



cover photos: Patrick Tower

Stanford Cross Country Invitational

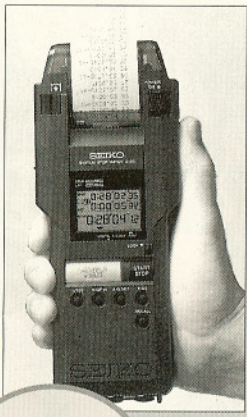
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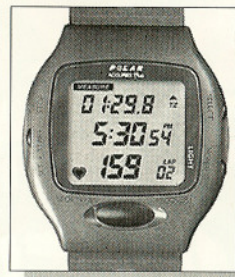
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AMERICAN Track & Field

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Welcome to the 25th edition of the Stanford Cross Country Invitational, co-hosted by Palo Alto High School.

The beautiful Stanford Golf Course will serve as the setting for 17 races for high schools, colleges, and open competitors.

At the conclusion of the day, nearly 4,000 runners will have competed at the home of the Cardinal men's and women's cross country teams.

A shady site covered with more 300 oak trees, the course is both picturesque and challenging. Just as rich as the scenery is the tradition of top flight cross country competition. Home of the NCAA District VIII Championships for six seasons and the Pac-10 Championships from 1972 to 1997, the course has challenged some of the finest distance runners in the world.

In order for us to continue hosting an excellent cross country meet, your cooperation is needed in respecting the Stanford Golf Course. Please stay off the greens, the sand traps, and tees at all times, and do not disturb the horses located in the Stanford Barn.

Outstanding high school athletes from California, up and down the West Coast, and across the United States will race today over 3,000 meters for junior varsity squads, and 5,000 meters for varsity teams. In each junior varsity race, awards will be presented to the top two teams and top ten individuals. The top four teams and 15 individuals in the varsity races will receive awards. Additionally, each of the seven members of the winning varsity teams will receive a special award recognizing their team's victory. Divisions IV and V will run together in the varsity races, although they will be scored separately for both individual and team awards.

In the late afternoon, some of the nation's finest collegiate runners will tackle the challenging course. Stanford, the two-time defending NCAA men's champions, and the Cardinal women's team, which has finished in the top two for the past two seasons, welcomes schools representing each NCAA Division as well as a selection of NAIA, junior and community programs. After the women's 5,000 meter races and the men's 8,000 meter races, a special non-team scored race will be held to enable a selection of open athletes to compete.

On behalf of the programs at Stanford University and Palo Alto High School, we hope you enjoy your afternoon of cross country.

Stanford Cross Country Invitational

Saturday, October 3, 1998

Race Schedule

11:00 a.m.	J.V. Girls	Divisions III, IV, V	3,000 meters
11:30 a.m.	J.V. Boys	Divisions III, IV, V	3,000 meters
11:50 a.m.	Varsity Girls	Divisions IV, V	5,000 meters
12:20 p.m.	Varsity Boys	Divisions IV, V	5,000 meters
12:45 p.m.	Varsity Girls	Division III	5,000 meters
1:15 p.m.	Varsity Boys	Division III	5,000 meters
1:40 p.m.	J.V. Girls	Divisions I, II	3,000 meters
2:00 p.m.	J.V. Boys	Divisions I, II	3,000 meters
2:20 p.m.	Varsity Girls	Division II	5,000 meters
2:45 p.m.	Varsity Boys	Division II	5,000 meters
3:05 p.m.	Varsity Girls	Division I	5,000 meters
3:30 p.m.	Varsity Boys	Division I	5,000 meters
4:00 p.m.	University Women	Collegiate Section	5,000 meters
4:25 p.m.	University Women	Championship Invitational	5,000 meters
4:55 p.m.	University Men	Championship Invitational	8,000 meters
5:30 p.m.	University Men	Collegiate Section	8,000 meters
6:00 p.m.	Open non-team scored race (men & women together)		



Photo: Patrick Tower

GIRLS JV Div I & II

Amador Valley
Ayala
Beyer
Buchanan
Davis
Grace Davis
Laguna Creek
Livermore
Lynbrook
Ponderosa
Righetti
Rio Americano
Santa Teresa
Thousand Oaks
University
Valhalla
Ventura
Vista
Woodland

GIRLS JV Div III, IV, V

Bear River
Bishop O'Dowd
Calvary Chapel
Carondelet
Del Oro
Dixon
Flintridge Sacred Heart
Foothill
Irvington
Justin Siena
La Canada
Las Lomas
Lick-Wilmerding
Los Gatos
Lutheran
Notre Dame
Novato
Oak Park
Oak Park
Redwood
Riverbank
San Luis Obispo
St. Ignatius
Summerville
Taft Union
Templeton

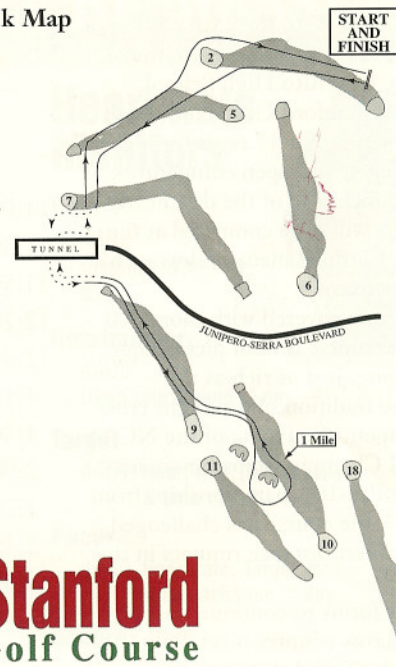
BOYS JV Div I & II

Amador Valley
Ayala
Bella Vista
Bellarmine
Beyer
Brookwood
Buchanan
College Park
Davis
De La Salle
Folsom
Golden Valley
Grace Davis
James Logan
Jesuit
Laguna Creek
Livermore
Long Beach Poly
Lynbrook
Menlo-Atherton
Ponderosa
Righetti
Rio Americano
San Leandro
Santa Margarita Catholic
Santa Rosa
Scripps Ranch
Thousand Oaks
Trabuco Hills
Valhalla
Vista

BOYS JV Div III, IV, V

Bear River
Bishop O'Dowd
Calvary Chapel
Carmel
Central Valley
Colfox
Del Oro
Don Bosco Tech
Fillmore
Foothill
Irvington
Justin Siena
La Canada
Las Lomas
Lick-Wilmerding
Los Gatos
Lutheran
Maria Carrillo
Novato
Oak Park
Oak Park
Redwood
Reno
Riverbank
San Luis Obispo
Sierra
Sonora
St. Augustine
St. Ignatius
Summerville
Taft Union
Templeton
The Dales, Oregon
University

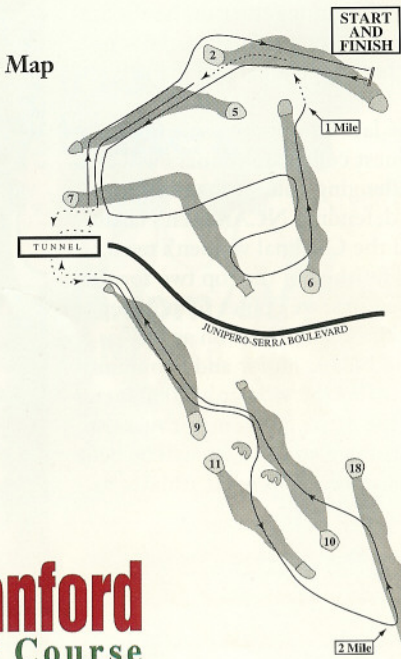
3k Map



Race Schedule for High Schools

11:00 a.m.	J.V. Girls	Divisions III, IV, V	3,000 meters
11:30 a.m.	J.V. Boys	Divisions III, IV, V	3,000 meters
11:50 a.m.	Varsity Girls	Divisions IV, V	5,000 meters
12:20 p.m.	Varsity Boys	Divisions IV, V	5,000 meters
12:45 p.m.	Varsity Girls	Division III	5,000 meters
1:15 p.m.	Varsity Boys	Division III	5,000 meters
1:40 p.m.	J.V. Girls	Divisions I, II	3,000 meters
2:00 p.m.	J.V. Boys	Divisions I, II	3,000 meters
2:20 p.m.	Varsity Girls	Division II	5,000 meters
2:45 p.m.	Varsity Boys	Division II	5,000 meters
3:05 p.m.	Varsity Girls	Division I	5,000 meters

5k Map



The Harrier High School National Rankings

Boys Team

School	Town
1. York	Elmhurst, Il
2. Mountain View	Orem, Ut
3. Poly	Long Beach, Ca
4. Christian Bros. Academy	Lincroft, NJ
5. University	Spokane, Wa
6. Bingham	So Jordan, Ut
7. Nevada Union	Grass Valley, Ca
8. Flathead	Kalispell, Mt
9. The Woodlands	Houston, Tx
10. Wheeling	Wheeling, Il
11. Shenendehowa	Clifton Park, NY
12. Stillwater	Stillwater, Mn
13. Leesville Road	Raleigh, NC
14. Rockford	Rockford, Mi
15. Fairfield Prep	Fairfield, Ct
16. Rock Springs	Rock Springs, Wy
17. Kingwood	Kingwood, Tx
18. McGuinness	Oklahoma City, Ok
19. Fayetteville-Manlius	Manlius, NY
20. Mountain Crest	Hyrum, Ut
21. Keene	Keene, Oh
22. Lockport	Lockport, Il
23. Mead	Spokane, Wa
24. Chaminade	Mineola, NY
25. Westminster	Westminster, Md

Girls Team

School	Town
1. Saratoga Springs	Saratoga Springs, NY
2. Campbell County	Gillette, Wj
3. Colerain	Cincinnati, Oh
4. St. Charles	St. Charles, Il
5. Manchester Central	Manchester, NH
6. Kingwood	Kingwood, Tx
7. Sachem	Lake Ronkonoma, NY
8. Esperanza	Anaheim, Ca
9. Bingham	South Jordan, Ut
10. East Valley	Spokane, Wa
11. Yucaipa	Yucaipa, Ca
12. West	Iowa City, Ia
13. Newton South	Newton Centre, Ma
14. Mountain View	Orem, Ut
15. Duluth East	Duluth, Mn
16. Concord	Concord, NH
17. Carmel	Carmel, In
18. Jamestown	Jamestown, ND
19. Chinle	Chinle, Az
20. Shawnee	Medford, NJ
21. Palatine	Palatine, Il
22. Sapulpa	Sapulpa, Ok
23. Colonie	Albany, Ny
24. Klein	Houston, Tx
25. Ursuline	Wilmington, De



Attention Runners, Coaches, Spectators

**Please stay off the greens, the tees, and out of sand traps.
The future of this meet depends on your cooperation.**

Girls Division I

Antioch	Righetti
Ayala	San Benito
Bell Gardens	Santa Teresa
Bend	Sardis
Beyer	Secondary
Buchanan	Skyline
Corona	St. Mary's
Davis	Academy, PDX
Esperanza	Thousand Oaks
Folsom	Torry Pines
Grace Davis	Turlock
James Logan	University
Laguna Creek	Valhalla
Mt. Pleasant, SJ	Ventura
No. Torrance	Vista
Ponderosa	West Hills
Punahou	Woodland

Boys Division I

Antioch	Katella
Ayala	Laguna Creek
Bear Creek	Long Beach Poly
Bell Gardens	Mt. Pleasant, SJ
Bellarmine	No. Torrance
Bend	Piedmont Hills
Beyer	Ponderosa
Brookwood	Righetti
Buchanan	San Benito
Chino	San Marin
Corona	Thousand Oaks
Davis	Turlock
Don Lugo	Valhalla
Esperanza	Ventura
Folsom	Vista
Grace Davis	Watsonville
Horizon	West Hills
James Logan	Woodland

Girl's Varsity, Division 1

Team Results

1. Ayala	121
2. Esperanza	129
3. Quartz Hill	148
4. Valhalla	152
5. St. Mary's Acad., OR	170

Individual Results

1. Yvonne Liebig, Kennedy	18:14
2. Trina Cox, Santa Rosa	18:33
3. Abby McAllister, Bend	18:40
4. Jennifer Burris, Ayala	18:58
5. Danielle Day, Quartz Hill	19:12
6. Laura Shackelton, McQueen, NV	19:21
7. Sopagna Eap, Lowell	19:21
8. Carly Harrill, Quartz Hill	19:26
9. Andrea Clemons, Valhalla	19:26
10. Nicole Gurnicz, Ayala	19:30

Outlook for High School Races—Prepared by Doug Speck

Girls Division I OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course-track times are from obvious 800-1600 or 3200 meter distances)

Esperanza was second in State Division I last year, averaging 19:21 for that group at Woodward Park. Coach Rich Medellin's nationally ranked squad will lead with Pam Smith 19th 18:59, Lisa Massoth 27th 19:14 and Nicole Distefano 19:15. Frosh Maribeth Buche raced 2:14.12 for 800 meters for Esperanza in the spring—she was not a part of the 97-98 Fall Cross-Country team. One of recent prep history's finer dynasties is moving from Division V to compete here. Coach Mike McManus's University of San Francisco squad dominated the State at their level last year (and the year before, and the year before, if you get the picture). Their totals the last three years in winning State here were 18, 24, and 24, which means they beat the entire division put together. They return everyone from the eighteen point 1997 group. Kira Morser (1st 97 18:47 5:04.65), Linden Bader (3rd 97 19:20), Aliza Cohen (5th 97 19:25), Diana Clock (7th 19:48), and Kristin Ferrell (10th 19:55) give the San Francisco group actually the top returning team time on the Woodward Park State Course from any division! This is truly one of the fine small school teams in U.S. prep history, with a national "under 500 student ranking" certainly having the school #1 in the entire country.

Ayala (Chino Hills 3rd 1997 Div I State 115 points) and Valhalla (El Cajon Div I 5th 169) are both fine squads. Ayala has Tess Cendejas (33rd 19:21-2:18.30) and Erin Uyeshima (46th 19:34) leading five returnees from its 97 State group, with Valhalla Laura Trask (36th 19:22) and Elaine Lassen (62nd 19:45) team leaders. Thousand Oaks raced a fine 94:04 (18:49 average) in the 9/19 Woodbridge Invitational with Kelley Hess 18:01 (11:20.62 in track) and Amanda Armstrong 18:16 in that competition.

Abby McAllister (Bend, Oregon) is the defending Oregon State 4A Champion in the sport. Eri MacDonald (Punahou, Honolulu, Hawaii) raced 2:09.95 for 800 meters last spring as the nation's #5 prep 800m runner, with numerous State Cross-Country and Track titles.

Boys Division I OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course-track times are from obvious 800-1600 or 3200 meter distances)

Long Beach Poly was ranked number three in the entire nation in the "Harrier" magazine pre-season issue. Poly lost numbers one and four from its 1997 Championship team here (67 points), with Martin Conrad (14th 15:56), Tyler Noesen (18th 15:57 4:22.38), and Aaron Durham (16:24 9:29.35) solid vets from that group. Don Lugo (Chino) has been the "find of the fall" with a young squad that has rolled against the best around, and had a team time within 35 seconds of Poly at the Woodbridge Meet on 9/19. Arguro Garcia and Nick Branen led Lugo at the 9/12 Bronco Invite (Cal Poly/Pomona). Katella (Anaheim) is the State's top ranked Division II school, and was eighth in Division II statewide in 1997. Katella's top four and number six are back.

Danny Mejia (34th-16:33) and Matt Levassur (42nd-16:37) lead the group that was 36-51 to Lugo at Cal Poly/Pomona 9/12. West Hills (Santee), was Division II last year, but moved up here enrollment-wise this Fall. Last year they were second Div II statewide with 118 points, and welcome back four from that team. Evan Fox (8th Div II 15:45 and 1:54.96 and 4:22.73 as a soph in track in 1998) ably leads WH. Central Coast power Bellarmine Prep (San Jose), 6th State Division I 1997 at 204 points, has four back off that team, with Daniel Galindo (16:36) the top returning finisher at state. Soph Neil Davis had the #2 time of the day in the Condor Early Bird Invite for Bellarmine in early September.

Defending State Division III individual champion (East Union, Manteca) Justin Willingham showed up in Beyer of Modesto results in the early season, with the 4:13.3 1600m and 9:22.35 star returning for what should be a super senior year. James DeBruhl (Chino 23rd State 1997 at 16:02 and 1:55.07 and 4:15 is hot this Fall! Junior Fernando Cadaba (Buchanan, Clovis) was 9:26.86 last spring for 3200m. Chris Layman (Corona) has been strong this Fall, with Josh Spiker (Ventura) 9:18.23 last year for 3200m and some good wins this season already. Eddie Alaniz (Mt. Pleasant, San Jose) was 9:17.32 for 3200m in 1998, with fellow junior Ryan Bousquet (Esperanza, Anaheim) 4:22.76 for 1600m. Seth Neumuller (Thousand Oaks) was 15:09 for a flat 3 at Woodbridge on 9/19.

Boy's Varsity, Division 1

Team Results

1. Jesuit	81
2. Long Beach Poly	96
3. DeLaSalle	109
4. Clovis	189
5. Sunset	193

Individual Results

1. Steve Smith, Ayala	15:35
2. Chad Durham, Long Beach Poly	15:39
3. Jason Taylor, Peninsula	15:43
4. Oscar Parra, Sunset	15:55
5. Kaakpema Yelapaala, Jesuit	15:55
6. Paulo Carvahlo, Modesto	16:04
7. James DeBruhl, Chino	16:07
8. Michael Altieri, Jesuit	16:07
9. Tyler Noesen, Long Beach Poly	16:08
10. Michael Buckley, Clovis	16:08

Girls Division II

Amador Valley
Bella Vista
Chico
College Park
Eureka
Gahr
Golden Valley
Gunn
Katella
Livermore
Lynbrook
Maria Carrillo
McQueen
Menlo-Atherton
Paso Robles
Placer
Rio Americano
Rubidoux
San Leandro
Scripps Ranch
St. Joseph, Lakewood
Temescal Canyon
Trabuco Hills

Girls Division II OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course - track times are from obvious 800-1600 or 3200 meter distances)

Placer (Auburn) was seventh in State Division II in 1997 with 176 points, and they return the top six from that team. Team leader Lindsey Hyatt (12th 19:09 2:06.30 4:48.62 10:51.7) was injured much of last Fall before becoming the nation's leading prep middle distance runner in the spring—she had the nation's fastest 800 and 1600 times by a high-schooler this past track season on the way to competition at the World Junior Track Championships. Randi Fee (19th 19:26 5:10.04) will help Hyatt and the team challenge for the State title.

Amador Valley (Pleasanton) was ninth at State Division II last year (213 points), with everybody back from that team. Marcie Silva (22nd 19:30) and Kristin Bergesen (53rd 20:25) lead what will be a good squad. Scripps Ranch (San Diego), runner-ups at this level at State in 1997 (123 points), has numbers three through seven back, with Shanna Cohen (33rd 19:51) leading what can develop into a fine squad.

Boys Division II OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course - track times are from obvious 800-1600 or 3200 meter distances)

Newport Harbor (Newport Beach) bumped up here in numbers from Division III last year, had a fourth place finish statewide at that level last Fall. Curt Herberts 21st Div III 16:27) and Steve Jensen (31st 16:39) lead NH in 1998, with the squad having a good 78:39 team time on the flat Woodbridge Invite course 9/19. College Park (Pleasant Hill) was eighth Div III last year, with numbers two through seven on that team back this season. Jeff Wang (45th Div III 16:52) leads the North Coast team.

Donovan Jones (Livermore) won the strong Monte Vista (Danville) Invite on 9/12, with Sam Marquez (Trabuco Hills, Mission Viejo) a flat 15:29 at Woodbridge on 9/19.

Boys Division II

Amador Valley
Bella Vista
Chico
Clayton Valley
College Park
De La Salle
Eureka
Gahr
Golden Valley
Gunn
Homestead
Jesuit
Livermore
Lynbrook
Manogue
McQueen
Menlo-Atherton
Newport Harbor
Paso Robles
Placer
Reedley
Rio Americano
San Leandro
Santa Margarita Catholic
Santa Rosa
Scripps Ranch
St. John Bosco
Temescal Canyon
Trabuco Hills
Whittier

1997 Results

Girl's Varsity, Division II

Team Results

1. Mission Viejo	84
2. Davis	123
3. Santa Margarita	154
4. Katella	154
5. Placer	217

Individual Results

1. Katie Hotchkiss, Mission San Jose	18:49
2. Jill Santibanez, Katella	18:56
3. Anne-Elyse Smith, Aptos	19:10
4. Jennifer Smith, Del Campo	19:20
5. Heather Shurtleff, West Hills	19:24
6. Dani Rope, Santa Margarita	19:28
7. April Lopez, Mission Viejo	19:32
8. Chloe Glare, Menlo-Atherton	19:35
9. Lori Mann, Santa Margarita	19:42
10. Molly Shannon, Davis	19:45

Boy's Varsity, Division II

Team Results

1. Mission Viejo	112
2. Katella	121
3. Del Campo	132
4. Ventura	179
5. Mission San Jose	201

Individual Results

1. Jon Stevens, Mission San Jose	15:31
2. Garry Passanisi, Aptos	15:33
3. Marcus Chandler, Serra	15:53
4. Mark Gleason, Mission Viejo	16:08
5. Dustin Diaz, West Hills	16:09
6. Evan Fox, West Hills	16:15
7. Andy Knutsen, Edison HB	16:15
8. Marice Chandler, Serra SD	16:17
9. Nate Bristow, Del Campo	16:18
10. Andrew Dougherty, Davis	16:27

Girls Division III

Alemany
 Burlingame
 Carondelet
 Cupertino
 Del Mar, San Jose
 Del Oro
 Enterprise
 Foothill
 Foothill
 Harbor
 Irvington
 La Canada
 Las Lomas
 Liberty
 Lompoc
 Los Altos
 Los Gatos
 Louisville
 Mountain View
 Nordhoff
 Oakmont
 Prospect
 Redwood
 Reno
 San Luis Obispo
 Sierra
 Sonora
 Soquel
 St. Ignatius
 St. Ignatius

Girls Division III OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course -track times are from obvious 800-1600 or 3200 meter distances)

La Canada took the State Division III title last Fall with 96 points and has come out charging in 1998! They return their top six, totalling well under 100:00 (20:00 average) at Woodward Park, and averaged under 19:00 for a flat three miles for their scoring five at the 9/19 Woodbridge Invite. Kim Garnic (8th 18:55), Nicole Bonino (14th 19:09), and Christina Ellis (29th 19:40) lead the Southern Section power. Super frosh Carina Garnic (18:45) and Nicole Bonino (18:46) went 1-2 at the 9th grade level at Woodbridge for La Canada in their first Invitational.

Foothill (Redding) was sixth at State Division III last year here (159 points), with everyone back! Rachele Hastings (15th 19:11) and Candace Joseph (20:17) lead the North Section power. Nordhoff (Ojai) finally graduated Elaine Canchola (to UCLA), with four athletes from the 1997 team returning for Coach Ken Reeves. Rae Stumbough (6th 19:00) and Natalie Darling (20:23) lead for a team that was third last year Division IV Statewide with 81 points.

Louisville (Woodland Hills), behind Mariel Holcomb, was a divisional winner at the Cal Poly/Pomona Bronco Invite. Katie Martin (Irvington, Fremont) was 4th Div III at State last Fall (18:36) and 5:03.81 in the spring. Meghan Andrade (Carondelet, Concord) 7th State Div III 1997 at 18:49 (5:07.47-11:18.9). San Luis Obispo's Valle was second at Ojai already this Fall.

Boys Division III OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course -track times are from obvious 800-1600 or 3200 meter distances)

Nordhoff (Ojai) was the 1997 state champs in Division IV another crushing team performance, taking three of the first four places. That trio, Victor Ochoa, Matthew Torres, and Dusty Herman, graduated, with the next four back from the team, led by Aidan Short (16:40) and Roberto Conreras (16:44). Coach Ken Reeves "reloaded" quickly, with a school team time record in the very tough Morro Bay beach course meet in early September. A tight gap and solid preparation should make the Rangers very tough once again. Bosco Tech (Rosemead) was the 1997 State Division III Team Champs (72 points), with Armando Solis and Aaron Ponce (16:40) leading four back from that team. South Hills (West Covina) was second Division III statewide last year (111 points), with three to build from on that team. Jesse Hodges (16th 16:21) leads SH. Redwood (Larkspur) won the Monte Vista (Danville) Invite in early September, with Darin Nee (3rd) and Nick Franco (4th) leading. St. Ignatius (San Francisco) was sixth Div III in state last Fall (139 points), with three juniors returning, led by Neil McDonagh (5th 16:00 4:19.04 in spring).

Brian Harrington (Del Mar, San Jose) was 12th statewide at 16:09. David Ulibarri (Sierra, Manteca) was 6th Div IV last year at 16:09, with 4:20.27 and 9:29.2 track clockings later in the year. Steve Laurie (Maria Carrillo, Santa Rosa) was 11th Div IV last year at 16:14 (4:21.20), with his school having its first senior class this year. San Luis Obispo's DeMarco was the Small Schools winner at the Ojai Invitational, handling the Nordhoff group and some good individuals.

Boys Division III

Alemany
 Aragon
 Bishop Amat
 Burlingame
 Cupertino
 Del Mar, San Jose
 Del Oro
 Don Bosco Tech
 Enterprise
 Foothill
 Foothill
 Harbor
 Irvington
 La Canada
 Las Lomas
 Liberty
 Lompoc
 Los Altos
 Los Gatos
 Maria Carrillo
 Mountain View
 Nordhoff
 Oakmont
 Redwood
 Reno
 San Luis Obispo
 Sierra
 Sonora
 St. Ignatius
 University City

Girl's Varsity, Division III

Team Results

1. Palo Alto	143
2. Crescent Valley, OR	156
3. Campolindo	164
4. Foothill	174
5. Ashland, OR	178

Individual Results

1. Paris Edwards, Ashland	18:32
2. Nicole Portley, Aragon	18:46
3. Jamie Witt, Folsom	19:00
4. Kathleen Brizgys, Palo Alto	19:01
5. Allison Millhollen, Del Oro	19:09
6. Kyra Patterson, San Luis Obispo	19:13
7. Kelly Idema, Crescent Valley, OR	19:23
8. Anita Sindelar, Ashland, OR	19:26
9. Katy Berkes, Campolindo	19:31
10. Alicia McFall, Newport Harbor	19:37

Boy's Varsity, Division III

Team Results

1. Don Bosco Tech	77
2. College Park	133
3. St. Francis MV	163
4. St. Ignatius	174
5. South Hills	193

Individual Results

1. Andrew Hill, Los Altos	15:48
2. Dan Phiffer, Don Bosco Tech	16:06
3. Joma Dewald, Soquel	16:09
4. Brendan Wells, St. Ignatius	16:13
5. Neil McDonagh, St. Ignatius	16:17
6. Adam Tuvker, St. Francis MV	16:24
7. Celednio Rodriguez, Elsie Allen	16:30
8. David Vigil, College Park	16:31
9. Nuru Abdella, Cupertino	16:31
10. Zack Mills, Don Bosco Tech	16:43

Girls Division IV

Bear River
Bishop O'Dowd
Calvary Chapel
Campolindo
Capuchino
Carmel
Central Valley
Chino Valley
Colfox
Corona Del Mar
Dixon
Flintridge Sacred Heart
Gonzales
Hughson
Justin Siena
Lutheran
Morro Bay
Notre Dame
Notre Dame
Notre Dame Academy
Novato
Oak Park
Oak Park
Piedmont
Riverbank
Roseville
San Lorenzo Valley
Saratoga
Sir Francis Drake
Summerville
Taft Union
Templeton
Terra Linda

Girls Division IV OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course - track times are from obvious 800-1600 or 3200 meter distances) Corona del Mar (Newport Beach) returns six from a 1997 fourth place State Division IV squad that scored 86 points. Lindsey Yourman (17th 19:53), Jill Quye (18th 19:57), Katie Quinlan (20:05), Jenny Cummins (20:16), and 2:12.07 800m runner Liz Morse are the big early favorites statewide at this level. Morse was 18:22 for a flat three at the 9/19 Woodbridge Invite. Campolindo (Moraga), was second State Division IV last year at 80 points, and is led by Karen Lee (19:58) and Laura Cherdack (20:11)

Samantha Michel (Morro Bay) was 7th in State Division IV (19:01) here last Fall. Anne Ricketts (Saratoga) won the Condor Early Bird Invite 9/12 with an 18:59 "fastest of day" clocking.

Boys Division IV OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course - track times are from obvious 800-1600 or 3200 meter distances)
Morro Bay sent Isaiah Festa to Arizona State Universtiy, but returns everyone else from its 1997 third place finishers at State Division IV. Matt Epperheimer (31st 16:46) and Seamus Perry (16:57 and second at the Ojai Invite 9/19) lead the squad from the pleasant Central Coast beach community. Central Valley was 10th in State Division IV in 1997, with six back and five sophs on the 97 Varsity. The CV group competed strongly in the Yreka Timberline Bank Invite, placing third to strong Oregon teams, with Steve Springhorn third overall in the race.

Nevers (Oak Park) was third at the Ojai Invite on 9/19 against some good people.

Boys Division IV

Bear River
Bishop O'Dowd
Calvary Chapel
Campolindo
Capuchino
Carmel
Central Valley
Chino Valley
Colfox
Corona Del Mar
Dixon
Fillmore
Gonzales
Justin Siena
Lutheran
Morro Bay
Novato
Oak Park
Oak Park
Piedmont
Riverbank
Roseville
San Lorenzo Valley
Santa Cruz
Sir Francis Drake
St. Augustine
Summerville
Taft Union
Templeton
Terra Linda
Terra Nova
The Dales, Oregon

1997 Results

Girl's Varsity, Division IV

Team Results

1. Corona Del Mar	44
2. Ursuline	129
3. Bishop O'Dowd	146
4. Flintridge Sha.	159
5. Moreau Catholic	174

Individual Results

1. Samantha Michel, Morro Bay	19:10
2. Kersti Miller, Miramonte	19:28
3. Sarah Hallas, Ursuline	19:30
4. Michelle LaSala, Christian Brothers	19:39
5. Lisa Gillis, Moreau Catholic	19:57
6. Liz Morse, Corona Del Mar	20:05
7. Linsey Yourman, Corona Del Mar	20:13
8. Heather Gibson, Piedmont	20:15
9. Katie Quinlan, Corona Del Mar	20:18
10. Jodie Denike, Chino Valley, AZ	20:21

Boy's Varsity, Division IV

Team Results

1. Morro Bay	97
2. Corona Del Mar	145
3. St. Augustine	147
4. Redwood	153
5. Oak Park	157

Individual Results

1. Isaiah Festa, Morro Bay	15:55
2. Ronald Tibaduiza, Wooster	16:25
3. Adam Greene, St. Augustine	16:29
4. Carl Moren, Piedmont	16:33
5. Brian Sullivan, St. Augustine	16:38
6. Matt Denneeline, Corona Del Mar	16:38
7. Steve Martin, Oak Park	16:39
8. Jose Avalos, Wooster NV	16:42
9. Bryce Lighthall, Enterprise	16:43
10. Steven Springhorn, Central Valley	16:47

Girls Division V

Lick-Wilmerding
St. Mary's, Medford
Stevenson School

Girls Division IV OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course -track times are from obvious 800-1600 or 3200 meter distances)

Martina Patella (St. Mary's, Oregon) was the State 1A-2A Champion last year.

Boys Division IV OUTLOOK

(Cross Country times quoted within are from Woodward Park State Meet Course -track times are from obvious 800-1600 or 3200 meter distances)

Crossroads (Santa Monica) was fourth in State Division V last year with 118 points, with supers Jeff (3rd 16:28 9:22.12) and Mike (5th 16:39) Tomlinson leading five back from that squad. Flintridge Prep (La Canada) has four back from its 1997 runner-up squad (108 points), with team leader Doug Hall finally graduated, but Imran Ahmad (17:47) returns. University (San Francisco) was third Division V statewide in 1997, with Eric Fischer (29th 17:34) headlining the 1998 group.

Boys Division V

Crossroads
Flintridge Prep.
Lick-Wilmerding
St. Mary's, Medford
Stevenson School
Trinity
University

1997 Results

Girl's Varsity, Division V

Team Results

1. SF University	20
2. Tri-Valley NY	79
3. Polytechnic	84
4. Templeton	128
5. R.L. Stevenson	137

Individual Results

1. Linden Bader, SF University	19:22
2. Kira Morser, SF University	19:35
3. Aliza Cohen, SF University	20:02
4. Martina Patella, St. Mary's	20:24
5. Katie Newhall, Polytechnic	20:28
6. Diana Clock, SF University	20:34
7. Ariel Andrews, Polytechnic	20:42
8. Kristen Fenrel, SF University	20:43
9. Michelle Lopez, Justin Siena	20:50
10. Bonnie Monell, Tri-Valley NY	21:30

Boy's Varsity, Division V

Team Results

1. St. Mary's Col.	45
2. Tri Valley NY	50
3. Carmel	131
4. SF University	166
5. York	167

Individual Results

1. Joe Iatauro, Tri-Valley	16:41
2. Mike Arp, St. Mary's	16:54
3. Theo Chewiwi, Tri-Valley	17:04
4. Max Hanlin, University	17:08
5. Ryan Torres, St. Mary's	17:17
6. Raymi Dyskant, Lick-Wilmerding	17:29
7. Justin Hite, St. Mary's Col.	17:32
8. Wes Serkin, Willits	17:40
9. Blake Agnew, Tri-Valley NY	17:41
10. Skip Powers, Carmel	17:42

Women's Championship Invitational

Arizona State
Arkansas
Boise State
Brigham Young
Cal State, Fullerton
California
California Polytechnic
Marquette
Nevada
Sacramento State
San Diego State
Simon Fraser
Southern Utah
Stanford
UC Davis
UC Irvine
UC Santa Barbara
Utah State
Wisconsin

Women's Collegiate Section

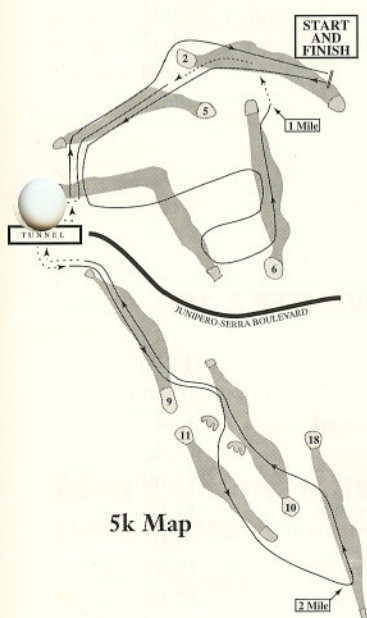
Azusa Pacific
Brigham Young
Cal Poly, Pomona
Cal State, Hayward
Cal State, Los Angeles
Cal State, San Bernardino
Cal State, Stanislaus
California
California Baptist
Chico State
Claremont Mudd Scripps
Dominican College
Fresno State
Humboldt State
Long Beach State
Mills College
Occidental
Pomona Pitzer
San Francisco State
San Jose State
Santa Clara
Sonoma State
Southern California College
Stanford
UC Davis
UC Riverside
UC San Diego
UC Santa Barbara
Univ. of Redlands
Univ. of San Diego
Ventura College
Western Oregon
Whittier

Men's Championship Invitational

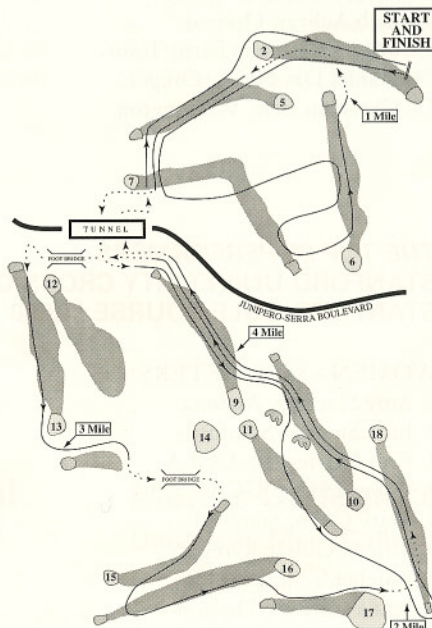
Arizona State
Boise State
Brigham Young
Cal State, Fullerton
California
Cal Poly, San Luis Obispo
Fresno State
Humboldt State
Marquette
Sacramento State
Southern Utah
Stanford
UC Davis
UC Irvine
UC Santa Barbara
Utah State

Men's Collegiate Section

Azusa Pacific
Cal Poly, Pomona
Cal State, Hayward
Cal State, Los Angeles
Cal State, Stanislaus
California
California Baptist
Chico State
Claremont Mudd Scripps
Dominican College
Fresno State
Humboldt State
Irvine Valley
Long Beach State
Occidental
Pomona Pitzer
San Francisco State
San Jose State
Santa Clara
Southern California College
Stanford
UC Davis
UC Irvine
UC Riverside
UC San Diego
UC Santa Barbara
Univ. of Redlands
Univ. of San Diego
Ventura College
Western Oregon
Whittier



5k Map



8k Map

Race Schedule for College Section Saturday October 3, 1998

4:00 p.m.	University Women	Collegiate Section	5,000 meters
4:25 p.m.	University Women	Championship Invitational	5,000 meters
4:55 p.m.	University Men	Championship Invitational	8,000 meters
5:30 p.m.	University Men	Collegiate Section	8,000 meters
6:00 p.m.	Open non-team scored race (men & women together)		

**Martin Surfacing
NCAA Division I**

Men's Cross Country Poll

1. Stanford
2. Arkansas
3. Colorado
4. Oregon
5. Michigan
6. North Carolina State
7. Oklahoma State
8. Wisconsin
9. Michigan State
10. Washington State
11. Notre Dame
12. Weber State
13. William & Mary
14. Providence
15. Iona
16. Minnesota
17. Arizona
18. Montana
19. Iowa State
20. Georgetown
21. Washington
22. Princeton
23. Portland
24. Northern Arizona
25. James Madison

**THE TOP 25 PERFORMERS
STANFORD UNIVERSITY CROSS COUNTRY COURSE
STANFORD GOLF COURSE (8,000 METERS)/AS OF NOVEMBER 2, 1997**

MEN - 8,000 METERS	EVENT	TIME
1. Mebrahtom Keflezighi, UCLA	1996 Pac-10's	23:45
2. Karl Keska, Oregon	1996 Pac-10's	23:55
3. Brad Hauser, Stanford	1996 Pac-10's	23:56
4. Bernard Lagat, Washington State	1996 Pac-10's	23:59
5. Martin Keino, Arizona	1994 Pac-10's	24:04
6. Greg Jimmerson, Stanford	1996 Pac-10's	24:15
7. Bob Keino, Arizona	1995 Pac-10's	24:17
8. Nathan Nutter, Stanford	1997 Pac-10's	24:18
9. Jason Lunn, Stanford	1997 Stanford Invitational	24:21
10. Brent Hauser, Stanford	1996 Pac-10's	24:24
11. Richie Boulet, California	1995 Pac-10's	24:27
12. Matt Davis, Oregon	1995 Pac-10's	24:32
13. J.J. White, Stanford	1996 Pac-10's	24:33
14. Peter Gilmore, California	1997 Pac-10's	24:34
15. Rob Reeder, Stanford	1996 Pac-10's	24:37
15. Jason Balkman, Unattached	1997 Stanford Invitational	24:37
15. Abdi Adrirahman, Arizona	1997 Pac-10's	24:37
15. Jonathon Riley, Stanford	1997 Pac-10's	24:37
19. Dave Cullum, Unattached	1997 Stanford Invitational	24:38
20. Margarito Casillas, Arizona	1995 Pac-10's	24:39
21. Oliver Wirz, Oregon	1996 Pac-10's	24:41
21. Rob Aubrey, Oregon	1997 Pac-10's	24:41
23. Gary Stolz, The Farm Team	1996 Stanford Invitational	24:42
24. Daniel Das Neves, Oregon	1996 Pac-10's	24:44
25. Christian Belz, Washington	1997 Pac-10's	24:47

**FinishLynx
NCAA Division I**

*Women's Cross Country
National Rankings*

1. BYU
2. Stanford
3. Dartmouth
4. Colorado
5. Michigan
6. Providence
7. Oregon
8. North Carolina St
9. Arkansas
10. Wisconsin
11. Georgetown
12. Boston College
13. Missouri
14. Wake Forest
15. Washington
16. Weber State
17. Florida
18. Colorado State
19. North Carolina
20. Nebraska
21. West Virginia
22. Baylor
23. Arizona
24. Bowling Green
25. Villanova

**THE TOP 25 PERFORMERS
STANFORD UNIVERSITY CROSS COUNTRY COURSE
STANFORD GOLF COURSE (5,000 METERS)/AS OF NOVEMBER 2, 1997**

WOMEN - 5,000 METERS	EVENT	TIME
1. Amy Skieresz, Arizona	1996 Pac-10's	16:36
2. Julia Stamps, Stanford	1997 Stanford Invitational	16:47
3. Kim Mortensen, UCLA	1996 Stanford Invitational	16:52
4. Karen Hecox, UCLA	1994 Pac-10's	17:00
5. Mary Cobb, Stanford	1997 Stanford Invitational	17:05
6. Milena Glusac, Oregon	1994 Pac-10's	17:07
6. Emebet Shiferaw, USC	1996 Pac-10's	17:07
8. Jenna Carlson, Oregon	1995 Pac-10's	17:08
8. Sarna Renfro, Stanford	1997 Stanford Invitational	17:08
10. Suzanne Castruita, Arizona	1994 Pac-10's	17:12
10. Kortney Dunscombe, Stanford	1994 Pac-10's	17:12
12. Marie Davis, Oregon	1997 Pac-10's	17:13
13. Kristin Cobb, Unattached	1997 Stanford Invitational	17:14
13. Courtney Pugmire, BYU	1997 Stanford Invitational	17:14
15. Jessica Fry, Stanford	1996 Pac-10's	17:15
15. Emily Nay, Brigham Young	1997 Stanford Invitational	17:15
17. Megan Flowers, Arkansas	1995 Stanford Invitational	17:16
17. Tara Carlson, Washington	1995 Pac-10's	17:16
19. Kristin Gordon, Georgetown	1997 Stanford Invitational	17:18
20. Sally Glynn, Stanford	1997 Stanford Invitational	17:20
21. Melody Fairchild, Oregon	1995 Pac-10's	17:21
22. Viola Schaffer, Arizona	1995 Pac-10's	17:23
23. Grazyna Penc, USC	1996 Pac-10's	17:29
24. Monal Chokshi, Stanford	1995 Stanford Invitational	17:30
25. Shelly Taylor, UCLA	1997 Pac-10's	17:31

1997 Results

Women's Championship Invitational

University Women, Championship Invitational

Top Teams

1. Stanford	19
2. Brigham Young	54
3. Georgetown	109
4. UCLA	118
5. California	215

Top Individuals

1. Julia Stamps, Stanford	16:47
2. Mary Cobb, Stanford	17:05
3. Sarna Renfro, Stanford	17:08
4. Courtney Pugmire, BYU	17:14
5. Emily Nay, BYU	17:15
6. Kristen Gordon, Georgetown	17:18
7. Sally Glynn, Stanford	17:20
8. Elissa Riedy, California	17:31
9. Kortney Dunscombe, Stanford	17:39
10. Ann Ramsey, Stanford	17:40

Women's Collegiate Section

University Women, Collegiate Section

Top Teams

1. BYU	17
2. Stanford	55
3. Westmont	135
4. Buffalo	139
5. Nevada	145

Top Individuals

1. Sharolyn Shields, BYU	17:56
2. Tara Haynes, BYU	17:59
3. Sarah Ellis, BYU	18:14
4. Elena Villareal, Stanford	18:21
5. Jill Rencerh, BYU	18:25
6. Emily Lawson, BYU	18:31
7. Jamee Windsor, Nevada	18:32
8. Linn Schulte-Sasse, Stanford	18:36
9. Annaka Gustafson, Westmont	18:39
10. Jolee Gillespie, BYU	18:40

Men's Championship Invitational

University Men, Championship Invitational

Top Teams

1. Stanford	22
2. UCLA	91
3. Brigham Young	130
4. Cal Poly SLO	131
5. UC Santa Barbara	133

Top Individuals

1. Mebrahtom Keflezighi, UCLA	24:20
2. Nathan Nutter, Stanford	24:21
3. Brad Hauser, Stanford	24:36
4. Brent Hauser, Stanford	24:37
5. Jason Lunn, Stanford	24:54
6. Mark Hauser, UCLA	24:57
7. Peter Gilmore, California	24:58
8. Jon Weldon, Stanford	25:01
9. Hector Delgado, Sacramento St	25:02
10. Ben Flamm, UCSB	25:04

Men's Collegiate Section

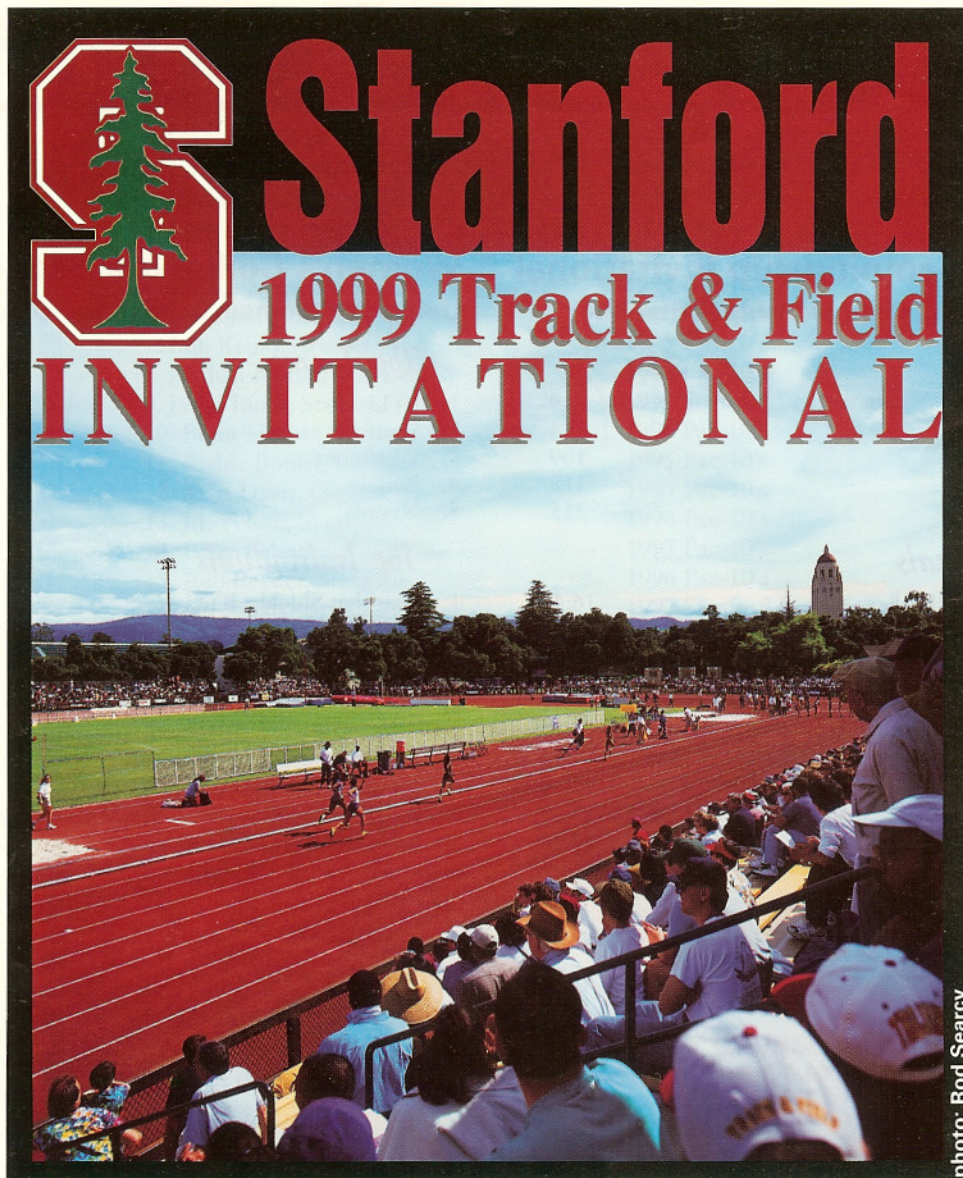
University Men, Collegiate Section

Top Teams

1. Stanford	22
2. Biola	151
3. Buffalo	176
4. San Jose State	177
5. Azusa Pacific	180

Top Individuals

1. Jake Maas, Stanford	25:25
2. Jaime Martinez, Azusa Pacific	25:41
3. Ryan McCalmon, Stanford	25:49
4. Trevor Sybert, Biola	25:52
5. Noey Meador, Westmont	26:15
6. Mike Devine, Stanford	26:19
7. David Abril, Stanford	26:29
8. Don Kennedy, Stanford	26:31
9. Alan Jackson, San Jose State	26:33
10. Pat Nolan, Buffalo	26:33



High School Competition
Saturday, March 27

Collegiate Competition
Saturday, March 27
Sunday, March 28

Looking ahead to the outdoor season, the 1998 Stanford Track & Field Invitational will be held on Saturday, March 27 and Sunday, March 28. Stop by Cobb Track & Angell Field to see our brand new nine lane track, dual direction runways and multiple rings.

Athletes of all levels will find the degree of competition that best meets their needs. Last year the high school competition was fantastic. We accommodated all teams whose entries were received by the deadline. We had great awards and exciting events for all athletes in the jumps, throws and on the track.

Don't miss this great opportunity to get your high school athletes involved in a one day high school meet and a chance to see top flight collegiate and open competition immediately following the high school section.

In the collegiate competition our new facility produced more than sixty NCAA Division I automatic or provisional qualifiers in last year's meet.

All of our events will be deep, with competition to meet your needs in Divisions I, II and III.

Thank you to our sponsors...

The Stanford Cross Country/Track & Field program is proud to continue its relationship with the Officials of the Pacific Association/USA Track & Field. Throughout both the cross country and track & field season these dedicated volunteers offer their professionalism and their time to assist our program in hosting a series of outstanding meets.

On behalf of the thousands of athletes who will benefit from their help during this year, the Stanford Cross Country/Track & Field program would like to recognize these individuals.

AMERICAN
Track & Field

MetroSport

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Sandwiches • Salads • Catering



PowerBar
ATHLETIC ENERGY FOOD

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Gerard Collett	Toni Harvey	Tom Moore	Jim Waldron
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Daniel Davidson	Jim Hume	James Odom, Jr	James & Sharon Wynn
Carol Davies	Dick Iwamiya	Raquel Ornelas	Rich Zulaica
David Day	Irv Jackman	Jim Petruzzi	

The Stanford Cross Country Invitational is indebted to an excellent support staff, without whom this event would not be possible. Please join us in acknowledging their efforts today.

Kris Becker	Sam Owen	Bob Womack	The Stanford Red Coats
Don Chelemedos	Rob Thompson	The Stanford Grounds Crew	The Nike Farm Team
Gaby Gonzalez	Bob Vazquez	The Stanford Training	Pro Audio Rentals
Marc Guillet	Ken Williams	Room Staff	Togo's Eatery

Why do I run?

I am Lakota.

And this

is our church,

the Black Hills.

We run this relay,

the Sacred Hoop 500,

to make a statement.

We belong to this

land, to the spirit

of Paha Sapa.

I'm tired, I'm sore

and I'm cold, but

tonight I'm running

the sixth leg

out on rte. 40

for all Lakota.



nike