

Central Coast Section
2021 Cross Country Championships

BIB #	FIRST NAME	LAST NAME	GENDER	YEAR	SCHOOL	LEAGUE	DIVISION
Division 1 Boys							
17	Emiliano	Garcia	M	12	Alisal	PCAL	1
18	Leonel	Garibay	M	12	Alisal	PCAL	1
19	Angel	Gonzalez	M	12	Alisal	PCAL	1
20	Armando	Nava	M	12	Alisal	PCAL	1
21	Harry	Ordiano	M	11	Alisal	PCAL	1
22	Emiliano	Ramirez	M	12	Alisal	PCAL	1
23	Nathaniel	Ruiz	M	10	Alisal	PCAL	1
25	James	Estrella	M		Andrew Hill	BVAL	1
83	Tanish	Chettiar	M	12	Bellarmine	WCAL	1
84	Jack	Frida	M	11	Bellarmine	WCAL	1
85	Jack	Glanville	M	12	Bellarmine	WCAL	1
86	Vibhu	Krishnan	M	12	Bellarmine	WCAL	1
87	Tristan	Lalonde	M	12	Bellarmine	WCAL	1
88	Ben	Pinkel	M	12	Bellarmine	WCAL	1
89	Rick	Yanashita	M	12	Bellarmine	WCAL	1
123	Michael	Chong	M	11	Carlmont	PAL	1
124	Aidan	Dimick	M	12	Carlmont	PAL	1
125	Andrew	Ghazouli	M	12	Carlmont	PAL	1
126	Jono	Sison	M	12	Carlmont	PAL	1
127	Donovan	Truel	M	12	Carlmont	PAL	1
128	Pavel	Turovski	M	12	Carlmont	PAL	1
129	Nikhil	Vyas	M	12	Carlmont	PAL	1
169	Raghav	Sinha	M	12	Cupertino	SCVAL-DAL	1
170	Koji	Uchino	M	12	Cupertino	SCVAL-DAL	1
171	Kai	Winebarger	M	12	Cupertino	SCVAL-DAL	1
216	Juan	Gonzalez	M	12	Everett Alvarez	PCAL	1
217	Michael	Martinez	M	12	Everett Alvarez	PCAL	1
218	Oscar	Mendoza	M	12	Everett Alvarez	PCAL	1
219	Luis	Muradas	M	10	Everett Alvarez	PCAL	1
220	Axel	Sanchez	M	12	Everett Alvarez	PCAL	1
221	Johnny	Venegas	M	12	Everett Alvarez	PCAL	1
229	Mateo	Carino	M		Evergreen Valley	BVAL	1
230	Brandon	Gingras	M		Evergreen Valley	BVAL	1
231	Jeremy	Gingras	M		Evergreen Valley	BVAL	1
232	Amir	Jordan	M		Evergreen Valley	BVAL	1
233	Philip	Le	M		Evergreen Valley	BVAL	1
234	Saaketh	Nandakumar	M		Evergreen Valley	BVAL	1
235	Abhyuday	Srivatsa	M		Evergreen Valley	BVAL	1
237	Leland	Nguyen	M	11	Fremont	SCVAL-DAL	1
238	Issac	Tiscareno	M	11	Fremont	SCVAL-DAL	1
262	Joshua	Gehring	M	12	Gunn	SCVAL-EC	1
263	Zachary	Hill	M	11	Gunn	SCVAL-EC	1
264	Daniel	Keehn	M	10	Gunn	SCVAL-EC	1
265	Noah	Milivojevic	M	12	Gunn	SCVAL-EC	1
266	Nico	Ross	M	11	Gunn	SCVAL-EC	1
267	Andrew	Schoenen	M	12	Gunn	SCVAL-EC	1
268	Jake	Seley	M	10	Gunn	SCVAL-EC	1
304	Ido	Halevy	M	9	Homestead	SCVAL-DAL	1
305	Siyi	Ji	M	11	Homestead	SCVAL-DAL	1
306	Caleb	Leung	M	10	Homestead	SCVAL-DAL	1
307	Aaron	Lin	M	10	Homestead	SCVAL-DAL	1
308	Carter	Oates	M	10	Homestead	SCVAL-DAL	1
309	Schuyler	Park	M	12	Homestead	SCVAL-DAL	1
310	Raj	Penmetcha	M	12	Homestead	SCVAL-DAL	1
313	Armaan	Joshi	M		Independence	BVAL	1
314	Navraj	Sanhan	M		Independence	BVAL	1

Central Coast Section
2021 Cross Country Championships

315	Dominic	Todd	M		Independence	BVAL	1
316	Michael	Todd	M		Independence	BVAL	1
317	Richard	Ulat	M		Independence	BVAL	1
318	Jose	Villarreal	M		Independence	BVAL	1
319	Nicholas	Wang	M		Independence	BVAL	1
395	Joseph	Falkenburg	M	11	Los Altos	SCVAL-EC	1
396	Nathaniel	Joffe	M	11	Los Altos	SCVAL-EC	1
397	Boden	Sirey	M	11	Los Altos	SCVAL-EC	1
405	Connor	Blum	M	12	Los Gatos	SCVAL-DAL	1
406	Jack	Fan	M	11	Los Gatos	SCVAL-DAL	1
407	Noah	Hale	M	11	Los Gatos	SCVAL-DAL	1
408	Micah	Hoang	M	12	Los Gatos	SCVAL-DAL	1
409	Will	Jenkins	M	11	Los Gatos	SCVAL-DAL	1
410	Rahul	Jones	M	12	Los Gatos	SCVAL-DAL	1
411	Keaton	Wong	M	11	Los Gatos	SCVAL-DAL	1
448	Aidan	Doherty	M	10	Menlo-Atherton	PAL	1
449	John	Harrison Lin	M	12	Menlo-Atherton	PAL	1
450	Dylan	Lanier	M	10	Menlo-Atherton	PAL	1
451	Dallin	Lunt	M	12	Menlo-Atherton	PAL	1
452	Rowan	Pecson	M	10	Menlo-Atherton	PAL	1
453	Lucas	Selvik	M	9	Menlo-Atherton	PAL	1
454	Caleb	Travers	M	10	Menlo-Atherton	PAL	1
466	Alex	Althouse	M	11	Milpitas	SCVAL-EC	1
467	Sahil	Raj	M	11	Milpitas	SCVAL-EC	1
475	Andrew	Cole	M	12	Monta Vista	SCVAL-DAL	1
476	Denny	Dong	M	10	Monta Vista	SCVAL-DAL	1
477	Alexander	Nguyen	M	11	Monta Vista	SCVAL-DAL	1
478	Tanay	Parikh	M	9	Monta Vista	SCVAL-DAL	1
479	Ari	Rajaram	M	11	Monta Vista	SCVAL-DAL	1
480	Matthew	Sun	M	12	Monta Vista	SCVAL-DAL	1
481	Justin	Yu	M	12	Monta Vista	SCVAL-DAL	1
506	Riordan	Ashby	M	12	Mountain View	SCVAL-EC	1
507	Conner	Blalack	M	12	Mountain View	SCVAL-EC	1
508	Shota	Fletcher	M	12	Mountain View	SCVAL-EC	1
509	Emmanuel	Leblond	M	12	Mountain View	SCVAL-EC	1
510	Evan	Markelz	M	11	Mountain View	SCVAL-EC	1
511	Matthew	Smith	M	11	Mountain View	SCVAL-EC	1
512	Nicholas	Trepanier	M	12	Mountain View	SCVAL-EC	1
521	Bryan	Roldan	M	11	North Salinas	PCAL	1
572	John	Bard	M	12	Palo Alto	SCVAL-EC	1
573	Mateo	Fesslmeier	M	12	Palo Alto	SCVAL-EC	1
574	James	Miller	M	12	Palo Alto	SCVAL-EC	1
575	John	Miller	M	12	Palo Alto	SCVAL-EC	1
576	Grant	Morgenfeld	M	10	Palo Alto	SCVAL-EC	1
577	Eoin	O'Connell	M	11	Palo Alto	SCVAL-EC	1
578	Kenji	Tella	M	12	Palo Alto	SCVAL-EC	1
583	Alvin	Dang	M		Piedmont Hills	BVAL	1
584	Spencer	King	M		Piedmont Hills	BVAL	1
585	Mustafa	Malik	M		Piedmont Hills	BVAL	1
586	Troy	Nguyen	M		Piedmont Hills	BVAL	1
587	Jacob	Pham	M		Piedmont Hills	BVAL	1
588	Anthony	Sosa	M		Piedmont Hills	BVAL	1
589	Xinyu	Zhang	M		Piedmont Hills	BVAL	1
667	Jesse	Blanco	M	12	Salinas	PCAL	1
668	Peter	Dickson	M	12	Salinas	PCAL	1
669	Rafael	Mendez	M	12	Salinas	PCAL	1
670	Nathan	Molina	M	12	Salinas	PCAL	1
671	Steven	Ortiz	M	12	Salinas	PCAL	1

Central Coast Section
2021 Cross Country Championships

672	Liam	Pattison	M	12	Salinas	PCAL	1
680	Daniel	Alcala	M	12	San Benito	PCAL	1
681	Charles	Brindeiro	M	11	San Benito	PCAL	1
682	Alexander Z	Brister	M	9	San Benito	PCAL	1
683	Jared	Huerta	M	9	San Benito	PCAL	1
684	Dyre	Paciente	M	10	San Benito	PCAL	1
685	Estevan	Rodriguez	M	10	San Benito	PCAL	1
686	Luis	Silva	M	11	San Benito	PCAL	1
715	Anthony	Martinez	M		Santa Teresa	BVAL	1
745	Ethan	Bae	M	11	Sequoia	PAL	1
746	Jackson	Bae	M	11	Sequoia	PAL	1
747	Luc	Brennan	M	11	Sequoia	PAL	1
748	Rowan	Henge	M	10	Sequoia	PAL	1
749	Robert	Lively	M	12	Sequoia	PAL	1
750	Vir	Shah	M	11	Sequoia	PAL	1
751	Zacharie	Vidana	M	9	Sequoia	PAL	1
759	Dhruva	Chowlur	M		Silver Creek	BVAL	1
760	Gabriel	Collin	M		Silver Creek	BVAL	1
761	Eddie	Favela	M		Silver Creek	BVAL	1
762	Ethan	Garcia	M		Silver Creek	BVAL	1
763	Enrique	Hernandez	M		Silver Creek	BVAL	1
764	Eric	Huynh	M		Silver Creek	BVAL	1
765	Dhilan	Mistry	M		Silver Creek	BVAL	1
921	Sebastian	Abonce	M	12	Watsonville	PCAL	1
922	Rodrigo	Barranco	M	9	Watsonville	PCAL	1
923	Chris	Lopez	M	12	Watsonville	PCAL	1
924	Emanuel	Renteria-Garci	M	12	Watsonville	PCAL	1
925	Eli	Romero	M	10	Watsonville	PCAL	1
926	Jung	Soo Kim-Ebio	M	12	Watsonville	PCAL	1
927	Elias	Vasquez	M	12	Watsonville	PCAL	1
Division 1 Girls							
10	Abigail	Bustamante	F	10	Alisal	PCAL	1
11	Andrea	Cornelio	F	12	Alisal	PCAL	1
12	Massiel	Hernandez	F	9	Alisal	PCAL	1
13	Andrea	Larios	F	12	Alisal	PCAL	1
14	Carolina	Nava	F	10	Alisal	PCAL	1
15	Anahi	Rosas	F	12	Alisal	PCAL	1
16	Terra	Ward	F	11	Alisal	PCAL	1
121	Samantha	Crowther	F	9	Carlmont	PAL	1
122	Katie	Peacock	F	9	Carlmont	PAL	1
167	Tejal	Bavadekar	F	9	Cupertino	SCVAL-DAL	1
168	Faith	Olumofin	F	12	Cupertino	SCVAL-DAL	1
209	Patricia	Duran	F	12	Everett Alvarez	PCAL	1
210	Lapislazuli	Hernandez	F	12	Everett Alvarez	PCAL	1
211	Giselle	Islas-Gonzales	F	12	Everett Alvarez	PCAL	1
212	Roselyn	Olivo	F	11	Everett Alvarez	PCAL	1
213	Karen	Perez	F	12	Everett Alvarez	PCAL	1
214	Mirna	Ramirez	F	12	Everett Alvarez	PCAL	1
215	Aileen	Sandoval	F	12	Everett Alvarez	PCAL	1
222	Ruby	Chen	F		Evergreen Valley	BVAL	1
223	Karuna	Gray	F		Evergreen Valley	BVAL	1
224	Ally	Kwan	F		Evergreen Valley	BVAL	1
225	Shragvi	Sunil	F		Evergreen Valley	BVAL	1
226	Sabrina	Tran	F		Evergreen Valley	BVAL	1
227	Lily	Wen	F		Evergreen Valley	BVAL	1
228	Sophia	Williams	F		Evergreen Valley	BVAL	1
236	Rakhi	Chadalavada	F	12	Fremont	SCVAL-DAL	1
255	Emma	Cao	F	10	Gunn	SCVAL-EC	1

Central Coast Section
2021 Cross Country Championships

256	Evelyn	Gaskin	F	12	Gunn	SCVAL-EC	1
257	Lauren	Lee	F	9	Gunn	SCVAL-EC	1
258	Neha	Rishi	F	11	Gunn	SCVAL-EC	1
259	Amy	White	F	12	Gunn	SCVAL-EC	1
260	Alexandra	Wong	F	11	Gunn	SCVAL-EC	1
261	Paige	Yun	F	11	Gunn	SCVAL-EC	1
297	Amna	Asad	F	12	Homestead	SCVAL-DAL	1
298	Maya	Brower	F	9	Homestead	SCVAL-DAL	1
299	Defne	Clarke	F	12	Homestead	SCVAL-DAL	1
300	Beatrice	Ho	F	10	Homestead	SCVAL-DAL	1
301	Jillian	Rosset	F	12	Homestead	SCVAL-DAL	1
302	Hyeyoon	Song	F	10	Homestead	SCVAL-DAL	1
303	Mia	Tarkington	F	12	Homestead	SCVAL-DAL	1
311	Lynn	Nguyen	F		Independence	BVAL	1
312	Rebecca	Sicotte	F		Independence	BVAL	1
388	Fiona	Bodkin	F	11	Los Altos	SCVAL-EC	1
389	Riley	Capuano	F	12	Los Altos	SCVAL-EC	1
390	Ella	Fadil	F	11	Los Altos	SCVAL-EC	1
391	Shelli	Lewis	F	12	Los Altos	SCVAL-EC	1
392	Maddy	Randall	F	10	Los Altos	SCVAL-EC	1
393	Jasleen	Sidhu	F	10	Los Altos	SCVAL-EC	1
394	Lauren	Soobrian	F	11	Los Altos	SCVAL-EC	1
398	Shea	Elmore	F	9	Los Gatos	SCVAL-DAL	1
399	Fiona	Herron	F	12	Los Gatos	SCVAL-DAL	1
400	Kate	Herron	F	10	Los Gatos	SCVAL-DAL	1
401	Tatum	Pyle	F	9	Los Gatos	SCVAL-DAL	1
402	Sarina	Salzer-Swartz	F	9	Los Gatos	SCVAL-DAL	1
403	Sophie	Tau	F	11	Los Gatos	SCVAL-DAL	1
404	Abigail	Zolla	F	10	Los Gatos	SCVAL-DAL	1
441	Madeleine	Boyle	F	12	Menlo-Atherton	PAL	1
442	Katriona	Briggs	F	12	Menlo-Atherton	PAL	1
443	Katie	Lorenz	F	11	Menlo-Atherton	PAL	1
444	Sofia	Melani	F	10	Menlo-Atherton	PAL	1
445	Nao	Ohashi	F	10	Menlo-Atherton	PAL	1
446	Tatum	Olesen	F	10	Menlo-Atherton	PAL	1
447	Annie	Pflaum	F	10	Menlo-Atherton	PAL	1
464	Keryssa	Li	F	10	Milpitas	SCVAL-EC	1
465	Faith	Wong	F	12	Milpitas	SCVAL-EC	1
468	Margaux	Francoeur	F	10	Monta Vista	SCVAL-DAL	1
469	Elisabeth	Hsu	F	12	Monta Vista	SCVAL-DAL	1
470	Vivian	Lau	F	12	Monta Vista	SCVAL-DAL	1
471	Nikhita	Saldi	F	11	Monta Vista	SCVAL-DAL	1
472	Jannah	Sheriff	F	12	Monta Vista	SCVAL-DAL	1
473	Sydney	Stevens	F	11	Monta Vista	SCVAL-DAL	1
474	Agnes	Wang	F	11	Monta Vista	SCVAL-DAL	1
499	Julia	Gentin	F	12	Mountain View	SCVAL-EC	1
500	Carly	Heltzel	F	12	Mountain View	SCVAL-EC	1
501	Natalie	Mark	F	11	Mountain View	SCVAL-EC	1
502	Eliana	Montgomery	F	12	Mountain View	SCVAL-EC	1
503	Carolyn	Smith	F	12	Mountain View	SCVAL-EC	1
504	Katherine	Stone	F	11	Mountain View	SCVAL-EC	1
505	Nora	Su	F	11	Mountain View	SCVAL-EC	1
565	Finley	Craig	F	11	Palo Alto	SCVAL-EC	1
566	Kinga	Czajkowska	F	9	Palo Alto	SCVAL-EC	1
567	Alexandra	Difede	F	10	Palo Alto	SCVAL-EC	1
568	Elizabeth	Fetter	F	11	Palo Alto	SCVAL-EC	1
569	Maia	Johnsson	F	12	Palo Alto	SCVAL-EC	1
570	Romy	Kiessling	F	9	Palo Alto	SCVAL-EC	1

Central Coast Section
2021 Cross Country Championships

571	Hillary	Studdert	F	11	Palo Alto	SCVAL-EC	1
579	Felisha	Kuo	F		Piedmont Hills	BVAL	1
580	Esther	Lau	F		Piedmont Hills	BVAL	1
581	Amie	Nguyen	F		Piedmont Hills	BVAL	1
582	Evelyn	Sen	F		Piedmont Hills	BVAL	1
666	Cyenna	Grijalva	F	10	Salinas	PCAL	1
673	Mia	Briano	F	9	San Benito	PCAL	1
674	Melina	Chavez	F	11	San Benito	PCAL	1
675	Valeria	Esqueda	F	9	San Benito	PCAL	1
676	Kendra	Melching	F	10	San Benito	PCAL	1
677	Madison	Minkel	F	9	San Benito	PCAL	1
678	Gabriella	Romero	F	11	San Benito	PCAL	1
679	Cynthia	Tena	F	12	San Benito	PCAL	1
708	Neveah	Bryant	F		Santa Teresa	BVAL	1
709	Ariana	Gauff	F		Santa Teresa	BVAL	1
710	Kim	Le	F		Santa Teresa	BVAL	1
711	MacKenzie	MacDonald	F		Santa Teresa	BVAL	1
712	Melody	Nguyen	F		Santa Teresa	BVAL	1
713	Jane	Partsch	F		Santa Teresa	BVAL	1
714	Sophia	Valle	F		Santa Teresa	BVAL	1
744	Mira	Goodwin	F	10	Sequoia	PAL	1
752	Hailey	Dang	F		Silver Creek	BVAL	1
753	Hillary	Dang	F		Silver Creek	BVAL	1
754	Mary	Howard	F		Silver Creek	BVAL	1
755	Rachel	Howard	F		Silver Creek	BVAL	1
756	Meha	Kavoori	F		Silver Creek	BVAL	1
757	Isabella	Lipscomb	F		Silver Creek	BVAL	1
758	Natalia	Niebles	F		Silver Creek	BVAL	1
914	Dahlia	Barranco	F	11	Watsonville	PCAL	1
915	Dominique	Cervantes-Samu	F	12	Watsonville	PCAL	1
916	Alexa	Pedraza-Quinta	F	11	Watsonville	PCAL	1
917	Edith	Rodriguez	F	11	Watsonville	PCAL	1
918	Ana	Ruiz	F	11	Watsonville	PCAL	1
919	Katelynn	Ruiz	F	9	Watsonville	PCAL	1
920	Liz	Torres	F	10	Watsonville	PCAL	1
944	Sofia	Gentry	F	11	Wilcox	SCVAL-EC	1
945	Mircea	Kippes	F	11	Wilcox	SCVAL-EC	1
946	Vista	Mehrshahi	F	11	Wilcox	SCVAL-EC	1
947	Gianna	Yslava	F	12	Wilcox	SCVAL-EC	1
Division 2 Boys							
26	Anthony	Ramos	M		Andrew Hill	BVAL	2
49	Haywood	Cooper	M	11	Aragon	PAL	2
50	Toby	Harris	M	10	Aragon	PAL	2
51	Ethan	Kang	M	11	Aragon	PAL	2
52	Zachary	Low	M	12	Aragon	PAL	2
53	Ethan	Martin	M	12	Aragon	PAL	2
54	Miles	Rokala	M	9	Aragon	PAL	2
55	Daniel	Voyles	M	12	Aragon	PAL	2
63	Matthew	Cordova	M	12	Archbishop Mitty	WCAL	2
64	Alfredo	Orozco De Rued	M	12	Archbishop Mitty	WCAL	2
65	Yuvan	Provine	M	9	Archbishop Mitty	WCAL	2
66	Nico	Rodriguez	M	10	Archbishop Mitty	WCAL	2
67	Dexter	Rupnow	M	10	Archbishop Mitty	WCAL	2
68	Liam	Saxton	M	10	Archbishop Mitty	WCAL	2
69	Aydon	Stefanopoulos	M	9	Archbishop Mitty	WCAL	2
97	Samrth	Boranna	M		Branham	BVAL	2
98	Dominic	Clima	M		Branham	BVAL	2
99	Gabriel	Hui	M		Branham	BVAL	2

Central Coast Section
2021 Cross Country Championships

100	Antoine	Moret	M		Branham	BVAL	2
101	Joshua	Perez	M		Branham	BVAL	2
102	Andrew	Seefeldt	M		Branham	BVAL	2
103	Spencer	Zeljak	M		Branham	BVAL	2
152	Martin	Picazo	M	11	Christopher	PCAL	2
245	Ethan	Alcoran	M	11	Gilroy	PCAL	2
246	Kevin	Avendano Serna	M	10	Gilroy	PCAL	2
247	Miguel	Flores	M	11	Gilroy	PCAL	2
248	Joshua	Guzman	M	9	Gilroy	PCAL	2
249	Nicholas	Guzman	M	12	Gilroy	PCAL	2
250	Sean	Kropff	M	12	Gilroy	PCAL	2
251	David	Perez	M	10	Gilroy	PCAL	2
290	Jaret	Altamirano	M	12	Hillsdale	PAL	2
291	Dax	Belen Henroid	M	11	Hillsdale	PAL	2
292	Kevin	Gee	M	12	Hillsdale	PAL	2
293	Calvin	Lee	M	11	Hillsdale	PAL	2
294	Dominic	Marquez Jr	M	12	Hillsdale	PAL	2
295	Teddy	Mendonca	M	10	Hillsdale	PAL	2
296	Andrew	Taylor	M	12	Hillsdale	PAL	2
331	Erik	Anaya	M	12	Junipero Serra	WCAL	2
332	Jakob	Gates	M	12	Junipero Serra	WCAL	2
333	Aaron	Lee	M	9	Junipero Serra	WCAL	2
334	William	Ou	M	12	Junipero Serra	WCAL	2
335	John	Penner	M	12	Junipero Serra	WCAL	2
336	Tommy	Rogers	M	12	Junipero Serra	WCAL	2
337	Jadon	Tapp	M	12	Junipero Serra	WCAL	2
362	Andrew	Hamamoto	M		Leigh	BVAL	2
363	Noah	Thompson	M		Leigh	BVAL	2
371	Aidan	Cain	M		Leland	BVAL	2
372	Zach	Derse	M		Leland	BVAL	2
373	Brian	Jackson	M		Leland	BVAL	2
374	Colin	Jubert	M		Leland	BVAL	2
375	Keshav	Sethi	M		Leland	BVAL	2
376	Sami	Shafi	M		Leland	BVAL	2
377	Kyan	Wang	M		Leland	BVAL	2
380	Diego	Ochoa	M		Lincoln	BVAL	2
419	Adarsh	Iyer	M	10	Lynbrook	SCVAL-DAL	2
420	Aiden	Kato	M	10	Lynbrook	SCVAL-DAL	2
421	Nicholas	Kong	M	10	Lynbrook	SCVAL-DAL	2
422	Vijay	Krishnamoorthy	M	10	Lynbrook	SCVAL-DAL	2
423	Theodore	Lai	M	12	Lynbrook	SCVAL-DAL	2
424	Aryan	Shah	M	12	Lynbrook	SCVAL-DAL	2
425	Kevin	Yang	M	11	Lynbrook	SCVAL-DAL	2
532	Nicolas	Reed	M		Oak Grove	BVAL	2
599	Carson	Hedlund	M		Pioneer	BVAL	2
600	Jeff	Hedlund	M		Pioneer	BVAL	2
601	Yacob	Kifle	M		Pioneer	BVAL	2
602	Omar	Lopez	M		Pioneer	BVAL	2
603	Finlay	McAfee	M		Pioneer	BVAL	2
604	Luke	Morgan	M		Pioneer	BVAL	2
605	Ethan	Mosher	M		Pioneer	BVAL	2
691	Aaron	Grush	M	12	San Mateo	PAL	2
699	Sebastian	McMahon	M	11	Santa Clara	SCVAL-EC	2
797	Owen	Kato	M	12	St. Francis (Mountain View)	WCAL	2
798	Ethan	Kawahara	M	11	St. Francis (Mountain View)	WCAL	2
799	Matthew	Mullane	M	10	St. Francis (Mountain View)	WCAL	2
800	Cheston	Opsasnick	M	12	St. Francis (Mountain View)	WCAL	2
801	Colin	Pereira	M	12	St. Francis (Mountain View)	WCAL	2

Central Coast Section
2021 Cross Country Championships

802	Jack	Sloan	M	11	St. Francis (Mountain View)	WCAL	2
803	Jaime	Zepeda	M	12	St. Francis (Mountain View)	WCAL	2
911	Nathaniel	Hobden	M	12	Valley Christian	WCAL	2
912	Ryane	Li	M	12	Valley Christian	WCAL	2
913	Andrew	Salisbury	M	10	Valley Christian	WCAL	2
934	Ryan	Chaudoin	M		Westmont	BVAL	2
935	Dean	Dalziel	M		Westmont	BVAL	2
936	Shane	Dalziel	M		Westmont	BVAL	2
937	Evan	Griffith	M		Westmont	BVAL	2
938	Zachary	Irwin	M		Westmont	BVAL	2
939	Ojas	Joshi	M		Westmont	BVAL	2
940	Jack	Park	M		Westmont	BVAL	2
948	Reza	Amini	M	11	Wilcox	SCVAL-EC	2
949	John	Cooper	M	11	Wilcox	SCVAL-EC	2
950	Robert	Cooper	M	11	Wilcox	SCVAL-EC	2
951	Tristan	Kippes	M	9	Wilcox	SCVAL-EC	2
952	Kevin	Kou	M	11	Wilcox	SCVAL-EC	2
953	Mudra	Patel	M	12	Wilcox	SCVAL-EC	2
954	Victor	Perez-Contrera	M	12	Wilcox	SCVAL-EC	2
962	Tommy	Callahan	M		Willow Glen	BVAL	2
963	Bryan	Cromartie	M		Willow Glen	BVAL	2
964	Nikos	Dal Canto	M		Willow Glen	BVAL	2
965	Evan	Itow	M		Willow Glen	BVAL	2
966	Jacob	Lantis	M		Willow Glen	BVAL	2
967	Casey	Nuti	M		Willow Glen	BVAL	2
968	Magnus	Vega	M		Willow Glen	BVAL	2
976	Dominic	Barty	M	10	Woodside	PAL	2
977	Ethan	Brooks	M	12	Woodside	PAL	2
978	Hans	Buhr	M	12	Woodside	PAL	2
979	Maximilian	Hohendorf	M	11	Woodside	PAL	2
980	Taylor	Roe	M	12	Woodside	PAL	2
981	Nayan	Smuek	M	12	Woodside	PAL	2
982	Kai	Steiner	M	12	Woodside	PAL	2
983	Nathan	Hong	M		Yerba Buena	BVAL	2
Division 2 Girls							
24	Audrey	Do	F		Andrew Hill	BVAL	2
42	Marlee	Cherkas	F	10	Aragon	PAL	2
43	Caitlin	Clark	F	12	Aragon	PAL	2
44	Lexie	Clark	F	11	Aragon	PAL	2
45	Anna	Pappas	F	11	Aragon	PAL	2
46	Danielle	Sipes	F	12	Aragon	PAL	2
47	Natalie	Teng	F	12	Aragon	PAL	2
48	Mary	Torres	F	12	Aragon	PAL	2
56	Grace	Caradonna	F	9	Archbishop Mitty	WCAL	2
57	Sibhan	Maloney	F	9	Archbishop Mitty	WCAL	2
58	Evie	Marheineke	F	9	Archbishop Mitty	WCAL	2
59	Isabella	Saggau	F	12	Archbishop Mitty	WCAL	2
60	Natalie	Silver	F	12	Archbishop Mitty	WCAL	2
61	Alexandra	Zanon	F	11	Archbishop Mitty	WCAL	2
62	Pascale	Zanon	F	11	Archbishop Mitty	WCAL	2
90	Maddy	Cheng	F		Branham	BVAL	2
91	Caitlin	Cubiss	F		Branham	BVAL	2
92	Megan	Cubiss	F		Branham	BVAL	2
93	Andie	Franco	F		Branham	BVAL	2
94	Hillary	Mai	F		Branham	BVAL	2
95	Isabelle	Moret	F		Branham	BVAL	2
96	Lauren	Peters	F		Branham	BVAL	2
104	Shayna	Blum	F	9	Burlingame	PAL	2

Central Coast Section
2021 Cross Country Championships

105	Astrid	Carlen	F	10	Burlingame	PAL	2
106	Ava	Gonzalez	F	10	Burlingame	PAL	2
107	Lauren	Gonzalez	F	10	Burlingame	PAL	2
108	Coraline	Haggarty	F	10	Burlingame	PAL	2
109	Ellie	Neuman	F	11	Burlingame	PAL	2
110	Elise	Spenner	F	10	Burlingame	PAL	2
151	Sarah	Arceo	F	11	Christopher	PCAL	2
239	Sydney	Emmert	F	9	Gilroy	PCAL	2
240	Valeria	Flores	F	9	Gilroy	PCAL	2
241	Vianey	Garcia	F	11	Gilroy	PCAL	2
242	Karina	Rodriguez	F	12	Gilroy	PCAL	2
243	Natalia	Sandoval	F	10	Gilroy	PCAL	2
244	Katherine	Turk	F	12	Gilroy	PCAL	2
283	Kendall	Hsieh	F	12	Hillsdale	PAL	2
284	Naia	Hsieh	F	9	Hillsdale	PAL	2
285	Clare	Lucey	F	12	Hillsdale	PAL	2
286	Colleen	Lucey	F	12	Hillsdale	PAL	2
287	Lauryn	Matsumoto	F	9	Hillsdale	PAL	2
288	Jordan	Robinson	F	10	Hillsdale	PAL	2
289	Nina	Schmier	F	12	Hillsdale	PAL	2
355	Amber	Buonomo	F		Leigh	BVAL	2
356	Kiera	Ching	F		Leigh	BVAL	2
357	Abigail	Ho	F		Leigh	BVAL	2
358	Meghan	McLeary	F		Leigh	BVAL	2
359	Eve	O'Neill	F		Leigh	BVAL	2
360	Karly	Page	F		Leigh	BVAL	2
361	Lily	Sanders	F		Leigh	BVAL	2
364	Maria	Forster	F		Leland	BVAL	2
365	Ameya	Ganesh	F		Leland	BVAL	2
366	Breanna	Lu	F		Leland	BVAL	2
367	Lillian	Montgomery	F		Leland	BVAL	2
368	Eva	Nguyen-Fell	F		Leland	BVAL	2
369	Kaela	Pham	F		Leland	BVAL	2
370	Serena	Xiang	F		Leland	BVAL	2
378	Cece	Giguere	F		Lincoln	BVAL	2
379	Samantha	Solorzano	F		Lincoln	BVAL	2
412	Patricia	Chang	F	11	Lynbrook	SCVAL-DAL	2
413	Sharlene	Chen	F	12	Lynbrook	SCVAL-DAL	2
414	Lilly	Fang	F	10	Lynbrook	SCVAL-DAL	2
415	Leah	Homstad	F	12	Lynbrook	SCVAL-DAL	2
416	Diana	Kohr	F	12	Lynbrook	SCVAL-DAL	2
417	Sadhvi	Narayanan	F	11	Lynbrook	SCVAL-DAL	2
418	Srushti	Patil	F	12	Lynbrook	SCVAL-DAL	2
592	Andrea	Ayla	F		Pioneer	BVAL	2
593	Daya	Kumaran	F		Pioneer	BVAL	2
594	Hanna	Olson	F		Pioneer	BVAL	2
595	Bella	Peretti	F		Pioneer	BVAL	2
596	Abi	Schlimentzon	F		Pioneer	BVAL	2
597	Kate	Smyrniotis	F		Pioneer	BVAL	2
598	Kalia	Villanueva	F		Pioneer	BVAL	2
621	Milly	Fulgencio Go	F		Prospect	BVAL	2
622	Kylie	Hoornaert	F		Prospect	BVAL	2
623	Shirin	Hujejrovic	F		Prospect	BVAL	2
624	Natalie	Ludwig	F		Prospect	BVAL	2
625	Daniella	Munguia	F		Prospect	BVAL	2
626	Kira	Stringer	F		Prospect	BVAL	2
627	Aditi	Varia	F		Prospect	BVAL	2
773	Sophia	Martel	F	10	Soledad	PCAL	2

Central Coast Section
2021 Cross Country Championships

790	Caitlin	Cilley	F	9	St. Francis (Mountain View)	WCAL	2
791	Christel	Elkins	F	12	St. Francis (Mountain View)	WCAL	2
792	Anna	Fawcett	F	11	St. Francis (Mountain View)	WCAL	2
793	Lillian	Kaelber	F	10	St. Francis (Mountain View)	WCAL	2
794	Briana	Valdes	F	11	St. Francis (Mountain View)	WCAL	2
795	Hinako	Yamamoto	F	11	St. Francis (Mountain View)	WCAL	2
796	Sabrina	Zanetto	F	9	St. Francis (Mountain View)	WCAL	2
904	Rosaleen	Chang	F	11	Valley Christian	WCAL	2
905	Chloe	Ding	F	10	Valley Christian	WCAL	2
906	Jessica	Guardino	F	11	Valley Christian	WCAL	2
907	Reena	Kim	F	12	Valley Christian	WCAL	2
908	Serena	Pei	F	12	Valley Christian	WCAL	2
909	Vivian	Pham	F	11	Valley Christian	WCAL	2
910	Jennifer	Song	F	12	Valley Christian	WCAL	2
928	Sara	Chaudoin	F		Westmont	BVAL	2
929	Kiarra	D'Arcangelo	F		Westmont	BVAL	2
930	Alexandra	Gryciuk	F		Westmont	BVAL	2
931	Avalon	Kelly	F		Westmont	BVAL	2
932	Tauren	Mitchell	F		Westmont	BVAL	2
933	Lily	Stockmans	F		Westmont	BVAL	2
955	Taylor	Chesarek	F		Willow Glen	BVAL	2
956	Katelynn	Dilbeck	F		Willow Glen	BVAL	2
957	Lola	Herning	F		Willow Glen	BVAL	2
958	Haley	Meyer	F		Willow Glen	BVAL	2
959	Raven	Nieto	F		Willow Glen	BVAL	2
960	Domnique	Salinas	F		Willow Glen	BVAL	2
961	Paige	Unger	F		Willow Glen	BVAL	2
969	Maggie	Arana	F	9	Woodside	PAL	2
970	Sophia	Karer	F	9	Woodside	PAL	2
971	Elle	Marsyla	F	12	Woodside	PAL	2
972	Virginia	Pistilli	F	12	Woodside	PAL	2
973	Dana	Reed	F	9	Woodside	PAL	2
974	Georgia	Skarakis	F	9	Woodside	PAL	2
975	Celia	Van De Wyer	F	9	Woodside	PAL	2
Division 3 Boys							
35	Colin	Dagnall	M	9	Aptos	SCCAL	3
36	Avery	Heebner	M	12	Aptos	SCCAL	3
37	Chase	Jacques-Maynes	M	11	Aptos	SCCAL	3
38	Joseph	McGibben	M	10	Aptos	SCCAL	3
39	Evan	Niles	M	10	Aptos	SCCAL	3
40	Trent	Nosky	M	11	Aptos	SCCAL	3
41	Timothy	Scott	M	10	Aptos	SCCAL	3
111	Lucas	Keeley	M	9	Burlingame	PAL	3
112	Evan	Kim	M	10	Burlingame	PAL	3
120	Benjamin	Greer	M	12	Capuchino	PAL	3
172	Richard	Armenta	M		Del Mar	BVAL	3
173	Ty	Fought	M		Del Mar	BVAL	3
174	Nathan	Green	M		Del Mar	BVAL	3
175	Israel	Hernandez	M		Del Mar	BVAL	3
176	Henry	Oliver	M		Del Mar	BVAL	3
177	Alonso	Rojas	M		Del Mar	BVAL	3
178	Ashton	Scheerer	M		Del Mar	BVAL	3
202	Michael	Jimenez	M	11	El Camino	PAL	3
203	Francisco	Martinez	M	12	El Camino	PAL	3
204	Alexander	Quemuel	M	12	El Camino	PAL	3
205	Raul	Reyes	M	12	El Camino	PAL	3
206	Yutaka	Roberts	M	12	El Camino	PAL	3
207	Jake	Szebo	M	11	El Camino	PAL	3

Central Coast Section
2021 Cross Country Championships

208	Ryan	Woo	M	11	El Camino	PAL	3
276	Hideto	Hara	M	10	Half Moon Bay	PAL	3
339	Israel	Limosnero	M	11	King City	PCAL	3
457	Aaron	Chin	M	12	Mills	PAL	3
458	Jason	Habash	M	12	Mills	PAL	3
459	Lokesh	Kumar	M	12	Mills	PAL	3
460	Samual	Lam	M	11	Mills	PAL	3
461	Jadon	Lo	M	11	Mills	PAL	3
462	Remy	Palomo	M	11	Mills	PAL	3
463	Gabriel	Solano	M	11	Mills	PAL	3
498	Andrew	Moberg	M	11	Monterey	PCAL	3
514	Miguel	Alvarado	M	11	North Monterey County	PCAL	3
515	Agustin	Cortez	M	12	North Monterey County	PCAL	3
516	Gael	Godinez	M	11	North Monterey County	PCAL	3
517	Issac	Hernandez	M	12	North Monterey County	PCAL	3
518	Aidan	Ibarra	M	11	North Monterey County	PCAL	3
519	Irineo	Navarro	M	11	North Monterey County	PCAL	3
520	Diego	Villegas	M	12	North Monterey County	PCAL	3
628	Joseph	Avellar	M		Prospect	BVAL	3
629	Mathew	Bailey	M		Prospect	BVAL	3
630	Nolan	Breit	M		Prospect	BVAL	3
631	Joshua	Choi	M		Prospect	BVAL	3
632	Elliot	Daniels	M		Prospect	BVAL	3
633	Charlie	Kirkendall	M		Prospect	BVAL	3
634	Evan	Pagano	M		Prospect	BVAL	3
636	Gabino	Anaya	M	11	Rancho San Juan	PCAL	3
637	Jacob	Duff	M	11	Rancho San Juan	PCAL	3
638	Nathan	Emerson	M	11	Rancho San Juan	PCAL	3
639	Noah	Pulido	M	9	Rancho San Juan	PCAL	3
640	Carlos	Rangel	M	11	Rancho San Juan	PCAL	3
641	Leonardo	Tovar	M	11	Rancho San Juan	PCAL	3
642	Scott	Zumudio	M	11	Rancho San Juan	PCAL	3
650	Dominic	Bankovitch	M	11	Sacred Heart Cathedral	WCAL	3
651	Miles	Cook	M	9	Sacred Heart Cathedral	WCAL	3
652	Erik	Digerness	M	11	Sacred Heart Cathedral	WCAL	3
653	Cam	Gregg	M	9	Sacred Heart Cathedral	WCAL	3
654	Ryan	Joyce	M	10	Sacred Heart Cathedral	WCAL	3
655	Luke	Moore	M	10	Sacred Heart Cathedral	WCAL	3
656	Jordan	Wu	M	11	Sacred Heart Cathedral	WCAL	3
701	Aidan	Cinque	M	11	Santa Cruz	SCCAL	3
702	Eli	Fitchen-Young	M	9	Santa Cruz	SCCAL	3
703	Jim	Ratliff	M	11	Santa Cruz	SCCAL	3
704	Owen	Rogers	M	9	Santa Cruz	SCCAL	3
705	Will	Trowbridge	M	11	Santa Cruz	SCCAL	3
706	Kees	Van Der Meer	M	10	Santa Cruz	SCCAL	3
707	Emiliano	Villarreal	M	9	Santa Cruz	SCCAL	3
723	Anand	Agrawal	M	11	Saratoga	SCVAL-DAL	3
724	Harrison	Dance	M	12	Saratoga	SCVAL-DAL	3
725	George	Hu	M	10	Saratoga	SCVAL-DAL	3
726	Wasil	Kahn	M	11	Saratoga	SCVAL-DAL	3
727	Jacob	Merrill	M	10	Saratoga	SCVAL-DAL	3
728	Hrshikesh	Rao	M	12	Saratoga	SCVAL-DAL	3
729	Shaolun	Sun	M	10	Saratoga	SCVAL-DAL	3
766	Michael	Boyd	M		Sobrato	BVAL	3
767	Brandon	Cendejas	M		Sobrato	BVAL	3
768	Colin	Curto	M		Sobrato	BVAL	3
769	Nicholas	Froehlich	M		Sobrato	BVAL	3
770	Michael	Gabbani	M		Sobrato	BVAL	3

Central Coast Section
2021 Cross Country Championships

771	Nathan	Havens	M		Sobrato	BVAL	3
772	Jake	Lepe	M		Sobrato	BVAL	3
774	Marco	Barrera	M	12	Soledad	PCAL	3
775	Jacob	Dizon	M	11	Soledad	PCAL	3
776	Joel	Hernandez	M	12	Soledad	PCAL	3
777	Jean Luc	Martel	M	12	Soledad	PCAL	3
778	Elijah	Melchor	M	11	Soledad	PCAL	3
779	Jose	Ornelas	M	12	Soledad	PCAL	3
780	James	Pantoja	M	12	Soledad	PCAL	3
811	Kelvin	Chan	M	11	St. Ignatius	WCAL	3
812	Justen	Estillore	M	10	St. Ignatius	WCAL	3
813	Sam	Finnerty	M	10	St. Ignatius	WCAL	3
814	Ethan	Martinovsky	M	10	St. Ignatius	WCAL	3
815	Liam	Milby	M	12	St. Ignatius	WCAL	3
816	Julian	Richard	M	10	St. Ignatius	WCAL	3
817	Luciano	Roberts	M	10	St. Ignatius	WCAL	3
942	Liam	Gregory	M	10	Westmoor	PAL	3
943	Aria	Park	M	12	Westmoor	PAL	3
Division 3 Girls							
28	Annie	Eikemeyer	F	12	Aptos	SCCAL	3
29	Ceci	Garcia	F	10	Aptos	SCCAL	3
30	Rachel	Hoops	F	10	Aptos	SCCAL	3
31	Maggie	Long	F	10	Aptos	SCCAL	3
32	Malia	Moreno	F	10	Aptos	SCCAL	3
33	Mairin	Mullen	F	12	Aptos	SCCAL	3
34	Brooke	Willoughby	F	11	Aptos	SCCAL	3
113	Sophia	Aran	F	11	Capuchino	PAL	3
114	Myla	Brignardello	F	12	Capuchino	PAL	3
115	Sarah	Chavez	F	12	Capuchino	PAL	3
116	Angelina	Jensen	F	9	Capuchino	PAL	3
117	Siofra	Linden	F	11	Capuchino	PAL	3
118	Alondra	Nungaray	F	11	Capuchino	PAL	3
119	Jillian	Wong	F	9	Capuchino	PAL	3
201	Noelle	Diep	F	12	El Camino	PAL	3
253	Maria	Garcia	F	12	Greenfield	PCAL	3
254	Jimena	Hernandez	F	11	Greenfield	PCAL	3
269	Gracie	Anwar	F	10	Half Moon Bay	PAL	3
270	Anna	Bikle	F	12	Half Moon Bay	PAL	3
271	Jamie	Bikle	F	9	Half Moon Bay	PAL	3
272	Natalie	Curthoys	F	12	Half Moon Bay	PAL	3
273	Deia	Kerseg	F	10	Half Moon Bay	PAL	3
274	Belinda	Morales	F	11	Half Moon Bay	PAL	3
275	Akiko	Tanaka	F	10	Half Moon Bay	PAL	3
381	Sohpia	Barreras	F		Live Oak	BVAL	3
382	Alondra	Dominguez	F		Live Oak	BVAL	3
383	Susan	Kirchhoff	F		Live Oak	BVAL	3
384	Abigail	Paulson	F		Live Oak	BVAL	3
385	Yaquelin	Ruiz Martinez	F		Live Oak	BVAL	3
386	Sofia	Ruiz McGinty	F		Live Oak	BVAL	3
387	Avery	Smith	F		Live Oak	BVAL	3
456	Alyssa	Draheim	F	10	Mills	PAL	3
491	Lytic	Colby	F	12	Monterey	PCAL	3
492	Katrina	Creamer	F	9	Monterey	PCAL	3
493	Emma	Esparza	F	10	Monterey	PCAL	3
494	Alana	Gamino	F	11	Monterey	PCAL	3
495	Melissa	Hernandez	F	12	Monterey	PCAL	3
496	Linda	Khsawneh	F	12	Monterey	PCAL	3
497	Sara	Millette	F	11	Monterey	PCAL	3

Central Coast Section
2021 Cross Country Championships

513	Melissa	Maclas	F	10	North Monterey County	PCAL	3
525	Brianna	Bittel	F	11	Notre Dame San Jose	WBAL	3
526	Tzetzangari	Contreras	F	12	Notre Dame San Jose	WBAL	3
527	Emily	Floyd	F	9	Notre Dame San Jose	WBAL	3
528	Rio	Funatsu	F	9	Notre Dame San Jose	WBAL	3
529	Melia	Hernandez	F	12	Notre Dame San Jose	WBAL	3
530	Roxanne	Oles	F	12	Notre Dame San Jose	WBAL	3
531	Naomi	Pacheco	F	11	Notre Dame San Jose	WBAL	3
606	Abigail	Enney	F	12	Presentation	WCAL	3
635	Gabriela	Cardenas	F	9	Rancho San Juan	PCAL	3
643	Samantha	Aclan	F	12	Sacred Heart Catehdral	WCAL	3
644	Isabel	Banayad	F	12	Sacred Heart Catehdral	WCAL	3
645	Alyssa	Boucher	F	11	Sacred Heart Catehdral	WCAL	3
646	Sophia	Nakakura	F	9	Sacred Heart Catehdral	WCAL	3
647	Elizabeth	Nip	F	12	Sacred Heart Catehdral	WCAL	3
648	Bridget	Panina	F	10	Sacred Heart Catehdral	WCAL	3
649	Arden	Walsh	F	9	Sacred Heart Catehdral	WCAL	3
700	Hadley	Dobkin	F	9	Santa Cruz	SCCAL	3
716	Hillary	Gonzalez	F	9	Saratoga	SCVAL-DAL	3
717	Isha	Goswami	F	11	Saratoga	SCVAL-DAL	3
718	Anisha	Rahut	F	9	Saratoga	SCVAL-DAL	3
719	Elizabeth	Stoiber	F	11	Saratoga	SCVAL-DAL	3
720	Amoli	Vanavadiya	F	12	Saratoga	SCVAL-DAL	3
721	Carolyn	Wang	F	11	Saratoga	SCVAL-DAL	3
722	Miranda	Yee	F	11	Saratoga	SCVAL-DAL	3
781	Marisol	Jenkins-Sorens	F	11	Soquel	SCCAL	3
782	Suki	Kasmi	F	10	Soquel	SCCAL	3
783	Ava	Manier	F	12	Soquel	SCCAL	3
784	Maya	McCain	F	12	Soquel	SCCAL	3
785	Nola	Salazar	F	10	Soquel	SCCAL	3
786	Julia	Snelling	F	11	Soquel	SCCAL	3
787	Sophia	Tijoe	F	12	Soquel	SCCAL	3
808	Eva	Devlin	F	11	St. Ignatius	WCAL	3
809	Maryjane	Shaskan	F	10	St. Ignatius	WCAL	3
810	Addie	Vida	F	10	St. Ignatius	WCAL	3
941	Ericka	Dorn	F	10	Westmoor	PAL	3
Division 4 Boys							
76	Jesus	Aguilar	M	12	Archbishop Riordan	WCAL	4
77	Cameron	Gibson	M	10	Archbishop Riordan	WCAL	4
78	Luke	Grogan	M	11	Archbishop Riordan	WCAL	4
79	Max	Lara	M	12	Archbishop Riordan	WCAL	4
80	Mason	McKee	M	11	Archbishop Riordan	WCAL	4
81	Collin	Murtagh	M	12	Archbishop Riordan	WCAL	4
82	Will	Parker	M	10	Archbishop Riordan	WCAL	4
137	Mack	Aldi	M	9	Carmel	PCAL	4
138	Dylan	Craig	M	11	Carmel	PCAL	4
139	Avi	Desai	M	11	Carmel	PCAL	4
140	Tyler	Imamura	M	11	Carmel	PCAL	4
141	Zack	Lander	M	9	Carmel	PCAL	4
142	Zack	Seifert	M	11	Carmel	PCAL	4
143	Aiden	Tarantino	M	11	Carmel	PCAL	4
185	Logan	Crusick	M	9	Design Tech	PSAL	4
186	Andrew	Huang	M	12	Design Tech	PSAL	4
187	Dhruv	Mitra	M	9	Design Tech	PSAL	4
188	Roman	Noravian	M	10	Design Tech	PSAL	4
189	Thomas	Saito	M	12	Design Tech	PSAL	4
190	Owen	Wood	M	12	Design Tech	PSAL	4
191	Elias	Wu	M	11	Design Tech	PSAL	4

Central Coast Section
2021 Cross Country Championships

192	Jovany	Alvarado	M	10	Downtown College Preparatory	PSAL	4
193	Victor	Cabrera	M	10	Downtown College Preparatory	PSAL	4
194	Izaac	Chavez	M	12	Downtown College Preparatory	PSAL	4
195	Jonathan	Garcia	M	12	Downtown College Preparatory	PSAL	4
196	Jairo	Leandro	M	12	Downtown College Preparatory	PSAL	4
197	Luis	Sanchez	M	11	Downtown College Preparatory	PSAL	4
198	Jose	Soto	M	12	Downtown College Preparatory	PSAL	4
252	Arturo	Castro	M	12	Gonzales	PCAL	4
278	Guerande	Houssin	M	9	Harbor	SCCAL	4
280	Rupert	Chen	M	11	Harker	WBAL	4
281	Rigo	Gonzales	M	11	Harker	WBAL	4
282	Veyd	Patil	M	10	Harker	WBAL	4
326	Ronaldo	Castillo	M		James Lick	BVAL	4
327	Alexander	Herrera	M		James Lick	BVAL	4
328	Ivan	Juluan	M		James Lick	BVAL	4
329	Jonathan	Mkammerer	M		James Lick	BVAL	4
330	Omar	Sanchez	M		James Lick	BVAL	4
348	Alonso	Ceron	M	12	Latino College Preparatory	PSAL	4
349	Allan	Colorado	M	9	Latino College Preparatory	PSAL	4
350	Sinesio	Huezo III	M	11	Latino College Preparatory	PSAL	4
351	Jesus	Leyva	M	12	Latino College Preparatory	PSAL	4
352	Pablo	Lopez	M	12	Latino College Preparatory	PSAL	4
353	Amando	Plancarte	M	11	Latino College Preparatory	PSAL	4
354	Arturo	Valdovinos	M	10	Latino College Preparatory	PSAL	4
427	Steven	Aspeitia	M	12	Marina	PCAL	4
434	Alex	Boesch	M	10	Menlo School	WBAL	4
435	Aiden	Deffner	M	11	Menlo School	WBAL	4
436	William	Hauser	M	9	Menlo School	WBAL	4
437	Nik	Khuntia	M	12	Menlo School	WBAL	4
438	Justin	Pretre	M	11	Menlo School	WBAL	4
439	Landon	Pretre	M	9	Menlo School	WBAL	4
440	Nishan	Rajavasireddy	M	12	Menlo School	WBAL	4
484	Trent	Hendricks	M	10	Monte Vista Christian	PCAL	4
485	Michael	Martin	M	12	Monte Vista Christian	PCAL	4
486	Aarush	Nalawadi	M	10	Monte Vista Christian	PCAL	4
487	James	Ponzio	M	11	Monte Vista Christian	PCAL	4
488	James	Rose	M	11	Monte Vista Christian	PCAL	4
489	Dominic	Ursino	M	11	Monte Vista Christian	PCAL	4
490	Koen	Vandenberg	M	12	Monte Vista Christian	PCAL	4
536	Carsen	Andrews	M	11	Oceana	PAL	4
537	Benjamin	Byerton	M	11	Oceana	PAL	4
538	Andrew	Jenkins Cruz	M	11	Oceana	PAL	4
539	Eric	Pacini	M	11	Oceana	PAL	4
540	Max	Steffel	M	11	Oceana	PAL	4
541	Caleb	Sun	M	12	Oceana	PAL	4
542	Silas	Uhland	M	11	Oceana	PAL	4
557	Chris	Fenstermaker	M	11	Pacific Grove	PCAL	4
558	Benjy	Altamirano	M	12	Palma	PCAL	4
559	Sam	Bastida	M	12	Palma	PCAL	4
560	Moises	Benito	M	12	Palma	PCAL	4
561	Jesus	Flores	M	12	Palma	PCAL	4
562	Gianni	Ponce	M	10	Palma	PCAL	4
563	Leo	Santana	M	10	Palma	PCAL	4
564	William	Ward	M	9	Palma	PCAL	4
664	Nick	Karros	M	10	Sacred Heart Prep	WBAL	4
665	Arjun	Singh	M	9	Sacred Heart Prep	WBAL	4
687	Efren	Castaneda	M		San Jose	BVAL	4
690	Marco	Evans	M	12	San Lorenzo Valley	SCCAL	4

Central Coast Section
2021 Cross Country Championships

737	Aiden	Boothby	M	11	Scotts Valley	SCCAL	4
738	Ryder	Brabo	M	12	Scotts Valley	SCCAL	4
739	Drew	Bryson	M	12	Scotts Valley	SCCAL	4
740	Austin	George	M	12	Scotts Valley	SCCAL	4
741	Jeremy	Kain	M	12	Scotts Valley	SCCAL	4
742	Mason	Lantz	M	10	Scotts Valley	SCCAL	4
743	Jonah	Verinsky	M	11	Scotts Valley	SCCAL	4
788	Jack	Spencer	M	12	Soquel	SCCAL	4
789	Brody	Staley	M	11	Soquel	SCCAL	4
865	Joshua	Han	M	10	The King's Academy	WBAL	4
866	Ian	Hanna	M	12	The King's Academy	WBAL	4
867	Aleksei	Mawdsley	M	12	The King's Academy	WBAL	4
868	Micah	Mok	M	12	The King's Academy	WBAL	4
869	Thomas	Tasker	M	10	The King's Academy	WBAL	4
870	Silas	Taylor	M	12	The King's Academy	WBAL	4
871	Guarav	Upadhye	M	12	The King's Academy	WBAL	4
Division 4 Girls							
70	Daphne	Batmale	F	9	Archbishop Riordan	WCAL	4
71	Sarah	Crowley	F	10	Archbishop Riordan	WCAL	4
72	Josie	Espinoza-Schle	F	9	Archbishop Riordan	WCAL	4
73	Ana	Nixon	F	9	Archbishop Riordan	WCAL	4
74	Maya	Pessoa	F	10	Archbishop Riordan	WCAL	4
75	Kyli	Schwietert	F	9	Archbishop Riordan	WCAL	4
130	Isabella	Davi	F	10	Carmel	PCAL	4
131	Sophia	Davi	F	12	Carmel	PCAL	4
132	Sara	Eyjolfsdottir	F	10	Carmel	PCAL	4
133	Ava	Ghio	F	9	Carmel	PCAL	4
134	Marina	Hobson	F	11	Carmel	PCAL	4
135	Chiara	Kvitek	F	10	Carmel	PCAL	4
136	Christiana	Kvitek	F	10	Carmel	PCAL	4
179	Amaryllis	Gao	F	12	Design Tech	PSAL	4
180	Kira	Hermansson	F	9	Design Tech	PSAL	4
181	Nalini	Kotecha	F	9	Design Tech	PSAL	4
182	Kennedy	Orange	F	9	Design Tech	PSAL	4
183	Nia	Raghavan	F	9	Design Tech	PSAL	4
184	Samantha	Saito	F	12	Design Tech	PSAL	4
277	Olivia	Chen	F	10	Harbor	SCCAL	4
279	Kara	Kister	F	11	Harker	WBAL	4
320	Viviana	Bravo	F		James Lick	BVAL	4
321	Daisy	Flores	F		James Lick	BVAL	4
322	Belen	Gomez	F		James Lick	BVAL	4
323	Brianna	Julian	F		James Lick	BVAL	4
324	Litzy	Paul	F		James Lick	BVAL	4
325	Alina	Vo	F		James Lick	BVAL	4
341	Yadira	Adame	F	9	Latino College Preparatory	PSAL	4
342	Janeth	Chavarria	F	12	Latino College Preparatory	PSAL	4
343	Angela	Coello	F	11	Latino College Preparatory	PSAL	4
344	Jessabel	Espejel	F	9	Latino College Preparatory	PSAL	4
345	Mia	Montes	F	10	Latino College Preparatory	PSAL	4
346	Cynthia	Ramos	F	11	Latino College Preparatory	PSAL	4
347	Michelle	Ventura	F	10	Latino College Preparatory	PSAL	4
426	Kanon	Shell	F	12	Marina	PCAL	4
428	Eden	Chuang	F	9	Menlo School	WBAL	4
429	Beteliem	Essa	F	10	Menlo School	WBAL	4
430	Sophia	Gallo	F	12	Menlo School	WBAL	4
431	Alea	Marks	F	11	Menlo School	WBAL	4
432	Grace	Tang	F	12	Menlo School	WBAL	4
433	Audrey	Tsao	F	9	Menlo School	WBAL	4

Central Coast Section
2021 Cross Country Championships

482	Kylie	Brunelli	F	9	Monte Vista Christian	PCAL	4
483	Caelan	Gilliam	F	11	Monte Vista Christian	PCAL	4
522	Annette	Henderson	F	10	Notre Dame Belmont	WBAL	4
523	Elle	Rau	F	12	Notre Dame Belmont	WBAL	4
524	Megan	Worry	F	10	Notre Dame Belmont	WBAL	4
535	Lara	Scanziani	F	9	Oceana	PAL	4
657	Leah	Bei	F	9	Sacred Heart Prep	WBAL	4
658	Sophie	Cheung	F	9	Sacred Heart Prep	WBAL	4
659	Sophie	McDade	F	9	Sacred Heart Prep	WBAL	4
660	Janie	Morganroth	F	12	Sacred Heart Prep	WBAL	4
661	Lucy	Paynter	F	12	Sacred Heart Prep	WBAL	4
662	Julia	Soderbery	F	11	Sacred Heart Prep	WBAL	4
663	Avery	Wagner	F	9	Sacred Heart Prep	WBAL	4
688	Haven	Finley	F	11	San Lorenzo Valley	SCCAL	4
689	Colleen	Murata	F	11	San Lorenzo Valley	SCCAL	4
730	Diana	Alivov	F	10	Scotts Valley	SCCAL	4
731	Amber	Boothby	F	11	Scotts Valley	SCCAL	4
732	Ashlyn	Boothby	F	10	Scotts Valley	SCCAL	4
733	Dresden	Brabo	F	10	Scotts Valley	SCCAL	4
734	Greta	Feague	F	12	Scotts Valley	SCCAL	4
735	Rafaela	Putnam	F	11	Scotts Valley	SCCAL	4
736	Megan	Wu	F	12	Scotts Valley	SCCAL	4
851	Callie	Banta	F	12	Terra Nova	PAL	4
852	Emily	Banta	F	10	Terra Nova	PAL	4
853	Jasmine	Hadeed	F	10	Terra Nova	PAL	4
854	Shelby	Lee	F	10	Terra Nova	PAL	4
855	Nili	Ramin	F	11	Terra Nova	PAL	4
856	Ryanne	Reynolds	F	11	Terra Nova	PAL	4
857	Sophia	Zygarewicz	F	12	Terra Nova	PAL	4
858	Ivette	Arriaga	F	12	The King's Academy	WBAL	4
859	Sara	Chamness	F	12	The King's Academy	WBAL	4
860	Anna	Collins	F	12	The King's Academy	WBAL	4
861	Torie	Geleynse	F	12	The King's Academy	WBAL	4
862	Hana	Rust	F	11	The King's Academy	WBAL	4
863	Leah	Tasker	F	12	The King's Academy	WBAL	4
864	Allyson	Ting	F	11	The King's Academy	WBAL	4
Division 5 Boys							
160	Tarik	Baker	M	9	Crystal Springs Uplands School	WBAL	5
161	Ollie	Boesch	M	9	Crystal Springs Uplands School	WBAL	5
162	Benjamin	Bouie	M	9	Crystal Springs Uplands School	WBAL	5
163	Furious	Clay	M	11	Crystal Springs Uplands School	WBAL	5
164	Lachlan	Guo	M	10	Crystal Springs Uplands School	WBAL	5
165	Ilya	Kipkalov	M	9	Crystal Springs Uplands School	WBAL	5
166	Dean	Wu	M	10	Crystal Springs Uplands School	WBAL	5
199	Leo	Garcia	M	12	East Palo Alto Academy	PSAL	5
200	David	Martinez	M	12	Eastside College Prep	WBAL	5
340	Roark	Anderson	M	9	Kirby, G.B.	PCAL	5
455	Jonathan	Wu	M	11	Mid-Peninsula	PSAL	5
533	Ellis	Richardson	M	12	Oakwood	PCAL	5
534	Vlad	Zailsau	M	11	Oakwood	PCAL	5
550	Jd	Holmlund	M	9	Pacific Collegiate	PCAL	5
551	Landen	Isacson	M	11	Pacific Collegiate	PCAL	5
552	Spencer	Koontz	M	10	Pacific Collegiate	PCAL	5
553	Xander	Lee	M	11	Pacific Collegiate	PCAL	5
554	Jack	McNulty	M	9	Pacific Collegiate	PCAL	5
555	Kenzo	Miura	M	11	Pacific Collegiate	PCAL	5
556	Booker	Wilkins	M	9	Pacific Collegiate	PCAL	5
591	Shay	Mallempati	M	9	Pinewood	WBAL	5

Central Coast Section
2021 Cross Country Championships

614	Carter	Baginskis	M	10	Priory	WBAL	5
615	Peter	Baszucki	M	9	Priory	WBAL	5
616	James	Heron	M	11	Priory	WBAL	5
617	John	Hurlbut	M	10	Priory	WBAL	5
618	Levente	Palvolgyi	M	11	Priory	WBAL	5
619	Jack	Ryan	M	12	Priory	WBAL	5
620	Evan	Strohman	M	11	Priory	WBAL	5
806	Sole	Ramirez	M	10	St. Francis SCP	PCAL	5
807	Julian	Vargas	M	12	St. Francis SCP	PCAL	5
825	Alessandro	De Leo	M	9	Stevenson	PCAL	5
826	Marcus	Finley	M	9	Stevenson	PCAL	5
827	William	Gutierrez	M	10	Stevenson	PCAL	5
828	Kai	Hu	M	11	Stevenson	PCAL	5
829	Win	Metcalf	M	12	Stevenson	PCAL	5
830	John	Puka	M	12	Stevenson	PCAL	5
831	Harrison	Wilmot	M	10	Stevenson	PCAL	5
832	Anton	Athanasia	M	12	Summit Prepatatory	PSAL	5
833	Oscar	Castillo	M	9	Summit Prepatatory	PSAL	5
834	Aaron	Li	M	12	Summit Prepatatory	PSAL	5
835	Michael	McCrea	M	10	Summit Prepatatory	PSAL	5
836	Evan	Tuan	M	9	Summit Prepatatory	PSAL	5
837	Jonah	Weber	M	9	Summit Prepatatory	PSAL	5
843	Kevin	Co	M	9	Summit Shasta	PSAL	5
844	Michael	Co	M	12	Summit Shasta	PSAL	5
845	Nathan	Guan	M	10	Summit Shasta	PSAL	5
846	Ryan	Hu	M	11	Summit Shasta	PSAL	5
847	Kenway	Jiang	M	10	Summit Shasta	PSAL	5
848	Jasper	Jung	M	12	Summit Shasta	PSAL	5
849	Myles	Liston	M	10	Summit Shasta	PSAL	5
879	Joshua	Byun	M	11	The Nueva School	PSAL	5
880	Alex	Cocquyt	M	12	The Nueva School	PSAL	5
881	Owen	Hsu	M	11	The Nueva School	PSAL	5
882	Emerson	Lange	M	12	The Nueva School	PSAL	5
883	Davis	Turner	M	12	The Nueva School	PSAL	5
884	Jack	Turner	M	12	The Nueva School	PSAL	5
885	Owen	Zhang	M	12	The Nueva School	PSAL	5
887	Michael	Julian	M	12	The York School	PCAL	5
889	Jacob	Schaper	M	12	Thomas More	PSAL	5
890	Caleb	Bouwens	M	11	Trinity Christian	PCAL	5
898	Eric	Ahsue	M	12	University Preparatory Academy	PSAL	5
899	Joshua	Asada	M	11	University Preparatory Academy	PSAL	5
900	Nahum	Hintsu	M	12	University Preparatory Academy	PSAL	5
901	Jonathan	Joseph	M	12	University Preparatory Academy	PSAL	5
902	Joshua	Joseph	M	10	University Preparatory Academy	PSAL	5
903	Yasin	Koc	M	10	University Preparatory Academy	PSAL	5
Division 5 Girls							
27	Angelina	Tran	F	9	Anzar	PCAL	5
144	Daniela	Henderson	F	11	Castilleja	WBAL	5
145	Samira	Kennedy	F	11	Castilleja	WBAL	5
146	Abigail	Krenz	F	12	Castilleja	WBAL	5
147	Zoe	Lee	F	9	Castilleja	WBAL	5
148	Perry	McElhinney	F	10	Castilleja	WBAL	5
149	Naya	Sangoram	F	9	Castilleja	WBAL	5
150	Celia	Sullivan	F	11	Castilleja	WBAL	5
153	Kaiya	Brooks	F	11	Crystal Springs Uplands School	WBAL	5
154	Allison	Huh	F	9	Crystal Springs Uplands School	WBAL	5
155	Jasmyn	Mirsepahi	F	11	Crystal Springs Uplands School	WBAL	5
156	Reilly	Sheehan	F	12	Crystal Springs Uplands School	WBAL	5

Central Coast Section
2021 Cross Country Championships

157	Sophia	Stolte	F	9	Crystal Springs Uplands School	WBAL	5
158	Chloe	Wang	F	12	Crystal Springs Uplands School	WBAL	5
159	Maya	Wohl	F	10	Crystal Springs Uplands School	WBAL	5
338	Isabella	Tang	F	11	Kehillah Jewish	PSAL	5
543	Analia	Avila	F	11	Pacific Collegiate	PCAL	5
544	Ariel	Ferrell	F	10	Pacific Collegiate	PCAL	5
545	Sophie	Mateja	F	11	Pacific Collegiate	PCAL	5
546	Arie Shae	McNeil	F	9	Pacific Collegiate	PCAL	5
547	Rosa	Paten	F	10	Pacific Collegiate	PCAL	5
548	Tea	Scotti-Normand	F	11	Pacific Collegiate	PCAL	5
549	Sarah	Stockmanns	F		Pacific Collegiate	PCAL	5
590	Violet	Negrette	F	9	Pinewood	WBAL	5
607	Ava	Ammari	F	11	Priory	WBAL	5
608	Stella	Axe	F	10	Priory	WBAL	5
609	Willamena	Bourke	F	9	Priory	WBAL	5
610	Romila	Gargeshwari	F	12	Priory	WBAL	5
611	Marie	Goodson	F	10	Priory	WBAL	5
612	Morgan	Kim	F	10	Priory	WBAL	5
613	Allegra	Ryan	F	9	Priory	WBAL	5
692	Heidi	Green	F	9	Santa Catalina	PCAL	5
693	Josefa	Gutierrez	F	9	Santa Catalina	PCAL	5
694	Caitlin	Kostka	F	12	Santa Catalina	PCAL	5
695	Audrey	Morrison	F	11	Santa Catalina	PCAL	5
696	Sutton	Pinkus	F	12	Santa Catalina	PCAL	5
697	Sofia	Rivera	F	10	Santa Catalina	PCAL	5
698	Anya	Siu	F	9	Santa Catalina	PCAL	5
804	Claire	Burke	F	11	St. Francis SCP	PCAL	5
805	Monserrat	Ramirez	F	10	St. Francis SCP	PCAL	5
818	Julia	Antoniou	F	9	Stevenson	PCAL	5
819	Mia	Georgiou	F	11	Stevenson	PCAL	5
820	Molly	McCormick	F	12	Stevenson	PCAL	5
821	Amy	Rong	F	9	Stevenson	PCAL	5
822	Gabby	Torres	F	12	Stevenson	PCAL	5
823	Lydia	Yu	F	11	Stevenson	PCAL	5
824			F		Stevenson	PCAL	5
838	Caelan	De Vera	F	10	Summit Shasta	PSAL	5
839	Emily	Liang	F	9	Summit Shasta	PSAL	5
840	Emily	Loo	F	12	Summit Shasta	PSAL	5
841	Ava	Maneja	F	9	Summit Shasta	PSAL	5
842	Yesenia	Navarro	F	11	Summit Shasta	PSAL	5
850	Nicole	Eike	F	10	Summit Tahoma	PSAL	5
872	Sasha	Cocquyt	F	10	The Nueva School	PSAL	5
873	Anna	Feland	F	10	The Nueva School	PSAL	5
874	Alyssa	Hornig	F	12	The Nueva School	PSAL	5
875	Anna	Ikle-Maizlish	F	12	The Nueva School	PSAL	5
876	Callisto	Lodwick	F	12	The Nueva School	PSAL	5
877	Kelly	Poon	F	10	The Nueva School	PSAL	5
878	Ariane	Yedidia	F	10	The Nueva School	PSAL	5
886	Izabella	Tejeda	F	9	The York School	PCAL	5
888	Melanie	Schaper	F	10	Thomas More	PSAL	5
891	Vishaka	Anand	F	9	University Preparatory Academy	PSAL	5
892	Smilla	Arehult	F	12	University Preparatory Academy	PSAL	5
893	Diya	Choudhary	F	10	University Preparatory Academy	PSAL	5
894	Karen	Heng	F	10	University Preparatory Academy	PSAL	5
895	Joann	Jaison	F	12	University Preparatory Academy	PSAL	5
896	Melissa	Pettit	F	12	University Preparatory Academy	PSAL	5
897	Sharon	Pham	F	11	University Preparatory Academy	PSAL	5

2021 LANE ASSIGNMENTS

BOYS LANE ASSIGNMENTS --- CCS CROSS COUNTRY 2021						GIRLS LANE ASSIGNMENTS --- CCS CROSS COUNTRY 2021					
LANE	Division 1	Division 2	Division 3	Division 4	Division 5	LANE	Division 1	Division 2	Division 3	Division 4	Division 5
1	EVERGREEN VAL		N.M.C.			1			MONTEREY		SANTA CATALINA
2	PIEDMONT HILLS	HILLSDALE		JAMES LICK	SUMMIT PREP	2	HOMESTEAD	GILROY		LATINO C.P.	
3	SAN BENITO	WOODSIDE	SOLEDAD			3	SILVER CREEK	WESTMONT		KING'S ACADEMY	
4		WILCOX		KING'S ACADEMY		4	SAN BENITO		SOQUEL		UNIVERSITY PREP
5	MOUNTAIN VIEW		SARATOGA		P.C.S.	5		WOODSIDE			
6	SALINAS			PALMA		6		ST. FRANCIS			
7	MENLO-ATH.	ST. FRANCIS	SANTA CRUZ			7	WATSONVILLE		CAPUCHINO	TERRA NOVA	CRYSTAL SPRINGS
8		PIONEER		OCEANA	CRYSTAL SPRINGS	8	MOUNTAIN VIEW	WILLOW GLEN		CARMEL	
9	LOS GATOS	ARCH. MITTY	DEL MAR			9	MONTA VISTA	PIONEER			
10	WATSONVILLE			CARMEL		10			APTOS		CASTILLEJA
11	BELLAERMINE		APTOS		STEVENSON	11		LYNBROOK			
12		ARAGON		ARCH. RIORDAN		12	E. ALVAREZ	ARCH. MITTY		ARCH. RIORDAN	
13	SEQUOIA	GILROY	MILLS			13	ALISAL		LIVE OAK	JAMES LICK	PRIORY
14	ALISAL	WESTMONT		DOWNTOWN CP	PRIORY	14	GUNN	ARAGON			
15	ALVAREZ		SOBRATO			15		BURLINGAME			
16				SCOTTS VALLEY		16			HALF MOON BAY		P.C.S.
17	MONTA VISTA	BRANHAM	EL CAMINO		NUEVA SCHOOL	17	PALO ALTO	PROSPECT		DESIGN TECH	
18	CARLMONT	LELAND		DESIGN TECH		18	EVERGREEN VAL.	BRANHAM		SACRED HT PREP	
19	HOMESTEAD	WILLOW GLEN	RANCHO S JUAN			19	LOS GATOS		SACRED HT CATH		SUMMIT SHASTA
20				MENLO SCHOOL	SUMMIT SHASTA	20		LEIGH			
21	PALO ALTO		ST. IGNATIUS			21		VALLEY CHR.			
22	GUNN	SERRA		LATINO C.P.		22	SANTA TERESA		NOTRE DAME SJ	MENLO SCHOOL	STEVENSON
23	SILVER CREEK	LYNBROOK	PROSPECT		UNIVERSITY PR.	23	LOS ALTOS	HILLSDALE		SCOTTS VALLEY	
24	INDEPENDENCE			M.V.C.		24	MENLO-ATH.	LELAND			
25			SACRED HT CATH			25			SARATOGA		NUEVA SCHOOL

INDIVIDUAL ENTRANTS MAY START IN ANY LANE NOT ASSIGNED TO A TEAM ABOVE.



NFHS TRACK & FIELD and CROSS COUNTRY UNIFORM RULES

Rule changed in 2019

RULE 4-3:

NOTE: The wearing of a medical alert with the alert visible is encouraged for risk minimization. The ultimate responsibility to have each competitor compliant with uniform rules and other reasonable and legal items is with the coach.

ART. 1 . . . The competitor's uniform shall be school-issued or school approved, worn as intended by the manufacturer, and meet the following requirements and restrictions:

- a. Each competitor shall wear shoes on both feet.
 1. The shoes shall have an upper and recognizable sole and heel.
 2. The (shoe) upper must be designed so that it can be fastened securely to the foot.
 3. In cross country, the sole and heel may contain grooves, ridges or track spikes which are no longer than 1 inch.

NOTE: The games committee may also determine the length of spikes allowed on all-weather surfaces. (3-2-4a)

 4. The use of slippers or socks does not meet the requirements of the rule.
- b. Each competitor shall wear a school-issued or school-approved full-length track top and track bottom or one-piece uniform. Any outer garment (e.g., t-shirts, sweatpants, tights) that is school-issued or school-approved becomes the official uniform, when worn.
 1. When numbers are used, each competitor shall wear his/her assigned, unaltered contestant number.
 2. The top and/or bottom or one-piece uniform may have school name, school logo, school nickname and/or competitor's name.
 3. The top shall not be knotted or have a knot-like protrusion. Bare midriff tops are not permitted. The top must hang below or be tucked into the waistband of the uniform bottom when the competitor is standing upright.
 4. Loose-fitting boxer-type bottoms or compression-style bottoms are permitted for boys and girls. Closed-leg briefs are acceptable for girls. French or high-cut apparel shall not be worn in lieu of the uniform bottom. The waistband of a competitor's bottom shall be worn above the hips.

5. A single manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on the top and bottom or one-piece uniform.
6. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
7. Any visible garment(s) worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

ART. 2 . . . Additional restrictions for relay teams and cross country teams.

- a. All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team.

NOTE: The official should be able to observe that all members are from the same team.

PENALTY: (Articles 1, 2) For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition, and shall be issued a warning that a subsequent violation shall result in a disqualification from the event. The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violation and warning.

ART. 3 . . . Removing any part of the team uniform, excluding shoes, while in the area of competition, as defined by the games committee, is illegal.

PENALTY: This shall lead to a warning and if repeated, to disqualification from the event. If the incident recurs, the competitor will be disqualified from further competition in the meet.



**CIF/Central Coast Section
2021 CROSS COUNTRY CHAMPIONSHIPS
Participant Information Bulletin**

This Bulletin was e-mailed to all member-schools on or
about October 13, 2021

Contact: Steve Filios - Email: sfilios@cifccs.org
(408) 224-2994



ATTENTION ATHLETIC DIRECTORS:

Please route this bulletin to your HEAD VARSITY CROSS COUNTRY COACH, and make sure that you and your coach have reviewed the [Cross Country webpage](#) of the CCS Website including the [CCS CROSS COUNTRY BYLAWS](#)

MEET MANAGEMENT TEAM:

CCS STAFF LIAISON: David Grissom, CCS Commissioner

Email: dgrissom@cifccs.org Phone: (408) 224-2994

MEET DIRECTOR: Steve Filios, CCS Representative

Email: sfilios@cifccs.org Phone: (408) 224-2994

CHAMPIONSHIP MEET DATE: SATURDAY, NOVEMBER 13, 2021

@ Crystal Springs Cross Country Course, Belmont

TIME SCHEDULE:

Division V	Boys	10:00 am		Girls	10:35 am
Division I	Boys	11:10 am		Girls	11:45 am
Division II	Boys	12:20 pm		Girls	12:55 pm
Division III	Boys	1:30 pm		Girls	2:05 pm
Division IV	Boys	2:40 pm		Girls	3:15 pm

An awards presentation will take place immediately after completion of each division

Rain-out contingency: In accordance with the CCS Cross Country Bylaws, any decision to postpone the Meet due to inclement weather will be made by the Meet Director and CCS Staff as close as possible to 6 am on the day of the meet. League representatives will be notified immediately by phone and shall be responsible for notifying their respective League's coaches

ENTRY INFORMATION

League Representatives must e-mail the CCS Cross Country Entry Form, which can be found on the [Cross Country webpage](#) of the CCS website, with their Leagues' official results and entries, including names of both Team and Individual Qualifiers **on or before:**

MONDAY, NOVEMBER 8, 2021 @ 12 noon to:

- Mark McConnell @ racetimer@aol.com,
- AND
- Steve Filios @ sfilios@cifccs.org

EVALUATION MEETING:

Tuesday, November 30, 2021 @ 7:00pm

IMPORTANT NOTICE TO ALL PARTICIPANTS AND COACHES:

The CIF-Central Coast Section is well aware that many other school and non-school activities (AP tests, SAT/ACT tests, proms, plays, holidays, senior trips, religious days, etc.) may occur during CCS Play-offs. The CCS tries to avoid as many conflicts as possible; however, with so many activities available for today's student-athlete, it is not reasonable to assume that all such activities can be taken into account, and thus, CCS Play-off events will go on as originally scheduled. Participants and coaches are therefore expected to plan in advance for such possible scheduling conflicts and make those difficult choices as to which events will take precedence for that individual. Generally, although it is ultimately the personal choice of the student-athlete and/or his/her parent(s), an academic activity should take precedence over an extra-curricular event.

DIRECTIONS: Crystal Spring Cross Country Course, Belmont

Take I-280 to Hwy. 92 (toward San Mateo); follow Hwy. 92 to the Ralston Ave. exit; at the exit ramp light, turn LEFT onto Ralston Ave.; turn RIGHT on Hallmark, and follow to course site about a mile on the right-hand side, up the hill from Hallmark Park (between Comstock Cir. and Wakefield Drive).

PARKING INFORMATION:

Parking is available on street. ***PLEASE TAKE CARE NOT TO PARK IN DRIVEWAYS.***

- ***SPECIAL NOTE (BUSES):*** For those arriving later, please remember that other races are already going on. ***DO NOT DOUBLE PARK! GO PAST THE LAST HOUSE ON THE RIGHT TO UNLOAD AND PARK!***

ADMISSION:

Note: All participants (in uniform) will be admitted at no charge. A maximum of four (4) coaches will be admitted with their team. Course gate opens at 8:00 AM.

Please note that **ONLY** online tickets will be accepted. They will be made available through the participating schools for all games through [GoFan](#). More information will be provided to participating schools prior to any contest.

Adult Admission	General Admission: <i>Senior Citizens, High School Students, & Children 6 and older</i>	Children <i>5 and under</i>
\$10	\$5	Free

CHECK-IN & SCORING PROCEDURE:

- The school coach must check in at the clerk of the course's table to pick up their Meet packets. This packet will include pre-assigned bibs with chips attached, safety pins and a course map. Please insure that runners do not crumple bibs. The bibs are to be worn on the front of the jersey.
- The school coach must be in attendance to check in their athlete and/or team and are expected to remain at the course throughout the race(s) in which their athlete and/or team competes. All student-athletes competing in any CCS contest must be accompanied by a coach that meets the criteria addressed in CCS and CIF Bylaws: ***NO COACH = NO COMPETE***
 - ***MUST BE THE "REGULAR COACH***
 - ***The coach of either a public or private school team or athlete must be the coach of record for that school for the current season and must comply with all requirements of CIF Bylaws.***
 - ***PUBLIC SCHOOLS - All public school teams must be coached by a person who meets the requirements of the California Education Code and the California Administrative Code Title V.***
 - ***NON-PUBLIC SCHOOLS - In the case of a non-public school, a person engaged by that school on a yearly contract basis as a regular member of the school coaching or teaching staff and certified by the administrator for that school as competent for the position held.***
 - ***EMERGENCY SITUATIONS: In the case of an emergency ONLY, the Principal of the school may designate an alternate coach, as long as it is done in writing prior to the contest and submitted the CCS Commissioner for CCS Play-off contests. Any alternate coach MUST be an individual who meets all the conditions required in 3.-A.(1) above in the case of a public school; and 3.-A.(2) above in the case of a non-public school.***
- The chip timing system will provide immediate results and identify qualifying teams and individuals to the State CIF Meet. A Lynx back-up system will also be used.
- Year and/or spelling corrections and substitution of a runner may be made at packet pick-up.
- The finish line will have mat-like sensors. The runners are to run across all mats and continue running approximately 10 feet beyond the last mat to where finish officials will be located. Once the runners have run past all the mats, they may disperse. They do not have to stay in finish order.
- Coaches are reminded to stay away from the finish line as their athletes finish -- ***WE NEED YOUR COOPERATION!***
- In case of tied teams, the tie shall be broken by comparing the 6th-place finishers of the tied teams.

EMERGENCY FORMS/EMERGENCY MEDICAL CARE

College of San Mateo, the managing body of the Crystal Springs Course requires that **each athlete have a hard paper copy of their medical release which is signed by a parent or guardian and in their coaches' possession at the Central Coast Section Championships** ***Electronic medical forms are not acceptable.*** Coaches will be required to provide proof of possession of their athletes' medical release forms during the check in procedure. Schools not in compliance will not be allowed to compete.

Medical care will be available for emergencies only. Athletic trainers will be on the course to respond to injuries or medical emergencies during races. All medical emergencies should be referred to them. The trainers will NOT be available for taping or massaging of athletes.

PRE-MEET / WARMING UP:

Jogging the course prior to the Meet is permitted. The course must be cleared and will be closed to warm-ups prior to the start of the first race. Warm-Up areas will be available, as designated by the Meet Director.

STARTING POSITION:

- Starting positions for the individuals and teams will be determined by random drawing.
- A double starting line, with a 5-yard separation, will be used. Three (3) runners from each team will line up on the front line of the starting box, and the remaining team members will line up on the second line.

COURSE CONDUCT:

- Please stay out of the fenced-off areas.
- There is an EXTREME fire hazard in this area, and SMOKING is prohibited.
- PETS (leashed or unleashed) ARE NOT ALLOWED ON THE COURSE.
- BICYCLES ARE NOT ALLOWED ON THE COURSE (except for medical personnel).
- Each team is responsible for cleaning up the area it has occupied during the day.
- Radios, frisbees or footballs should not be taken onto the course.
- Throwing rocks and/or other similar types of objects is prohibited.
- Coaches & athletes are reminded to stay out of the scoring area.
- All spectators and coaches must stay behind the ropes and/or chalk markings. Do not assist your runners on the course by running with them. This is considered unsportsmanlike and puts runners in jeopardy of disqualification.
- COACHES MUST STAY OFF THE RUNNING COURSE.

TEAM ENCAMPMENTS & TEAM MEMBERS' PERSONAL BELONGINGS

Team Encampments are available throughout the course on a first come basis. The clerk of the course will provide you with a trash bag for clean up. We are guests at Crystal Springs and leaving this venue better than we found it is both an expectation and a requirement. Neither the CCS, nor the host site is responsible for your team member's personal property. Teams should NOT assume that there will be "full time" supervision of team areas; therefore, it is incumbent upon teams to make their own arrangements for safeguarding their personnel's valuables. We strongly recommend that you do not leave ANY valuables (especially electronics) unattended while on the course. If you do so, you are doing so at your own risk.

DRONES

To insure the safety of runners, coaches, officials and spectators, CCS Policy prohibits the use of drones at all CCS events.

AWARDS

An awards ceremony will take place IMMEDIATELY after the conclusion of the girls race of each division. To be a participant in this ceremony, please make sure your athletes are at the awards area ASAP after the race.

- TEAM AWARDS – Trophies for champion & runner-up. Medals to each member of the championship team.
- INDIVIDUAL AWARDS – Individual medals 1st through 7th runner for each division
- PARTICIPANT CERTIFICATES - are available for coaches and athletes on the [CCS Cross Country page](#) of the CCS website.

PRACTICE AT CHAMPIONSHIP SITE:

Practice at the championship site must be in accordance with the Crystal Springs policies and guidelines.

RACE RESULTS

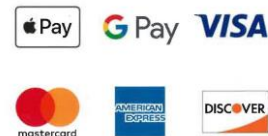
Live results will be available courtesy of Record Timing (<http://www.rttimingsolutions.com/>). Official race results will also be posted promptly on the course results board as well as after the meet on the [CCS website](#) or follow us on [Twitter](#) (@cifccs).

SPORTSMANSHIP:

- Each Principal is required by the CCS Board of Managers to meet with any individual and/or team from his/her school participating in the CCS Tournament to review the [PRE-GAME SPORTSMANSHIP MEETING INFORMATION SHEET](#) which can be found on the [CCS Cross Country webpage](#).
- Any player or coach who is disqualified from a Tournament contest for flagrant misconduct or unsportsmanlike behavior shall be disqualified from all remaining contests in that sport that season, including the State CIF Championships.

COMMEMORATIVE T-SHIRTS, HATS & PATCHES

While supplies last, CCS Championship T-shirts may be ordered online using the T-Shirt/Patch Order Form which can be found on the [CCS Cross Country webpage](#). While supplies last commemorative items including: T-shirts, Patches, Hats and Sweatshirts will be available at the Meet site. No other merchandise may be sold without CCS approval. Credit cards will be accepted for purchase of merchandise

**MEDIA POLICIES**

Unauthorized selling of photographs taken at CCS events is strictly prohibited. In accordance with CIF and CCS contractual agreements, at no time may photographs be sold to the general public, participating schools, or families of student-athletes.

CIF STATE CHAMPIONSHIPS:

SATURDAY, NOVEMBER 27, 2021 @ WOODWARD PARK, FRESNO, CA

CCS Teams and Individuals will qualify for the CIF State Cross Country Meet in accordance with the [CIF State Cross Country Meet Handbook](#).



CIF/Central Coast Section

Cross Country Bylaws

2021-22



Section 1. SCHEDULED MEETINGS

- A. Organization:** WEDNESDAY, AUGUST 11, 2021, TIME: TBD
B. Evaluation: TUESDAY, NOVEMBER 30, 2021, 7:00 PM

Section 2. MEET DATES / SITES

- A.** The Section Meet is scheduled for: SATURDAY, NOVEMBER 13, 2021.
*If the Meet is to be called because of inclement weather, the decision will be made as close as possible to 6:00 AM on the day of the Meet. **The meet order will be set by the CCS office***
- B.** The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.
- C.** League entries, from League Qualifying Meets, are to be submitted electronically by League Representatives, via email as described in the CCS Cross Country Participant Information Bulletin and also as posted on the CCS web site before: NOON, **on MONDAY, NOVEMBER 8, 2021**
1. League representatives must submit their final League entries including names of both Team and Individual Qualifiers after removing all scratches and inserting all alternates.
 2. Once League entries are submitted, individual alternates will not replace scratched athletes.

Section 3. DIVISION PLACEMENT

The previous year's grade 9-12 CBEDS figures, as listed below, will be used to adjust the size of each division insuring that each division, except Division V, has the same number of schools. Division V will be set at 500 and below.

- If more than one school has the same enrollment at the "point of division," all schools with that enrollment would be placed in the higher of the two divisions.
- If the number of schools was not a multiple of four, the "extra" school(s) would be placed beginning in the higher divisions.
- When determining the divisions, the CCS staff will utilize a list of enrollments without school names attached to insure objectivity.

Section 4. QUALIFYING FROM LEAGUE TO SECTION

- A. Qualifying from the League Meets to the Section Meet will be accomplished as follows:**
1. The top half (rounding up) of complete teams competing in their respective final League event which qualifies athletes to the CCS Meet at the Varsity level advance to the Section Meet.
 2. All Leagues are guaranteed at least one (1) team in each Division that they have represented in their League.
 3. If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition:
 - a. The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.
- B. Each League qualifies the top three (3) individuals from their respective final League event which qualifies athletes to the CCS Meet at the Varsity level (not on a qualifying team).**
1. If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition:
 - a. An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the

Section Meet for the Division in which the individual competes.

- C. When two (2) or more basic Leagues join together to form supplemental Leagues, the following shall apply:
1. When supplemental Leagues are formed, and each of the two (2) or more Leagues currently have Automatic Qualifiers to the CCS Tournament, the new supplemental Leagues shall retain the total of their previous Automatic Qualifiers [e.g., Leagues A and B each have three (3) Automatic Qualifiers. When the new supplemental Leagues are formed, combining A and B, they will have a total of six (6) Automatic Qualifiers].
 2. The League Board of Managers having governance authority over the supplemental Leagues shall determine in its bylaws how those Automatic Qualifiers will be allocated from the supplemental Leagues. In the absence of a basic League tournament to determine Section qualifiers, the basic League MUST allocate an automatic berth to each of the supplemental League Champions.
- D. **HARDSHIP APPEALS**
1. Hardships may only be considered for qualification from League to the CCS Meet;
 2. Hardships only applies to an illness/accident that is non-sports related;
 3. The athlete must be under a medical doctor's care;
 4. Any request for hardship must be presented to the League Meet Director, IN WRITING, before the start of the athlete's race in the League meet;
 5. The athlete must have posted a previous mark in that season at an official meet on the course that is being used for that athlete's league meet that is better than the last individual qualifier's mark;
 6. The hardship hearing will be held on or before the second working day following the request for hardship;
 7. Appeals shall be conducted according to the respective League's By-Laws.
 8. If approved, the athlete will be added to the field of individual qualifiers from that league into the CCS Meet.

Section 5. QUALIFYING FROM SECTION TO STATE

- A. The number of team entries into the CIF State Championship Meet is based on a formula involving the following: *(the allocation of entries from each Section for the current year can be found on the CIF website: www.cifstate.org)*
1. An established baseline providing a minimum number of entries for each CIF Section
 2. Additional/reduced entries may be allocated in subsequent years, based upon the most recent four (4)-year history of the Section team performance within each Divisional race;
 3. No CIF Section shall have more than seven (7) team entries in any Divisional race;
 4. A maximum of five (5) individuals, per criteria in each division, will qualify from Section to State meet finals as follows: If the division has 2 automatic qualifiers, the five must finish in the top 12. If the division has 3 automatic qualifiers, the five must finish in the top 14 and if the division has 4 automatic qualifiers, the five must finish in the top 16.
 5. If a State qualifier indicates that he/she will not compete in the State Meet, the next qualifying individual may be substituted as long as the respective scratch is declared and finalized by the end of the day at the Section meet. No such alternates will be allowed after entries have been submitted to the State CIF.

Section 6. RULES

- A. The current **National Federation Track & Field and Cross Country Rules** will be followed, with the modification that **NO SPIKES ARE ALLOWED ON THE COURSE!**
- B. Coaches need to pay particular attention to **Rule 8-6-1 through 3** (Competitor's Uniform).
- C. Any school allowing an ineligible student-athlete, or more than seven (7) team members, to compete in the Section Meet is subject to disqualification from the Meet and from any other meets during the current season which are subsequent to the above infraction.
- D. **COACH MUST BE PRESENT**
- Coaches are expected to be present at the Meet. All student-athletes competing in any CCS contest (scrimmages, alumni contests, pre-season, League and CCS Play-offs) must be accompanied by a coach that meets the following criteria, as addressed in [CIF Bylaws 308 & 506](#):
1. **MUST BE THE "REGULAR COACH"**
The coach of either a public or private school team or athlete must be the coach of record for that school for the current season and must comply with all requirements of [CIF Bylaw 506](#).
 - a. **PUBLIC SCHOOLS** - All public school teams must be coached by a person who meets the requirements of the California Ed. Code and the California Administrative Code Title V.
 - b. **NON-PUBLIC SCHOOLS** - In the case of a non-public school, a person engaged by that school on a yearly contract basis as a regular member of the school coaching or teaching staff and certified by the administrator for that school as competent for the position held.

2. EMERGENCY SITUATIONS

In the case of an emergency ONLY, the principal of the school may designate an alternate coach, as long as it is done in writing prior to the contest and submitted to the League Commissioner for all pre-season and League contests and the CCS Commissioner for CCS Play-off contests. Any alternate coach MUST be an individual who meets all the conditions required in Section 6.E.-1a. (above) in the case of a public school, and Section 6.E.-1b. (above) in the case of a non-public school.

3. NO COACH PRESENT = STUDENT INELIGIBLE**Section 7. APPEALS**

- A. Any Head Coach can report an infraction to the Meet Referee.
- B. The Meet Referee will investigate the infraction, using all possible resources before making a ruling.
- C. The ruling of the Referee is final, except in the case of a rule interpretation. Interpretations may be appealed to the Jury of Appeals, in writing, within 30 minutes after the announcement of event results.

Section 8. AWARDS

- A. 20 Team Trophies: Champion and Runner-Up Teams in all Divisions.
- B. 70 Medals for members of championship teams: 7 medals for each championship team (all girls and boys divisions).
- C. 70 Medals for Individuals: 1st- through 7th-place finishers, Girls and Boys, in all Divisions.

Section 9. ELIGIBLE ATHLETES

- A. All athletes must be in good standing with their League, school and the CCS in order to compete. No ineligible athletes will be allowed to compete.
- B. Any player or coach who is disqualified from a Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season, including Nor-Cal and State CIF competition.

Section 10. SPORTSMANSHIP

- A. The member schools of the CIF-Central Coast Section are committed to providing a sportsmanlike environment for students, coaches and spectators.

Our Sportsmanship Definition is:

A person who can take a loss or defeat without complaint, or victory without gloating and who treats his/her opponents with fairness, courtesy and respect.

- B. The following behavior is **unacceptable** at all CIF/CCS High School contests

- | | |
|--|-----------------------------|
| • berating your opponent's school or mascot | • artificial noise makers |
| • complaining about officials' calls (verbally or in gestures) | • obscene cheers / gestures |
| • berating opposing players | • negative signs |

- C. **Sportsmanship Contract:** To this end, each school is required to submit one (1) signed Sportsmanship Contract on or prior to September 15 of the school year. This contract confirms that the principal has verbally and through written communication addressed the importance of sportsmanship to his/her student body, faculty and community.
- D. **Each Principal** is required by the CCS Board of Managers to meet with any team or individual athlete(s) from his/her school participating in the Tournament to review CCS Sportsmanship Information.

Section 11. PRACTICE AT CHAMPIONSHIP SITES

No arrangements for practice at competition sites are allowed by the CCS once the site of the Tournament has been announced. See the "General Tournament Information" Section of the CCS Playoff Bylaws (below) for the specific policy. Schools found in violation of this rule may be barred from further participation in Section Play-offs. CCS Playoff Bylaws—General Information

PRACTICE AT COMPETITION SITES

No arrangements for practice at competition sites are approved by the CCS.

- A. If the site of a future contest is open to public use (i.e., municipal tennis courts, public golf courses, etc.), they may be used for practice, subject to the control and policies of the owner/operator. NO SPECIAL PERMISSION MAY BE SOUGHT.
- B. College and community sites SHALL NOT BE USED by any school team, except as noted above, or if the school has a contract throughout the season to use the site as its home facility.
- C. Use of another school's facility, once designated as a Tournament site, SHALL NOT BE ALLOWED!

PLEASE DO NOT ASK FOR ANY SUCH USE!

NOTE: These prohibitions are necessary for two significant reasons:

- We do not wish to inconvenience our hosts by additional usage; AND
- Near-by schools, with easier access to a particular facility, have a distinct advantage over distant schools.

Failure to comply with these regulations may affect the school's further participation in that Tournament during the current year or in the future.

Section 12. TOURNAMENT INFORMATION

The CCS [Participant Information Bulletin](#) will be posted on the CCS web page and sent to all schools and the media approximately three (3) weeks prior to the Meet.



OTHER IMPORTANT DOCUMENTS RELATED TO PLAYOFFS:

CCS PLAYOFF POLICY - [Click here to see entire policy](#)

SEASON LONG LEAGUE PLAY

The sole purpose of CCS Playoffs is to provide a post-season championship event for its member school teams and athletes who have been engaged in season-long league play in a given sport.

- Section playoffs are to be conducted as the culminating activity for teams and/or individuals who have been engaged in season-long league play in a given sport.
- Schools or leagues which do not conduct a given sport on a recognized league basis for the majority of a given sport season will not be allowed to enter playoff competition. Exceptions to this general policy may be made by the Board of Managers as a result of a unique, short-term and specific circumstance beyond a school's control that directly causes the school to be unable to participate in that sport in season-long league play,
- In individual sports, (swimming, track & field, cross country, tennis, golf, gymnastics, badminton, wrestling), a student athlete must compete in at least ½ of the regularly-scheduled league meets in order to participate in the CCS playoffs in that sport. The specific qualification standards outlined in the CCS bylaws for each of these sports must be met in addition to this general minimum participation standard. Exceptions to this rule may be considered by the league ONLY
 - if there is a serious medical condition or hardship that is beyond the student's control and which clearly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests OR
 - if the student has corrected a scholastic ineligibility in the most recent grading period which occurs after the first half of the league season is complete and which directly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests.
 - if through internal team competition and ladder movement an athlete has not had the opportunity to participate in ½ the regular-scheduled league contests.

CCS SPORTSMANSHIP POLICY - [Click here to see entire policy](#)