

THE ARTICHOKE - A CROSS COUNTRY TRADITION SINCE 1971
CURRENT COURSE RECORDS

Course revised in 1999 due to school construction

VARSITY BOYS

1)	YOSEF GHEBRAY	JAMES LOGAN	2004	11:24
2)	GILIAT GHEBRAY	JAMES LOGAN	2001	11:31
3)	ALEX DUNN	SAN LORENZO VALLEY	2002	11:33
4)	OSCAR URIBE	GRACE DAVIS	2002	11:33
5)	MIGUEL URIBE	GRACE DAVIS	2002	11:35
6)	ERIC CHAVES	ST. FRANCIS	2000	11:36
7)	BEN ARAGON	WEST HILLS	2000	11:41
8)	WILL KRAEMER	SARATOGA	2001	11:42
9)	RUBEN MORA-ROMAN	ANALY	2002	11:43
10)	TERRANCE WROBLEWSKI	HALF MOON BAY	2000	11:45
11)	SEAN DRAKE	S.F. UNIVERSITY	2001	11:45
12)	LUIS MEDINA	ARROYO - EL MONTE	2002	11:45
13)	GILIAT GHEBREY	JAMES LOGAN	2000	11:46
14)	KARL SKUCHA	WILCOX	2001	11:48
15)	MATTHEW PETRILLO	LOS GATOS	2004	11:50
16)	CHRIS LANESE	MOREAU CATHOLIC	1999	11:52
17)	ERIC SANTOS	JAMES LICK	2000	11:52
18)	LUCAS CROWLEY	MITTY	1999	11:53
19)	RUSS MARTIN	LOS GATOS	2000	11:53
20)	BEAU BITTINGER	CASTRO VALLEY	2001	11:54
21)	TIM AUKSHUNAS	EL MODENA	2001	11:54
22)	YOSEF GHEBREY	JAMES LOGAN	2002	11:54
23)	JOSH BLOUNT	RIVERBANK	2000	11:55
24)	BRANDON CARBALLO	MOREAU CATHOLIC	2002	11:55
25)	SEAN DRAKE	S.F. UNIVERSITY	2000	11:56
	ALEX ENSCOE	BERKELEY	2002	11:56
	BEN SITLER	ST. FRANCIS	2003	11:56
	JUSTIN FISKE	YUBA CITY	2003	11:56

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FROSH/SOPH BOYS

1)	ALEX DUNN	SAN LORENZO VALLEY	2001	11:49
2)	BRETT GOTCHER	APTOS	1999	11:57
3)	MARCOS CORONA	WILLOW GLEN	2004	12:19
4)	ANDREW KOHNERT	TERRA NOVA	2003	12:23
5)	WES BUNTMAN	MONTE VISTA CHRISTIAN	2004	12:23
6)	BRAD DOERING	YUBA CITY	2004	12:24
7)	ED BALTIERREZ	SILVER CREEK	2001	12:27
8)	DANIEL JENSEN	SILVER CREEK	2001	12:29
9)	BEN SITLER	ST. FRANCIS	2002	12:29
10)	CHRIS LANGBEHN	VANDEN	2004	12:31

FRESHMEN BOYS

1)	ANDREW KOHNERT	TERRA NOVA	2002	12:51
2)	DANIEL MORTHOLE	ST. IGNATIUS	2002	12:57
3)	ROBERT ALVARADO	ST. IGNATIUS	2002	12:59
4)	JONATHON TEETER	EL MOLINO	2001	13:01
5)	NICHOLAS ALVARADO	ST. IGNATIUS	2002	13:01
6)	SEAN ROBINSON	WILLOW GLEN	2003	13:07
7)	KELI PARKER	NORTH MONTEREY COUNTY	2001	13:11
8)	JOSE LOPEZ	WILCOX	1999	13:12
9)	JACK RACINE	HALF MOON BAY	2002	13:13
10)	COLE JONES	SERRA	2004	13:17

JV BOYS

1)	JEREMY RUSHING	DEL CAMPO	1999	12:55
2)	STEPHEN SWEENEY	SERRA	2002	12:56
3)	JAMES HUNTINGTON	WEST HILLS	2002	13:00
4)	TOM DARCY	SERRA	2000	13:05
5)	AARON SOMMER	MONTA VISTA	2004	13:07
6)	MANUEL GUEVARRA	MOREAU CATHOLIC	2002	13:08
7)	MICHAEL PEROUTKA	ST. IGNATIUS	2002	13:09
8)	BOBBY DUPPIONE	CASTRO VALLEY	1999	13:11
9)	KEVIN VIERA	SAN BENITO	2003	13:12
10)	DAVID PARKER	SERRA	2004	13:12

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VARSITY GIRLS

1)	ALICIA FOLLMAR	SARATOGA	2004	13:25
2)	SHANNON ROWBURY	SACRED HEART CATHEDRAL	2001	13:27
3)	SARA BEI	MONTGOMERY	1999	13:29
4)	McKAYLA PLANK	MITTY	2004	13:36
5)	MICHELLE GALLAGHER	SACRED HEART CATHEDRAL	2001	13:40
6)	McKAYLA PLANK	MITTY	2002	13:41
7)	MO HUBER	ACALANES	2004	13:43
8)	CHRISTINE JONES	LOS GATOS	2002	13:47
9)	ELIZABETH OTTENHEIMER	GRANADA	2001	13:48
10)	McKAYLA PLANK	MITTY	2001	13:50
11)	CHERIE McPHERSONS	SILVER CREEK	2002	13:50
12)	ALEX GUERRERO	HUGHSON	1999	13:52
13)	ELIZABETH OTTENHEIMER	GRANADA	2002	13:54
14)	COBBIE JONES	LIVE OAK	2003	13:54
15)	ALICIA FOLLMAR	SARATOGA	2003	13:54
16)	SHANNON ROWBURY	SACRED HEART CATHEDRAL	2000	13:56
17)	ERIN LEWIS	MODESTO	2004	13:57
18)	JESSICA NELL	ALHAMBRA	1999	13:58
19)	TAYLOR JOHNSON	SAN LORENZO VALLEY	2004	13:58
20)	MCKAYLA PLANK	MITTY	2003	13:59
21)	MEGHAN HUNT	APTOS	2004	13:59
22)	LISA CRAMPTON	GRANADA	2002	14:01
23)	SEANNA MARTIN	BRET HARTE	2001	14:02
24)	ALLISON STILLER	LELAND	2001	14:02
25)	DRUSIA DICKSON	ACALANES	2004	14:02

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FROSH/SOPH GIRLS

1)	JULIANNE HANSEN	CUPERTINO	2004	14:06
2)	MEGAN FULLMER	YUBA CITY	2004	14:20
3)	RUTH GRAHAM	GUNN	2000	14:24
4)	ALY MILLETT	HALF MOON BAY	2003	14:33
5)	LEONNARA SANCHEZ	APTOS	1999	14:34
6)	TANYA ROSENGREN	ALHAMBRA	2001	14:40
7)	LORA MARCHINI	SALESIAN	2004	14:41
8)	CARA HOYT	SAN LORENZO VALLEY	2004	14:47
9)	MAYC HUANG	LYNBROOK	2003	14:52
10)	BROOKE LAWRENCE	BRET HARTE	2004	14:53

JV GIRLS

1)	ELAINE GILLESPIE	WEST HILLS	2000	15:22
2)	JESSICA HOFFMAN	WEST HILLS	2000	15:33
3)	LIZZIE FRANCK	SAN LORENZO VALLEY	2004	15:39
4)	JILL BLAKE-BURKE	MONTA VISTA	2002	15:41
5)	KEIKO IMAZUMI	OAK GROVE	2001	15:42
6)	JAIME HOYT	SAN LORENZO VALLEY	2004	15:42
7)	CHRISTINE WHALEN	MITTY	2004	15:50
8)	JANCE DALE	WEST HILLS	2000	15:59
9)	STEPHANIE GIRSBACK	LOS GATOS	2004	16:00
10)	ERICA ELLEBRECHT	FOOTHILL	2002	16:04