

CHRISTMAS RELAYS

Santa Cruz to Half Moon Bay

Sunday, December 15, 1974

| Teams | Place/Div. | 1st leg | 2nd leg | 3rd leg | 4th leg | 5th leg | 6th leg | 7th leg |
|--|------------|---------|----------|----------|----------|----------|----------|----------|
| 1. West Valley Track Club "A Team" | 1/A* | 52:07 | 1:14:57* | 1:43:09* | 2:31:23* | 2:57:27* | 3:21:15 | 4:18:12* |
| 2. Camino West Track Club "A Team" | 2/A | 50:32 | 1:15:16 | 1:44:02 | 2:35:33 | 3:05:08 | 3:30:27 | 4:29:00 |
| 3. West Valley Junior College | 3/A | 52:08 | 1:17:37 | 1:48:02 | 2:37:53 | 3:06:21 | 3:31:08 | 4:31:25 |
| 4. West Side Track Club | 4/A | 53:08 | 1:17:55 | 1:50:04 | ----- | 3:08:58 | 3:32:33* | 4:33:27 |
| 5. West Valley Track Club "B Team" | 5/A | 53:47 | 1:17:35 | 1:47:04 | 2:39:10 | 3:08:46 | 3:33:40 | 4:34:29 |
| 6. Dumpers | 1/B* | 51:05 | 1:16:10 | 1:46:39 | 2:39:33 | 3:09:40 | 3:36:33 | 4:35:27 |
| 7. Boner Babies | 2/B | 54:45 | 1:19:52 | 1:51:25 | 2:43:13 | 3:12:18 | 3:37:10 | 4:37:51 |
| 8. Pamakid "A Team" | 6/A | 53:00 | 1:18:52 | 1:49:02 | 2:44:23 | 3:11:51 | 3:38:28 | 4:38:03 |
| 9. Golden West Track Club | 7/A | 53:00 | 1:20:10 | 1:48:27 | 2:41:56 | 3:09:27 | 3:35:40 | 4:38:31 |
| 10. Excelsior Track Club "E Team" | 8/A | 55:44 | 1:21:55 | 1:51:49 | 2:45:16 | 3:12:43 | 3:38:44 | 4:40:10 |
| 11. Ophir "A Team" | 3/B | 54:56 | 1:20:57 | 1:52:09 | 2:46:14 | 3:14:21 | 3:40:56 | 4:42:12 |
| 12. Diablo Valley | 4/B | 51:15 | 1:16:33 | 1:50:15 | 2:50:47 | 3:15:33 | 3:43:59 | 4:44:22 |
| 13. Redwood High School | 1/C* | 56:00 | 1:21:57 | 1:55:17 | 2:53:06 | 3:18:36 | 3:45:26 | 4:44:31 |
| 14. Cabrillo Track Club "A Team" | 9/A | 49:30* | 1:15:06 | 1:44:53 | 2:41:46 | 3:14:01 | 3:44:17 | 4:46:44 |
| 15. Camino West Track Club "B Team" | 10/A | 53:25 | ----- | 1:51:43 | 2:48:35 | 3:18:06 | 3:43:00 | 4:49:50 |
| 16. The No-Names | 5/B | 54:57 | 1:23:40 | 1:54:32 | 2:54:09 | 3:22:16 | 3:49:25 | 4:50:00 |
| 17. West Valley Joggers & Striders "D" | 11/A | 58:51 | 1:24:54 | 1:56:33 | 2:53:09 | 3:21:34 | 3:49:18 | 4:51:19 |
| 18. Valley of the Moon Track Club | 12/A | 59:20 | 1:26:51 | 1:58:57 | 2:53:54 | 3:21:16 | 3:50:21 | 4:53:15 |
| 19. Excelsior Track Club "B Team" | 13/A | 57:01 | ----- | 1:58:04 | 2:59:19 | 3:26:40 | 3:53:26 | 4:55:05 |
| 20. Los Gatos Pacers | 6/B | ----- | 1:23:33 | 1:57:38 | 2:56:54 | 3:32:28 | 3:50:48 | 4:59:17 |
| 21. Turlock High School Unrunners | 2/C | 57:58 | 1:24:09 | 1:57:27 | 2:58:15 | 3:27:15 | 3:54:47 | 4:59:44 |
| 22. Menlo Track Club "A Team" | 14/A | 1:04:04 | 1:32:57 | 2:06:35 | 2:03:45 | 3:31:44 | 4:00:55 | 5:00:20 |
| 23. Serra High School | 3/C | 54:05 | 1:23:38 | 1:56:28 | 2:54:24 | 3:31:35 | 3:58:42 | 5:01:05 |
| 24. West Valley Joggers & Striders "A" | 1/E* | 1:03:13 | 1:31:55 | 2:04:43 | 2:59:51 | ----- | 4:00:56 | 5:02:28 |
| 25. Tax Reducers AC "A Team" | 15/A | 1:03:44 | 1:34:35 | 2:07:05 | 3:04:31 | 3:32:55 | 3:58:35 | 5:02:48 |
| 26. Mills High School | 4/C | 56:35 | 1:25:35 | 1:56:52 | 2:55:50 | 3:27:21 | 3:57:48 | 5:02:51 |
| 27. Tennyson High School | 5/C | 56:05 | 1:26:18 | 1:59:40 | 2:59:01 | 3:29:47 | 3:59:48 | 5:03:06 |
| 28. El Cerrito High School | 6/C | 57:36 | 1:37:40 | 2:00:00 | 3:02:33 | 3:32:40 | 4:00:40 | 5:03:17 |
| 29. Shmedehay Striders | 7/B | 56:10 | 1:23:05 | 1:58:40 | 2:59:12 | 3:29:34 | 3:57:47 | 5:05:25 |
| 30. Buffalo Chips | 8/B | 57:55 | 1:25:40 | 2:03:12 | 2:57:03 | 3:28:24 | 3:58:57 | 5:06:30 |
| 31. Ed's Team | 9/B | 56:46 | 1:22:10 | 1:58:50 | 3:01:02 | 3:34:55 | 4:03:40 | 5:06:42 |
| 32. NorCal Striders | 16/A | 57:26 | 1:24:25 | 1:59:20 | 3:01:20 | 3:33:23 | 3:59:26 | 5:07:06 |
| 33. Aragon High School | 7/C | 58:36 | 1:26:57 | 1:59:47 | 3:02:57 | 3:34:44 | 4:04:57 | 5:07:27 |
| 34. Cambrian Road Runners | 17/A | 52:09 | 1:21:25 | 1:55:12 | 3:02:34 | 3:33:10 | ----- | 5:07:33 |
| 35. Gold Spike Track Club "A Team" | 18/A | ----- | 1:34:37 | 2:07:56 | 3:05:56 | 3:39:03 | 4:03:45 | 5:09:18 |
| 36. Peach Bowl Pacers Track Club | 19/A | 56:05 | 1:23:50 | 2:04:30 | 3:08:53 | 3:37:18 | 4:07:06 | 5:09:48 |
| 37. Leland High School | 8/C | 1:00:59 | 1:29:35 | 2:02:30 | 3:03:55 | 3:35:05 | 4:02:44 | 5:10:37 |
| 38. Runners Anonymous | 10/B | 56:40 | 1:25:37 | 2:06:40 | 3:09:59 | 3:43:05 | 4:09:27 | 5:12:36 |
| 39. Good Earth Runners | 11/B | 1:05:29 | 1:43:30 | 2:08:30 | 2:59:24 | 3:29:40 | ----- | 5:13:09 |
| 40. NorCal Seniors Track Club "A" | 2/E | 1:01:10 | 1:31:15 | 2:06:57 | 3:08:57 | 3:37:46 | 4:07:15 | 5:13:16 |
| 41. Stagg High School | 9/C | 1:00:44 | 1:30:09 | 2:05:50 | 3:03:52 | 3:34:59 | 4:00:45 | 5:13:27 |
| 42. Camino West Track Club "C Team" | 20/A | 58:25 | ----- | ----- | 3:00:05 | 3:30:31 | 4:00:10 | 5:14:37 |
| 43. Cupertino High School | 10/C | 1:01:45 | 1:30:05 | 2:04:35 | 3:10:25 | 3:40:40 | 4:08:19 | 5:16:49 |
| 44. West Valley Track Club "C Team" | 21/A | 55:57 | 1:24:01 | 2:04:10 | 3:05:19 | 3:43:39 | 4:10:02 | 5:16:50 |
| 45. Annadel Mudders | 12/B | 1:10:10 | 1:40:20 | 2:11:39 | 3:12:41 | 3:44:57 | 4:15:44 | 5:19:09 |
| 46. Pleasant Hill High School | 11/C | 1:00:05 | 1:29:05 | 2:04:10 | 3:06:00 | 3:36:52 | 4:06:09 | 5:19:09 |
| 47. Serramonte High School | 12/C | 1:03:07 | 1:33:57 | 2:10:55 | 3:16:15 | 3:48:53 | 4:20:11 | 5:19:41 |
| 48. Dry Heaves | 13/B | 1:06:50 | 1:35:00 | 2:07:28 | 3:09:02 | 3:47:05 | 4:17:31 | 5:20:09 |
| 49. Winters | 14/B | 1:03:30 | 1:34:17 | 2:09:28 | 3:13:35 | 3:43:57 | 4:11:29 | 5:20:19 |
| 50. Woodside Striders | 15/B | 1:07:30 | ----- | 2:08:30 | 3:14:32 | 3:47:40 | 4:16:36 | 5:21:32 |
| 51. West Valley Joggers & Striders "E" | 22/A | 1:04:59 | 1:34:50 | 2:08:15 | 3:07:55 | 3:40:14 | 4:10:12 | 5:22:28 |
| 52. Cal-State Hayward "A Team" | 23/A | 57:10 | 1:45:53 | 1:59:15 | 3:09:02 | 3:33:26 | 4:00:29 | 5:22:38 |
| 53. Pamakid Seniors "A Team" | 3/E | 1:05:02 | 1:36:18 | 2:10:55 | 3:13:13 | 3:43:57 | 4:15:02 | 5:22:45 |
| 54. Jayhawk Harriers | 16/B | 1:04:15 | 1:34:07 | 2:08:55 | 3:19:38 | 3:50:55 | 4:18:27 | 5:23:43 |
| 55. Westmoor High School | 13/C | 1:04:28 | 1:41:11 | 2:17:34 | 3:14:31 | 3:49:19 | 4:18:15 | 5:24:08 |
| 56. Police Athletic League #2 | 17/B | ----- | 1:28:26 | 2:01:40 | 3:12:37 | 3:44:45 | ----- | 5:24:47 |
| 57. SC #1 | 18/B | 1:08:15 | ----- | 2:12:35 | ----- | 3:50:55 | 4:18:10 | 5:25:23 |
| 58. Police Athletic League #1 | 19/B | ----- | 1:28:26 | 2:01:40 | 3:06:04 | 3:38:23 | 4:09:38 | 5:26:53 |
| 59. Gunn High School | 14/C | 1:03:39 | 1:38:21 | 2:09:12 | 3:12:25 | 3:45:02 | 4:12:57 | 5:28:03 |
| 60. Tax Reducers AC #2 | 24/A | 1:02:51 | ----- | 2:12:06 | 3:19:54 | 3:52:26 | 4:22:19 | 5:31:00 |
| 61. Tax Reducers AC (TRAC-40) | 4/E | 1:01:19 | ----- | 2:10:50 | 3:18:40 | 3:51:00 | 4:23:20 | 5:32:38 |
| 62. Heavy Dudes | 20/B | 1:01:45 | 1:32:22 | 2:05:23 | 3:14:48 | 3:50:22 | 4:20:29 | 5:35:05 |
| 63. Mare Island Mariners | 25/A | 1:18:00 | 1:46:40 | 2:24:41 | 3:29:27 | 4:01:17 | 4:29:11 | 5:35:42 |
| 64. Institute of Health Research | 21/B | 1:04:29 | 1:36:00 | 2:17:00 | 3:21:45 | 3:56:37 | 4:28:13 | 5:36:02 |
| 65. Del Valle High School | 15/C | 1:13:55 | 1:40:11 | 2:17:34 | 3:22:39 | 3:56:10 | 4:27:45 | 5:36:44 |
| 66. Granada High School | 16/C | 1:11:50 | 1:43:08 | 2:18:08 | 3:23:27 | 3:54:41 | 4:22:17 | 5:36:45 |
| 67. Soquel Running Club | 22/B | 1:07:15 | 1:37:51 | 2:15:37 | 3:24:43 | 4:01:54 | 4:32:15 | 5:37:56 |
| 68. Ophir Prison Inmates | 26/A | 1:03:37 | 1:36:47 | 2:17:23 | 3:25:38 | 4:04:11 | 4:32:41 | 5:38:36 |
| 69. Bella Vista | 23/B | 1:03:43 | 1:37:37 | 2:11:31 | 3:19:59 | 3:54:38 | 4:25:14 | 5:39:37 |
| 70. West Valley TC Women | 1/G* | 1:02:37 | 1:33:45 | 2:12:09 | 3:23:05 | 3:59:55 | 4:31:38 | 5:40:10 |
| 71. Silver Smelts | 24/B | 1:04:35 | 1:42:20 | 2:26:00 | 3:29:41 | 4:07:27 | 4:35:25 | 5:40:25 |
| 72. West Valley Joggers & Striders "F" | 27/A | 1:06:15 | ----- | 2:13:13 | 3:18:12 | 3:56:45 | 4:26:44 | 5:41:00 |
| 73. Buchser High School | 17/C | 1:10:55 | ----- | 2:16:25 | 3:27:37 | 4:04:54 | 4:35:32 | 5:41:08 |
| 74. Johnson's Jupiters | 25/B | 1:03:07 | ----- | 2:14:57 | 3:26:01 | 4:03:10 | 4:32:58 | 5:44:44 |
| 75. Fremont Over & Under the Hill Gang | 26/B | 1:08:15 | 1:43:45 | 2:18:03 | 3:24:14 | 3:57:15 | 4:30:56 | 5:45:24 |
| 76. Dick's Team | 27/B | 1:02:05 | ----- | 2:06:40 | 3:18:33 | 3:52:19 | 4:28:38 | 5:45:35 |
| 77. Pamakid "B Team" | 28/B | 1:09:00 | 1:45:45 | 2:18:08 | 3:26:01 | 4:04:13 | 4:34:38 | 5:46:00 |
| 78. Bishop O'Dowd High School | 18/C | 1:10:01 | 1:42:31 | 2:21:10 | 3:32:41 | 4:10:13 | 4:40:29 | 5:46:43 |
| 79. Cathedral Hill Medical Center "A" | 29/B | ----- | 1:40:51 | 2:20:03 | 3:20:20 | 3:54:38 | 4:29:20 | 5:46:51 |
| 80. Blackford Striders | 30/B | 1:01:40 | 1:33:16 | 2:07:45 | 3:09:01 | 3:52:16 | 4:22:18 | 5:47:20 |

| | | 1st leg | 2nd leg | 3rd leg | 4th leg | 5th leg | 6th leg | 7th leg |
|--|------|---------|---------|---------|---------|---------|---------|---------|
| 81. Rengstorff "B Team" | 31/B | 1:03:09 | 1:37:31 | 2:16:25 | 3:31:24 | 4:05:25 | 4:37:34 | 5:47:26 |
| 82. Redwood City Flyers | 2/G | 1:08:40 | 1:39:28 | 2:17:55 | 3:26:25 | 4:02:15 | 4:32:52 | 5:48:23 |
| 83. Armando's Team | 32/B | 1:10:00 | 1:44:59 | 2:23:11 | 3:35:06 | 4:08:20 | 4:40:45 | 5:51:06 |
| 84. Millbrae Lions TC Boys | 1/D* | 1:04:50 | 1:35:04 | 2:15:42 | 3:23:53 | 4:05:07 | 4:35:59 | 5:51:16 |
| 85. Redwood City Flyers Boys | 2/D | 1:11:20 | 1:43:20 | 2:21:47 | 3:28:44 | 4:05:20 | 4:35:58 | 5:52:51 |
| 86. San Juan Striders | 3/G | 1:06:00 | ----- | 2:14:17 | 3:26:18 | 4:03:07 | ----- | 5:52:59 |
| 87. Cabrillo Track Club "Z Team" | 28/A | 1:05:45 | 1:38:46 | 2:15:48 | 3:40:20 | 4:16:37 | 4:47:56 | 5:54:13 |
| 88. West Valley Joggers & Striders "B" | 5/E | 1:05:13 | 1:41:36 | 2:18:45 | 3:33:00 | 4:04:24 | 4:36:45 | 5:56:58 |
| 89. Millbrae Lions Track Club | 4/G | 1:06:05 | 1:39:22 | 2:17:02 | 3:34:01 | 4:08:50 | 4:45:17 | 6:04:06 |
| 90. Rengstorff "D Team" | 33/B | 1:13:00 | 1:50:35 | 2:33:43 | ----- | 4:19:18 | 4:50:46 | 6:04:16 |
| 91. Rengstorff Regulars | 34/B | 1:17:20 | 1:53:20 | 2:33:04 | 3:40:06 | 4:17:49 | 4:51:21 | 6:07:04 |
| 92. Pamakid "B Team" | 29/A | 1:11:08 | 1:46:45 | 2:24:11 | 3:31:07 | 4:11:48 | 4:40:27 | 6:09:42 |
| 93. Orinda Track Club | 5/G | 1:07:29 | 1:43:40 | 2:24:22 | 3:40:22 | 4:19:40 | 4:54:27 | 6:09:51 |
| 94. Paul's Team | 35/B | 1:14:20 | 1:50:40 | 2:32:40 | 3:45:36 | 4:24:47 | 5:00:24 | 6:11:51 |
| 95. Pamakid "Z Team" | 30/A | 1:00:20 | 1:41:40 | 2:28:25 | 3:30:56 | 4:17:34 | 4:57:24 | 6:14:31 |
| 96. San Juan Striders | 3/D | ----- | ----- | 2:48:46 | 4:01:00 | 4:37:45 | 5:07:03 | 6:20:07 |
| 97. West Valley Joggers & Striders "C" | 6/E | 1:13:40 | 1:53:40 | 2:29:21 | 3:44:18 | 4:23:30 | 5:00:25 | 6:22:40 |
| 98. Pamakid Women | 6/G | 1:16:50 | 1:53:30 | 2:36:17 | 3:50:58 | 4:28:28 | 5:03:22 | 6:26:51 |
| 99. The Dolls | 1/I* | 1:15:00 | 1:55:51 | 2:37:00 | 3:56:20 | 4:37:35 | 5:13:42 | 6:33:19 |
| 100. Central Coast Striders | 1/H* | 1:15:46 | 1:53:45 | 2:40:50 | 4:01:27 | 4:42:37 | 5:13:12 | 6:43:52 |
| 101. Pamakid "X Team" | 7/E | 1:11:51 | 1:49:20 | 2:40:07 | 4:03:18 | 4:40:01 | 5:22:42 | 6:50:03 |
| 102. Cathedral Hill Medical Center "B" | 36/B | 1:14:00 | 1:54:15 | 2:54:00 | 4:26:08 | 5:23:03 | 5:59:29 | 7:31:14 |
| DNF--Menlo Track Club "B Team" | A | 1:17:10 | 1:38:23 | 2:15:34 | 3:28:06 | 4:06:07 | ----- | ----- |

FASTEST LEG AWARDS (All marks are leg records since this is the first year for the Santa Cruz to Half Moon Bay routing)

1st Leg ("Legendary Walt Stack Award") - 10.052 Miles - Mark McConnell (Cabrillo Track Club) 49:30
 2nd Leg (Stanford Running Club Award) - 4.826 Miles - Fred Emerling (West Valley Track Club) 22:50
 3rd Leg (Pregnancy Control Center Award) - 5.477 Miles - Skyler Jones (West Valley Track Club) 28:12
 4th Leg (John Crevelt Trophy Center Award) - 9.531 Miles - Jim Nuccio (West Valley Track Club) 48:16
 5th Leg (Sacramento Slim Award) - 5.100 Miles - George Stewart (West Valley Track Club) 26:04
 6th Leg (Larry Lewis Award) - 4.507 Miles - Shawn James (West Side Track Club) 23:35
 7th Leg (City of Half Moon Bay Award) - 10.507 Miles - Bill Clark (West Valley Track Club) 56:57

FASTEST TEAM AWARDS (Both times are records since this is the first year for the Santa Cruz to Half Moon Bay routing)

Fastest Overall Team (City of Half Moon Bay Award) - 50.000 Miles - West Valley Track Club "A Team" - 4:18:12
 (Daryl Zapata, Fred Emerling, Skyler Jones, Jim Nuccio, George Stewart, Charlie Harris, Bill Clark)
 Fastest "Foxes" (Tentative Ten Track Club Award) - 50.000 Miles - West Valley Track Club Women - 5:40:10
 (Joan Ulliot, Penny Tomei, Betsy White, Lucy Bunz, Ellen Clark, Kathy Himmelberger, Peggy Lyman)

1973 Fastest Team - Lompoc '5' (5-man relay, Half Moon Bay to Santa Cruz) 4:29:16
 1973 Fastest Foxes - San Juan Striders (10-Man relay, Half Moon Bay to Santa Cruz) 5:48:38

The 1974 Christmas Relays again proved to be a resounding success with near perfect weather (although a bit windy during the last half of the run, it was mostly clear with some fog). A record 102 teams finished (several more than that started), compared to 91 last year...but the extra two men on most of the teams resulted in about 200 more runners getting into the act. Splits were compiled by Dave Shrock...we missed some.

We would appreciate your comments on the new leg setup this year (5 and 10 miles approximately, instead of all 10 miles like last year). We would like to keep it the same from now on unless there are some really good reasons why we should not. We may also drop some divisions next year...we will at least drop the masters pickup (men) division since we had no entries this year. Any divisions that we should have had but didn't? What divisions do you think we could drop?

We would like to emphasize one thing that runners will have to learn...and that is: keep the road clear. There is a possibility (though not too great) that we could lose this race next year because of people walking out into the roadway during the race (at handoff points). The 'law' was not very happy with all the people blocking the road, and rightly so. So, let this be a warning...don't jeopardize our chances of continuing this great relay. See you Dec. 21 (Sunday) this year (hopefully).

The sponsoring West Valley Track Club would like to take this opportunity to thank the University of California at Santa Cruz, the City of Santa Cruz, the City of Half Moon Bay, and Cunha School (Half Moon Bay) for their cooperation in making this an enjoyable experience for all those involved. You can show your appreciation to these people by dropping them letters (write P.O. Box 1551, San Mateo, CA 94401 for addresses). Thanks to John Crevelt for designing the distinctive awards that were presented to nearly 30% of all finishers.

Our apologies for not getting the results to you any sooner. We were waiting for the extra sets of ribbons (we had many more teams than expected) so that we could mail everything together. Thank you for bearing with us. -- T-Shirts: - The shirts that you were not able to buy on raceday because they were not ready are now on sale. Please either use the coupon above or write us. We have several hundred shirts left that must be moved, or we stand to take a big loss on the race. Thank you very much.

Xmas Relays T-Shirts

\$3.00 by mail — NEW 2-Color Design!

We have a large quantity of these shirts still available for only \$2.75 + 25¢ to cover mailing costs. These distinctive T-shirts have trim around neck and sleeves and are printed in red and green. Be sure to get this souvenir of what is probably the country's most popular Relay Race (over 100 teams in 1974, seven men each!!). We are low on medium-sized shirts, but still have plenty of large and extra-large. Order yours today by sending a check or money order (or cash) to: West Valley TC, P.O. Box 1551, San Mateo, CA 94401.

I am enclosing \$_____ for a total of _____ shirts.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIFY SHIRT SIZES: _____ MEDIUM _____ LARGE _____ X-LG