# CENTRAL COAST SECTION



Evaluation Meeting Agenda CROSS COUNTRY November 30, 2021 7:00 pm



Join Zoom Meeting

https://us02web.zoom.us/j/83415769546?pwd=NWFKYml3ZIRVUStyQWR1Sm5GWU5qdz09

Meeting ID: 834 1576 9546

Passcode: 270296

### 1. Welcome & Introductions

- a. Including staff and Committee Chairperson(s)
- b. Roll call

## 2. Agenda changes, additions or deletions

### 3. Review – 2021 CCS Meet

a. Results & congratulations

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	Boys	Girls		
Division 1	Palo Alto	Los Gatos		
Division 2	Woodside St. Francis			
Division 3	Santa Cruz Aptos			
Division 4	Scotts Valley Scotts Valley			
Division 5	Crystal Spring Uplands The Nueva School			

- b. Site
- c. Recognition and thank you's
- d. Concerns/Comments
  - (1) Hank Lawson input on 2021 use of Crystal Spring XC Course
    - (a) Report & Observations from 2021 League Meets/CCS Meet
    - (b) Possible schedule for 2022
  - (2) Medical forms
  - (3) Other?

#### 4. Review 2021 CIF State Meet

- a. Results & congratulations:
  - (1) Top 10 teams: Los Altos Girls (6<sup>th</sup> in D1); St. Francis Girls (4<sup>th</sup> in D2); Scotts Valley Boys (3<sup>rd</sup> in D4); Menlo Boys (7<sup>th</sup> in D4); Crystal Spring Uplands Boys (3<sup>rd</sup> in D5); Nueva Boys (7<sup>th</sup> in D5); Castilleja Girls (4<sup>th</sup> in D5); Nueva Girls (9<sup>th</sup> in D5)
  - (2) Top 10 individuals: Aidan Dimick, Carlmont (8<sup>th</sup> in D1); Elizabeth Fetter Palo Alto (6<sup>th</sup> in D1); Tommy Rogers, Junipero Serra (4<sup>th</sup> in D2); Ryder Brabo, Scotts Valley (9<sup>th</sup> in D4); Ashlyn Boothby, Scotts Valley (3<sup>rd</sup> in D4) Michael Julian, York (5<sup>th</sup> in D5); Samira Kennedy, Castilleja (2<sup>nd</sup> in D5); Kayla Brooks, Crystal Spring Uplands (5<sup>th</sup> in D5).
- b. Site: Woodward Park
- c. Concerns/Comments

### 5. Next Years dates and qualifiers

- a. Scheduled Meetings
  - (1) Summer Period: June 4-July 24 (CIF/CCS practice rules "silent")
  - (2) Dead Period: July 25-July 31 (no contact with athletes)
  - (3) Limited Dead Period: August 1-August 4 (condition & weights only)
  - (4) Practice Start Date: Friday, August 5
  - (5) Organizational Meeting: Wednesday, August 10th
  - (6) Evaluation Dates: *Tuesday, November 29th*
- b. Tournament Dates: CCS Championship, Saturday, Nov. 12, 2022
- c. Location: TBD
- d. Proposed Time Schedule -2022

<u>Division</u>		<u>Time</u>	<u>Time</u>
Division IV	Girls	10:00 am	Boys 10:35 am
Division V	Girls	11:10 am	Boys 11:45 am
Division I	Girls	12:20 pm	Boys 12:55 pm
Division II	Girls	1:30 pm	Boys 2:05 pm
Division III	Girls	2:40 pm	Boys 3:15 pm

### 6. CCS Bylaw review

- a. Division placement for 2022: Not yet confirmed
- b. Realignment for 2022 League representatives input
  - (1). Gilroy & Christopher to BVAL
- c. Entry deadline/alternates-
  - (1) Monday, November 7<sup>th</sup> (forms due from League Reps)
  - (2) No individual alternates allowed
  - (3) No addition to team size after deadline Enter with John/Jane Doe to fill roster
  - (4). Changes to **team** roster allowable up to 1 hour prior to race time.
- d. Coach present (all meets)

### 7. Tournament Guide recommendations-not major format changes

a. None proposed

### 8. Major Format Change Recommendations

a. PAL proposal regarding division placement

### 9. Honor Coach

- a. Congratulations to Matt Tompkins, TKA 2021 Honor Coach
- b. Nominations for 2022

#### 10. Other items

a. Invitational Meet Dates / CCS Sanctioning