



JUNIPERO SERRA INVITES YOU TO THE 42nd ANNUAL CRYSTAL SPRINGS INVITATIONAL

September 7, 2016

Dear Cross Country Coach,

Junipero Serra High School would like to invite your team(s) to participate in the 42nd annual Crystal Springs Cross Country Invitational to be held on Saturday, October 8th, 2016. The race will be held, once again, at the Crystal Springs International Cross Country course in Belmont, California.

Our entry procedures are the same as last year. Please read the entry instructions on the back page. We will use **Direct Athletics** to register entrants this year. Their website is **www.directathletics.com**. You must enter all your eligible athletes on this website under the **Junipero Serra Crystal Springs Invitational** event. Coaches who do not enter their athletes correctly will not be allowed to compete.

The meet is sanctioned by the Central Coast Section for all schools in California. The Crystal Springs Course is 2.95 miles of rolling hills, all run on trails. The layout of the course is excellent for both runners and spectators. Chemical toilets and drinking fountains are available at the course. A full snack bar will be in operation as in past years. We will again be selling the traditional, long-sleeved, Crystal Springs Invitational T-shirts. There are no dressing rooms, so have athletes arrive ready to compete.

Please respect the private property in the area. Do not go on to people's property to get water or for any other reason. **Please do not block people's driveways.** **Coaches are requested to review the enclosed course rules with their athletes and bus drivers.**

TIME SCHEDULE FOR RACES

9:00 am	Boys Junior Varsity
9:30 am	Boys Varsity
10:00 am	Boys Championship Varsity
10:30 am	Girls Varsity
11:00 am	Boys Sophomore
11:30 am	Girls Junior Varsity
12:00 pm	Boys Freshman
12:30 pm	Girls Frosh/Soph

ALTERNATE SCHEDULE (BASED ON TOTAL # OF ENTRIES)

9:00am	Boys Junior Varsity - Blue
9:30am	Boys Junior Varsity – Gold
10:00am	Girls Varsity – Blue
10:30am	Girls Varsity - Gold
11:00am	Boys Varsity
11:30am	Girls Junior Varsity
12:00am	Boys Championship Varsity
12:30pm	Boys Sophomore
1:00pm	Girls Frosh/Soph
1:30pm	Boys Freshman

(IF NEEDED GIRLS RACES WILL BE SPLIT AS WELL)

Final decision will be based on the number of entries and posted prior to race day.

Coaches should have their athletes at the starting line at least five minutes before race time to receive instructions. Traditionally, we have used a public address system to announce races. Regardless, athletes are responsible to be on time for their race.

AWARDS

A commemorative plaque will be awarded to the Top 2 Teams in each race and medals to the TOP 7 on each team. Medals will be given to the TOP 20 in each race not on a 1st or 2nd place team.

ENTRY FEES

15.00 – Individual
\$ 75.00 – Per Team
\$ 300.00 – Maximum Fee

SCORING

Standard Cross Country scoring will be used. Athletes will be assigned bib numbers and are requested to remove their tags at the conclusion of their race. Our computer will score each race and official results will be posted soon after. All athletes must be registered in order to participate. Absolutely no “unofficial” entries are permitted. Runners without bib numbers are not allowed to race.

ENTRIES

Enter all athletes on the **Direct Athletics website** under the Crystal Springs Invitational site. Be sure to spell names correctly, plus provide their year in school. The Runscore program will score the individuals in the race they run. Top seven from each team are scored. The first five individuals score, the next two displace. All VARSITY races are limited to seven individuals. All other races have unlimited entries. Please be mindful that entry fees are based on seven person teams. Numbers beyond seven individuals within a race must pay an additional cost of \$15/person. **Additionally, please do not enter athletes who will not compete.** This year we will BE LIMITING ENTRIES to the first **2000** athletes entered (**NEW THIS YEAR**). By editing your entries the process of splitting the races will be easier to determine, and allow more teams to be able to compete.

NO ENTRY CHANGES WILL BE MADE ON RACE DAY! If you have an athlete that you want to run Varsity, but entered in the Junior Varsity race, simply run the athlete in the Varsity race because he/she is already in the database. If you have an athlete that is not entered in any race, but would like to run him/her IN PLACE OF an athlete who is entered, simply have the athlete wear the race number of the person he is replacing. Coaches will have to remember that the originally entered runner was replaced.

ENTRY FEE CALCULATOR

SCHOOL _____
COACH _____

DIVISION TEAM (\$75) INDIVIDUAL (\$15) FEE (TOTAL)

Freshmen Boys	_____	_____	_____
Soph Boys	_____	_____	_____
JV Boys	_____	_____	_____
Varsity Boys	_____	_____	_____
Frosh/Soph Girls	_____	_____	_____
JV Girls	_____	_____	_____
Varsity Girls	_____	_____	_____

TOTALS _____

You may enter a team in any Division with more than seven runners, with the exception of the Boys and Girls Varsity. Awards will only be given out to your top seven runners if your team should win.

FEES \$ 80.00 Team
 \$ 15.00 Individual
 \$ 320.00 Maximum

MAIL CHECKS TO:

Junipero Serra High School
Attn: Ron DiMaggio Jr., Serra Cross Country
451 West 20th Ave.
San Mateo, CA 94403

INQUIRIES:

Ron DiMaggio Jr., Head Coach

rdimaggio@serrahs.com
(650) 345-2407, ext. 555

ENTRY DEADLINE:

Sunday , OCTOBER 2nd, at 5pm. Or when we reach 2000 entries!

Every year I have to close entries before deadline, so sign-up early to guarantee a spot!

No race day entries will be accepted.

We look forward to seeing you on **October 8, 2016** at Crystal Springs in Belmont, CA.

Sincerely,

Ron DiMaggio

