonzalez who assisted with the preparation of this preview).

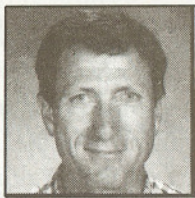
Cross Country Advisory Committee Members



Larry Yeghoian
Chairman
Cross Country
Dir. Secondary Education
Tehachapi Unified



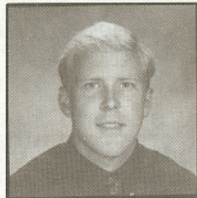
Hal Harkness
Meet Director
CIF State Track & Field/
State Track and Field
Rules Interpreter



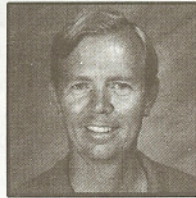
Marty Simpson
Meet Director
CIF State
Cross Country
Buchanan High School



Dan Reinstein
President
California Track Starters
Association



Brian Weaver
Asst. Meet Director
CIF State
Cross Country
Buchanan High School



Doug Speck
Teacher
Arcadia High School



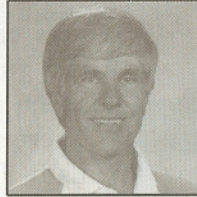
Mike Larsen
Meet Director
CIF State Track & Field
Track Coach Wood HS



Dennis McClanahan
Coaches Alliance Rep.
Athletic Director
Mt. Carmel High School



Floyd Hurndon
Girls Cross Country
Coach, Overfelt High



Dennis Dewitt
Boys Cross Country/Track
Coach, Madera High

Time Schedule CIF ARCO *am/pm* State Cross Country Championships

Division V Girls Race	8:30 a.m.
Division I Girls Race	9:05 a.m.
Division V Boys Race	9:40 a.m.
Awards - Girls Div. V	10:15 a.m.
Division I Boys Race	10:10 a.m.
Awards - Boys Div. V	10:30 a.m.
Awards - Girls Div. I	10:45 a.m.
Division II Girls Race	10:40 a.m.
Awards - Boys Div. I	11:00 a.m.
Division III Boys Race	11:15 a.m.
Awards - Girls Division II	11:15 a.m.
Division IV Girls Race	11:45 a.m.
Awards - Boys Division III	11:55 a.m.
Division II Boys Race	12:20 p.m.
Awards - Girls Division IV	12:30 p.m.
Division III Girls Race	12:50 p.m.
Awards - Boys Division II	1:00 p.m.
Division IV Boys Race	1:25 p.m.
Awards - Girls Division III	1:30 p.m.
Awards - Boys Division IV	1:50 p.m.

QUICK QUIZ

- 1 What school has won a state championship and a scholastic state championship?
- 2 A sub-17 clocking has been accomplished twice in girls' competition can you name this superstar athlete?
- 3 What boys' team has won the most consecutive state championships?

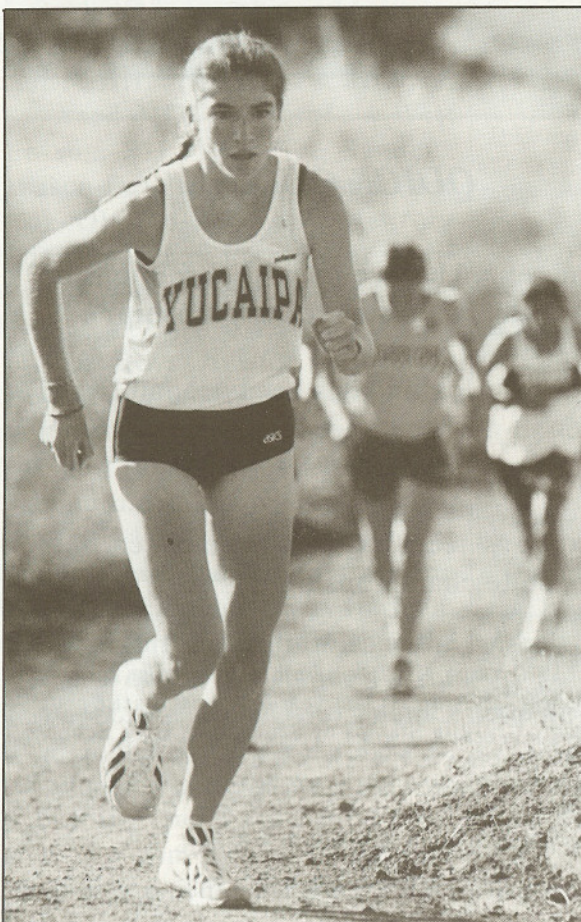
Answers: 1. Yucaipa girls' won both a state cross country championship (Division II) last year and a scholastic state championship. 2. Julia Stamps of Santa Rosa High School accomplished the feat in 1995 (16:45) then topped her mark in 1996 (16:43). 3. McFarland has won a record five straight titles (1992-95 in Division IV) and in Division V last year. In all, McFarland has six titles, also a record.

All Around Champions



Yucaipa Girls' First Ever to Take Team and Scho- lastic State Titles

*By Jim "Tater" Crates
Yucaipa-Calimesa
News-Mirror*



Winning on the Field and in the Classroom - Yucaipa won the CIF ARCO am/pm Division II State Cross Country Championship a year ago and proceeded to also win the Scholastic State Championships in girls' cross country. Many of the team members return hoping again for that elusive "double." Pictured above (left to right) Heidi Walker, Vickie Whiteside, Kimi Welsh, Jenny Petite, Leeann Jimenez, Renee Stetkevich and Beth Grossheim. To the left Kimi Welsh looks for an individual title and leads the Thunderbirds championship hopes.

team photo by "Tater" Crates, photo of Welsh by Bob Otto.

Around the cross country courses the phrase, "run a smart race," is often used.

For the Yucaipa High School girls' team it's more like, "be smart to run the race." Not only are the Thunderbirds the number one ranked team in the state, on the courses, but in the classrooms as well, a position they take seriously and with great pride.

With a grade point average of 3.92 on a 4.0 scale, Yucaipa has been the number one scholastically in California, two out of the last three years.

Five of their varsity seven members carry 4.0 averages. The other two girls are right behind at 3.8. All seven are in accelerated programs. There's no "give me" classes for the Lady Thunderbirds.

Coach Jim Clendaniel, winner of "Coach of the Year" three consecu-

tive years at the Mt. Sac Invitational, and also the winner of the "Coach of the Year" by the Coaches Association puts it like this.

"I get the best of both worlds. These girls are very special."

Yucaipa is currently ranked number one by the CIF Southern Section and the state. They are also ranked number two in the nation by *Harriers Magazine*. Yucaipa recently won their third straight Mt. Sac Invitational Sweepstakes Championship. Senior, Kimi Welsh, led the T-Birds with a time of 17:29, making her the 18th fastest ever over the three mile prestigious course.

Joining Welsh were seniors Vickie Whiteside and Jenny Petite. Sophomores Heide Walker, Leeann Jimenez, Beth Grossheim, and Renee Stetkevich make up the varsity top seven.

Being ranked number one puts lots of added pressure on the T-Birds, something they handle very well. Fourth year runner Whiteside aid this when asked if she feels the pressure: "Not really. We just run the best we can. So far that seems to be enough. I'm sure that the reaces will get tougher as the bigger meets start. I feel like we're ready."

"I think they like the challenge. The last race they lost was the state finals of 1994, that's every race, any team, any place," said Clendaniel. "We duck no one."

A good example of that is the Thunderbirds trip to Manchester, New Hampshire earlier this season. Running on a strange 3.1 mile course, 3,000 miles from home, with a three hour time difference, strange beds and a different elevation, the Yucaipa team beat host Manchester by 48 points to with the 35th invitational. Manchester was rated number nine in the nation going into the race.

Saratoga Falls, New York is ranked number one by *Harriers*. At a race in New York, on Saratoga's course, Manchester ran against them. The New York team won by 40

THE CIF NEWS

C I F = C O M P E T I T I O N I N T E G R I T Y F A I R N E S S

CIF SCHOLASTIC STATE CHAMPION TEAMS NAMED

Individual Scholastic all-CIF Qualifiers Honored



FOREST LAKE CHRISTIAN GIRLS' VOLLEYBALL SCHOLASTIC STATE CHAMPIONS

The CIF Scholastic State Champions in girls' cross country, boys' cross country and girls' volleyball have been named. In addition, individuals achieving a 3.5 grade point average or above in these three fall sports have been honored as Scholastic All-CIF Selections.

Forest Lake Christian High School, with a cumulative team GPA of 3.80, is the CIF Scholastic State Champion in the sport of girls' volleyball. Sequoia Redwood City is the boys' cross country scholastic state champ with a 3.86 team



SEQUOIA REDWOOD CITY BOYS' CROSS COUNTRY SCHOLASTIC STATE CHAMPIONS

GPA. In girls' cross country, Yucaipa, with a state best 3.88 GPA, is the scholastic state champions. Interestingly, Yucaipa also won the Division II girls' CIF ARCO *am/pm* State Cross Country Championship in November and, thus, becomes the first school to claim an athletic state championship and a scholastic state championship.

"We are extremely proud of the schools and individuals that took part in this new program," said Jack Hayes, CIF executive director. "To see the large num-



YUCAIPA GIRLS' CROSS COUNTRY SCHOLASTIC STATE CHAMPIONS

bers of individuals and teams achieving at such a high level was especially gratifying."

The CIF Scholastic State Champions program honors teams demonstrating the highest collective GPA's (on a 4.0 scale) statewide in their respective sport. Each scholastic state champion receives a pennant suitable for display at the school. The first, second and third place team winners receive certificates.

Individual student-athletes maintaining a minimum 3.5 GPA during their sea-

son of sport competition are honored as Scholastic All-CIF award winners. Winners receive certificates which are mailed to their respective schools.

These two new scholastic programs, adopted by the State CIF Federated Council last spring, are for teams and individuals competing in sports that offer state championships. For the fall these sports include boys' and girls' cross country and girls' volleyball.

(Continued on page 8)

Double Vision

Now in its second year, the CIF Scholastic State Champions program honors teams demonstrating the highest collective GPA's (on a 4.0 scale) statewide in their respective sport.

Each scholastic state champion receives a pennant suitable for display at the school. The first, second and third place teams winners receive certificates.

In addition, individual student-athletes maintaining a minimum 3.5 GPA during their season of sport competition are honored as Scholastic All-CIF award winners. Winners receive certificates which are mailed to their respective schools.

Forms for both these award programs are mailed to principals at the beginning of each season of sport.

To date, Yucaipa girls' cross country team is the only school to "double" as both a state champion and a scholastic state champion.

The boys' cross country scholastic state champions from a year ago was Sequoia Redwood City High School.

Winners for 1997 will be announced in mid-December and will be posted on the CIF's web site at www.cifstate.org.

Also listed will be individual Scholastic All-CIF award winners.

points. Perhaps a good time on the toughest and most prestigious Mt. Sac course at the CIF ARCO *am/pm* Southern Section finals or the Woodward Park, Fresno state course will move the T-Birds up to the num-

ber one spot. Seeking a third straight state championship, an accomplishment only two other girls' teams have achieved (Palos Verdes, Agoura), Yucaipa is poised and ready to do it again.

1997 CIF ARCO am/pm Competitors and Team Listings



Jason Taylor (Peninsula H.S.)
best of 14:48 at Woodbridge Invite



Jennifer Burris (Ayala H.S.)
finished 4th at state in 1996 (18:13)



Mike Baskin (Mt. Carmel)
placed 10th in Div. I last year (15:50)

DIVISION I

NO. FIRST NAME LAST NAME YR GENDER DIV SEC
=====

AFFILIATION = ALHAMBRA
1 Amy Loper Riley

SO G 1 NCS

AFFILIATION = ALISO NIGUEL
2 Michelle Basanda

JR G 1 SS

AFFILIATION = ANTIOCH
3 Chris Hernandez

JR B 1 NCS

AFFILIATION = ATWATER
4 Christina Llorente

JR G 1 SJS

AFFILIATION = AYALA

5 Steve Smith SR B 1 SS
6 Jennifer Burris SR G 1 SS
7 Tessa Cendejas JR G 1 SS
8 Heather Lozano JR G 1 SS
9 Jody Jensen SO G 1 SS
10 Erin Uyeshima SO G 1 SS
11 Nichole Gurnicz JR G 1 SS
12 Whitney Valadez SO G 1 SS

AFFILIATION = BEAR CREEK

13 Craig Stevens JR B 1 SJ

AFFILIATION = BELL

14 Ariadna Serralde SR G 1 LAS
15 Angelica Ayon SR G 1 LAS
16 Laura Curiel SR G 1 LAS
17 Gicela Ornelas SR G 1 LAS
18 Yuli Lopez SR G 1 LAS
19 Perla Gil SR G 1 LAS
20 Veronica Sanchez JR G 1 LAS

AFFILIATION = BELLARMINE

21 Chris Knapp SR B 1 CCS
22 Omar Hart SR B 1 CCS
23 Daniel Galindo SO B 1 CCS
24 Neil Davis FR B 1 CCS
25 Jeff Wilson JR B 1 CCS
26 Kevin Brown JR B 1 CCS
27 Andreas Sandberg SR B 1 CCS

AFFILIATION = BELMONT

28 Humberto Vargas SO B 1 LAS
29 Jorge Lopez SR B 1 LAS
30 Cristobal Martinez SR B 1 LAS
31 Alejandro Lemus JR B 1 LAS
32 Henry Briseno JR B 1 LAS
33 Henok Mulugeta SO B 1 LAS
34 Mateo Perez SO B 1 LAS

AFFILIATION = BEYER

35 Lorraine Ricci SO G 1 SJS

AFFILIATION = BIRMINGHAM

36 Erika Dolezal JR G 1 LAS
37 Dina Melendez JR G 1 LAS
38 Tiffany Burgess JR G 1 LAS
39 Melanie Sims SO G 1 LAS
40 Melissa Astete FR G 1 LAS
41 Jenny Tillmon JR G 1 LAS
42 Nuria Vanegas JR G 1 LAS

AFFILIATION = BONITA VISTA

43 Brian Paff JR B 1 SDS

AFFILIATION = BUCHANAN

44 Fernando Cabada SO B 1 CS
45 Meridith Heilbut FR G 1 CS

AFFILIATION = CANYON

46 Lauren Fleshman JR G 1 SS

AFFILIATION = CARLSBAD

47 Angela VanDyke SR G 1 SD

AFFILIATION = CASTRO VALLEY

48 Justin Coffeen SR B 1 NCS
49 Brad Dickson SR B 1 NCS
50 Kentoku Yamamoto SR B 1 NCS
51 Kenpei Yamamoto JR B 1 NCS
52 Damien Dulaney SR B 1 NCS
53 Jim Nickolopoulos SR B 1 NCS
54 Josh Kalsbeek SR B 1 NCS

AFFILIATION = CHINO

55 James DeBruhl JR B 1 SS

AFFILIATION = CLAYTON VALLEY

56 Adam Davis SR B 1 NCS
57 Kristine Musante JR G 1 NCS
58 Julie Leininger SR G 1 NCS
59 Michelle Howisey SO G 1 NCS
60 Kathleen Ferrari FR G 1 NCS
61 Katie Grover FR G 1 NCS
62 Ashley Valentine SO G 1 NCS
63 Marcela Villalobos SR G 1 NCS

AFFILIATION = CLOVIS

64 Michael Buckley SR B 1 CS
65 Miguel Perez SR B 1 CS
66 Travis Coburn JR B 1 CS
67 Mateo Moya SO B 1 CS
68 Brian Dawson SO B 1 CS
69 J.J. Duke FR B 1 CS
70 Matt Cooley FR B 1 CS
71 Emily Barrus SR G 1 CS
72 Tianna Martinez SR G 1 CS
73 Kristin Fairley SR G 1 CS
74 Christie Gregory JR G 1 CS
75 Pam Campbell JR G 1 CS
76 Breann Welton SO G 1 CS
77 Toni Espinoza FR G 1 CS

AFFILIATION = CLOVIS WEST

78 Mitch Alcorn SO B 1 CS
79 Andrea Palacio SO G 1 CS
80 Jennifer Toler JR G 1 CS

AFFILIATION = DANA HILLS

81 Melissa Haddy FR G 1 SS

AFFILIATION = DEL CAMPO

82 Nate Bristow SR B 1 SJS
83 Chris Farley SR B 1 SJS
84 Andy Kirkpatrick SR B 1 SJS
85 James Petrinovich JR B 1 SJS
86 Mike Hammond SR B 1 SJS
87 Tom Johnson SO B 1 SJS
88 Chris Raske SR B 1 SJS
89 Jennifer Smith SR G 1 SJS

AFFILIATION = EL CAMINO REAL

90 Jamie Newman JR G 1 SS

AFFILIATION = EL TORO

91 Danny Lee SR B 1 SS

AFFILIATION = ESPERANZA

92 Pam Smith JR G 1 SS
93 Beth Weidler SR G 1 SS
94 Lisa Massoth JR G 1 SS
95 Nicole Distefano FR G 1 SS
96 Kristine Shedd SR G 1 SS
97 Sara Swan SR G 1 SS
98 Kristin Chadez SO G 1 SS

AFFILIATION = FREMONT

99 Yubini Huitz SR B 1 LAS

AFFILIATION = FRESNO

100 Robert Pico JR B 1 CS

AFFILIATION = GARFIELD

101 Edgar Flores JR B 1 LAS
102 Samuel Castro SO B 1 LAS
103 Eduardo Perez SR B 1 LAS
104 Jose Armenta SR B 1 LAS
105 Wilfredo Villalpando JR B 1 LAS
106 Jose Magallanes SR B 1 LAS
107 Martin Luna SR B 1 LAS

AFFILIATION = GOLDEN WEST

108 Olga Gutierrez SR G 1 CS

AFFILIATION = GRANITE HILLS

109 Nick Rivera SR B 1 SDS
110 Jason Finch JR B 1 SDS
111 Ian Bartonicek JR B 1 SDS
112 Royce Walters SR B 1 SDS
113 Ryan Maynard SR B 1 SDS
114 Jeff Hunter FR B 1 SDS
115 Brandon Vielguth SO B 1 SDS

AFFILIATION = GUNN

116 Tom Allen JR B 1 CCS
117 Marsha Habib SO G 1 CCS
118 Katya Kazakova SR G 1 CCS

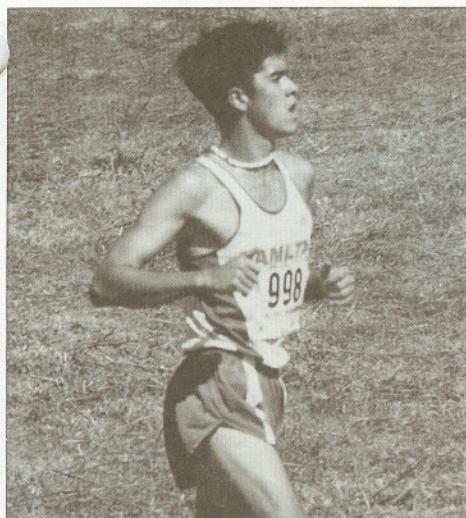
AFFILIATION = HAMILTON

119 Kenzo Bergeron SR B 1 LAS

AFFILIATION = HANFORD

120 Juan Chavira SR B 1 CS

1997 CIF ARCO am/pm Competitors and Team Listings



Kenzo Bergeron (Hamilton H.S.)
personal best of 15:49



Chrissie Gregory (Clovis H.S.)
8th placer in Div. I last year (18:33)



Trina Cox (Santa Rosa H.S.)
third in state in '96 (18:04)

AFFILIATION = HIGHLAND

121 Justin Patananan FR B 1 SS

AFFILIATION = HOOVER

122 Isabel Casillas SR B 1 SS

AFFILIATION = INTER. STUDIES SF

123 Cynthia Talmadge SO G 1 SFS

AFFILIATION = J.F. KENNEDY

124 Yvonne Liebig SR G 1 SJS

AFFILIATION = JAMES LOGAN

125 Scott MacDonald SR B 1 NCS

126 Mansoor Alizai SR B 1 NCS

127 Sky Baumback SR G 1 NCS

AFFILIATION = JOHANSEN

128 Emiliano Figueroa SR B 1 SJS

AFFILIATION = LELAND

129 Willy Gharapetian JR B 1 CCS

130 Minji Wong SR G 1 CCS

131 Jennifer Kinder JR G 1 CCS

132 Julie Pope SO G 1 CCS

133 Cindy Lee SO G 1 CCS

134 Rebecca Norvelle SO G 1 CCS

135 Kristina Ng FR G 1 CCS

136 Emily Retner FR G 1 CCS

AFFILIATION = LIBERTY

137 Stephanie Ksensulak JR G 1 NCS

AFFILIATION = LINCOLN STOCK.

138 Ali Nicolas SO G 1 SJS

139 Becky Lindenberg JR G 1 SJS

140 Leslie Chandler JR G 1 SJS

141 Jaclyn Shaughnessy SO G 1 SJS

142 Emily Mah JR G 1 SJS

143 Katie Lindell SO G 1 SJS

144 Tiffany Bock SO G 1 SJS

AFFILIATION = LIVERMORE

145 Donovan Jones JR B 1 NCS

146 Nathen Martin SR B 1 NCS

147 James Benitez SR B 1 NCS

148 Tony Azevedo SO B 1 NCS

149 Evan Hamilton JR B 1 NCS

150 Ander Belaustegui JR B 1 NCS

151 Kenneth Machado SR B 1 NCS

AFFILIATION = LOS ALTOS

152 Andrew Hill JR B 1 CCS

AFFILIATION = LOWELL

153 Ritchie Jong SR B 1 SFS

154 Bentley Lim JR B 1 SFS

155 Jin Daikoku FR B 1 SFS

156 Jonathan Gee SO B 1 SFS

157 Raymond Yu SR B 1 SFS

158 Ryan Jang JR B 1 SFS

159 Adrian Lee SR B 1 SFS

160 Jennifer Akana SR G 1 SFS

161 Sopanga Eap JR G 1 SFS

162 Milicia Wong JR G 1 SFS

163 Gloria Kam JR G 1 SFS

164 Noreen Chan SR G 1 SFS

165 Lisa Chan SR G 1 SFS

166 Rachel Wilson JR G 1 SFS

AFFILIATION = MADERA

167 Mario Zambrano SR B 1 CS

168 Eddie Garcia SR B 1 CS

169 Jeremy Moore JR B 1 CS

170 Marc Ausburn JR B 1 CS

171 Angel Hernandez JR B 1 CS

172 Feliciano Leyva JR B 1 CS

173 Jesse Zapata FR B 1 CS

174 Lupe Maciel SR G 1 CS

175 Marcee Kropf SR G 1 CS

176 Gina Dawson SR G 1 CS

177 Natalie Finley JR G 1 CS

178 Rebecca Hansen SO G 1 CS

179 Teri Wilson FR G 1 CS

180 Griselda Barraza FR G 1 CS

AFFILIATION = MANUAL ARTS

181 Cesar Enriquez SO B 1 LAS

AFFILIATION = MARSHALL

182 Andre Young JR B 1 LAS

AFFILIATION = MCLANE

183 Ricardo Mendoza SO B 1 CS

AFFILIATION = MILPITAS

184 Sabrina Ahmad SR G 1 CCS

AFFILIATION = MODESTO

185 Paulo Carvalho SR B 1 SJS

AFFILIATION = MONACHE

186 Melina Brambila JR G 1 CS

AFFILIATION = MONTE VISTA

187 Susan Chan FR G 1 NCS

AFFILIATION = MT. CARMEL

188 Mike Baskin SR B 1 SDS

AFFILIATION = NEVADA UNION

189 Mike Gregg JR B 1 SJS

190 Justin Wood SR B 1 SJS

191 Matt Ames SR B 1 SJS

192 Evan McDaniel SR B 1 SJS

193 Julian Nahan JR B 1 SJS

194 Brian Wood JR B 1 SJS

195 Art Sharp SR B 1 SJS

196 Misty Prentice SO G 1 SJS

197 Bronwen Tomb FR G 1 SJS

198 Alex Keeble SR G 1 SJS

199 Megan Michelson SO G 1 SJS

200 Hillary Ross JR G 1 SJS

201 Erin Jensen JR G 1 SJS

202 Kari Powell SR G 1 SJS

AFFILIATION = NORTH HOLLYWOOD

203 Natalie Stein FR G 1 LAS

AFFILIATION = OAKLAND

204 Jeremy Chuck SO B 1 OS

205 Jaime Martinez SR B 1 OS

206 Raymond Trinh SR B 1 OS

207 Jose Anaya JR B 1 OS

208 Tommy Johnson JR B 1 OS

209 Marquez Jackson FR B 1 OS

210 Keita Jones SR B 1 OS

211 Karen Chan JR G 1 OS

AFFILIATION = OAKLAND TECH.

212 Esayas Messele JR B 1 OS

213 Marie Young SO G 1 OS

AFFILIATION = ORANGE GLEN

214 Katie Cottrell SR G 1 SDS

215 Lorena Jimenez JR G 1 SDS

216 Cara Rumble SR G 1 SDS

AFFILIATION = PALISADES

217 Nicole Campbell SO G 1 LAS

AFFILIATION = PENINSULA

218 Jason Taylor SR B 1 SS

219 Eric Mittelstedt SR B 1 SS

220 John Eugene SR B 1 SS

221 Neal Dodson JR B 1 SS

222 Kyle Dunst SO B 1 SS

223 Paul Maetas JR B 1 SS

224 Peter Butz SR B 1 SS

AFFILIATION = PIEDMONT HILLS

225 Jose Acosta SR B 1 CCS

226 David Monico JR B 1 CCS

AFFILIATION = POLY-LONG BEACH

227 Chad Durham SR B 1 SS

228 Martin Conrad JR B 1 SS

229 John Gould SR B 1 SS

230 Tyler Noesen JR B 1 SS

231 Aaron Durham SO B 1 SS

232 Nicholas Brulois JR B 1 SS

233 Jared Presley JR B 1 SS

AFFILIATION = POWAY

234 Mike Helms SR B 1 SDS

235 Andrew Gharst SR B 1 SDS

236 Matt Gailey SR B 1 SDS

237 Josh Pope SO B 1 SDS

238 Ben Schwab SR B 1 SDS

239 Josh Long JR B 1 SDS

240 Reis Paluso SO B 1 SDS

AFFILIATION = PROSPECT

241 Laura Kniskern SO G 1 CCS

AFFILIATION = QUARTZ HILL

242 Danielle Day SR G 1 SS

243 Shell Blevins FR G 1 SS

244 Jennifer Yadon FR G 1 SS

245 Carly Harrill JR G 1 SS

246 Katie Schettig FR G 1 SS

247 Kim Harrill FR G 1 SS

248 Shannon Bouche' JR G 1 SS

1997 CIF ARCO am/pm Competitors and Team Listings



Jon Stevens (Mission San Jose HS)
5th in state in 1996 - photo by Ken Grimes



Kendal Billingsley and April Lopez
top 10 placers for Mission Viejo?



Alfonso Leon (Santa Ana)
8th placer from Div. II a year ago

AFFILIATION = RANCHO BERNARDO

249 Sean Ricketts	SO B 1 SDS
250 Kaleena Yee	FR G 1 SDS
251 Julie Manson	SO G 1 SDS
252 Christine Kitchen	SR G 1 SDS
253 Katie Boyd	FR G 1 SDS
254 Kerri Wheeler	SO G 1 SDS
255 Lisa Lyons	SO G 1 SDS
256 Sara D'Alessio	SR G 1 SDS

AFFILIATION = RIALTO

257 Latesha Jones	SO G 1 SS
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AFFILIATION = SAN BENITO

258 Cuco Chavez	SR B 1 CCS
259 Ben Morales	SO B 1 CCS
260 Matt Fears	JR B 1 CCS
261 Jorge Sanchez	JR B 1 CCS
262 Joey Kaufmann	FR B 1 CCS
263 Eddie Barrios	FR B 1 CCS
264 Josh Morales	SR B 1 CCS

AFFILIATION = SAN PEDRO

265 Julia Gray	SO G 1 LAS
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AFFILIATION = SAN RAMON

266 Jeff Stordahl	SR B 1 NCS
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AFFILIATION = SAN RAMON VALLEY

267 Katie Murphy	FR G 1 NCS
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AFFILIATION = SANTA ANA

268 Alfonso Leon	JR B 1 SS
269 Juan Salgado	JR B 1 SS
270 Jorge Pena	JR B 1 SS
271 Omar Mateo	JR B 1 SS
272 Jose Cholula	FR B 1 SS
273 Miguel Bolanos	JR B 1 SS
274 Luis Perez	SR B 1 SS

AFFILIATION = SANTA ROSA

275 Trina Cox	JR G 1 NCS
276 Katie Stafford	JR G 1 NCS
277 Lindsay Johnson	SO G 1 NCS
278 Anna Shaver	FR G 1 NCS
279 Jackie Prange	SO G 1 NCS
280 Anatheia Meade	JR G 1 NCS
281 Carol Johnson	FR G 1 NCS

AFFILIATION = SANTA TERESA

282 Elena Lopez	FR G 1 CCS
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AFFILIATION = SKYLINE

283 Hasan McGee	SR B 1 OS
284 Emily Dixon	JR G 1 OS
285 Alana Heinz	SR G 1 OS
286 Selamawit Tarekeen	JR G 1 OS
287 Akunna Ogbu	JR G 1 OS
288 Stephanie Garcia	SR G 1 OS
289 Iyana Craft	JR G 1 OS
290 Carolyn Lai	SO G 1 OS

AFFILIATION = SOUTH GATE

291 Carlos Gonzalez	SR B 1 LAS
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AFFILIATION = ST. IGNATIUS

292 Katie Appenrodt	SR G 1 CCS
293 Colleen Cotter	SR G 1 CCS
294 Lauren Maroevich	SO G 1 CCS
295 Erin Lapping	JR G 1 CCS
296 Erin Duterte	SO G 1 CCS
297 Kate Abbene	SO G 1 CCS
298 Katie Nejasnich	SO G 1 CCS

AFFILIATION = TAFT.

299 Wendy Chan	SR G 1 LAS
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AFFILIATION = TEMECULA VALLEY

300 Josh Herring	SR B 1 SS
301 Corey Osborne	SO B 1 SS
302 Shawn Hall	SR B 1 SS
303 Jared Romine	SO B 1 SS
304 Phil Windus	SR B 1 SS
305 Adam Garcia	SR B 1 SS
306 Jason Lancaster	JR B 1 SS

AFFILIATION = TORREY PINES

307 Carnille Dredge	JR G 1 SDS
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AFFILIATION = UNIVERSITY.

308 Jessica Howard	SO G 1 SS
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AFFILIATION = VAHALLA

309 Jon Doroski	SR B 1 SDS
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AFFILIATION = VALHALL

310 Andrea Clemons	SR G 1 SDS
311 Lesley Bravin	SO G 1 SDS
312 Elaine Lassen	JR G 1 SDS
313 Laura Trask	SO G 1 SDS
314 Kristi Pinnell	SO G 1 SDS
315 Ashley Viens	SO G 1 SDS
316 Amy Kermott	JR G 1 SDS

AFFILIATION = VISTA

317 Justin Neuroth	SO B 1 SDS
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AFFILIATION = WASHINGTON SF

318 Alec Zelenkovsky	JR B 1 SFS
319 Justin Chan	NA B 1 SFS

AFFILIATION = WOODLAND

320 Katie Scarlett	SO G 1 SJS
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AFFILIATION = YUCAIPA

321 Kimi Welsh	SR G 1 SS
322 Beth Grossheim	SO G 1 SS
323 Vickie Whiteside	SR G 1 SS
324 Heidi Walker	SO G 1 SS
325 Leeann Jimenez	SO G 1 SS
326 Jenny Petite	SR G 1 SS
327 Melissa Hutchscroft	FR G 1 SS

DIVISION II

AFFILIATION = AGOURA

328 Laura Jakosky	FR G 2 SS
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AFFILIATION = ALISAL

329 Armando Ortiz	SR B 2 CCS
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AFFILIATION = AMADOR VALLEY

330 Ron Selvey	SR B 2 NCS
331 Marcie Silva	SO G 2 NCS
332 Jessica Felts	SO G 2 NCS
333 Sarah Silva	SO G 2 NCS
334 Kristin Bergesen	JR G 2 NCS
335 Elizabeth Maier	JR G 2 NCS
336 Natalie Darst	JR G 2 NCS
337 Paula Calhoun	SO G 2 NCS

AFFILIATION = APTOS

338 Gary Passanisi	SR B 2 CCS
339 Anthony Eckel	SR B 2 CCS
340 Anne-Elyse Smith	SR G 2 CCS
341 Cami Craig	SR G 2 CCS
342 Kim Sullivan	JR G 2 CCS
343 Claudia Hernandez	JR G 2 CCS
344 Monique Silva	SO G 2 CCS
345 Lindsay Leonard	SO G 2 CCS
346 Lilly Sullivan	FR G 2 CCS

AFFILIATION = BELLA VISTA

347 Jennifer Wong	SR G 2 SJS
348 Elizabeth McCleneghan	SO G 2 SJS

AFFILIATION = BREA OLINDA

349 Michelle Thune	SR G 2 SS
350 Jenny Thune	FR G 2 SS
351 Christy Burdett	JR G 2 SS
352 Stephanie Jones	JR G 2 SS
353 Jody Barnes	JR G 2 SS
354 April Matulich	SO G 2 SS
355 Michele Catalde	JR G 2 SS

AFFILIATION = BURLINGAME

356 Lauren Parker	SR G 2 CCS
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AFFILIATION = CASA ROBLE

357 Jeff Curtis	JR B 2 SJS
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AFFILIATION = CASTRO VALLEY

358 Colleen McGrellis	FR G 2 NCS
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AFFILIATION = CENTENNIAL-CORONA

359 Brad Baldwin	JR B 2 SS
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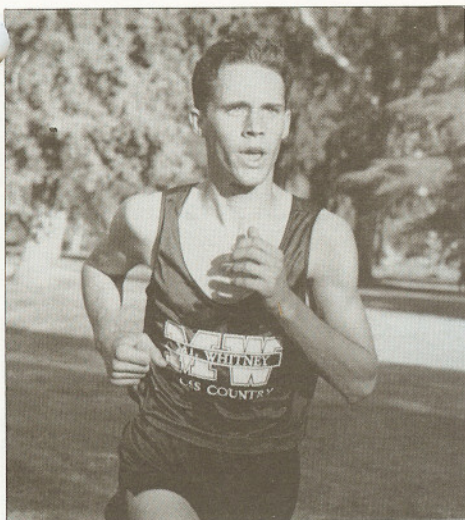
AFFILIATION = CENTRAL F.

360 Ashley Pinassco	SR G 2 CS
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AFFILIATION = DAVIS

361 Andrew Dougherty	JR B 2 SJS
362 Steve Fairclough	SR B 2 SJS
363 Noah Easterday	JR B 2 SJS
364 Nate Coker	SR B 2 SJS
365 Justin Morejohn	JR B 2 SJS
366 Jamin Greenbaum	SR B 2 SJS
367 Luke Gibson	FR B 2 SJS
368 Molly Shannon	SR G 2 SJS
369 Casara Phariss	SO G 2 SJS
370 Sarah Mullin	SR G 2 SJS
371 Andrea Haver	SR G 2 SJS
372 Emily Sieracki	JR G 2 SJS
373 Erin Hewell	SO G 2 SJS
374 Emma Johnson	SO G 2 SJS

1997 CIF ARCO am/pm Competitors and Team Listings



Michael McDonnell (Mt. Whitney HS)
second appearance in state finals



Jamie Witt (Folsom HS)
4th in Division III last year (18:38)



Sara Bei (Montgomery HS)
freshman sensation has PR of 17:09

AFFILIATION = DE LA SALLE

375 Brian Engleton	SR B 2 NCS
376 Ryan Stanton	SR B 2 NCS
377 Tim Layden	SR B 2 NCS
378 Darren Salmi	SR B 2 NCS
379 Chris Wheeler	SR B 2 NCS
380 Dom D'Ambrosio	JR B 2 NCS
381 Mike Rostkowski	SR B 2 NCS

AFFILIATION = EL CAMINO

382 David Romero	SR B 2 SDS
383 Becky Kleiman	SR G 2 SJS

AFFILIATION = ELK GROVE

384 Ryan Riemer	SR B 2 SJS
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AFFILIATION = ESCONDIDO

385 Lanelle Cox	JR G 2 SDS
386 Marissa Leivas	JR G 2 SDS

AFFILIATION = EUREKA

387 Lehrin Morey	SO B 2 NCS
388 Andrea Woodcock	SO G 2 NCS
389 Anni Kelley-Day	JR G 2 NCS

AFFILIATION = Foothill B.

390 Katie Greer	SR G 2 CS
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AFFILIATION = GOLDEN VALLEY

391 Enrique Rodriguez	JR B 2 SJS
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AFFILIATION = HELIX

392 Courtney Baird	JR G 2 SDS
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AFFILIATION = HIGHLAND B.

393 Beth Weston	JR G 2 CS
394 Amanda Armstrong	SO G 2 CS
395 Veronica Marquez	SO G 2 CS
396 Patty Ayala	FR G 2 CS
397 Alisa McGee	FR G 2 CS
398 Jillynn Long	FR G 2 CS
399 Ashley Ortiz	FR G 2 CS

AFFILIATION = HILLTOP

400 Desiree Davilla	FR G 2 SDS
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AFFILIATION = JESUIT

401 Ka-Akperma Yelapaala	SR B 2 SJS
402 Mike Altieri	SR B 2 SJS
403 Chris DeWitt	SR B 2 SJS
404 Garrett Larsson	SR B 2 SJS
405 Chris Robertson	JR B 2 SJS
406 Jonathan Salzberg	SR B 2 SJS
407 David DePiazza	SR B 2 SJS

AFFILIATION = KATELLA

408 Danny Mejia	SO B 2 SS
409 Juan Casas	SO B 2 SS
410 Matt Levassieur	JR B 2 SS
411 Albert Rosel	SO B 2 SS
412 Alex Smith	SR B 2 SS
413 Augie Nava	JR B 2 SS
414 Guillermo Vargas	JR B 2 SS
415 Jill Stantibanez	SR G 2 SS

AFFILIATION = LOARA

416 Jose Herrera	JR B 2 SS
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AFFILIATION = LOS GATOS

417 Sarah High	SR G 2 CCS
418 Lina Bibes-Ferro	SR G 2 CCS
419 Sarah McAteer	JR G 2 CCS
420 Amy LaPine	JR G 2 CCS
421 Marcia Wallis	JR G 2 CCS
422 Laura Sund	SR G 2 CCS
423 Andie Knudsen	SO G 2 CCS

AFFILIATION = MENLO ATHERTON

424 Chloe Glare	JR G 2 CCS
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AFFILIATION = MISSION SAN JOSE

425 Jon Stevens	SR B 2 NCS
426 Macah Strom	SO B 2 NCS
427 Andrew Golden	JR B 2 NCS
428 Tom Chapman	SR B 2 NCS
429 Jerry Stepan	SR B 2 NCS
430 Shamil Nawar	JR B 2 NCS
431 Don Rodriguez	FR B 2 NCS
432 Katie Hotchkiss	JR G 2 NCS
433 Hagu Solomon	SO G 2 NCS
434 Becky Anderson	SR G 2 NCS
435 Kirsten Tanaka	SO G 2 NCS
436 Joanna Luk	SR G 2 NCS
437 Liz Bailey	JR G 2 NCS
438 Amanda Necoechea	SR G 2 NCS

AFFILIATION = MISSION VIEJO

439 Mark Gleason	SR B 2 SS
440 Christian Kemp	JR B 2 SS
441 David Santos	SR B 2 SS
442 David Nunez	SO B 2 SS
443 David Gleason	SO B 2 SS
444 Andy Hassen	JR B 2 SS
445 Thomas Perscher	SR B 2 SS
446 April Lopez	SO G 2 SS
447 Kendal Billingsley	FR G 2 SS
448 Amanda Fleskoski	SO G 2 SS
449 Julie Casserly	JR G 2 SS
450 Jennifer Cecil	SR G 2 SS
451 Alison Casserly	JR G 2 SS
452 Sarah Quackenbush	SO G 2 SS

AFFILIATION = MONTA VISTA

453 Lauren Adams	JR G 2 CCS
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AFFILIATION = MONTE VISTA

454 Jon Rankin	SO B 2 SDS
455 Rebeka Spagnolo	SR G 2 SDS

AFFILIATION = MT. WHITNEY

456 Michael McDonnell	SR B 2 CS
457 Kile Taylor	JR B 2 CS
458 Robbie Egan	JR B 2 CS
459 Ethan Heller	JR B 2 CS
460 Josh Noland	JR B 2 CS
461 Jared Noland	JR B 2 CS
462 Rusty Foxe	SO B 2 CS
463 Mary Garcia	JR G 2 CS
464 Kate Jenkins	JR G 2 CS

465 Meredith Nikkel	JR G 2 CS
466 Jenny Navarrete	SO G 2 CS
467 Alissa Esquivel	SO G 2 CS
468 Danielle Lovejoy	SO G 2 CS
469 Jacquie Wamalwa	FR G 2 CS

AFFILIATION = NAPA

470 Caitlin Elliott	JR G 2 SJS
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AFFILIATION = NORTH MONTEREY

471 Temo Trujillo	SR B 2 CCS
472 David Leon	JR B 2 CCS
473 Eric Jones	SR B 2 CCS
474 Jose Buenostro	SR B 2 CCS
475 Abe Pedroza	SR B 2 CCS
476 Josh Campbell	JR B 2 CCS
477 Will Penncook	SR B 2 CCS
478 Amy Briley	JR G 2 CCS

AFFILIATION = PINER

479 Dena Withthous	SO G 2 NCS
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AFFILIATION = PLACER

480 Grant Erickson	SO B 2 SJS
481 Ian Ulmer	SR B 2 SJS
482 Lindsay Hyatt	JR G 2 SJS
483 Randi Fee	SO G 2 SJS
484 Kim Cook	JR G 2 SJS
485 Katy Moriarity	JR G 2 SJS
486 Audrey Amara	SR G 2 SJS
487 Holly Beub	FR G 2 SJS
488 Melinda Fuller	JR G 2 SJS

AFFILIATION = PLEASANT VALLEY

489 Noah Balgooyen	SR B 2 NS
490 Clint Wattenberg	SR B 2 NS
491 Joey Creighton	SR B 2 NS
492 Juan Lugo	JR B 2 NS
493 Mike Plummer	JR B 2 NS
494 Geoffrey Chiappella	JR B 2 NS
495 Luis Lugo	SR B 2 NS
496 Erinn Gulbrandsen	JR G 2 NS
497 Kristen Ogden	JR G 2 NS
498 Sara Christensen	SR G 2 NS
499 Tawnee Foss	JR G 2 NS
500 Jessika Staser	SR G 2 NS
501 Emma Schutz-Fort	SO G 2 NS
502 Katie Freitas	JR G 2 NS

AFFILIATION = POLY-RIVERSIDE

503 Irving Moreno	SR B 2 SS
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AFFILIATION = PORTERVILLE

504 Erik Aguilar	SR B 2 CS
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AFFILIATION = RAMONA

505 Matt McInvalie	SO B 2 SDS
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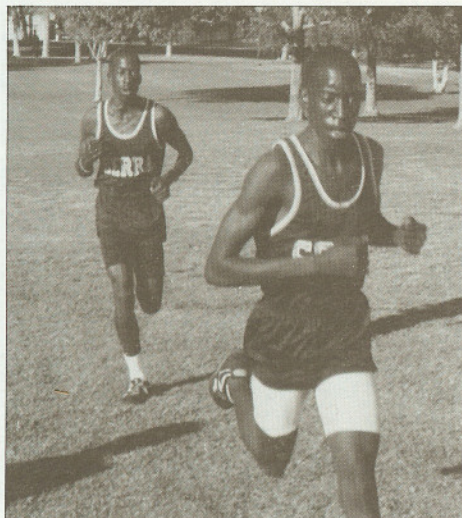
AFFILIATION = RED BLUFF

506 Jacob Gutierrez	SR B 2 NS
507 Misty Maret	SO G 2 NS

AFFILIATION = REEDLEY

508 Ruben Rosales	JR B 2 CS
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1997 CIF ARCO am/pm Competitors and Team Listings



Marcus Chandler (Serra SD HS)
1996 8th placer at state in Division III



Nicole Portley (Aragon HS)
top time of 17:46 at Crystal Springs



Heather Garrtison (Buena Park HS)
second at 18:24 a year ago in Div. III

509 Michael Rea JR B 2 CS
510 Michael Martinez JR B 2 CS
511 Moses Avila JR B 2 CS
512 Daniel Avila SO B 2 CS
513 Michael Garcia SO B 2 CS
514 Jose Botello SO B 2 CS
515 Marcella Trevino SO G 2 CS

AFFILIATION = RIGHETTI
516 Ronnie Buchanan SR B 2 SS

AFFILIATION = RUBIDOUX
517 Gabriel Hernandez SO B 2 SS
518 Alex Murcio JR B 2 SS
519 Albert DeLaFuente FR B 2 SS
520 Keith Shreve SR B 2 SS
521 Antero Molina SO B 2 SS
522 Omar Soltero SO B 2 SS
523 Ruben Aguirre SO B 2 SS

AFFILIATION = SALINAS
524 Anna Connely SR G 2 CCS

AFFILIATION = SAN GORGONIO
525 Terry Vega SR G 2 SS

AFFILIATION = SAN LEANDRO
526 Zach Ardell-Smith SO B 2 NCS

AFFILIATION = SAN PASQUAL
527 Enrique Gererro SR B 2 SDS
528 Adam Vanwort JR B 2 SDS
529 Kyle Combe JR B 2 SDS
530 Matt Dowthit JR B 2 SDS
531 Kendall Richardson JR B 2 SDS
532 Joe Dupee SO B 2 SDS
533 Erik Kerby SO B 2 SDS

AFFILIATION = SANGER
534 Robert Vaca JR B 2 CS
535 Robert Lopez SR B 2 CS

AFFILIATION = SANTA MARGARITA
536 Dani Rope SR G 2 SS

AFFILIATION = SAUGAS
537 Jacob Boeding JR B 2 SS
538 Dan Klauer JR B 2 SS
539 Jon Mahar SO B 2 SS
540 Steve Wade JR B 2 SS
541 John Getskow SR B 2 SS
542 Nick Zoetewey FR B 2 SS
543 Brian McBride JR B 2 SS

AFFILIATION = SCRIPPS RANCH
544 Kelly Grimes SR G 2 SDS
545 Angeline Spain SR G 2 SDS
546 Shanna Cohen SO G 2 SDS
547 Lisa Nguyen JR G 2 SDS
548 Grace Anderson FR G 2 SDS
549 Vanessa Vanovermeer SO G 2 SDS
550 Lyndsy Hassett JR G 2 SDS

AFFILIATION = SERRA
551 Adam Perez SR B 2 CCS

552 Jordan Woods SR B 2 CCS
553 Bobby Hansen JR B 2 CCS
554 Kevin Gurtiza SR B 2 CCS
555 Matt Pulichino SR B 2 CCS
556 Tony Martinelli FR B 2 CCS
557 Ty Mancuso JR B 2 CCS

AFFILIATION = SERRA SD
558 Marcus Chandler JR B 2 SDS
559 Marice Chandler JR B 2 SDS

AFFILIATION = SHASTA
560 Abi Case SR G 2 NS
561 Aundria Nance FR G 2 NS

AFFILIATION = SO. BAKERSFIELD
562 Luis Vidales SR B 2 CS
563 Katherine Banales FR G 2 CS

AFFILIATION = ST. LUCY'S
564 Marisol Marquez SR G 2 SS
565 Desiree DeJesus JR G 2 SS
566 Krista Beas SR G 2 SS
567 Jennifer Barnett SO G 2 SS
568 Melanie Bielinski SR G 2 SS
569 Tiffany DeJesus JR G 2 SS
570 Stephanie Gomez SR G 2 SS

AFFILIATION = STOCKDALE
571 James Manderson SR B 2 CS
572 Judith Fischer SR G 2 CS
573 Katie James SR G 2 CS
574 Outi Kamaraninen SR G 2 CS
575 Erin Stewart JR G 2 CS
576 Kelly Cananaugh SO G 2 CS
577 Veronica Jones SO G 2 CS
578 Leslie Manderson FR G 2 CS

AFFILIATION = TROY
579 Lisa Dunn SR G 2 SS

AFFILIATION = TUSTIN
580 C. J. Marciales SR B 2 SS

AFFILIATION = VACAVILLE
581 Robyn Stevens SO G 2 SJS

AFFILIATION = WEST HILLS
582 Evan Fox SO B 2 SDS
583 Don Overland SR B 2 SDS
584 Ben Aragon SR B 2 SDS
585 Dustin Diaz SR B 2 SDS
586 Paul Saccone JR B 2 SDS
587 Dan Sutton-Kane SO B 2 SDS
588 Matt Rendina JR B 2 SDS
589 Heather Shurtleff JR G 2 SDS
590 Rebecca Bartell SO G 2 SDS
591 Ashley Handy FR G 2 SDS
592 Kristen Green SR G 2 SDS
593 Sarah Garcia SR G 2 SDS
594 Shawna Winfrey G 2 SDS
595 Ann Rendina FR G 2 SDS

AFFILIATION = WESTMOOR
596 Mohammed Abdul SR B 2 CCS

597 Manuel Mendoza JR B 2 CCS
AFFILIATION = WOODBRIDGE
598 Mary Moore SR G 2 SS
599 Nicole Scott SO G 2 SS
600 Ellie Stephens SO G 2 SS
601 Lauren Schick SO G 2 SS
602 Jenny Sorensen SO G 2 SS
603 Jessica Kanin FR G 2 SS
604 Michelle Michalek SR G 2 SS

DIVISION III

AFFILIATION = ALEMANY
605 Michele Wilkinson G 3 SS

AFFILIATION = ARAGON
606 Nicole Portley SR G 3 CCS

AFFILIATION = BONITA
607 David Juliano SR B 3 SS

AFFILIATION = BUENA PARK
608 Heather Garrtison SR G 3 SS

AFFILIATION = CARONDELET
609 Meghan Andrade SO G 3 NCS
610 Kelly Piatanesi JR G 3 NCS
611 Kristen Hart SO G 3 NCS
612 Carolyn King SR G 3 NCS
613 Katie Nash SR G 3 NCS
614 Sarah MaCauley SR G 3 NCS
615 Andrea Carrillo JR G 3 NCS

AFFILIATION = CASA GRANDE
616 Nate Kabanuck SO B 3 NCS

AFFILIATION = CHICO
617 Mike Pope SR B 3 NS
618 Brian Larsen SO B 3 NS
619 Ashley Conroy FR G 3 NS
620 Elizabeth Camy FR G 3 N

AFFILIATION = COLLEGE PARK
621 David Vigil JR B 3 NCS
622 Craig Lee SR B 3 NCS
623 Sina Aboutalebi JR B 3 NCS
624 Chris Rust SR B 3 NCS
625 Jeff Wang JR B 3 NCS
626 Eric Henry JR B 3 NCS
627 Roy Holtman SO B 3 NCS

AFFILIATION = CRAWFORD
628 Abdikarim Hussein SR B 3 SDS

AFFILIATION = CUPERTINO
629 Nuru Abdella SR B 3 CCS

AFFILIATION = DEL MAR
630 Brian Harrington JR B 3 CCS

AFFILIATION = DEL ORO
631 Allison Millhollen SR G 3 SJS
632 Sally Cook SO G 3 SJS
633 Lyndsey Carroll SO G 3 SJS
634 Jessica Hart SO G 3 SJS

1997 CIF ARCO am/pm Competitors and Team Listings



Samantha Michel (Morro Bay HS)
one of favorites in Division IV race



Jose Arambula & Jose Perezchica
part of McFarland High dynasty



Katie Brizgys (Palo Alto HS)
9th placer from a year ago

635 Erin Tenhulzen SR G 3 SJS
636 Colleen Walton SO G 3 SJS
637 Victoria Della-Ripa JR G 3 SJS

AFFILIATION = DINUBA
638 Chano Luviano SR B 3 CS

AFFILIATION = DON BOSCO
639 Armando Solis JR B 3 SS
640 Daniel Phiffer SR B 3 SS
641 Zack Mills SR B 3 SS
642 Sean Arias SO B 3 SS
643 Aaron Ponce SO B 3 SS
644 Juan Miranda SR B 3 SS
645 Eddie Guerrero SO B 3 SS

AFFILIATION = DORMAN
646 Desiree Leek FR G 3 SDS

AFFILIATION = EAST UNION
647 Justin Willingham JR B 3 SJS
648 Bobby Loreda SR B 3 SJS
649 Brian Clark SR B 3 SJS
650 Mike Charest JR B 3 SJS
651 Eric Elms SR B 3 SJS
652 Ricky Cuevas FR B 3 SJS
653 Akin Smith SO B 3 SJS

AFFILIATION = EAST-BAKERSFIELD
654 Melissa Neville SR G 3 CS
655 Ryan Mayfield SO G 3 CS

AFFILIATION = EL MODENA
656 Jessica Dahlberg SR G 3 SS
657 Leslie Burton SR G 3 SS
658 Christine Eckstaedt SO G 3 SS
659 Alyssa Wittenberg SR G 3 SS
660 Laurie Burns JR G 3 SS
661 Karen Booth SR G 3 SS
662 Leaf Williams SO G 3 SS

AFFILIATION = ELSIE ALLEN
663 Celedonio Rodriguez JR B 3 NCS

AFFILIATION = ENTERPRISE
664 Bryce Lighthall JR B 3 NS

AFFILIATION = FOLSOM
665 Ian Carroll SR B 3 SJS
666 Jamie Witt SO G 3 SJS
667 Erin Glines FR G 3 SJS

AFFILIATION = FOOTHILL R.
668 Tom Waugh SO B 3 NS

AFFILIATION = FOOTHILL RED.
669 Rachelle Hastings SO G 3 NS
670 Candace Joseph SO G 3 NS
671 Annette Corey JR G 3 NS
672 Missy Lendel FR G 3 NS
673 Kristi Brown FR G 3 NS
674 Sarah Joseph JR G 3 NS
675 Renee Zavas SO G 3 NS

AFFILIATION = GRANADA
676 Julia Fischer SO G 3 NCS

AFFILIATION = HARBOR
677 Nichole Gerhkens SR G 3 CCS

AFFILIATION = IRVINGTON
678 Katie Martin JR G 3 NCS

AFFILIATION = KEARNY
679 Mohamed Aden JR B 3 SDS

AFFILIATION = KING CITY
680 Ana Lilia Martinez SR G 3 CCS

AFFILIATION = LA CANADA
681 Kim Garnic JR G 3 SS
682 Nicole Bonino FR G 3 SS
683 Christina Ellis SO G 3 SS
684 Amy Foss JR G 3 SS
685 Gina Pengra JR G 3 SS
686 Becky Zentmyer FR G 3 SS
687 Sheila Maude SR G 3 SS

AFFILIATION = LA JOLLA
688 David Dunbar SR B 3 SDS
689 Brandon Behr SO B 3 SDS
690 Eric Koster SO B 3 SDS
691 Ray Shacon SR B 3 SDS
692 Steve Doane SR B 3 SDS
693 Alejandro Mares JR B 3 SDS
694 Nate Lopez SO B 3 SDS

AFFILIATION = LEMOORE
695 Eddie Islas JR B 3 CS
696 Tonya Carlson SR G 3 CS
697 Minerva Rodriguez SR G 3 CS
698 Lynn Powers SR G 3 CS
699 Cathy Ragsdale JR G 3 CS
700 Andrea Bogart JR G 3 CS
701 Jodi Arnold SO G 3 CS
702 Ellie Islas FR G 3 CS

AFFILIATION = LOS BANOS
703 Francisco Garcia SO B 3 SJS
704 Junior Villanueva SR B 3 SJS
705 Jesus Huerta SR B 3 SJS
706 Salvador Garcia JR B 3 SJS
707 Walter Fulton SR B 3 SJS
708 Roy Palominos JR B 3 SJS
709 Laron Mitchell SR B 3 SJS
710 Elizabeth Escobar FR G 3 SJS
711 Cecelia Chagova JR G 3 SJS
712 Grace Long SO G 3 SJS
713 Susanna Wall JR G 3 SJS
714 Renee Garcia FR G 3 SJS
715 Emma Carreon JR G 3 SJS
716 Deanna Sanchez SR G 3 SJS

AFFILIATION = LOS GATOS
717 Russ Martin FR B 3 CCS

AFFILIATION = MANTECA
718 Josh Roddy JR B 3 SJS
719 Casey Eggers JR B 3 SJS

AFFILIATION = MILLS
720 Lauren Gustafson SO G 3 CCS

AFFILIATION = MISSION BAY
721 Omar Zavala SR B 3 SDS
722 Amanda Powers JR G 3 SDS

AFFILIATION = MITTY
723 Heather Hennessy FR G 3 CCS
724 Rebekah Harmer JR G 3 CCS
725 Sarah Silva SR G 3 CCS
726 Courtnee Locke JR G 3 CCS
727 Meredith Bronson SO G 3 CCS
728 Stephanie Anthony JR G 3 CCS
729 Kymberly Schmidt JR G 3 CCS

AFFILIATION = MONTGOMERY
730 Sara Bei FR G 3 NCS
731 Diana Rancourt SR G 3 NCS
732 Sarah Bachel JR G 3 NCS
733 Shewit Haile FR G 3 NCS
734 April Malvino SO G 3 NCS
735 Alisha CoCon SR G 3 NCS
736 Any Bei JR G 3 NCS

AFFILIATION = MOREAU CATHOLIC
737 Ryan Preston SR B 3 NCS
738 John Gillis SO B 3 NCS
739 Chris Lanese SO B 3 NCS
740 Lisa Gillis SR G 3 NCS
741 Amber Hendrix FR G 3 NCS

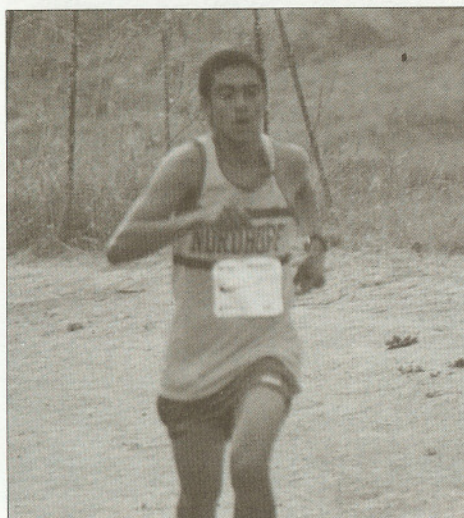
AFFILIATION = NEWPORT HARBOR
742 Ryan Jensen SR B 3 SS
743 Curt Herberts JR B 3 SS
744 Steve Jensen JR B 3 SS
745 Matt McKinlay SR B 3 SS
746 Cortes Claudio SR B 3 SS
747 Adam Antonini JR B 3 SS
748 Hugo Cortez SO B 3 SS
749 Jamie Swarberg SR G 3 SS
750 Alicia McFall JR G 3 SS
751 Molly Melum JR G 3 SS
752 Carrie Foss JR G 3 SS
753 Lynn Rinek FR G 3 SS
754 Amber Steen FR G 3 SS
755 Jamie Stewart FR G 3 SS

AFFILIATION = NORTH-BAKERSFIELD
756 Jesse Ray SR B 3 CS
757 Eduardo Rocha JR B 3 CS
758 Joshua Farley JR B 3 CS
759 Byron Rhodes JR B 3 CS
760 Jack Lynch JR B 3 CS
761 Erik Webb SO B 3 CS
762 Anthony Barboza FR B 3 CS
763 Melissa Dunbar SO G 3 CS
764 Korena Blanks FR G 3 CS

AFFILIATION = NORTHGATE
765 Brooke Wheeland SR G 3 NCS

AFFILIATION = OAKMONT
766 Leslie Nederveld SR G 3 SJS

1997 CIF ARCO am/pm Competitors and Team Listings



Victor Ochoa (Nordhoff HS)
best of 15:01 - 7th in state in 1996



Sarah Hallas (left - Ursulune HS)
10th at state in 1996 (18:51)



Isaiah Festa (Morro Bay)
returning champ in Div. IV (15:33)

AFFILIATION = OUR LADY PEACE

767 Claire Beck SO G 3 SDS

AFFILIATION = PACIFICA

768 Natalie Perkins G 3 SS

AFFILIATION = PALO ALTO

769 Katie Briggys JR G 3 CCS
770 Megan Buckingham JR G 3 CCS
771 Lauren Currie JR G 3 CCS
772 Andi Forker SR G 3 CCS
773 Liz Gannes SO G 3 CCS
774 April Kihara JR G 3 CCS
775 Coleen Wrenn SR G 3 CCS

AFFILIATION = PARADISE

776 Cameron Turner SR B 3 NS
777 Joe Svetz JR B 3 NS
778 Mark Newton SR B 3 NS
779 Jacob Kliebe FR B 3 NS
780 Justine Lindstrom SO B 3 NS
781 Brian Hall SR B 3 NS
782 Rob Sorenson JR B 3 NS

AFFILIATION = PIONEER

783 Miguel Alonso JR B 3 SS

AFFILIATION = RIM OF THE WORLD

784 David Jackson SR B 3 SS

AFFILIATION = ROCKLIN

785 Lisa Wade SR G 3 SJS

AFFILIATION = SAN JUAN

786 Mallory Reyes FR G 3 SJS

AFFILIATION = SAN LUIS OBISPO

787 Kyra Patterson SR G 3 SS
788 Christina Hand FR G 3 SS

AFFILIATION = SAN MATEO

789 Brian Greenough JR B 3 CCS

AFFILIATION = SANTANA

790 Nathan Snodgrass SR B 3 SDS
791 Kim Pace JR G 3 SDS
792 Ava Benitez SO G 3 SDS
793 Kim Baza SR G 3 SDS
794 Kerry O'Grady SO G 3 SDS
795 Becki Chaney SO G 3 SDS
796 Paige Sessions SO G 3 SDS
797 Tory Weber SR G 3 SDS

AFFILIATION = SONORA

798 Garrett Anderson JR B 3 SJS
799 Heriberto Sarabia SR B 3 SS
800 Fabian Ruelas SR B 3 SS

AFFILIATION = SOQUEL

801 Joma Dewald SR B 3 CCS
802 Theresa Radvanyi FR G 3 CCS

AFFILIATION = SOUTH HILLS

803 Jason Elliott SR B 3 SS
804 Jesse Hodges SO B 3 SS
805 Chris LaCour SR B 3 SS
806 Cesar Borboa SO B 3 SS
807 Kyle Gilliland JR B 3 SS
808 Juan Garcia SR B 3 SS
809 Jesus Mendoza SR B 3 SS
810 Belen Ferree SR G 3 SS
811 Laura Jeppson SR G 3 SS
812 Emily Baskin SR G 3 SS
813 Kim Golia JR G 3 SS
814 Amanda Wilson FR G 3 SS
815 Kristi Stewart FR G 3 SS
816 Samantha Gallo JR G 3 SS

AFFILIATION = ST. FRANCIS MTV

817 Adam Tucker SR B 3 CCS
818 Dav Chaves JR B 3 CCS
819 Eric Chaves R B 3 CCS
820 Charles Darius JR B 3 CCS
821 Anupam Pathak SO B 3 CCS
822 Derek Falconer SR B 3 CCS
823 Chris Allen SO B 3 CCS

AFFILIATION = ST. IGNATIUS

824 Neil McDonagh SO B 3 CCS
825 Brendan Wells SR B 3 CCS
826 Matt Chen SR B 3 CCS
827 Chris Murphy SR B 3 CCS
828 Frank Verducci SO B 3 CCS
829 Luke Swartz SR B 3 CCS
830 Mike Tursi SO B 3 CCS

AFFILIATION = TEMESCAL CANYON

831 Ryan Allen SR B 3 SS
832 Brandon Card SR B 3 SS
833 Phillip Brenton SO B 3 SS
834 Carlos Handler FR B 3 SS
835 Rob LaPorte SO B 3 SS
836 Santino Rubio SR B 3 SS
837 Nathan Lowery SO B 3 SS

AFFILIATION = TULARE WESTERN

838 Kala Donnelly SR B 3 CS

AFFILIATION = UKIAH

839 Ryan Mack JR B 3 NCS
840 Josh Otto SR B 3 NCS
841 Luke Behnke SR B 3 NCS
842 John Poor SR B 3 NCS
843 Joe Graham JR B 3 NCS
844 Paul Barrales SR B 3 NCS
845 Yoshi Rahn SR B 3 NCS

AFFILIATION = UNI. OF SAN DIEGO

846 Michell Barrack JR G 3 SDS
847 Ronya Shatila SO G 3 SDS
848 Juliana Verseri SO G 3 SDS
849 Jackie Ott JR G 3 SDS
850 Slouxslee Gistaro SO G 3 SDS
851 Julie Babonis G 3 SDS
852 Renee Schroeder G 3 SDS

AFFILIATION = UNIVERSITY CITY

853 Edgar Hernandez SO B 3 SDS
854 Katherine Ziegler SO G 3 SDS
855 Talisha Clophus FR G 3 SDS

AFFILIATION = WASCO

856 Omar Garcia SR B 3 CS
857 Martin Garcia SO B 3 CS
858 Veronica Sanchez SR G 3 CS
859 Fidelina Perez SR G 3 CS
860 Imelda Morgado SR G 3 CS
861 Delia Rivera JR G 3 CS
862 Veronica Morgado JR G 3 CS
863 Myra Morgado SO G 3 CS
864 Patricia Gallardo SO G 3 CS

AFFILIATION = WEST

865 Corey Duquette SO B 3 SJS

AFFILIATION = YOSEMITE

866 Aaron Hartesveldt SR B 3 CS
867 John Guadagnini SR B 3 CS
868 Jeff Ford SR B 3 CS
869 Andy Prescott JR B 3 CS
870 Evan Morgan JR B 3 CS
871 Craig Harmelin JR B 3 CS
872 Aaron Misakian SO B 3 CS

DIVISION IV

AFFILIATION = ANDERSON

873 David Avila JR B 4 NS

AFFILIATION = ARCATA

874 Joey Mason G 4 NCS

AFFILIATION = BEAR RIVER

875 Stephen Murschel JR B 4 SJS
876 Tawny Halverson JR G 4 SJS
877 Kirsti Lyon FR G 4 SJS
878 Jenny Tam JR G 4 SJS
879 Joy Molaro FR G 4 SJS
880 Sarah Flanders SO G 4 SJS
881 Lindsey Roark SO G 4 SJS
882 Rebecca Kopp SO G 4 SJS

AFFILIATION = BRET HARTE

883 Nick Smith SR B 4 SJS
884 Lisa Eccles SR G 4 SJS
885 Tiffany Perkins JR G 4 SJS
886 Yuki Nelson FR G 4 SJS
887 Lisa Hieb SR G 4 SJS
888 Meredith Christian FR G 4 SJS
889 Bobbie Allhands SR G 4 SJS
890 Joanne Dunckel SR G 4 SJS

AFFILIATION = CABRILLO

891 Kent Yankee SR B 4 SS

AFFILIATION = CAMPOLINDO

892 Katy Berkes G 4 NCS
893 Laura Cherdack G 4 NCS
894 Edlyn Smith G 4 NCS
895 Karen Lee G 4 NCS

1997 CIF ARCO am/pm Competitors and Team Listings



Laura Davis (McFarland HS)
finished 9th (19:44) here last year.



Louie White (Half Moon Bay HS)
third a year ago at 15:47 (Div. IV)



Ryan Downey (St. Margaret's HS)
best of 15:26 at Dana Hills Invite

896 Alycia Black G 4 NCS
897 Megan Wherritt G 4 NCS
898 Erin Haffner G 4 NCS

AFFILIATION = CAPUCHINO
899 Angela Sanchez FR G 4 CCS

AFFILIATION = CARDINAL NEWMAN
900 Brent Shaw JR B 4 NCS

AFFILIATION = CARMEL
901 Chip Powers SO B 4 CCS
902 Molly Allen SR G 4 CCS

AFFILIATION = CENTRAL VALLEY
903 Anthony Cottrell JR B 4 NS
904 Stephen Pohlmeier SO B 4 NS
905 Steven Springhorn SO B 4 NS
906 Brian Williamson SO B 4 NS
907 Nick Scoma SO B 4 NS
908 Brian Torum SO B 4 NS
909 Josh McGee SR B 4 NS
910 Lona Young JR G 4 NS
911 Sarah Torum SR G 4 NS

AFFILIATION = CHOWCHILLA
912 Johnny Verduzco SR B 4 CS

AFFILIATION = CLAIREMONT
913 Jose Padilla SR B 4 SDS
914 Jose Jimenez SR B 4 SDS
915 Jennifer Wirkus G 4 SDS

AFFILIATION = COLFAX
916 Nick Clark SR B 4 SJS
917 Dave Rios SR B 4 SJS
918 Josh Reis SR B 4 SJS
919 Scott Fulenwider SO B 4 SJS
920 Anthony Yourgulez SO B 4 SJS
921 Ken Ashcraft SR B 4 SJS
922 Ramon Rouillard SO B 4 SJS

AFFILIATION = CAMPOLINDO
923 Ryan Mattonen SR B 4 NCS
924 Grant Cairns SR B 4 NCS
925 Jason Burge SR B 4 NCS
926 Greg Adams SR B 4 NCS
927 Hari Vasu-Devan SR B 4 NCS
928 Jake Chang SO B 4 NCS
929 Matt Wise SR B 4 NCS

AFFILIATION = CORCORAN
930 Cecilio Barrera FR B 4 CS

AFFILIATION = CORONA DEL MAR
931 Jill Quye SO G 4 SS
932 Liz Morse SO G 4 SS
933 Lindsay Yourman FR G 4 SS
934 Jaycee Mahler FR G 4 SS
935 Jenny Cummins FR G 4 SS
936 Jen Blair SR G 4 SS
937 Katie Quinlan FR G 4 SS

AFFILIATION = CORONADO
938 Barbara Chakos JR G 4 SDS
939 Sam Piper JR G 4 SDS
940 Sara Morton SO G 4 SDS
941 Kelly Charboneau JR G 4 SDS
942 Kiley Dunlap SO G 4 SDS
943 Kathleen Taylor SO G 4 SDS
944 Amanda Thaete SO G 4 SDS

AFFILIATION = COSTA MESA
945 Bruce Hancock JR B 4 SS
946 Jamie DeNoewer JR G 4 SS
947 Zoila Gomez SR G 4 SS
948 Gegi VanDeWalker SR G 4 SS
949 Sarah Colton SO G 4 SS
950 Jackie Nguyen SO G 4 SS
951 Stephanie Vaderos SO G 4 SS
952 Julie Hitt SO G 4 SS

AFFILIATION = CHRISTIAN BROS.
953 Michelle LaSala SR G 4 SJS

AFFILIATION = DIXON
954 Shawn Lane JR B 4 SJS

AFFILIATION = ENTERPRISE
955 Naomi Ramos SO G 4 NS
956 Katy Reierson SR G 4 NS
957 Katy Natina JR G 4 NS
958 Megan Crawford FR G 4 NS
959 Bethany Barba SR G 4 NS
960 Jennifer Cornelius SR G 4 NS
961 Amy Dawson SO G 4 NS

AFFILIATION = ESCALON
962 Vic Moreno SO B 4 SJS
963 Jennifer Stief SO G 4 SJS

AFFILIATION = ESTANCIA
964 Albero Munoz JR B 4 SS
965 Tony Magana JR B 4 SS
966 Manuel Orozco JR B 4 SS
967 Juan Sanchez SR B 4 SS
968 Javier Labastida JR B 4 SS
969 Jose Juarez JR B 4 SS
970 Ben Cardenas JR B 4 SS

AFFILIATION = EXETER
971 Kristie Gonzales JR G 4 CS

AFFILIATION = FILLMORE
972 Jessica Huerta SO G 4 SS

AFFILIATION = FORTUNA
973 Billy Maas SR B 4 NCS

AFFILIATION = GUNDERSON
974 Ryan Stroup SR B 4 CCS
975 Kevin Leathers SR B 4 CCS
976 Michael John Macias SR B 4 CCS
977 John Narciso JR B 4 CCS
978 Jimmy Zapeda JR B 4 CCS

979 Andy Pew JR B 4 CCS
980 Chris Blancarte FR B 4 CCS

AFFILIATION = HALF MOON BAY
981 Matthew Benda JR B 4 CCS
982 Andy Chain SR B 4 CCS
983 Tony Dines JR B 4 CCS
984 Antonio Kirson JR B 4 CCS
985 David Poulson FR B 4 CCS
986 Louie White SR B 4 CCS
987 Matt Wilkinson SR B 4 CCS

AFFILIATION = HOLTVILLE
988 Miguel Ramirez SR B 4 SDS
989 Jose Gallegos JR B 4 SDS

AFFILIATION = KELSEYVILLE
990 Melissa Madeson G 4 NCS

AFFILIATION = LASSEN
991 Charlene Gorbet JR G 4 NS
992 Katy Rice JR G 4 NS

AFFILIATION = LICK
993 Daniel Rendon SR B 4 CCS

AFFILIATION = LINCOLN SD
994 Theresa Bronstedder SR G 4 SDS

AFFILIATION = LORETTO
995 Samatha Shenoy SR G 4 SJS

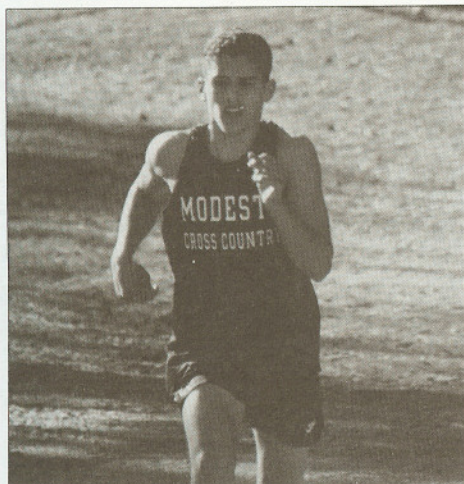
AFFILIATION = MARIA CARRILLO
996 Steve Laurie JR B 4 NCS

AFFILIATION = MCFARLAND
997 Jose Perezchica SR B 4 CS
998 Jose Arambula SR B 4 CS
999 Michael Munoz SR B 4 CS
1000 Marcos Urbina SR B 4 CS
1001 Salvador Medina JR B 4 CS
1002 Aurelio Velasco SO B 4 CS
1003 Andres Gomez FR B 4 CS
1004 Cynthia Sanchez SR G 4 CS
1005 Laura Davis JR G 4 CS
1006 Wendy King SO G 4 CS
1007 Fabiola Hernandez SO G 4 CS
1008 April Holguin SO G 4 CS
1009 Venessa Huerta FR G 4 CS
1010 Maribel Vega FR G 4 CS

AFFILIATION = MIRAMONTE
1011 Kristi Miller G 4 NCS
1012 Lindsey Bergren G 4 NCS
1013 Amanda Brecht G 4 NCS
1014 Erin Hattersly G 4 NCS
1015 Elena Finkbiener G 4 NCS
1016 Sarah Cooke G 4 NCS
1017 Carol Ho G 4 NCS

AFFILIATION = MONTE VISTA CHRIST.
1018 Leif Bright SR B 4 CCS

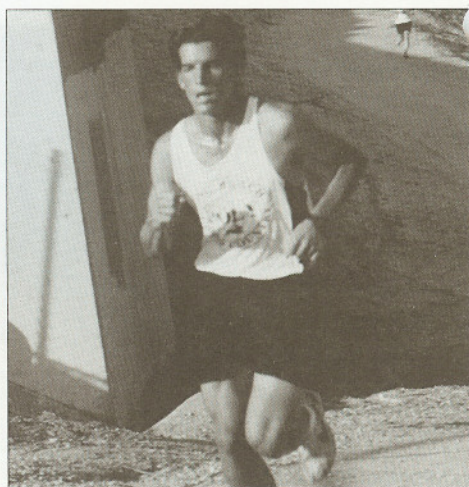
1997 CIF ARCO am/pm Competitors and Team Listings



Paulo Carvalho (Modesto HS)
11th at state in Div. I (15:51)



Jennifer Akana (Lowell SF HS)
finished 10th in state last year



Tyler Noesen (Long Beach Poly)
personal best of 15:08 - 15:52 at Mt. Sac.

AFFILIATION = MORRO BAY

1019 Isaiah Festa	SR B 4 SS
1020 Seamus Perry	JR B 4 SS
1021 Toby Moore	JR B 4 SS
1022 Matt Taverner	SO B 4 SS
1023 Matt Epperheimer	JR B 4 SS
1024 Dusty Gaebel	FR B 4 SS
1025 Max Marple	SO B 4 SS
1026 Samantha Michel	JR G 4 SS

AFFILIATION = NORDHOFF

1027 Victor Ochoa	SR B 4 SS
1028 Dusty Herman	SR B 4 SS
1029 Matthew Torres	SR B 4 SS
1030 Aidan Short	SO B 4 SS
1031 Chris Proudman	JR B 4 SS
1032 Roberto Contreras	FR B 4 SS
1033 Kent Krumpfschmidt	SO B 4 SS
1034 Elaine Canchola	SR G 4 SS
1035 Rae Slumbough	SO G 4 SS
1036 Katie Engel	SR G 4 SS
1037 Natalie Darling	SO G 4 SS
1038 Jenny Hunt	SR G 4 SS
1039 Shana Manion	JR G 4 SS
1040 Cheri Green	JR G 4 SS

AFFILIATION = NOTRE DAME SJ

1041 Nicole Hodgson	FR G 4 CCS
1042 Jenny Wilson	FR G 4 CCS

AFFILIATION = NOTRE DAME SO

1043 Andrea Rosas	JR G 4 SS
1044 Michelle Barraza	SR G 4 SS

AFFILIATION = NOTRE DAME-SO

1045 Kevin Lelles	JR B 4 SS
1046 Sean Tallungan	SR B 4 SS
1047 Johnny Madrid	JR B 4 SS
1048 Eugene O'Neill	JR B 4 SS
1049 Adam Rose	JR B 4 SS
1050 John Smithson	SO B 4 SS
1051 Larry Pitkin	SO B 4 SS

AFFILIATION = NOVATO

1052 Bonnie Hanks	G 4 NCS
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AFFILIATION = PIEDMONT

1053 Carl Moren	SR B 4 NCS
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AFFILIATION = R. L. STEVENSON

1054 Mizuri Fujii	SR G 4 CCS
1055 Zena Herman	JR G 4 CCS
1056 Samantha Lieberman	JR G 4 CCS
1057 Jessica Morris	JR G 4 CCS
1058 Stephanie Stuart	SR G 4 CCS
1059 Kristin Thomas	SO G 4 CCS
1060 Dania Akkad	SR G 4 CCS

AFFILIATION = REDWOOD

1061 Adam Bessie	SR B 4 NCS
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1062 Darin Nee	SO B 4 NCS
1063 Nick Franco	SO B 4 NCS
1064 Andrew Ryan	SO B 4 NCS
1065 Robb Freed	SR B 4 NCS
1066 Chris Kuntz	FR B 4 NCS
1067 Chris Johnson	FR B 4 NCS

AFFILIATION = RIVERBANK

1068 Victor Flores	JR B 4 SJS
1069 Felix Duanas	JR B 4 SJS
1070 James Smith	SR B 4 SJS
1071 Mesfin Collins	FR B 4 SJS
1072 Jose Gutierrez	FR B 4 SJS
1073 Francisco Monoz	JR B 4 SJS
1074 Jose Felix	FR B 4 SJS

AFFILIATION = SACRED HEART CATH.

1075 Brittany Hall	SO G 4 CCS
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AFFILIATION = SAN DIEGUITO

1076 Jessica Bray	JR G 4 SDS
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AFFILIATION = SAN LORENZO VALLEY

1077 Kelley Sanders	SR G 4 CCS
1078 Tiffany Shaffer	JR G 4 CCS
1079 Katrina Albers	SO G 4 CCS
1080 Elizabeth Burnham	SO G 4 CCS
1081 Ale Barrientos	FR G 4 CCS
1082 Shallich Whiting	FR G 4 CCS
1083 Lindsay Jamieson	FR G 4 CCS

AFFILIATION = SAN MARINO

1084 Wesley Reutimann	SR B 4 SS
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AFFILIATION = SEASIDE

1085 Pedro Maldonado	SR B 4 CCS
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AFFILIATION = SHAFTER

1086 Matt Newfeld	SR B 4 CS
1087 Jordan Lewis	JR B 4 CS
1088 Jimmie Nixon	JR B 4 CS
1089 Noe Garcia	JR B 4 CS
1090 Octavio Loeza	SO B 4 CS
1091 Steven Sorenson	SO B 4 CS
1092 Miranda Lewis	FR G 4 CS

AFFILIATION = SIERRA

1093 David Ulibarri	JR B 4 SJS
1094 Bryce McGhie	JR B 4 CS

AFFILIATION = SIR FRANCIS DRAKE

1095 Ann Glenn	G 4 NCS
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AFFILIATION = ST. AUGUSTINE

1096 Brian Sullivan	SR B 4 SDS
1097 Adam Green	SR B 4 SDS
1098 Colin Donnelly	JR B 4 SDS
1099 Alphonso Espinoza	JR B 4 SDS
1100 Kevin Correnti	JR B 4 SDS
1101 Matt Harriman	SO B 4 SDS
1102 Jon Gardner	SO B 4 SDS

AFFILIATION = ST. BONAVENTURE

1103 Fritz Knoll	SR B 4 SS
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AFFILIATION = ST. JOSEPH'S

1104 Michelle June	JR G 4 SS
1105 Kara June	SO G 4 SS
1106 Brittney Carter	SO G 4 SS
1107 Mary Kuczkoski	JR G 4 SS
1108 Gina Greathouse	SO G 4 SS
1109 Stephanie Felix	JR G 4 SS
1110 Erika Bylund	SO G 4 SS

AFFILIATION = ST. MARY'S.

1111 Mike Arp	SR B 4 NCS
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AFFILIATION = SUMMERVILLE

1112 Jurusea Foley	FR G 4 SJS
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AFFILIATION = TAFT

1113 Jessica Hacker	SR G 4 CS
1114 Laura Bryan	SR G 4 CS

AFFILIATION = TEHACHAPI

1115 Michelle Rooney	FR G 4 CS
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AFFILIATION = URSULINE

1116 Sarah Hallas	G 4 NCS
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AFFILIATION = VANDEN

1117 Stephanie Demeral	SR G 4 SJS
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AFFILIATION = WEST VALLEY

1118 Colby Phillips	SR B 4 NS
1119 Jeramie Castellanos	SO B 4 NS
1120 Paul Carr	SR B 4 NS
1121 Eric Haffner	SR B 4 NS
1122 Richard Beck	SR B 4 NS
1123 Aaron Unger	JR B 4 NS
1124 Ryan Prouty	FR B 4 NS
1125 Jenee Erickson	JR G 4 NS
1126 Kathryn Shye	FR G 4 NS
1127 Aubree Wilson	SR G 4 NS
1128 Shellie Moravec	FR G 4 NS
1129 Meadow Kouffeld	FR G 4 NS
1130 Randi Roberts	FR G 4 NS
1131 Angelina Paniagua	JR G 4 NS

AFFILIATION = YACCA VALLEY

1132 Marilyn Caban	JR G 4 SS
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AFFILIATION = YOSEMITE

1133 Venessa Presho	SR G 4 CS
1134 Emily Gilbert	SR G 4 CS
1135 Sandra Padilla	JR G 4 CS
1136 Beth Liebenow	JR G 4 CS
1137 April Warr	SO G 4 CS
1138 Kim Eames	SO G 4 CS
1139 Beth Montag	FR G 4 CS

AFFILIATION = YREKA

1140 Brady Svilich	SO B 4 NS
1141 Tom Ham	JR B 4 NS
1142 Justin Gillen	JR B 4 NS
1143 Abbey Cortright	JR G 4 NS

AFFILIATION = YUCCA VALLEY

1144 Matt Heard	SR B 4 SS
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DIVISION V

AFFILIATION = ANZAR	
1145 Megan Netzel	FR G 5 CCS
AFFILIATION = ATHENIAN	
1146 Chris Johnstone	SR B 5 NCS

1997 CIF ARCO am/pm Competitors and Team Listings

AFFILIATION = AVENAL					
1147 Jose Reyes	SO B 5 CS	1226 Leslie Robinson	JR G 5 NS	1302 Natalia Naish	SO G 5 SS
1148 Jose Soto	SO B 5 CS	1227 Janelle Bentz	JR G 5 NS	1303 Allison Lanski	SO G 5 SS
1149 Miguel Gonzales	FR B 5 CS	AFFILIATION = FALL RIVER		AFFILIATION = PORTOLA	
AFFILIATION = BETHEL CHRISTIAN		1228 Marris Ford	G 5 NS	1304 Joe Olson SR	B 5 NS
1150 Merisa Leatherman	SO G 5 SS	1229 Jennifer Stewart	G 5 NS	AFFILIATION = REDWOOD CHRISTIAN	
AFFILIATION = BISHOPS		AFFILIATION = FIREBAUGH		1305 Jacob White	JR B 5 CCS
1151 Peter Holland	SO B 5 SDS	1230 Maria DeLaCorda	SR G 5 CS	1306 Tim Greenaway	SO B 5 CCS
1152 Max Johnson	JR B 5 SDS	AFFILIATION = FLINTRIDGE		1307 Sarah Dyer	SO G 5 CCS
1153 Daisuke Nonaka	SR B 5 SDS	1231 Doug Hall	SR B 5 SS	AFFILIATION = RINCON VALLEY	
1154 Scott Hunter	JR B 5 SDS	1232 Imran Ahmad	SO B 5 SS	1308 Chris Geyer	SR B 5 NCS
1155 Taylor Rogers	FR B 5 SDS	1233 Lauren Myers	SR B 5 SS	1309 Angela Zarnock	SO G 5 NCS
1156 Tom Suiter	JR B 5 SDS	1234 Warren Lee	JR B 5 SS	AFFILIATION = SACRED HEART PREP	
1157 Chris Wong	SR B 5 SDS	1235 Chris Smith	SR B 5 SS	1310 Nell Triplett	JR G 5 CCS
1158 Kaili Shumilak	FR G 5 SDS	1236 Josh Gould	JR B 5 SS	AFFILIATION = SANTA CLARA	
1159 Alison Gordon	SR G 5 SDS	1237 Mac Sellars	JR B 5 SS	1311 Ana Guerra	SO G 5 SS
1160 Heather Ray	SR G 5 SDS	AFFILIATION = FRANCIS PARKER		1312 Veronica Capron	FR G 5 SS
1161 Brooke Miller	SR G 5 SDS	1238 Angela Petersen	FR G 5 SDS	1313 Evana Capron	JR G 5 SS
1162 Charlotta Green	SR G 5 SDS	1239 Romina Carrillo	SR G 5 SDS	1314 Kara Reed	SR G 5 SS
1163 Ana Landa	SO G 5 SDS	AFFILIATION = JULIAN		1315 Kathy Jones	FR G 5 SS
1164 Angela Wachtler	JR G 5 SDS	1240 Arielle Damron	JR G 5 SDS	1316 Rosanne Ramos	SO G 5 SS
AFFILIATION = BRANSON		AFFILIATION = LA BAPTIST		1317 Amanda Alfaro	JR G 5 SS
1165 Kyle Corcoran	JR B 5 NCS	1241 Rachel Davis	JR G 5 SS	AFFILIATION = SANTA CLARA.	
1166 Christina Hamilton	SR G 5 NCS	AFFILIATION = LA JOLLA CD		1318 Aaron Sharp	SR B 5 SS
AFFILIATION = CALVIN CHRISTIAN		1242 Jared Ziman	SO B 5 SDS	AFFILIATION = ST. JOSEPH ND	
1167 Bart Conner	JR B 5 SDS	1243 Justin Scarfeo	SR B 5 SDS	1319 Alex Mason	B 5 NCS
1168 John Beutlich	JR B 5 SDS	1244 Lindsey Weinberg	JR G 5 SDS	1320 Brandon McClintock	B 5 NCS
1169 Chad Young	SO B 5 SDS	1245 Dainella Scarfeo	FR G 5 SDS	1321 Chris Williams	B 5 NCS
1170 Brandon DeYoung	SO B 5 SDS	AFFILIATION = LICK-WILMERDING		1322 Ian Mason	B 5 NCS
1171 Jesse Shipley	FR B 5 SDS	1246 Lillian Gardner	JR G 5 NCS	1323 Marc Ramirez	B 5 NCS
1172 Steve Mavis	JR B 5 SDS	AFFILIATION = LINFIELD		1324 James Mason	B 5 NCS
1173 Luke Faber	SR B 5 SDS	1247 Tim Woods	SR B 5 SS	1325 Justin McKaskill	B 5 NCS
AFFILIATION = CASTILLEJA		AFFILIATION = LUTHERAN		AFFILIATION = ST. MARGARET'S	
1174 Kendra Barkoff	SR G 5 CCS	1248 Mark Mullert	SR B 5 SDS	1326 Ryan Downey	SR B 5 SS
1175 Sara LaBoskey	SR G 5 CCS	AFFILIATION = MARANATHA		1327 Kipp Downey	SO G 5 SS
1176 Lizzy Raffin	SO G 5 CCS	1249 Jamis Avis	SR B 5 SS	AFFILIATION = TEMPLETON	
1177 Supraja Narasimhan	SO G 5 CCS	1250 Paul Miser	JR B 5 SS	1328 Hank Elgin	JR B 5 CS
1178 Mandi Frank	JR G 5 CCS	1251 Christopher Hon	SR B 5 SS	1329 Chelsey Fredrick	SR G 5 CS
1179 Nima Soltanzad	JR G 5 CCS	1252 Ryan George	SO B 5 SS	1330 Rachel Vize	SR G 5 CS
1180 Stacy Boore	SO G 5 CCS	1253 Ryan Armstrong	JR B 5 SS	1331 Mindi Smith	JR G 5 CS
AFFILIATION = CHADWICK		1254 Kurt Luginbuhl	SO B 5 SS	1332 Aja Olivera	JR G 5 CS
181 Veronica Herrera	JR G 5 SS	1255 Brian Abe	SR B 5 SS	1333 Cheryl Franz	JR G 5 CS
1182 Aggie Noble	JR G 5 SS	AFFILIATION = MARION CATHOLIC		1334 Sarah Elgin	FR G 5 CS
1183 Lauren Taksa	SR G 5 SS	1256 Arturo Peitsch	SR B 5 SDS	1335 Allison Milham	FR G 5 CS
1184 Alice Barnes	SO G 5 SS	AFFILIATION = MENLO SCHOOL		AFFILIATION = THE YORK SCHOOL	
1185 Emily Sopp	JR G 5 SS	1257 Martin Keck	SR B 5 CCS	1336 J. C. Calzetta	SR B 5 CCS
1186 Kate Fields	JR G 5 SS	1258 Shane Braunstein	SR B 5 CCS	1337 Adan Perez	SR B 5 CCS
1187 Rima Sijpal	SO G 5 SS	1259 Ryan Peck	SO B 5 CCS	1338 Chris Calzetta	SO B 5 CCS
AFFILIATION = CHAMPION CHRISTIAN		1260 Rohit Gupta	SO B 5 CCS	1339 Audrey Spencer	FR G 5 CCS
1188 Jesse Couk	JR B 5 NS	1261 Jack Russo	FR B 5 CCS	AFFILIATION = TIOGA	
AFFILIATION = CHRISTIAN		1262 David Finocchio	FR B 5 CCS	1340 Damion Laughlin	SR B 5 SJS
1189 Joshua Chesnut	SO B 5 SDS	1263 Nima Nejad	FR B 5 CCS	1341 Neil Gobel	JR B 5 SJS
AFFILIATION = CLEAR LAKE		1264 Monica Coghlan	JR G 5 CCS	1342 Kurt Morris	JR B 5 SJS
1190 Matt Martinez	SR B 5 NCS	AFFILIATION = MIDDLETOWN		1343 Ben Foiles	FR B 5 SJS
AFFILIATION = COLLEGE PREP		1265 Tammy Hunt	SR G 5 NCS	1344 Kris Triplett	SO B 5 SJS
1191 Kat Saxton	SR G 5 NCS	1266 Laura Mitchell	JR G 5 NCS	1345 Melissa Jenkins	SR G 5 SJS
AFFILIATION = CROSSROADS		1267 Carrie Hunt	SR G 5 NCS	1346 Anna Polovina	JR G 5 SJS
1192 Jeff Tomlinson	JR B 5 SS	1268 Megan Minudri	JR G 5 NCS	AFFILIATION = TRANQUILLITY	
1193 Mike Tomlinson	JR B 5 SS	1269 Amarissa Butrness	SR G 5 NCS	1347 Manuel Silva	SR B 5 CS
1194 Matt Good	SR B 5 SS	AFFILIATION = MISSION COLLEGE		1348 Jose Mendoza	SR B 5 CS
1195 Marc Gilbar	SR B 5 SS	1270 Bobby Thurston	JR B 5 CS	1349 Antonio Estrada	JR B 5 CS
1196 Peter Fisher	JR B 5 SS	1271 Marcelle Coudray	JR G 5 CS	1350 Javier Berber	SO B 5 CS
1197 James Wrubel	SO B 5 SS	1272 Ashley Raasch	JR G 5 CS	1351 Rogelio Medina	FR B 5 CS
1198 Spencer Bowen	JR B 5 SS	1273 Kim Ochylski	JR G 5 CS	1352 Reyes Zendejas	FR B 5 CS
AFFILIATION = CRYSTAL SPRINGS		1274 Lauren Maulhardt	SO G 5 CS	1353 Domingo Rodriguez	FR B 5 CS
1199 Katie Scangos	SR G 5 NCS	1275 Trisha Garcia	SO G 5 CS	1354 Veronica Estrada	SR G 5 CS
AFFILIATION = DESERT CHRISTIAN		1276 Nyssa Falkenhagen	FR G 5 CS	AFFILIATION = TRINITY	
1200 Mike Novotny	B 5 SS	1277 Patrice Coudray	FR G 5 CS	1355 Randy Brummer	SR B 5 NS
1201 Joel Spencer	B 5 SS	AFFILIATION = MODOC		1356 Brian Smith	JR B 5 NS
1202 Cory Henwood	B 5 SS	1278 Josh Keyes	SR B 5 NS	AFFILIATION = UNIVERSITY SF	
1203 James Thurber	B 5 SS	1279 Aaron Wishart	SO B 5 NS	1357 Max Hanlin	B 5 NCS
1204 Zack Schraeder	B 5 SS	1280 Travis Dunn	JR B 5 NS	1358 Eric Fischer	B 5 NCS
1205 Mark Seston	B 5 SS	1281 Dan Hoover	JR B 5 NS	1359 Ben Good	B 5 NCS
1206 Jordan Believ	B 5 SS	1282 Dan Tocatolu	SO B 5 NS	1360 Charles Thornton	B 5 NCS
1207 Bethany Spoelstra	FR G 5 SS	1283 Julia Greene	SO G 5 NS	1361 Tony Goodman	B 5 NCS
1208 Deann Matteson	FR G 5 SS	1284 Missy Lieurance	FR G 5 NS	1362 Jeff Hom	B 5 NCS
1209 Becky Wolfenstien	SR G 5 SS	1285 Ginny Greene	SR G 5 NS	1363 David Castle	B 5 NCS
1210 Jen McLaren	SR G 5 SS	1286 Stephanie McMaster	FR G 5 NS	1364 Linden Bader	JR G 5 NCS
1211 Amberley Horning	JR G 5 SS	1287 Rebekah Richert	SO G 5 NS	1365 Kira Morser J	R G 5 NCS
1212 Pam McLuren	SO G 5 SS	1288 Stephanie Blair	JR G 5 NS	1366 Aliza Cohen	SO G 5 NCS
1213 Rachal Gue	SR G 5 SS	1289 Cheyenne Menkee	JR G 5 NS	1367 Diana Clock	SO G 5 NCS
AFFILIATION = DUNSMUIR		AFFILIATION = PARLIER		1368 Kristin Ferrell	SO G 5 NCS
1214 Adam Wilson	JR B 5 NS	1290 Francisco Pena	SR B 5 CS	1369 Carol Schweichler	SO G 5 NCS
1215 Rasanna Hall	FR G 5 NS	1291 Rosendo Castillo	SO B 5 CS	1370 Carolyn Kapnick	FR G 5 NCS
1216 Shannamar Dewey	G 5 NS	1292 Robert Villa	FR B 5 CS	AFFILIATION = VACAVILLE CHRIST.	
AFFILIATION = DURHAM		1293 Francisco Ortega	FR B 5 CS	1371 Joey Mobbly	FR B 5 SJS
1217 Kris Whipple	FR B 5 NS	1294 Octavio Colunga	FR B 5 CS	AFFILIATION = VIEWPOINT	
1218 Matt Bentz	SO B 5 NS	1295 Angie Pena	SO G 5 CS	1372 Tom Kubler	FR B 5 SS
1219 Kris Wright	JR B 5 NS	1296 Ana Pena	SR G 5 CS	1373 Lauren Phillips	JR G 5 SS
1220 Austin Edell	FR B 5 NS	AFFILIATION = POLY-PASADENA		AFFILIATION = VIVIAN WEBB	
1221 Nick Campbell	JR B 5 NS	1297 Katie Newhall	SR G 5 SS	1374 Susan Timmrek	JR G 5 SS
1222 Sigrid Waggenger	FR G 5 NS	1298 Ariel Andrews	SR G 5 SS	AFFILIATION = WINDSOR	
1223 Alyssa Edell	JR G 5 NS	1299 Sylvie Andrews	SR G 5 SS	1375 Emmanuel Vasquez	SO B 5 NCS
1224 Cathy Liu	JR G 5 NS	1300 Courtney Cox	FR G 5 SS	AFFILIATION = WOODCREST CHRIS.	
1225 Sarah Lattus	SO G 5 NS	1301 Brooke Curter	SR G 5 SS	1376 Brandon Sallaberria	SO B 5 SS

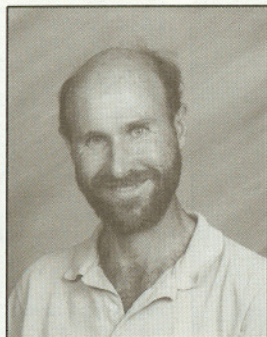
1997 CIF ARCO am/pm State Cross Country Honor Coaches

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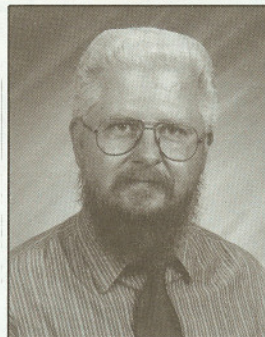
Susan Walker
Garces Memorial H.S.

An 11 year coaching veteran, Susan Walker is the dean of South Sequoia League coaches. Her girls' varsity team has amassed five league and two CIF ARCO am/pm Central Section Championship titles (1990-91). Walker has also guided the boys' and girls' junior varsity programs at Garces. In 1990, she was selected as the Central Section's Division III/IV Coach of the year - the second female winner and youngest recipient at the age of 24.



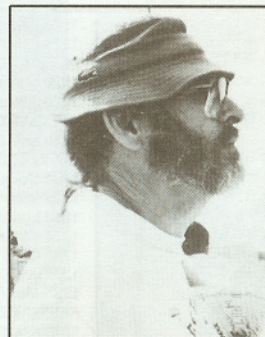
Patrick Connolly
West Hills H.S.

Patrick Connolly started coaching cross country the same year the state meet was introduced (1987). His clubs have won two San Diego Section titles (1995-96), he has coached two individual state champions, and 31 individual state meet qualifiers. The last six seasons West Hills has a dual meet mark of 23-2. Connolly was voted league Coach of the Year four times and six of his former runners are currently competing collegiately.



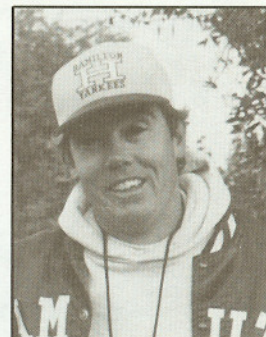
Brian Curly
St. Francis H.S.

The boys' cross country coach at St. Francis High School in Mountain View since 1983, Brian Curly's teams have captured two Central Coast Section titles (1991 and 1994). At the state level, St. Francis has placed in the top 10 of Division II every year since 1990. In addition to his coaching, the graduate of Loyola Marymount University, teaches religious studies, philosophy and history. He serves as the WCAL League rep to the CCS Cross Country Committee.



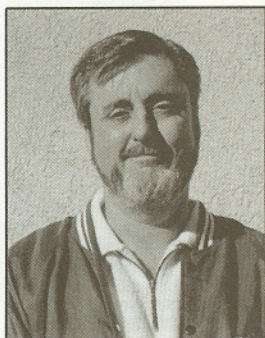
Bill Taylor
Drake H.S.

Bill Taylor has been coaching at Drake High School for more than 20 years. During that time, his girls' teams won three straight North Coast Section titles (1978-80) and a fourth overall in 1985. He has served as director for major meets in both cross country and track. A runner himself at the high school and collegiate levels, Taylor's highlights include a girls' relay team "with four girls who had never run a 440 before" taking third in the state track meet.



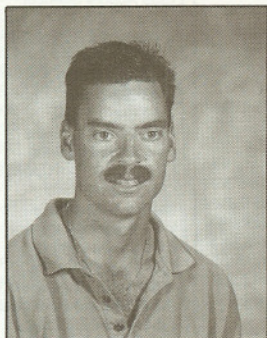
Bruce Thomson
Hamilton H.S.

Himself a graduate of Hamilton High School, Bruce Thomson started the girls' cross country program there and has coached for 14 years. His boys' and girls' teams have been highly successful, with the boys' winning eight league titles and the girls nine straight starting in 1989. In addition, he has coached four state meet qualifiers including Genevieve DeBose, who is currently the cross country captain at UC Berkeley.



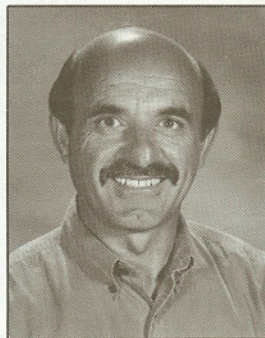
Martin Deane
Butte Valley H.S.

A member of the Northern Section Cross Country Advisory Committee, Martin Deane worked hard to develop a successful program despite many obstacles. With only 115 students in the school, and without a cross country league to compete in, Deane built a program which continually fielded complete teams. In 1996, his boys' captured the Northern Section Division V title, while his girls' qualified for state.



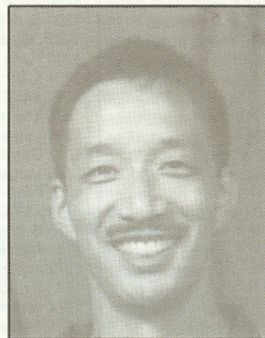
Bill Elliott
West Valley H.S.

A standout distance runner at Yuba City High School in the 1970's, Bill Elliott has been involved with the cross country program at West Valley High School since 1986. His boys' teams have amassed four league and three Northern Section titles. Elliott has guided all-state performers Jenny Spoon, David Braund and Nicole Teter. He was a finalist in the NCAA championships (Division II) while at Cal State University Chico.



George Varvas
Woodbridge H.S.

A veteran coach of 24 seasons, George Varvas has attained a 187-57 overall dual meet record while at Woodbridge High. In addition, he has guided the Warriors to 19 league championships, four second place finishes in the Southern Section and two second places in state competition. He has been selected as the Orange County Coach of the Year and is the president of the Southern Section Cross Country Coaches Association.



Andy Leong
Lowell H.S.

Andy Leong's Lowell High School teams are a dynasty in the San Francisco Section and have fared well statewide as well. His girls' have a 32-0 dual meet mark, his boys' 31-1 in Leong's eight seasons at the helm. In addition, Lowell girls' have seven league and section titles and his boys have six league and section crowns. His girls have finished seventh at the state championships twice - 1995-96 and placed 10th in 1994.



Marty Simpson
Buchanan H.S.

Besides being known as the person who runs the state meet (since 1995), Marty Simpson has served dual roles as coach at the finals. His girls' team was an underdog in 1994, but went on to win the state cross country title in Division II. His girls' have also amassed nine section titles in his 25 years of coaching. He was selected as the Central Section Coach of the 80's along with many other coach of the year honors.

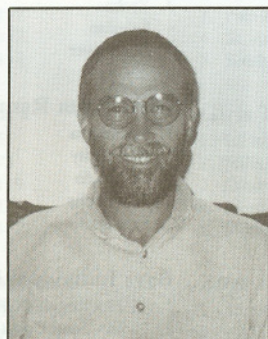
1997 CIF ARCO am/pm State Cross Country Honor Coaches

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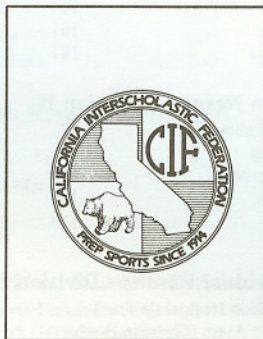
Mel Hein
Taft H.S.

Counting the junior varsity level, Mel Hein's girls' cross country teams have garnered an amazing 26 league crowns. Taft has also fared well in the Los Angeles Section, with two section crowns (1989 girls' varsity and 1988 frosh/soph). In addition, the varsity placed second in league in both 1994-95. A six place finish at state in 1990 was a highlight as well as having individual boys' qualifiers at the state finals in 1992 and in 1996.



Eddie Salazar
Livermore H.S.

Speaking volumes for his success at Livermore, Eddie Salazar has coached an individual or team to the state championships every year since 1989. Livermore has also had two individual state champions and his boys' team finished as high as second in 1995 (Div. III) and also had a third place finish in 1994. In addition, his boys' were North Coast Section champs from 1990-96 and his girls' won the NCS in 1990.



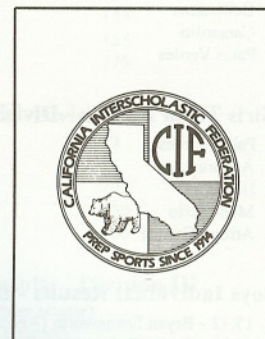
Steve Boaz
San Luis Obispo H.S.

Steve Boaz believes that the greatest honor in the sport of cross country is in the people with whom you compete. He coached for three years at Sunny Hills High and the last 10 at San Luis Obispo High. His girls' teams have three league championships and one shared league title. In addition, his girls' finished as high as eighth at state (1988). In 1990, his boys' team also had an eighth place finish in the state championships.



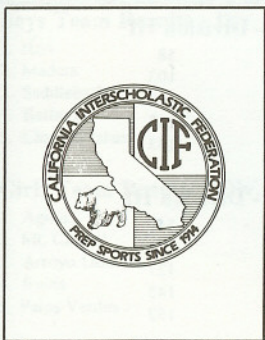
Paul Jones
Palo Alto H.S.

The cross country coach at Palo Alto High since 1979, Jones began his career in 1964 as a cross country, track and tennis coach at Delton-Kellogg High in Michigan. His girls' team at Palo Alto has captured five league titles and, in 1992, won the Central Coast Section championship (Div. I). His girls placed as high as seventh (1993) in the state meet (Div. III). His girls' track and field teams won 10 consecutive league titles.



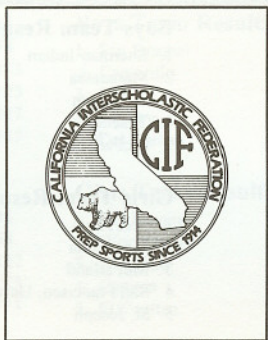
Robert Ensley
Fremont H.S.

In his 12 years of coaching cross country at Fremont High School, Robert Ensley has enjoyed much success. His girls' team won both the league title and Oakland Section championship in 1986 and have a 42-18 dual meet record. He has coached two athletes - Crystal Colbeck and Samatha Machado - to the state meet finals. A retired teacher, Ensley continues to coach. He also has coached football and track and field.



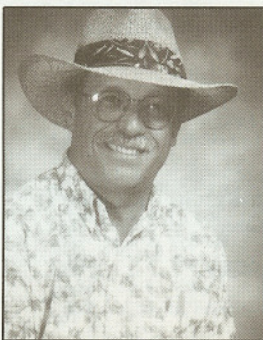
Ron Hyatt
Placer H.S.

Ron Hyatt lists being a part of his daughter Lindsay's success in cross country and track and field as his coaching highlight. Lindsay Hyatt has won two state track titles in the 800 meters. Ron has coached for 21 years, and his girls' teams have 11 league titles and five section crowns. He has coached either a team or individual to the state meet in cross country since its inception in 1987.



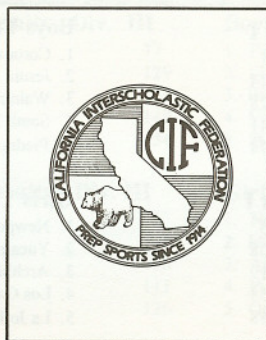
Steve Rapaport
Lincoln (Stockton) H.S.

While Steve Rapaport coaches at Lincoln High School he teaches at John Marshall Middle School. His girl's cross country teams at Lincoln won the Sac-Joaquin Section championship the last two seasons (1995-96) both times defeating Nevada Union of Grass Valley for the crown. Rapaport has coached individual state meet qualifiers in 1991, 1992 and 1994. He also coaches track and field at Lincoln.



Leonard Orona
Bell Gardens H.S.

The head coach for both the girls' and boys' cross country teams at Bell Gardens High for the last 15 years, Leonard Orona is most proud of the fact that 90 percent of his runners continue their education after high school. He was awarded as the 1990 CHAPERD Outstanding Coach and has directed his girls to eight league titles and his boys also to eight. His boys have a 75-14 dual meet mark (72-17 girls).



Michael Cummings
Orange Glen H.S.

The San Diego Section's Girls' Coach of the Year in 1993, Michael Cummings has 16 years coaching experience. His teams have two Palomar League titles and won the Division I San Diego Section title in 1995. At the state level, Orange Glen has placed as high as sixth (1995). Cummings is a member of the San Diego Section Cross Country Advisory and Track & Field Advisory Committees.

*Good
Sports
Are
the
BIG
WINNERS
in
Athletics*

1987 CIF ARCO *am/pm* State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Division I

1. Arroyo	41
2. Dana Hills	115
3. Bellarmine	124
4. Camarillo	132
5. Palos Verdes	141

Girls Team Results - Division I

1. Palos Verdes	70
2. Agoura	91
3. Hesperia	112
4. Montebello	139
5. Arroyo Grande	174

Boys Individual Results - Division I

1. 15:12 - Bryan Dameworth (Agoura)
2. 15:13 - Goshu Tadese (Crawford)
3. 15:14 - Davis Scudamore (Palos Verdes)
4. 15:23 - Jamie Ortega (Arroyo)
5. 15:29 - Terrence Mahon (La Habra)
6. 15:29 - Jeff Gilkey (Arroyo)
7. 15:30 - Luis Quintana (Arroyo)
8. 15:30 - Francis O'Neill (San Pasqual)
9. 15:31 - Bobby Rodriguez (McLane)
10. 15:31 - Derrick Powers (Arroyo)

Girls Individual Results - Division I

1. 17:35 - Deena Drossin (Agoura)
2. 17:43 - Reyna Cervantes (Montebello)
3. 17:45 - Jennifer Ashe (Leland)
4. 17:45 - Nicole Robbins (Hesperia)
5. 17:51 - Robbyn Bryant (Hesperia)
6. 17:51 - Ashley Black (Palos Verdes)
7. 18:10 - Becky Spies (Livermore)
8. 18:11 - Jena Haggen Miller (Thous. Oaks)
9. 18:15 - Brigid Greyne (Riverside Poly)
10. 18:20 - Nicole Houle (Hesperia)

Boys Team Results - Division II

1. Walnut	40
2. Corona del Mar	63
3. Gunn	144
4. El Camino	161
5. Woodbridge	181

Girls Team Results - Division II

1. Newport Harbor	87
2. Woodbridge	106
3. Archbishop Mitty	120
4. South Hills	168
5. Nordhoff	175

Boys Individual Results - Division II

1. 15:22.1 - Scott Hempel (Walnut)
2. 15:29 - Ben Ayers (Christian Brothers)
3. 15:32 - Mike Glaze (Norte Dame)
4. 15:33 - Jim Geerlings (Newport Harbor)
5. 15:37 - Brett Mack (Carlmont)
6. 15:39 - Eddie Lavelle (Corona del Mar)
7. 15:41 - Richard Duran (Wasco)
8. 15:44 - Coby Polite (Walnut)
9. 15:48 - Gary Stolz (Miraleste)
10. 15:50 - Jim Robins (Corona del Mar)

Girls Individual Results - Division II

1. 17:34 - Kira Jorgensen (Rancho Buena Vista)
2. 17:48 - Karen Hecox (South Hills)
3. 18:01 - Tina Gorbet (Lassen)
4. 18:14 - Sandra Acosta (Walnut)
5. 18:44 - Kristi Bache (University, San Diego)
6. 18:46 - Cindy Mahaffey (Carlmont)
7. 18:47 - Karen Karcher (Ramona)
8. 19:02 - Suzanne Catruita (West Covina)
9. 19:06 - Stacy Pando (Newport Harbor)
10. 19:08 - Kolleen Kassis (St. Francis)

Boys Team Results - Division III

1. McFarland	99
2. Robert Louis Stevenson	145
3. Yreka	153
4. Salesian	163
5. Bear River	166

Girls Team Results - Division III

1. Maranatha	72
2. University	93
3. Coronado	118
4. St. Josephs	128
5. Bret Harte	163

Boys Individual Results - Division III

1. 15:29 - Reggie Williams (River City)
2. 15:44 - Scott Cole (Yosemite)
3. 15:57 - Brian Ochs (Million College)
4. 16:00 - Hector Ortiz (Orestimba)
5. 16:06 - Bob Baca (Bear River)
6. 16:07 - Ricky DeLeon (Moorpark)
7. 16:13 - Thomas Yalles (McFarland)
8. 16:26 - Dave Wester (Maranatha)
9. 16:29 - John Heiber (Serrano)
10. 16:30 - Ryan Coady (Village Christian)

Girls Individual Results - Division III

1. 17:51 - Katy McCandless (Castilleja)
2. 18:17 - Tanya Thayer (Serrano)
3. 18:29 - Shamen Dugger (Coronado)
4. 19:03 - Zita Hillinger (Serrano)
5. 19:04 - Evelyn Martino (St. Joseph)
6. 19:18 - Karen Talamantes (W. Christian Univ.)
7. 19:27 - Amy McConnell (University)
8. 19:29 - Rachel Lewis (Santa Catalina)
9. 19:30 - Brandi Waters (Bishop)
10. 19:33 - Nell Smith (University)

1988 CIF ARCO *am/pm* State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Division I

1. Dana Hills	91
2. Rowland	124
3. Poway	128
4. Camarillo	141
5. DeLaSalle	174

Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	108
3. San Pasqual	119
4. Montebello	155
5. Norco	158

Boys Individual Results - Division I

1. 15:032 - Bryan Dameworth (Agoura)
2. 15:04 - Mike Williamson (Thousand Oaks)
3. 15:05 - Jimmy Rodriguez (Santa Ana Valley)
4. 15:08 - Francis O'Neil (San Pasqual)
5. 15:21 - Mike Tansley (Dana Hills)
6. 15:22 - Todd Lewis (Burbank)
7. 15:25 - Dave Hartman (Canyon)
8. 15:26 - Martin Morales (Wilson)
9. 15:27 - Luis Quintano (Arroyo Grande)
10. 15:28 - Craig Lawson (Granada Hills)

Girls Individual Results - Division I

1. 17:42 - Kira Jorgensen (Rancho Buena Vista)
2. 17:50 - Rayna Cervantes (Montebello)
3. 17:55 - Deena Drossin (Agoura)
4. 18:03 - Ashley Black (Palos Verdes)
5. 18:18 - Beth Bartholomew (Fremont)
6. 18:20 - Nicole Robbins (Hesperia)
7. 18:25 - Jamie Park (Santa Barbara)
8. 18:28 - Shelley Taylor (Edison)
9. 18:37 - Chrissy Look (Nova)
10. 18:37 - Tanya Brix (University)

Boys Team Results - Division II

1. Corona del Mar	72
2. Jesuit	80
3. Walnut	99
4. South Pasadena	156
5. Piedmont	185

Girls Team Results - Division II

1. Newport Harbor	75
2. Yucaipa	112
3. Archbishop Mitty	146
4. Los Gatos	153
5. La Jolla	162

Boys Individual Results - Division II

1. 15:15 - Scott Hempel (Walnut)
2. 15:20 - David Welsh (Jesuit)
3. 15:24 - Ed Lavella (Corona del Mar)
4. 15:26 - Gary Stolz (Miraleste)
5. 15:323 - Matt Hempel (Walnut)
6. 15:39 - Steve Fisone (Laguna Hills)
7. 15:40 - Eric Christopherson (Walnut)
8. 15:42 - Tony Castelton (La Puente)
9. 15:46 - Eli Ricca (Arcata)
10. 15:46 - Andy Bupp (Woodside)

Girls Individual Results - Division II

1. 18:01 - Karen Hecox (South Hills)
2. 18:17 - Tina Gorbet (Lassen)
3. 18:45 - Sandra Acosta (Walnut)
4. 18:48 - Becky Kopchik (Northgate)
5. 18:54 - Tanya Thayer (Serrano)
6. 18:58 - Barbi Sittman (Placer)
7. 19:00 - Jennie Dempsey (Analy)
8. 19:02 - Zita Hillinger (Serrano)
9. 19:03 - Stacey Pando (Newport Harbor)
10. 19:07 - Eva Belot (El Dorado)

Boys Team Results - Division III

1. Sherman Indian	58
2. Maranatha	103
3. Stevenson	130
4. Thacher	133
5. McFarland	133

Girls Team Results - Division III

1. Bret Harte	54
2. Maranatha	102
3. McFarland	121
4. San Francisco, Univ.	145
5. St. Joseph	152

Boys Individual Results - Division III

1. 16:00 - Matt Metzger (San Francisco, Univ.)
2. 16:07 - Oscar Perez (Pater Noster)
3. 16:15 - Oscar Montes (Maranatha)
4. 16:28 - Melvin Kenton (Sherman Indian)
5. 16:25 - Bob Bush (Inland Christian)
6. 16:28 - Verde Mevayaktewa (Sherman Indian)
7. 16:29 - Ryan Coady (Village Christian)
8. 16:35 - Jim Goode (Francis Parker)
9. 16:39 - Algene Talas (Sherman Indian)
10. 16:39 - Wes Smith (L.A. Baptist)

Girls Individual Results - Division III

1. 18:50 - Rachel Lewis (Santa Catalina)
2. 18:54 - Karen Talamantes (Western Christian)
3. 19:30 - Jean Harvey (Paraclete)
4. 19:34 - Amy McConnell, (San Francisco, Univ.)
5. 19:47 - Kami Gardner (College Prep)
6. 19:53 - Mary McKiernan (Lutheran, Orange)
7. 19:57 - Amy Davidson (Bret Harte)
8. 20:00 - Tanya Dooley (Bret Harte)
9. 20:01 - Jonette Vollmer (Ft. Bragg)
10. 20:04 - Tamara DeGroot (Central Valley Christ.)

1989 CIF ARCO *am/pm* State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Division I

1. Camarillo	39
DeLaSalle	97
Agoura	107
4. Madera	132
5. San Clemente	153

Girls Team Results - Division I

1. Palos Verdes	65
2. Agoura	75
3. San Pasqual	119
4. Mt. Carmel	121
5. Arroyo Grande	177

Boys Individual Results - Division I

1. 14:45 - Bryan Dameworth (Agoura)
2. 14:59 - Luis Quintana (Arroyo Grande)
3. 15:11 - Jeremy Seven (DeLaSalle)
4. 15:22 - Abe Valdez (Camarillo)
5. 15:26 - Dan Berkland (Canyon)
6. 15:28 - Dave Hartman (Canyon)
7. 15:30 - Obed Aguirre (San Fernando)
8. 15:30 - Israel Pose (Torrance)
9. 15:38 - Roman Rendon (Banning)
10. 15:38 - Javier Lozano (Helin)

Girls Individual Results - Division I

1. 17:27 - Deena Drossin (Agoura)
2. 17:33 - Becky Spies (Livermore)
3. 18:01 - Jeannie Rothman (Westlake)
4. 18:06 - Tanya Brix (University)
5. 18:24 - Beth Bartholomew (Fremont)
6. 18:25 - Suzanna Thrasher (Villa Park)
7. 18:30 - Shelley Taylor (Edison)
8. 18:30 - Maryann Martinez (Foothill)
9. 18:31 - Milena Glusac (Fallbrook)
10. 18:31 - Maria Solorio (Overfelt)

Boys Team Results - Division II

1. Jesuit	61
2. Norte Vista	155
3. Palo Alto	156
4. St. Anthony	168
5. South Pasadena	168

Girls Team Results - Division II

1. La Jolla	88
2. Mills	94
3. Corona del Mar	116
4. Nordhoff	123
5. Morro Bay	149

Boys Individual Results - Division II

1. 15:19 - Kevin Berkowitz (Hayward)
2. 15:31 - Mark Gonzales (La Habra)
3. 15:34 - Eric Taylor (Grant)
4. 15:39 - Paul Eley (Mills)
5. 15:43 - Paul Goodrich (Dos Pueblos)
6. 15:47 - Andy Bupp (Woodside)
7. 15:50 - Jason Atwood (Castro Valley)
8. 15:56 - Geoff Januqar (St. Anthony)
9. 15:58 - Jeremy Redding (Central Valley)
10. 16:01 - James Pendergraph (Norte Vista)

Girls Individual Results - Division II

1. 18:01 - Sarah Riley (Campolindo)
2. 18:15 - Neve Zwagerman (Tamalpais)
3. 18:18 - Karen Hecox (South Hills)
4. 18:33 - Tina Gorbet (Lassen)
5. 18:36 - Alva Dancel (Mills)
6. 18:44 - Milessa Ackerman (Castro Valley)
7. 18:46 - Maribella Aparicio (Fillmore)
8. 18:51 - Dascha Spellman (Nordhoff)
9. 18:56 - Jenny Lacovara (Morro Bay)
10. 18:56 - Sheila Aguilar (Norte Vista)

Boys Team Results - Division III

1. Laguna Beach	65
2. McFarland	127
3. Bret Harte	153
4. La Salle	155
5. Calvin Christian	179

Girls Team Results - Division III

1. Bret Harte	73
2. Maranatha	81
3. LA Baptist	102
4. Mary Mount	156
5. Paraclete	165

Boys Individual Results - Division III

1. 15:52 - Oscar Perez (Pater Noster)
2. 15:52 - David Soto (Christian)
3. 16:04 - Brian Singleton (Bret Harte)
4. 16:08 - Matt Metzger (University)
5. 16:11 - John Castner (Oak Park)
6. 16:12 - Jeff Arnold (York)
7. 16:14 - David Crain (Laguna Beach)
8. 16:14 - Johnny Samaniego (McFarland)
9. 16:19 - Melvin Kenton (Sherman Indian)
10. 16:28 - Algene Talas (Sherman Indian)

Girls Individual Results - Division III

1. 18:47 - Laura Hamady (The Urban)
2. 18:58 - Jean Harvey (Paraclete)
3. 19:24 - Frankie Rivera (Maranatha)
4. 19:30 - Amy Davidson (Bret Harte)
5. 19:31 - Viviana Reza (Coronado)
6. 19:47 - Debbie Lewis (Maranatha)
7. 20:01 - Jonette Vollmer (Fort Bragg)
8. 20:02 - Casey Leary (Katharine Branson)
9. 20:03 - Cedar Lindsay (Cate)
10. 20:03 - Nicki Clark (Marin Academy)

1990 CIF ARCO *am/pm* State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	58
2. Madera	113
3. Saddleback	123
4. Bellmont	147
5. Channel Island	147

Girls Team Results - Div. I

1. Agoura	41
2. Mt. Carmel	68
3. Arroyo Grande	107
4. Irvine	123
5. Palos Verdes	124

Boys Indiv. Results - Div. I

1. 14:47 - L. Quintana (Arroyo Grande)
2. 15:04 - D. Hartman (Canyon)
3. 15:37 - D. Niednagel (Dana Hills)
4. 15:40 - R. Arellan (Belmont)
5. 15:41 - S. Gonzales (Carson)
6. 15:44 - B. White (Antioch)
7. 15:45 - R. Rendon (Banning)
8. 15:48 - B. Dixon (Hart)
9. 15:51 - F. Madrigal (Madera)
10. 15:52 - S. Guerrini (Santa Rosa)

Girls Indiv. Results - Div. I

1. 17:29 - D. Drossin (Agoura)
17:44 - V. Barajas (Channel Islands)
18:08 - E. Sumi (Wilson, LB)
4. 18:14 - T. York (Agoura)
5. 18:31 - A. Orefice (Arroyo Grande)
6. 18:34 - K. Roda (Irvine)
7. 18:44 - M. Smith (Diamond Bar)
8. 18:47 - E. Greene (Turlock)
9. 18:47 - B. Barr (Arroyo Grande)
10. 18:48 - S. Scott (Mt. Carmel)

Boys Team Results - Div. II

1. San Pasqual	64
2. Camarillo	86
3. Helix	101
4. Agoura	115
5. Del Campo	128

Girls Team Results - Div. II

1. San Pasqual	38
2. Woodbridge	83
3. Westlake	107
4. Canyon	132
5. El Capitan	169

Boys Indiv. Results - Div. II

1. 15:25 R. Walker (San Pasqual)
2. 15:29 - T. Beyene (Newark Mem.)
3. 15:34 - T. Tressler (San Marcos)
4. 15:38 - D. Das Neves (Helix)
5. 15:41 - H. Hernandez (Mar Vista)
6. 15:41 - I. Pose (Torrance)
7. 15:42 - M. Love (Katella)
8. 15:48 - J. Zachary (DeLaSalle)
9. 15:49 - R. Wilson (Agoura)
10. 15:51 - M. Dilligan (Pt. Loma)

Girls Indiv. Results - Div. II

1. 17:28 - J. Rothman (Westlake)
2. 17:46 - S. Taylor (Edison)
3. 17:54 - M. Glusac (Fallbrook)
4. 18:07 - K. Nekota (Woodbridge)
5. 18:20 - K. Look (Shasta)
6. 18:38 - M. Pinto (Katella)
7. 18:43 - J. Graham (Westlake)
8. 18:43 - D. Hadley (San Pasqual)
9. 18:45 - M. Keim (San Pasqual)
10. 18:57 - L. Monson (Claremont)

Boys Team Results - Div. III

1. San Marino	77
2. La Jolla	129
3. St. Ignatius	135
4. Palos Verdes	149
5. Lemoore	154

Girls Team Results - Div. III

1. La Jolla	31
2. Foothill	102
3. San Marino	108
4. Mills	111
5. St. Francis	126

Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:26 - J. Menon (San Luis Obispo)
3. 15:50 - D. Stoll (College Park)
4. 15:52 - R. Gauss (University, SD)
5. 15:53 - N. Johnson (Santa Cruz)
6. 15:55 - A. Jones (Livermore)
7. 15:56 - C. DeOvando (San Marino)
8. 15:56 - M. Douglas (Moreau)
9. 15:57 - M. McManus (St. Ignatius)
10. 15:58 - J. Saueressig (Yosemite)

Girls Indiv. Results - Div. III

1. 18:01 - C. Garrison (Rim of World)
2. 18:21 - B. Spies (Livermore)
3. 18:30 - K. Sweeney (Leigh)
4. 18:42 - M. Ferguson (La Jolla)
5. 18:48 - S. Riley (Campolindo)
6. 18:58 - A. Dalke (Bishop O'Dowd)
7. 18:58 - J. Schoene (La Jolla)
8. 18:59 - B. Kaiser (Seaside)
9. 19:01 - M. Hsu (San Marino)
10. 19:16 - A. Baldelli (St. Ignatius)

Boys Team Results - Div. IV

1. Fillmore	90
2. Maranatha	98
3. Bret Harte	103
4. Morro Bay	109
5. St. Anthony	126

Girls Team Results - Div. IV

1. Nordhoff	77
2. Morro Bay	79
3. Anderson	90
4. Piedmont	135
5. Orange	161

Boys Indiv. Results - Div. IV

1. 15:41 - B. Singleton (Bret Harte)
2. 15:43 - J. Barajas (Fillmore)
3. 15:46 - R. Boulet (Drake)
4. 15:49 - A. Faubert (St. Anthony)
5. 15:50 - K. Rhoades (Colfax)
6. 15:50 - J.J. Catner (Oak Park)
7. 15:53 - J. Janquart (St. Anthony)
8. 15:54 - A. Fisher (Maranatha)
9. 15:59 - P. Morales (Washington)
10. 16:00 J. Brown (Bret Hart)

Girls Indiv. Results - Div. IV

1. 18:05 - J. Lacovara (Morro Bay)
2. 18:11 - M. Aparicio (Fillmore)
3. 18:15 - N. Zwagerman (Tamalpais)
4. 18:43 - A. Diulio (Anderson)
5. 18:44 - N. Shaw (Fillmore)
6. 18:49 - M. Martinez (Wood)
7. 18:53 - A. Webb (Bear River)
8. 19:00 - D. Spellman (Nordhoff)
9. 19:00 - J. Kendig (La Reina)
10. 19:01 - A. Parkinson (Orange Luth.)

1991 CIF ARCO *am/pm* State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	43
2. Peninsula	88
3. Madera	90
4. San Gabriel	123
5. Buena	141

Boys Team Results - Div. II

1. De La Salle	75
2. San Pasqual	83
3. Del Campo	95
4. Helix	125
5. El Camino	148

Boys Team Results - Div. III

1. Laguna Hills	91
2. San Marino	97
3. Corona Del Mar	113
4. St. Ignatius	135
5. Newbury Park	139

Boys Team Results - Div. IV

1. Nordhoff	78
2. Bell-Jeff	101
3. Yreka	129
4. Morro Bay	135
5. Oak Park	139

Girls Team Results - Div. I

1. Agoura	41
2. Peninsula	67
3. Mt. Carmel	114
4. Irvine	126
5. Arroyo Grande	135

Girls Team Results - Div. II

1. Edison	52
2. San Pasqual	55
3. El Capitan	136
4. Woodridge	151
5. Claremont	154

Girls Team Results - Div. III

1. Newport Harbor	96
2. Laguna Hills	109
3. San Marino	110
4. Aptos	137
5. Bishop O'Dowd	143

Girls Team Results - Div. IV

1. Nordhoff	72
2. Fillmore	79
3. Orange Lutheran	129
4. Yreka	141
5. Arcata	162

Boys Indiv. Results - Div. I

1. 15:06 - A. Martinez (San Gabriel)
2. 15:14 - M. Casillas (Hoover)
3. 15:20 - C. Gallegos (Centennial)
4. 15:24 - K. Grossman (Hart)
5. 15:25 - F. Mendoza (Channel Islands)
6. 15:39 - P. Duarte (Madera)
7. 15:39 - S. Ellington (Milpitas)
8. 15:40 - T.J. Reyes (Lakewood)
9. 15:41 - G. Lindsay (Peninsula)
10. 15:42 - J. Cera (Upland)

Boys Indiv. Results - Div. II

1. 15:08 - D. Das Neves (Helix)
2. 15:16 - R. Wilson (Agoura)
3. 15:33 - B. Keim (San Pasqual)
4. 15:41 - M. Love (Katella)
5. 15:43 - J. Kayne (Grossmont)
6. 15:44 - N. Romero (San Pasqual)
7. 15:46 - G. Rivera (Delano)
8. 15:51 - Geoff Pfau (Helix)
9. 15:53 - R. Brewer (N. Bakersfield)
10. 15:53 - C. Curtis (Elsinor)

Boys Indiv. Results - Div. III

1. 15:15 - J. Wilson (Newbury Park)
2. 15:33 - M. Hamer (Covina)
3. 15:36 - D. Rojas (Moorpark)
4. 15:37 - J. Balkman (Lynbrook)
5. 15:46 - C. Lynch (Laguna Hills)
6. 15:49 - M. McManus (St. Ignatius)
7. 15:54 - F. Sanchez (St. Francis)
8. 15:56 - J. Montes de Oca (Azusa)
9. 15:56 - F. Alcaraz (La Jolla)
10. 15:56 - B. Leek (La Jolla)

Boys Indiv. Results - Div. IV

1. 15:35 - M. Katri (Fortuna)
2. 15:43 - J. Arnold (York)
3. 15:54 - K. Rhoades (Colfax)
4. 15:59 - A. Fisher (Maranatha)
5. 16:03 - J.J. Castner (Oak Park)
6. 16:05 - W. Allan (Carmel)
7. 16:05 - T. Flynn (Bell-Jeff)
8. 16:05 - J. Ramirez (Nordhoff)
9. 16:09 - J. Brown (Bret Harte)
10. 16:12 - S. Brown (Piedmont)

Girls Indiv. Results - Div. I

1. 17:13 - M. Glusac (Fallbrook)
2. 18:01 - K. Nekota (Agoura)
3. 18:09 - C. Blackmer (Upland)
4. 18:13 - A. Orefice (Arroyo Grande)
5. 18:17 - A. Skiersz (Agoura)
6. 18:31 - M. Muneno (Peninsula)
7. 18:34 - N. Horn (Santa Rosa)
8. 18:35 - L. Hayward (Agoura)
9. 18:38 - V. Barajas (Channel Islands)
10. 18:44 - W. Murphy (Granite Hills)

Girls Indiv. Results - Div. II

1. 17:28 - S. Taylor (Edison)
2. 18:06 - C. Garrison (Sunny Hills)
3. 18:32 - M. Martinez (Wood)
4. 18:33 - M. Keim (San Pasqual)
5. 18:34 - M. Lopez (Compton)
6. 18:42 - T. Brix (University)
7. 18:43 - E. Chiariello (San Marcos)
8. 18:43 - C. Franco (Delano)
9. 18:50 - M. Middlecoff (Los Gatos)
10. 18:53 - L. Miller (North)

Girls Indiv. Results - Div. III

1. 18:45 - D. Mills (Newport Harbor)
2. 18:51 - K. Eklof (Costa Mesa)
3. 18:52 - S. Dien (La Canada)
4. 18:53 - B. Kaiser (Seaside)
5. 19:01 - M. Hsu (San Marino)
6. 19:01 - C. Pengra (La Canada)
7. 19:04 - M. Crane (Newport Harbor)
8. 19:05 - A. Baldelli (St. Ignatius)
9. 19:07 - A. Dalke (Bishop O'Dowd)
10. 19:09 - S. Pope (Del Oro)

Girls Indiv. Results - Div. IV

1. 17:47 - M. Aparicio (Fillmore)
2. 18:41 - N. Shaw (Fillmore)
3. 19:10 - B. Boisvert (Orange Luth.)
4. 19:13 - A. Parkinson (Orange Luth.)
5. 19:28 - C. Castellanos (LA Baptist)
6. 19:28 - D. Strohmman (Morro Bay)
7. 19:31 - V. Fleschner (Fortuna)
8. 19:36 - F. Foundy (Morro Bay)
9. 19:39 - S. nohr (Miramonte)
10. 19:41 - A. Jones (Nordhoff)

1992 CIF ARCO *am/pm* State Cross Country Championship Results at Woodward Park, Fresno

Boys Team Results - Div. I

1. Hart	53
2. Thousand Oaks	80
3. Madera	117
4. De La Salle	155
5. Peninsula	167

Boys Team Results - Div. II

1. Mission Bay	93
2. Agoura	100
3. Katella	109
4. Canyon	119
5. Jesuit	131

Boys Team Results - Div. III

1. Newport Harbor	89
2. San Marino	94
3. Ayala	121
4. La Puente	122
5. Livermore	141

Boys Team Results - Div. IV

1. McFarland	63
2. Nordhoff	79
3. Morro Bay	132
4. Fillmore	141
5. Yreka	146

Girls Team Results - Div. I

1. Agoura	75
2. Irvine	109
3. Mt. Carmel	113
4. Peninsula	117
5. Wilson Long Beach	137

Girls Team Results - Div. II

1. Ocean View	52
2. San Pasqual	100
3. Edison	111
4. Los Gatos	141
5. El Capitan	182

Girls Team Results - Div. III

1. Corona del Mar	66
2. Laguna Hills	84
3. Bishop O'Dowd	105
4. Aptos	117
5. Newport Harbor	156

Girls Team Results - Div. IV

1. Lassen	71
2. Nordhoff	73
3. Laguna Beach	161
4. Arcata	192
5. Bear River	198

Boys Indiv. Results - Div. I

1. 15:03 - M. Casillas (Hoover, Glendale)
2. 15:12 - J. Cera (Upland)
3. 15:22 - M. Keflezhig (San Diego)
4. 15:30 - E. Dunn (Arroyo Grande)
5. 15:36 - S. Cervilli (Santa Teresa)
6. 15:37 - B. Strahan (Hart)
7. 15:41 - J. Fischer (Thousand Oaks)
8. 15:43 - J. Pinal (W.C. Overfelt)
9. 15:44 - B. Wilkinson (Merced)
10. 15:44 - J. Perea (Huntington Park)

Boys Indiv. Results - Div. II

1. 15:13 - R. Wilson (Agoura)
2. 15:20 - R. Brewer (North Bakersfield)
3. 15:31 - N. Romero (San Pasqual)
4. 15:35 - G. Rivera (Delano)
5. 15:39 - M. Creason (Eureka)
6. 15:40 - M. Moreno (Katella)
7. 15:40 - M. Love (Katella)
8. 15:43 - D. Elezondo (Mission Bay)
9. 15:46 - C. Mansfield (Canyon)
10. 15:50 - M. Farley (Jesuit)

Boys Indiv. Results - Div. III

1. 15:38 - J. Balkman (Lynbrook)
2. 15:50 - J. Saueressig (Yosemite)
3. 15:53 - C. Stanley (Lemoore)
4. 15:55 - B. Mahon (La Habra)
5. 15:57 - R. Gibbs (Rubidoux)
6. 15:59 - R. Ciano (San Luis Obispo)
7. 16:00 - R. Esponda (Casa Grande)
8. 16:00 - M. Houser (St. Augustine)
9. 16:00 - M. Ferrara (South Torrance)
10. 16:03 - R. Bartell (West Hills)

Boys Indiv. Results - Div. IV

1. 15:48 - S. Brown (Piedmont)
2. 15:53 - J. Ramirez (Nordhoff)
3. 15:55 - A. Gillen (Yreka)
4. 15:56 - M. Robles (Nordhoff)
5. 15:58 - J. Orosco (Taft)
6. 15:59 - J. Sanchez (McFarland)
7. 16:06 - D. Mitchell (Morro Bay)
8. 16:10 - J. Cox (Christian High, SD)
9. 16:11 - J. Diaz (Bell-Jeff)
10. 16:13 - J. Taverner (Morro Bay)

Girls Indiv. Results - Div. I

1. 17:14 - M. Glusac (Fallbrook)
2. 17:42 - A. Skiersz (Agoura)
3. 18:34 - M. Mehberg (Peninsula)
4. 18:35 - K. Roda (Irvine)
5. 18:36 - K. Nekota (Agoura)
6. 18:41 - E. Sumi (Wilson Long Beach)
7. 18:46 - G. Durnell (Merced)
8. 18:51 - C. Lewis (Wilson Long Beach)
9. 18:53 - C. Caulkins (Esperanza)
10. 18:57 - S. Donovan (Madera)

Girls Indiv. Results - Div. II

1. 18:26 - M. Cox (Escondido)
2. 18:40 - K. Nelson (Canyon)
3. 18:48 - C. Engesser (Ocean View)
4. 18:53 - C. Franco (Delano)
5. 18:56 - M. Middlecoff (Los Gatos)
6. 18:58 - E. Homberger (Edison)
7. 19:02 - M. Muething (Amador Valley)
8. 19:03 - M. Keim (San Pasqual)
9. 19:05 - T. Lawson (Ocean View)
10. 19:07 - E. Riedy (Mission San Jose)

Girls Indiv. Results - Div. III

1. 18:02 - M. Marzell (Bishop O'Dowd)
2. 18:12 - D. Torrens (St. Francis Mt. View)
3. 18:32 - M. Medina (Laguna Hills)
4. 18:41 - L. Leigh-Wood (Aptos)
5. 18:49 - T. Clark (Corona del Mar)
6. 18:54 - C. Pengra (La Canada)
7. 18:54 - C. Dahlbert (El Modena)
8. 18:56 - J. Wong (Harvard Westlake)
9. 19:02 - M. O'Connor (Our Lady of Peace)
10. 19:02 - S. Valdez (El Dorado)

Girls Indiv. Results - Div. IV

1. 18:12 - K. Bockel (Nordhoff)
2. 18:24 - A. Webb (Bear River)
3. 18:48 - M. Aparicio (Fillmore)
4. 18:49 - L. Hamady (Urban)
5. 19:04 - V. Fleschner (Fortuna)
6. 19:19 - M. Berlin (Nordhoff)
7. 19:24 - M. Hurwitz (Bishop's)
8. 19:32 - A. Allen (Lick Wilderding)
9. 19:32 - E. O'Brien (Campolindo)
10. 19:32 - A. Parkinson (Orange Lutheran)

1993 CIF ARCO *am/pm* State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Thousand Oaks	23
2. Santa Ana	88
3. Madera	95
4. Bellarmine Prep	99
5. Peninsula	162

Girls Team Results - Div. I

1. Irvine	85
2. Peninsula	87
3. Madera	107
4. Mt. Carmel	142
5. Agoura	160

Boys Indiv. Results - Div. I

1. 15:02 - Mebrahton Keflezig (San Diego)
2. 15:18 - Jaime Martinez (Orange)
3. 15:26 - Jeff Fischer (Thousand Oaks)
4. 15:30 - Brandon Del Campo (Th. Oaks)
5. 15:30 - Kevin Marsden (Thous. Oaks)
6. 15:31 - Eric Kropf (Madera)
7. 15:33 - Alejandro Ramirez (Stagg)
8. 15:35 - Antonio Arce (Palmdale)
9. 15:36 - Peter Gilmore (Palisades)
10. 15:36 - Jose Melgar (San Diego)

Girls Indiv. Results - Div. I

1. 17:49 - Amy Skieresz (Agoura)
2. 18:12 - Kay Nekota (Agoura)
3. 18:14 - Jessica Corbin (Irvine)
4. 18:14 - Molly Mehlerberg (Peninsula)
5. 18:15 - Sarah Dickerman (Del Campo)
6. 18:24 - Carrie Caulkins (Esperanza)
7. 18:27 - Eliaser Estrada (Santa Ana Vall.)
8. 18:38 - Claire Becker (Bonita Vista)
9. 18:44 - Kim Mortensen (Thous. Oaks)
10. 18:45 - Rosalinda Castaned (Madera)

Boys Team Results - Div. II

1. Jesuit Carmichael	70
2. Mission Bay	71
3. Katella	101
4. San Pasqual	132
5. Agoura	162

Girls Team Results - Div. II

1. Edison Huntington Beach	104
2. Canyon Anaheim	121
3. Mission San Jose	144
4. Aptos	147
5. Reedley	165

Boys Indiv. Results - Div. II

1. 15:06 - Matt Farley (Jesuit Carmichael)
2. 15:09 - Devin Elizando (Mission Bay)
3. 15:27 - Eleazar Hernandez (Camarillo)
4. 15:31 - Pamenos Ballantyne (Sanger)
5. 15:34 - Mike Moreno (Katella)
6. 15:38 - John Greene (Agoura)
7. 15:39 - Martin Reyes (Escondido)
8. 15:40 - Chris Maier (Amador Valley)
9. 15:42 - Matt Creason (Eureka)
10. 15:43 - Mike Stember (Jesuit Carmichael)

Girls Indiv. Results - Div. II

1. 18:04 - Carrie Garrison (Buena Park)
2. 18:14 - Emily Allison (Leland San Jose)
3. 18:17 - Deborah Bleisch (Silver Creek)
4. 18:25 - Kim Nelson (Canyon Anaheim)
5. 18:30 - Elissa Riedy (Mission San Jose)
6. 18:34 - Nicole Silva (Aptos)
7. 18:39 - Jenny Mortensen (Redwood)
8. 18:44 - Marla Pleyte (San Benito)
9. 18:49 - Gabriela Rodriguez (Oxnard)
10. 18:50 - Tara Whitfield (El Modena)

Boys Team Results - Div. III

1. Nordhoff Ojai	92
2. Scripps Ranch	119
3. Gunn	127
4. St. Augustine	130
5. San Marino	147

Girls Team Results - Div. III

1. Santa Margarita	80
2. Clayton Valley	85
3. Bishop O'Dowd Oakland	112
4. Corona del Mar Newport Beach	126
5. Newport Harbor Newport Beach	136

Boys Indiv. Result - Div. III

1. 15:22 - Mark Hauser (St. Augustine)
2. 15:29 - Rondie Gibbs (Rubidoux)
3. 15:38 - Javier Ramirez (Nordhoff Ojai)
4. 15:39 - Warren Wolf (San Marino)
5. 15:47 - Kevin Bowes (Scripps Ranch)
6. 15:50 - Alex Teekell (Bishop O'Dowd)
7. 15:51 - Ryan Bartell (West Hills SD)
8. 15:52 - Micab Robles (Nordhoff Ojai)
9. 15:53 - Mike Lang (West Hills SD)
10. 15:53 - Steve Immel (Livermore)

Girls Indiv. Result - Div. III

1. 18:32 - Annie Ebner (St. Lucy's)
2. 18:34 - Alison Lambert (Northgate)
3. 18:36 - Heather Wallace (Clayton Valley)
4. 18:37 - Katie Nuanes (Santa Margarita)
5. 18:38 - Anjelica Randall (Bishop O'Dowd)
6. 18:38 - Kristen Gordon (Carondelet)
7. 18:40 - Amy Gomez (Santa Margarita)
8. 18:47 - Tracy Clark (Corona del Mar)
9. 18:52 - Allison Twist (San Marino)
10. 18:56 - Gwen Twist (Newport Harbor)

Boys Team Results - Div. IV

1. McFarland	61
2. Morro Bay	63
3. Salesian	150
4. Piedmont	150
5. Lassen	152

Girls Team Results - Div. IV

1. Lassen	92
2. Temescal Canyon	94
3. Morro Bay	95
4. Miramonte	139
5. Ursuline Santa Rosa	165

Boys Indiv. Results - Div. IV

1. 15:30 - Galvan Gonzalez (McFarland)
2. 15:31 - Steve Brown (Piedmont)
3. 15:47 - Dave Mitchell (Morro Bay)
4. 15:57 - Benjamin Galvan (McFarland)
5. 16:04 - Joey Taverner (Morro Bay)
6. 16:06 - Aaron Gillen (Yreka)
7. 16:07 - Kenny Rhoan (Sierra)
8. 16:17 - Micah Fuson (Taft)
9. 16:18 - Doug Henning (Woodcrest Chr.)
10. 16:18 - Josh Quintal (Fortuna)

Girls Indiv. Results - Div. IV

1. 19:04 - Kristen Schreiber (Miramonte)
2. 19:11 - Melody Haas (Clear Lake)
3. 19:16 - Ellen Muench (Temescal Canyon)
4. 19:17 - Jaime Herbst (Yreka)
5. 19:21 - Lori Fancon (Taft)
6. 19:24 - Christina Sanchez (McFarland)
7. 19:25 - Tracy Maxwell (Maranatha)
8. 19:32 - Kim Reynolds (Branson)
9. 19:33 - Jenny Spoon (West Valley)
10. 19:36 - Shelby Horgan (Temescal Canyon)

1994 CIF ARCO *am/pm* State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Thousand Oaks	38
2. Chula Vista	106
3. Bellarmine Prep, San Jose	110
4. Peninsula, Rolling Hills	122
5. Hart, Newhall	124

Girls Team Results - Div. I

1. Peninsula, Rolling Hills	82
2. Thousand Oaks	91
3. Irvine	127
4. Vista	140
5. Madera	189

Boys Indiv. Results - Div. I

1. 15:15 - Jason Balkman (Lynbrook)
2. 15:20 - Eleazar Hernandez (Camarillo)
3. 15:29 - Jeff Fischer (Thousand Oaks)
4. 15:29 - Jeff McLarty (Ayala, Chino)
5. 15:35 - Adalberto Sanchez (Capistrano Valley)
6. 15:41 - Keith O'Doherty (Thousand Oaks)
7. 15:44 - Thomas Becker (Bellarmine Prep)
8. 15:44 - Larry Henderson (Mira Mesa)
9. 15:45 - Kevin Marsden (Thousand Oaks)
10. 15:46 - Trevor Sybert (Vista)

Girls Indiv. Results - Div. I

1. 17:07 - Julia Stamps (Santa Rosa)
2. 18:08 - Courtney Pugmire (Esperanza)
3. 18:19 - Jessica Corbin (Irvine)
4. 18:29 - Kim Mortensen (Thousand Oaks)
5. 18:37 - Molly Mehlerberg (Peninsula)
6. 18:43 - Deborah Bleisch (Silver Creek)
7. 18:43 - Elly Estrada (Santa Ana Valley)
8. 18:46 - Kristen Gordon (Carondelet)
9. 18:55 - Julie Hassan (Nevada Union)
10. 18:57 - Nancy Dollar (San Clemente)

Boys Team Results - Div. II

1. Jesuit Carmichael	72
2. Scripps Ranch San Diego	106
3. Palmdale	152
4. Mater Dei, Santa Ana	161
5. Palisades	170

Girls Team Results - Div. II

1. Buchanon, Clovis	108
2. Yucaipa	108
3. Edison, Huntington Beach	111
4. Torrey Pines, Del Mar	111
5. Del Oro, Loomis	147

Boys Indiv. Results - Div. II

1. 15:25 - Antonio Arce (Palmdale)
2. 15:31 - Peter Gilmore (Palisades)
3. 15:36 - John Greene (Agoura)
4. 15:39 - Michael Stember (Jesuit)
5. 15:40 - James Liu (Temple City)
6. 15:48 - Ayub Abdusalam (Hoover)
7. 15:53 - Tom Prindiville (De La Salle)
8. 15:54 - Garrett Jensen (Sunny Hills)
9. 15:54 - Tom Kloos (El Camino)
10. 15:55 - Jorge Castro (Arvin)

Girls Indiv. Results - Div. II

1. 18:12 - Amy Skieresz (Agoura)
2. 18:19 - Elissa Riedy (Mission San Jose)
3. 18:34 - Emily Allison (Leland, San Jose)
4. 18:38 - Lori Riedy (Mission San Jose)
5. 18:41 - Devon Straitliff (Torrey Pines)
6. 18:51 - Molly Lawrence (Righetti)
7. 18:53 - Nicole Silva (Aptos)
8. 18:57 - Tina Bowen (San Ramon)
9. 18:59 - Mindy Brown (Yucaipa)
10. 19:05 - Mallinalli Martinez (Bishop Amat)

Boys Team Results - Div. III

1. Nordhoff, Ojai	69
2. El Modena, Orange	101
3. Livermore	117
4. Lassen	140
5. Clayton Valley, Concord	163

Girls Team Results - Div. III

1. Clayton Valley	65
2. Temescal Canyon	78
3. El Modena, Orange	91
4. Nordhoff, Ojai	105
5. Foothill, Santa Ana	141

Boys Indiv. Result - Div. III

1. 15:25 - Micheil Jones (Livermore)
2. 15:32 - Javier Ramirez (Nordhoff, Ojai)
3. 15:33 - Steve Immel (Livermore)
4. 15:39 - Darren Holman (Sonora)
5. 15:46 - Alex Teekell (Bishop O'Dowd)
6. 15:50 - Will Bernaldo (Nordhoff, Ojai)
7. 15:51 - Richard Chisholm (San Marino)
8. 15:58 - Mike Wojciechowski (Clayton Valley)
9. 16:00 - Kevin Koeper (St. Francis, La Canada)
10. 16:00 - Michael Murray (Santa Margarita)

Girls Indiv. Result - Div. III

1. 18:01 - Heather Garrison (Buena Park)
2. 18:07 - Elaine Canchola (Nordhoff, Ojai)
3. 18:18 - Tracy Clarke (Corona del Mar)
4. 18:22 - Alison Lambert (Northgate)
5. 18:23 - Heather Wallace (Clayton Valley)
6. 18:26 - Shelby Horgan (Temescal Canyon)
7. 18:36 - Katie Nuanes (Santa Margarita)
8. 18:45 - Rachel Mosher (San Leandro)
9. 18:47 - Ellen Muench (Temescal Canyon)
10. 18:50 - Allison Twist (San Marino)

Boys Team Results - Div. IV

1. McFarland	62
2. Morro Bay	62
3. Half Moon Bay	147
4. Piedmont	147
5. Coronado	159

Girls Team Results - Div. IV

1. Central Valley	72
2. Miramonte, Orinda	85
3. West Valley	132
4. Branson	142
5. Morro Bay	148

Boys Indiv. Results - Div. IV

1. 15:31 - Galvan Gonzalez (McFarland)
2. 15:37 - Kenny Rhoan (Sierra)
3. 15:47 - Dave Mitchell (Morro Bay)
4. 15:49 - Aaron Gillen (Yreka)
5. 16:00 - Ryan Gallagher (Campolindo)
6. 16:13 - Joaquin Pierce (Midland)
7. 16:14 - Isaiah Festa (Morro Bay)
8. 16:16 - Dave Brackett (Calaveras)
9. 16:16 - Justin Stern (Half Moon Bay)
10. 16:18 - Steve Miller (Maranatha)

Girls Indiv. Results - Div. IV

1. 19:11 - Kristen Schreiber (Miramonte)
2. 19:13 - Theresa Newman (Marin Catholic)
3. 19:21 - Jenny Spoon (West Valley)
4. 19:26 - Melissa MacPherson (Flintridge)
5. 19:31 - Shalynn Fullove (Louisville)
6. 19:34 - Lindsey Berggren (Miramonte)
7. 19:36 - Jennifer Ponig (Terra Linda)
8. 19:38 - Gina Blanchard (Yreka)
9. 19:43 - Christina Peacock (Central Valley)
10. 19:49 - Marissa Hurwitz (Bishop's La Jolla)

1995 CIF ARCO am/pm State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Del Campo, Fair Oaks	84
2. Peninsula, Rolling Hills	119
3. Nevada Union, Grass Valley	127
4. Hoover, Glendale	133
5. Ayala, Chino	169

Boys Team Results - Div. II

1. Jesuit, Carmichael	53
2. Leland, San Jose	109
3. Hemet	126
4. Yucaipa	135
5. Reedley	171

Boys Team Results - Div. III

1. Nordhoff, Ojai	35
2. Livermore	110
3. St. Ignatius	138
4. St. Francis, Mt. View	141
5. El Modena	145

Boys Team Results - Div. IV

1. McFarland	40
2. Morro Bay	103
3. Piedmont	147
4. Oak Park	153
5. Fillmore	154

Girls Team Results - Div. I

1. Canyon	82
2. Los Alamitos	125
3. Vista	139
4. Irvine	143
5. Ayala, Chino	146

Girls Team Results - Div. II

1. Yucaipa	84
2. Scripps Ranch	114
3. Dana Hills	129
4. St. Ignatius	136
5. Santa Margarita	152

Girls Team Results - Div. III

1. Nordhoff, Ojai	42
2. Clayton Valley	53
3. La Jolla	122
4. Carondelet	126
5. El Modena	128

Girls Team Results - Div. IV

1. Louisville	58
2. University San Francisco	91
3. Morro Bay	152
4. Union-Taft	152
5. Campolindo	178

Boys Indiv. Results - Div. I

1. 15:41 - Larry Henderson (Mira Mesa)
2. 15:46 - Ryan Deane (Peninsula)
3. 15:47 - Todd Disney (Thousand Oaks)
4. 15:48 - Matt Wickersham (Mater Dei)
5. 15:49 - Michael Kasahun (Fresno)
6. 15:52 - Manuel Andrade (Coachella Val)
7. 15:53 - Matt Brown (Corona)
8. 15:55 - Felipe Montoro (Hoover, Glen.)
9. 15:57 - Juan Chavira (Hanford)
10. 16:04 - Steve Hackworth (Nevada Union)

Boys Indiv. Results - Div. II

1. 15:23 - Daniel Sikiric (Leland)
2. 15:29 - Michael Stember (Jesuit)
3. 15:31 - David McQuitty (Grossmont)
4. 15:39 - Ayub Abdusalam (Hoover, SD)
5. 15:41 - Michael Murray (Santa Margarita)
6. 15:45 - Sean Clendaniel (Yucaipa)
7. 15:45 - Ronnie Buchanan (Righetti)
8. 15:47 - Scott Abbott (Jesuit)
9. 15:50 - Tom Prindiville (De La Salle)
10. 15:51 - Alfonso Ibarra (Arlington)

Boys Indiv. Result - Div. III

1. 15:37 - Joe Smith (Livermore)
2. 15:37 - Mike Wojciechowski (Clayton Valley)
3. 15:45 - Will Bernaldo (Nordhoff)
4. 15:50 - Kevin Koeper (St. Francis, LC)
5. 15:50 - Omar Vega (Nordhoff)
6. 15:59 - Bolota Asmerom (McAteer)
7. 16:01 - Bryan Green (Littlerock)
8. 16:02 - Dusty Herman (Nordhoff)
9. 16:05 - Jason Hart (Sonora)
10. 16:12 - Paul Wellman (St. Ignatius)

Boys Indiv. Results - Div. IV

1. 15:51 - Aaron Gillen (Yreka)
2. 16:04 - Isiah Festa (Morro Bay)
3. 16:09 - Miguel Ramirez (Holtville)
4. 16:16 - Micah Fuson (Union-Taft)
5. 16:17 - Louie White (Half Moon Bay)
6. 16:20 - Joshua Schweitzer (Marysville)
7. 16:22 - Rudy Ballardo (McFarland)
8. 16:23 - Kenny Rhoan (Sierra Altaville)
9. 16:27 - Robin Pendoley (Terra Linda)
10. 16:34 - Derrick Davis (Clairemont)

Girls Indiv. Results - Div. I

1. 16:45 - Julia Stamps (Santa Rosa)
2. 17:25 - Kim Mortensen (Thous. Oaks)
3. 18:12 - Andrea Neipp (Highland)
4. 18:22 - Jen Schindler (Ponderosa)
5. 18:31 - Jessica Corbin (Irvine)
6. 18:32 - Nancy Zhang (Rowland)
7. 18:41 - Jennifer Burris (Ayala, Chino)
8. 18:50 - Rachae McCauley (Canyon Sp.)
9. 18:52 - Angie Winkler (Fountain Valley)
10. 18:54 - Julie Harris (Canyon)

Girls Indiv. Results - Div. II

1. 17:51 - Annie Ebiner (St. Lucy's)
2. 17:56 - Kimi Welsh (Yucaipa)
3. 18:05 - Katie Nunes (Santa Margarita)
4. 18:11 - Emily Allison (Leland)
5. 18:17 - Allyson Marquand (Univ. Irvine)
6. 18:31 - Kristen Koppes (Foothill)
7. 18:40 - Mindy Brown (Yucaipa)
8. 18:43 - Devon Straitiff (Torrey Pines)
9. 18:57 - Elizabeth Larmore (Monte Vista)
10. 18:57 - Jennifer Ewing (Castro Valley)

Girls Indiv. Result - Div. III

1. 17:36 - Elaine Canchola (Nordhoff)
2. 18:12 - Kristen Gordon (Carondelet)
3. 18:21 - Heather Garrison (Buena Park)
4. 18:30 - Heather Wallace (Clayton Valley)
5. 18:34 - Shelby Horgan (Temescal Canyon)
6. 18:48 - Terrah Chapin (Nordhoff)
7. 18:50 - Veronica Sanchez (Wasco)
8. 18:53 - Courtney Baird (University SD)
9. 18:55 - Bridie Hatch (Nordhoff)
10. 18:57 - Jaymie Harper (Santana)

Girls Indiv. Results - Div. IV

1. 18:39 - Shaluinn Fullove (Louisville)
2. 19:09 - Lisa Eccles (Bret Harte)
3. 19:12 - Sarabeth Schweitzer (Marysville)
4. 19:21 - Melissa MacPherson (Flintridge SH)
5. 19:24 - Kristin Groncy (Orange Lutheran)
6. 19:27 - Marissa Hurwitz (Bishops SD)
7. 19:28 - Jessica Lunt (Coronado)
8. 19:29 - Kat Saxon (College Prep)
9. 19:31 - Sarah Martin (Westridge)
10. 19:32 - Tracy Bowling (Union-Taft)

1996 CIF ARCO am/pm State Cross Country Championship Results

at Woodward Park, Fresno

Boys Team Results - Div. I

1. Peninsula, Rolling Hills	130
2. Poway	134
3. Nevada Union, G. Valley	157
4. Long Beach Poly	161
5. Mt. Carmel	162

Boys Team Results - Div. II

1. De La Salle, Concord	84
2. Santa Margarita	119
3. Santa Ana	121
4. Jesuit, Carmichael	126
5. Hemet	139

Boys Team Results - Div. III

1. St. Ignatius, SF	79
2. Tustin	89
3. Katella, Anaheim	95
4. St. Francis, Mt. View	118
5. Bosco Tech.	131

Boys Team Results - Div. IV

1. Corona del Mar	122
2. Granada, Livermore	123
3. Nordhoff, Ojai	136
4. Half Moon Bay	149
5. Costa Mesa	157

Boys Team Results - Div. V

1. McFarland	29
2. Holtville	120
3. St. Bonaventure	122
4. Oak Park	125
5. Maranatha	134

Girls Team Results - Div. I

1. Clovis	93
2. Ayala, Chino	118
3. Clovis West	127
4. Fallbrook	128
5. Esperanza, Anaheim	132

Girls Team Results - Div. II

1. Yucaipa	48
2. Clayton Valley, Concord	80
3. Dana Hills, Dana Point	124
4. Ventura	124
5. Valhalla	136

Girls Team Results - Div. III

1. Carondelet, Concord	67
2. El Modena, Orange	91
3. Placer	91
4. Santana	104
5. St. Lucy's, Glendora	107

Girls Team Results - Div. IV

1. Nordhoff, Ojai	49
2. La Canada	65
3. Campolindo	84
4. Central Valley	186
5. Cathedral City	190

Girls Team Results - Div. V

1. University, SF	24
2. Orange Lutheran	84
3. McFarland	101
4. St. Joseph	120
5. La Salle	150

Boys Indiv. Results - Div. I

1. 15:16 - Michael Kasahun (Fresno)
2. 15:20 - David Lopez (Hoover, Glen.)
3. 15:38 - Juan Chavira (Hanford)
4. 15:40 - Steve Barrus (Clovis)
5. 15:44 - Ryan Deane (Peninsula)
6. 15:46 - Chris Farley (Del Campo)
7. 15:48 - Manuel Lopez (Belmont)
8. 15:48 - Justin Nyberg (Irvine)
9. 15:49 - Jason Taylor (Peninsula)
10. 15:50 - Mike Baskin (Mt. Carmel)

Boys Indiv. Results - Div. II

1. 15:21 - David Rodriguez (Mission)
2. 15:23 - Geoff Fleming (Roseville)
3. 15:29 - Noel Nelson (Redwood)
4. 15:36 - Mark Gleason (Mission Viejo)
5. 15:43 - Jon Stevens (Mission)
6. 15:44 - Michael Murray (Santa Margarita)
7. 15:44 - Tom Prindiville (De La Salle)
8. 15:47 - Alfonso Leon (Santa Ana)
9. 15:47 - Tony Trueba (Hunt Beach)
10. 15:50 - Jacob Geyer (Palmdale)

Boys Indiv. Result - Div. III

1. 15:40 - Jason Hart (Sonora)
2. 15:50 - Mike Bilborough (Barstow)
3. 15:51 - Avery Blackwell (San Luis Obispo)
4. 15:54 - Dave Jackson (Rim of the World)
5. 15:54 - Leo Gordillo (Tustin)
6. 15:55 - Ryan Mack (Ukiah)
7. 16:00 - Gary Passanisi (Aptos)
8. 16:00 - Marcus Chandler (Serra SD)
9. 16:01 - Tim Ricard (Livermore)
10. 16:04 - C.J. Marciales (Tustin)

Boys Indiv. Results - Div. IV

1. 15:33 - Isiah Festa (Morro Bay)
2. 15:44 - Craig Farley (Lompoc)
3. 15:47 - Louie White (Half Moon Bay)
4. 15:49 - Dusty Herman (Nordhoff)
5. 15:55 - James Nielsen (San Marin)
6. 15:56 - David Braund (West Valley)
7. 15:57 - Victor Ochoa (Nordhoff)
8. 15:58 - Neil Cooper (Dixon)
9. 15:59 - Dan McDonough (Cupertino)
10. 16:03 - Irving Moreno (Seaside)

Boys Indiv. Results - Div. V

1. 15:55 - Ryan Downey (St. Margaret's)
2. 15:59 - Jose Perezchica (McFarland)
3. 16:01 - Miguel Ramirez (Holtville)
4. 16:12 - Jason Hoetzel (Mammoth)
5. 16:14 - Doug Hall (Flintridge)
6. 16:15 - Daniel Cline (Durham)
7. 16:16 - Rudy Cavazos (McFarland)
8. 16:16 - Rudy Ballardo (McFarland)
9. 16:23 - Carl Moren (Piedmont)
10. 16:23 - Chris Felix (St. Joseph)

Girls Indiv. Results - Div. I

1. 16:43 - Julia Stamps (Santa Rosa)
2. 17:32 - Jen Schindler (Ponderosa)
3. 18:04 - Trina Cox (Santa Rosa)
4. 18:13 - Jennifer Burris (Ayala)
5. 18:20 - Emili Lawson (Clovis West)
6. 18:27 - Danielle Day (Quartz Hill)
7. 18:31 - Latesha Jones (Rialto)
8. 18:33 - Christie Gregory (Clovis)
9. 18:33 - Susan Chou (Lowell, SF)
10. 18:44 - Jennifer Akana (Lowell, SF)

Girls Indiv. Results - Div. II

1. 17:33 - Andrea Neipp (Highland)
2. 17:53 - Allyson Marquand (University)
3. 18:00 - Katie Nunes (S. Margarita)
4. 18:04 - Kimi Welsh (Yucaipa)
5. 18:10 - Sydney Leonard (Dana Hills)
6. 18:18 - Lauren Flesherman (Canyon Country)
7. 18:24 - Mary Moore (Woodbridge)
8. 18:27 - Jennifer Ewing (Castro Valley)
9. 18:28 - Yvonne Liebig (JF Kennedy)
10. 18:38 - Kelly Howisey (Clayton Valley)

Girls Indiv. Result - Div. III

1. 17:17 - Kristen Gordon (Carondelet)
2. 18:24 - Heather Garrison (Buena Park)
3. 18:25 - Nicole Portley (Aragon)
4. 18:38 - Jamie Witt (Folsom)
5. 18:39 - Meg McGowan (Serrano)
6. 18:48 - Terry Vega (San Geronio)
7. 18:48 - Jaymie Harper (Santana)
8. 18:51 - Brooke Thomas (Laguna Hills)
9. 18:52 - Jessica Dahlberg (El Modena)
10. 18:53 - Jill Santibanez (Katella)

Girls Indiv. Results - Div. IV

1. 18:01 - Sarah Ellis (La Canada)
2. 18:24 - Elaine Canchola (Nordhoff)
3. 18:30 - Michelle Leinfelde (Escalon)
4. 18:33 - Kim Garnic (La Canada)
5. 18:34 - Terrah Chapin (Nordhoff)
6. 18:37 - Kara Hunn (Central Valley)
7. 18:47 - Tiffany Hansen (Redwood)
8. 18:49 - Kelly Harrington (Louisville)
9. 18:50 - Katie Brizgys (Palo Alto)
10. 18:51 - Sara Hallas (Ursuline)

Girls Indiv. Results - Div. V

1. 19:06 - Kat Saxon (College Park)
2. 19:07 - Cristina Sanchez (McFarland)
3. 19:11 - Kira Morser (University SF)
4. 19:20 - Linden Bader (University SF)
5. 19:26 - Mollie Allick (University SF)
6. 19:36 - Heather Gibson (Piedmont)
7. 19:41 - Diana Clock (University S)
8. 19:43 - Katie Newhall (Pasadena Poly)
9. 19:44 - Laura Davis (McFarland)
10. 19:45 - Kristin Groncy (Orange Lutheran)

CIF ARCO am/pm State Cross Country

All-Time Top Times

Boys Top All-Time Team

Scores - Division I

1. Thousand Oaks (1993)	23
2. Thousand Oaks (1994)	38
3. Camarillo (1989)	39
4. Arroyo (1987)	41
5. Hart (1991)	43

Girls Top All-Time Team

Scores - Division I

1. Agoura (1991)	41
Agoura (1990)	41
2. Palos Verdes (1989)	65
Palos Verdes (1988)	65
5. Peninsula (1991)	67

Boys All-Time Top Times

Individual - Division I

1. 14:45 - Dameworth (Agoura '89)
2. 14:47 - Quintana (Arr. Grande '90)
3. 14:59 - Quintana (Arr. Grande '89)
4. 15:02 - Keflezig (San Diego '93)
5. 15:032 - Dameworth (Agoura '88)
6. 15:03 - Casillas (Hoover '92)
7. 15:04 - Hartman (Canyon '90)
15:04 - Williamson (Thous. Oaks '88)
9. 15:05 - Rodriguez (S. Ana Vall. '88)
10. 15:06 - Martinez (San Gabriel '91)

Girls All-Time Top Times

Individual - Division I

1. 16:43 - Stamps (Santa Rosa '96)
2. 16:45 - Stamps (Santa Rosa '95)
3. 17:06 - Stamps (Santa Rosa '94)
4. 17:13 - Glusac (Fallbrook '91)
5. 17:14 - Glusac (Fallbrook '92)
6. 17:25 - Mortensen (Thous. Oaks '95)
7. 17:27 - Drossin (Agoura '89)
8. 17:29 - Drossin (Agoura '90)
9. 17:32 - Schindler (Ponderosa '96)
10. 17:33 - Spies (Livermore '89)

Boys Top All-Time Team

Scores - Division II

1. Walnut (1987)	40
2. Jesuit, Carmichael (1995)	53
3. Jesuit, Carmichael (1989)	61
4. Corona del Mar (1987)	63
5. San Pasqual (1990)	64

Girls Top All-Time Team

Scores - Division II

1. San Pasqual (1990)	38
2. Yucaipa (1996)	48
3. Oceanview (1992)	52
Edison (1991)	52
5. San Pasqual (1991)	55

Boys All-Time Top Times

Individual - Division II

1. 15:06 - Farley (Jesuit Carm. '93)
2. 15:08 - Dan Neves (Helix '91)
3. 15:09 - Elizando (Mission Bay '93)
4. 15:13 - Ryan Wilson (Agoura '92)
5. 15:15 - Hempel (Walnut '88)
6. 15:16 - Wilson (Agoura '91)
7. 15:19 - Berkowitz (Hayward '89)
8. 15:20 - Brewer (North Bak. '92)
15:20 - Welsh (Jesuit '88)
10. 15:21 - Rodriguez (Mission San Jose '96)

Girls All-Time Top Times

Individual - Division II

1. 17:28 - Taylor (Edison '91)
17:28 - Rothman (Westlake '90)
3. 17:33 - Neipp (Highland '96)
4. 17:34 - Jorgensen (R. Buena Vista '87)
5. 17:46 - Taylor (Edison '90)
6. 17:48 - Hecox (South Hills '87)
7. 17:51 - Ebner (St. Lucy's Glen. '95)
8. 17:53 - Marquand (University SF '96)
9. 17:54 - Glusac (Fallbrook '90)
10. 17:56 - Welsh (Yucaipa '95)

Boys Top All-Time Team

Scores - Division III

1. Nordhoff, Ojai (1995)	35
2. Sherman Indian (1988)	58
3. Laguna Beach (1989)	65
4. Nordhoff Ojai (1994)	69
5. San Marino (1990)	77

Girls Top All-Time Team

Scores - Division III

1. La Jolla (1990)	31
2. Nordhoff, Ojai (1995)	42
3. Clayton Valley, Concord (1995)	53
4. Bret Harte (1988)	54
5. Clayton Valley, Concord (1994)	65

Boys All-Time Top Times

Individual - Division III

1. 15:15 - Wilson (Newbury Park '91)
15:15 - Wilson (Newbury Park '90)
3. 15:22 - Hauser (St. Augustine '93)
4. 15:25 - Jones (Livermore '94)
5. 15:26 - Menon (San Luis Obispo '90)
6. 15:29 - Gibbs (Rubidoux River. '93)
15:29 - Williams (River City '87)
8. 15:32 - Ramirez (Nordhoff Ojai '94)
9. 15:33 - Hamer (Covina '91)
15:33 - Holman (Sonora '94)

Girls All-Time Top Times

Individual - Division III

1. 17:17 - Gordon (Carondelet '96)
2. 17:36 - Canchola (Nordhoff '95)
3. 17:51 - McCandless (Castilleja '87)
4. 18:01 - Garritson (Rim of World '90)
18:01 - H. Garritson (Buena Park '94)
6. 18:02 - Marzell (Bishop O'Dowd '92)
7. 18:07 - Canchola (Nordhoff Ojai '94)
8. 18:12 - Torrens (St. Francis Mt. View '92)
18:12 - Gordon (Carondelet '95)
10. 18:17 - Thayer (Serrano '87)

Boys Top All-Time Team

Scores - Division IV*

1. McFarland (1995)	40
2. McFarland (1993)	61
3. McFarland (1994)	62
4. Morro Bay (1994)	62
5. McFarland (1992)	63
Morro Bay (1993)	63

Girls Top All-Time Team

Scores - Division IV*

1. Nordhoff (1996)	49
2. Louisville (1995)	58
3. La Canada (1996)	65
4. Lassen (1992)	71
5. Nordhoff (1991)	72
Central Valley (1994)	72

Boys All-Time Top Times

Individual - Division IV*

1. 15:30 - Gonzalez (McFarland '93)
2. 15:31 - Brown (Piedmont '93)
15:31 - Gonzales (McFarland '94)
4. 15:33 - Festa (Morro Bay '96)
5. 15:35 - Katri (Fortuna '91)
6. 15:37 - Rhoan (Sierra '94)
7. 15:41 - Singleton (Bret Harte '90)
8. 15:43 - Arnold (York '91)
15:43 - Barajas (Fillmore '90)
10. 15:44 - Farley (Lompoc '96)

Girls All-Time Top Times

Individual - Division IV*

1. 17:47 - Aparicio (Fillmore '91)
2. 18:01 - Ellis (La Canada '96)
3. 18:05 - Lacovara (Morro Bay '90)
4. 18:11 - Aparicio (Fillmore '90)
5. 18:12 - Bockel (Nordhoff '92)
6. 18:15 - Zwagerman (Tamalpais '90)
7. 18:24 - Webb (Bear River '92)
18:24 - Canchola (Nordhoff '96)
9. 18:30 - Leinfelde (Escalon '95)
10. 18:39 - Fullove (Louisville '95)

Boys Top All-Time Team

Scores - Division V**

1. McFarland (1996)	29
2. Holtville (1996)	120
3. St. Bonaventure (1996)	122
4. Oak Park (1996)	125
5. Maranatha (1996)	134

Girls Top All-Time Team

Scores - Division V**

1. University SF (1996)	24
2. Orange Lutheran (1996)	84
3. McFarland (1996)	101
4. St. Joseph (1996)	120
5. La Salle (1996)	150

Boys All-Time Top Times

Individual - Division V**

1. 15:55 - Downey (St. Margaret's '96)
2. 15:59 - Perezchica (McFarland '96)
3. 16:01 - Ramirez (Holtville '96)
4. 16:12 - Hoetzel (Mammoth '96)
5. 16:14 - Hall (Flintridge '96)
6. 16:15 - Cline (Durham '96)
7. 16:16 - Cavazos (McFarland '96)
8. 16:16 - Ballardo (McFarland '96)
9. 16:23 - Moren (Piedmont '96)
10. 16:23 - Felix (St. Joseph '96)

Girls All-Time Top Times

Individual - Division V**

1. 19:06 - Saxton (College Park '96)
2. 19:07 - Sanchez (McFarland '96)
3. 19:11 - Morser (University SF '96)
4. 19:20 - Bader (University SF '96)
5. 19:26 - Allick (University SF '96)
6. 19:36 - Gibson (Piedmont '96)
7. 19:41 - Clock (University SF '96)
8. 19:43 - Newhall (Pasadena Poly '96)
9. 19:44 - Davis (McFarland '96)
10. 19:45 - Groncy (Orange Lutheran '96)

* Division IV established in 1990

** Division V established in 1995

MOST STATE CHAMPIONSHIPS (BOYS)

6 McFarland 1987 Division III; 1992-95 Div. IV; 1996 Div. V
4 Jesuit Carmichael 1989, 1993-95 Division II
4 Nordhoff Ojai 1991 Division IV; 1993-95 Division III
3 Hart 1990-92 Division I
2 Thousand Oaks 1993-94 Division I
2 Corona del Mar, Newport Beach 1988 Div. II; 1996 Div. IV
2 De La Salle, Concord 1991, 1996 Div. II

MOST STATE CHAMPIONSHIPS (GIRLS)

4 Nordhoff, Ojai 1990-91, 1996 Division IV; 1995 Division III
*3 Palos Verdes 1987-89 Division I
3 Agoura 1990-92 Division I
3 Newport Harbor, Newport Beach 1987-88 Div. II; 1991 Div. III
2 Bret Harte 1988-89 Division III
2 La Jolla 1989 Division II; 1990 Division III
2 Edison Huntington Beach 1991, 1993 Division II
2 Lassen 1992-93 Division IV
2 Yucaipa 1995-96 Division II

*Palos Verdes High combined with Rolling Hills and Miraleste High's to form Peninsula High after the 1990-91 school year.

MOST INDIVIDUAL STATE CHAMPIONSHIPS (BOYS)

3 Bryan Dameworth, Agoura 1987-89 Division I
2 Scott Hempel, Walnut 1987-88 Division II
2 Jeff Wilson, Newbury Park 1990-91 Division III
2 Galvin Gonzalez, McFarland 1993-94 Division IV
2 Jason Balkman, Lynbrook San Jose 1992 Division III, 1994 Div. I

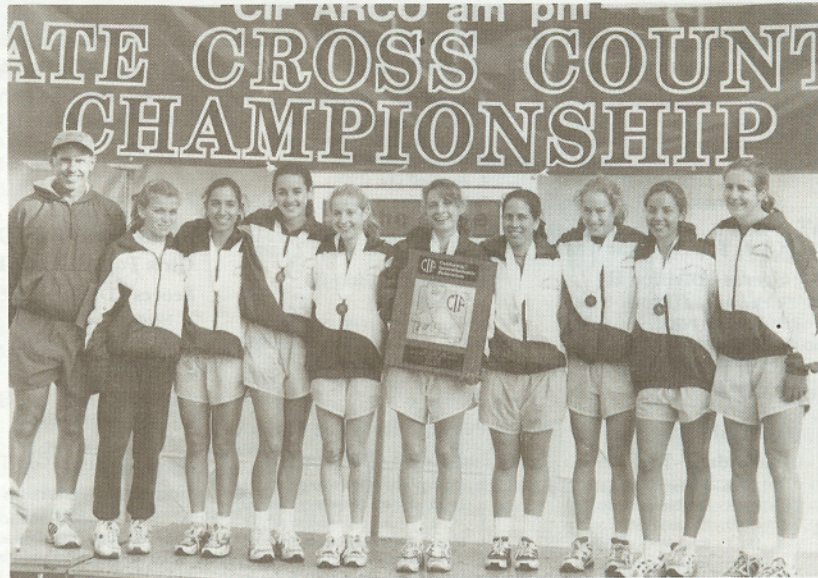
MOST INDIVIDUAL STATE CHAMPIONSHIPS (GIRLS)

3 Julia Stamps, Santa Rosa 1994-96 Division I
3 Deena Drossin, Agoura 1987, 1989-90 Division I
2 Milena Glusac, Fallbrook 1991-92 Division I
2 Kira Jorgensen, Rancho Buena Vista 1987 Div. II, 1988 Div. I
2 Amy Skieresz, Agoura 1993 Division I, 1994 Division II
2 Carrie Garritson, Rim of World '90 Div. III; Buena Park '93 Div. II
2 Kristen Schreiber, Miramonte Orinda 1993-94 Division IV
2 Annie Ebner, St. Lucy's, Glendora 1993 Division III, 1995 Div. II



Photo By Kirby Lee

Lauren Fleshman, Canyon H.S.



1996 Girls CIF Div. IV 3rd Place, Campolindo H.S.



Photo By Kirby Lee

Ronnie Buchanan, Rubidoux H.S.



Gary Passanisi, Aptos H.S.



Mary Moore, Woodbridge H.S.



Mark Gleason, Mission Viejo H.S.



Photo By Kirby Lee

Latesha Jones, Rialto H.S.



Nordhoff H.S. Girls Varsity



David Jackson, Rim of the World H.S.

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