

2020 Pre-Season XC Rankings

Athlete Interviews

Coach Interviews

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MONDAY, SEPTEMBER 27, 2021

NorCal Cross Country Rankings (1st Edition)

Boys

- 1) Granada (NCS) Division II
- 2) Bellarmine (CCS) Division I
- 3) Dublin (NCS) Division I
- 4) Jesuit (SJS) Division I
- 5) Davis (SJS) Division I
- 6) Campolindo (NCS) Division III
- 7) Dougherty Valley (NCS) Division I
- 8) Maria Carrillo (NCS) Division III
- 9) Monte Vista (NCS) Division II
- 10) Palo Alto (CCS) Division I

On the cusp: Vacaville (SJS) Division II/Lick-Wilmerding (NCS) Division V

Girls' Teams

- 1) Los Gatos (CCS) Division I
- 2) Oak Ridge (SJS) Division I
- 3) St. Francis, Sacramento (SJS) Division II
- 4) Dougherty Valley (NCS) Division I
- 5) Maria Carrillo (NCS) Division III
- 6) Miramonte (NCS) Division IV
- 7) Campolindo (NCS) Division III
- 8) Los Altos (CCS) Divison I
- 9) Acalanes (NCS) Division III
- 10) Del Oro (SJS) Division III

On the cusp: Menlo Atherton (CCS) Division I/Lick-Wilmerding (NCS) Division V

As always, I listen and will make changes if I made a mistake in terms of where the above teams are ranked. Please show proof of recent results. I do however try to project a bit so some teams may be ranked based on potential down the road. Did I leave anybody out that deserves to be ranked?

We will definitely have a clearer picture this weekend after the Crystal Springs Invitational and Clovis.



What Happens When You Take a Testosterone Supplement?

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