

2nd Annual Soquel High KEN THOMAS 'KT' Memorial

Cross Country Invitational Saturday October 20th 2018

PLACE: Soquel High School, Santa Cruz County 401 Soquel San Jose Road Soquel, CA 95073

Meet Director Matt Ryan: ryanm@sutterhealth.org

FORMAT: 2.8 mile undulating cross country course with one steep hill and descent.

STARTING TIMES: 9:00 am first race, then on rolling schedule.

TIMING SYSTEM; Ipico shoe-chip system; Mark McConnell.

FACILITY: Soquel High School and surrounding land.

DIVISIONS AND RACE ORDER:

Girls JV, Boys JV, Boys F/S, Girls Varsity, Boys Varsity.

ENTRY LIMITS: Maximum 7 runners per team for Varsity.

No limit for entry into F/S boys and JV races

(Entries fee for over 7 runners per team will be additional \$15 per runner)

AWARDS: Custom LARGE medals for Top 10 places from each event for varsity races, F/S boys and JV races.

TROPHIES: Trophies will be awarded to the Team Champion in all Divisions.

CONCESSIONS: Soquel HS concession stand will be open.

ENTRY DEADLINE Entries can be made on <u>www.athletic.net</u> with the deadline at midnight on Tuesday October 17, 2017.

FEES: \$75 per team up to 7 runners; \$15 per individual not on full team of 5. No additions are to be made on meet day, only substitutions. Meet will be held Rain or Shine.

PLEASE MAKE CHECKS OUT TO:

Soquel High Cross Country Attention: Stu Walters, Athletic Director 401 Soquel San Jose Road Soquel, CA 95073