

# THE MONTEREY BAY INVITATIONAL

## TORO COUNTY PARK

### SATURDAY September 16, 2023

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It is our privilege to invite you and your athletes to the 23rd annual Monterey Bay Invitational. The 3-mile course encompasses grass, wide dirt trails, long winding paths and challenging hills. The course has gained the reputation of one of the best places to race and was previously a site of the CCS Championships. The park has picnic and BBQ areas, bathrooms, and large grass play areas nestled among hundreds of giant oak trees.

We will also have a 2 mile "short course" for beginners and runners that need a little shorter race before transitioning to the longer distances.

#### **SCHEDULE:**

##### 2 mile Short Course

Boys @ 8:30

Girls @ 8:45

##### 3 mile Championship Course

Varsity Boys @ 9:15 am

Varsity Girls @ 9:45 am

Frosh/Soph Boys @ 10:15 am

Frosh/Soph Girls @ 10:45 am

JV Boys @ 11:30 am

JV Girls @ 12:00 pm

#### **AWARDS:**

Top 10 finishers

#### **ENTRY FEES:**

\$400.00 school max, \$10.00 per individual, \$25.00 minimum.

Make checks payable to: NORTH SALINAS HIGH SCHOOL CROSS COUNTRY

#### **ENTRY DEADLINE:**

All entries are due by Wednesday, September 13, 2023 at 11:59 p.m. All entries must be entered through athletic.net. Contact Josh Small (meet director) at [joshua.small@salinasuhd.org](mailto:joshua.small@salinasuhd.org) if you have any questions.

#### **PARKING:**

All vehicles and pedestrians entering the park are subject to the current Monterey County Parks admission fees. Concessions and T-shirts will be available!