

**2023 – 2024 CROSS COUNTRY  
SANTA CLARA VALLEY ATHLETIC LEAGUE  
DE ANZA DIVISION / EL CAMINO DIVISION**

12.15.22

**De Anza Division Teams:**

Cupertino, Fremont, Homestead, Los Gatos, Lynbrook, Monta Vista, Saratoga

**El Camino Division Teams:**

Gunn, Los Altos, Macdonald, Milpitas, Mountain View, Palo Alto, Santa Clara, Wilcox

***Tuesday, September 19 (PA)***

\*Meet #1 @  
Baylands Start Time:  
3:15

***Tuesday, October 3 (G, S)***

\*Meet #2 @ Crystal  
Springs Start Time: 3:15

***Wednesday, October 18(LA)***

\*Meet #3 @ Baylands  
Start Time: 3:15

***Tuesday, October 31 (ALL)***

SCVAL League Finals @  
Crystal Springs  
Start Time: 1:45

\*OR a Super Saturday event at a school site if one of these venues are unavailable....

**ALL SCVAL SCHOOLS MUST PARTICIPATE IN THESE EVENTS**

Meet Limit	13	
Start Date	August 4	
Pre League Meeting	August 17	5:30 PM @ Saratoga High
First Scrimmage Allowed	August 18	
First Contact Allowed	August 24	
Last SCVAL Event Allowed	November 4	
CCS Entries Due	November 6	By 12:00 noon
CCS Event Finals	November 11	Crystal Springs
Post League Meeting	November 10	6:00 PM @ Saratoga
CIF State Finals	TBA	TBA
CCS Evaluation Meeting	November 28	CCS Office@ 7:00
Playing Days	Tuesday, Wednesdays, Thursday, Saturday	
Starting Times	Various	
Chairpersons:	Paul Armstrong (Cupertino) DA	Stephanie MacKenzie (Los Altos) EC
AD Liason	Rick Ellis (Saratoga)	
SCVAL Commisioner	Brad Metheany	
CCS	(408) 224-2994	Fax (408) 224-0476
SCVAL Website	www.scval.com	Report score 408-809-1952