

	<p>CENTRAL COAST SECTION CROSS COUNTRY Organizational Meeting August 14, 2024</p> <p><i>Please note! This will be a Zoom meeting. Join Zoom Meeting:</i></p> <p>https://us02web.zoom.us/j/84181650159?pwd=LPGTrmV8Jfo0BfuW19cncr8phhCCVfD.1</p>	
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I. Welcome & Introductions

II. Approval of Agenda

- A. Additions to Agenda
- B. Approval of Agenda

III. Review of Tournament Guide Dates

- A. Meet: Saturday, November 16, 2024
Note: Entries Due: Monday, November 11, 2024, 12 noon
- B. Evaluation Meeting: Tuesday, December 3, 2024, 7:00pm

IV. CCS Meet

- A. Rules Review
- B. Review [CCS X/C By-laws](#)
Note: Minimum of five full teams on the line at the league qualifier is required for automatic entry to the CCS Meet (as per CCS Bylaws, Article IV, Section 7.1 & 7.2)
- C. Site: Crystal Springs Cross Country Course
CCS Office Liaison: Xolan Brown
Meet Directors: Steve Filios & Jim Marheinke
Seeding: Mark McConnell
Timing & Results: Sean Laughlin
- D. [CBEDS/Division Placement](#)
- E. [CCS At-large times](#)
- F. [Participating School Sheet](#) – check for accuracy
- G. 2024 Schedule of Meets
 - 1. [Approved CCS Invitationals](#)
 - 2. League Championship/CCS Qualifier Meets-review

H. Proposed CCS Meet time schedule

<u>Division</u>	<u>Time</u>	<u>Time</u>
Division II	Girls 10:00 am	Boys 10:35 am
Division III	Girls 11:10 am	Boys 11:45 am
Division IV	Girls 12:20 pm	Boys 12:55 pm
Division V	Girls 1:30 pm	Boys 2:05 pm
Division I	Girls 2:40 pm	Boys 3:15 pm

- I. Review rain-out/air quality issue procedures.
 - 1. Blanket email to coaches listed by their AD's in CIFCCS Home.
 - 2. Twitter/X post
 - 3. Reps contacted via mobile phone
 - Note:* Reps make sure your contact mobile phone number is accurate with our office. This is the number used when notifying reps of a rain out.
 - Note:* farthest reps are called first.

- J. Review Crystal Springs Status
 - 1. Current situation
 - 2. Safety concerns: EMT and Trainers.
 - 3. Restrooms
 - 4. Trash
 - 5. Team Drop-Off

- K. CCS Meet info
 - 1. 2024 Information Bulletin will be available in early October. (*Items that the Committee feels have been omitted in the past [2023 Bulletin](#) ???*)
 - 2. **Admission: Please remind runners, parents, and other interested folks that there is an entrance charge for the CCS Cross Country Meet.**
 - 3. Admission for Coaches/Athletes
 - 4. No pass gate list for schools. Only meet management.
 - 5. Commemorative T-shirt and sweatshirt availability
 - 6. Results posting
 - 7. Certificates of Participation
 - 8. Other items of concern

- L. Other Items

- V. CIF State meet
 - A. State Meet Date: November 30, 2024, Woodward Park, Fresno
 - B. Entry Numbers – To be reviewed by the CIF XC Advisory Committee on 8/26

- VI. Items added to agenda

- VII. Adjournment

CCS Cross Country
Schedule of League Championship Meets - 2024

<i>League</i>	<i>Day</i>	<i>Date</i>	<i>Location</i>
BVAL	Monday	11/4/2024	Crystal Springs XC Course
PAL	Saturday	11/9/2024	Crystal Springs XC Course
PCAL	Saturday	11/2/2024	Palo Corona
PSAL	Thursday	11/7/2024	Crystal Springs XC Course
SCCAL	Thursday	11/7/2024	Pinto Lake
SCVAL	Tuesday	11/5/2024	Crystal Springs XC Course
WBAL	Friday	11/8/2024	Crystal Springs XC Course
WCAL	Wednesday	11/6/2024	Crystal Springs XC Course



2024-25
CIF - CENTRAL COAST SECTION
CONFERENCE & LEAGUE ALIGNMENT BY SPORT

CENTRAL CONFERENCE (50)

BVAL 26 schools
 SCVAL 15 schools
 WCAL 9 schools

NORTHERN CONFERENCE (54)

PAL 17 schools
 PSAL 25 schools
 WBAL 12 schools

SOUTHERN CONFERENCE (39)

PCAL 32 schools
 SCCAL 7 schools

ASSOCIATE MEMBERS (14):

Apostles Lutheran	Hillbrook School	Stratford Prep
Calvary Christian Academy	Kahn Lab School	St. Abraham's Classic Christian Academy
Chartwell	Oxford Day Academy	Summit Everest
German International School of Silicon Valley	Rise University Prep	Waldorf School of the Peninsula
Granada Islamic High School	Silicon Valley International	

FALL SPORTS

CROSS COUNTRY

CROSS COUNTRY					
<u>BVAL</u>			<u>PAL</u>		
<u>Mt. Hamilton</u>	<u>Santa Teresa - West</u>	<u>Santa Teresa - East</u>	<u>West Valley</u>		
Branham	Del Mar	Andrew Hill	Gunderson	Aragon	Mills
Evergreen Valley	Independence	Christopher	Live Oak	Burlingame	Oceana
Leigh	Leland	Gilroy	Oak Grove	Capuchino	San Mateo
Piedmont Hills	Lincoln	James Lick	Overfelt	Carlmont	Sequoia
Pioneer	Yerba Buena	Mt. Pleasant	San Jose	El Camino	South San Francisco
Santa Teresa	Prospect	Silver Creek	Sobrato	Half Moon Bay	Terra Nova
Westmont				Hillsdale	Westmoor
Willow Glen				Jefferson	Woodside
				Menlo-Atherton	
<u>PCAL</u>		<u>Cypress</u>		<u>Santa Lucia</u>	<u>De Anza</u>
<u>Gabilan</u>	<u>Mission</u>				<u>El Camino</u>
Alisal	Alvarez	Anzar	Pajaro Valley (G)	Ceiba (B)	Cupertino
Carmel (G)	Carmel (B)	Ceiba (G)	Palma (G)	Monterey Bay (B)	Fremont
King City	Gonzales	Kirby	Santa Catalina (G)	North Salinas (B)	Homestead
Hollister	Greenfield	Monterey Bay (G)	Seaside (G)	Pajaro Valley (B)	Los Gatos
Marina (B)	Marina (G)	North Salinas (G)	Soledad	Palma (B)	Milpitas
Monte Vista Christian (B)	Monte Vista Christian (G)	Notre Dame (G)	St. Francis SCP(G)	Seaside (B)	Lynbrook
N. Monterey County (G)	Monterey	Oakwood	Trinity Christian (G)	St. Francis SCP (B)	Monta Vista
Rancho San Juan (G)	N. Monterey County (B)	Pacific Grove	York (G)	Trinity Christian (B)	Saratoga
	Rancho San Juan (B)	Pacific Collegiate		York (B)	
	Salinas (G)				
	Stevenson				
	Watsonville				
<u>SCCAL</u>		<u>PSAL</u>		<u>WBAL</u>	
	<u>Bay</u>		<u>Central</u>		<u>WCAL</u>
Aptos	Cindy Avitia	ACE	Luis Valdez	Castilleja (G)	Archbishop Mitty
Harbor	Design Tech	BASIS	Mid-Peninsula	Crystal	Archbishop Riordan
Mt. Madonna	KIPP San Jose	Cristo Rey	Mountain View Academy	Eastside College Prep	Bellarmino (B)
Santa Cruz	Latino College Prep	DCP - El Primero	Pacific Bay Christian	Harker	Junipero Serra (B)
San Lorenzo Valley	Nueva	East Palo Alto	San Francisco Christian	King's Academy	Presentation (G)
Scotts Valley	Summit Shasta	Kehillah	Summit Prep	Menlo	Saint Francis
Soquel	Thomas More	KIPP Esperanza	Summit Tahoma	Mercy (G)	St. Ignatius
	University Prep	KIPP Navigate		Notre Dame (Belmont) (G)	Sacred Heart Cathedral
				Notre Dame (SJ) (G)	Valley Christian
				Pinewood	
				Priory	
				Sacred Heart Prep	